Highlights from Cross-Sectional and Longitudinal Analyses: Six Years of Young Adult Health Survey Data Collection

Jason Kilmer, Mary Larimer, Isaac Rhew, Nicole Fossos-Wong, and Rachel Cooper

August 20, 2020

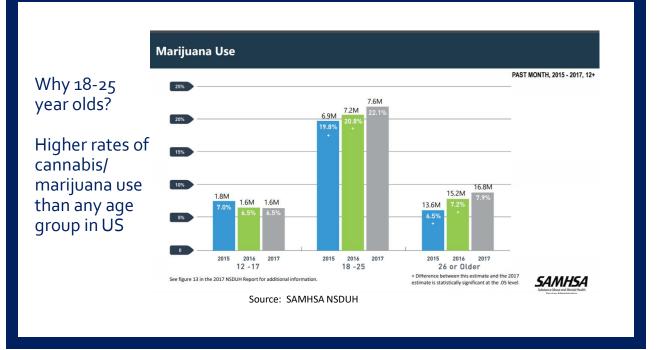




Acknowledgements

- Big thank you to Sandy Salivaras and Sarah Mariani, DBHR/HCA, as well as numerous others associated with survey input/assistance
- Thank you to all of you for doing what you do to promote health and support prevention efforts in our state

1



Young Adult Health Survey Recruitment

- UW Center for the Study of Health and Risk Behaviors (CSHRB) partnered with DBHR to conduct internet survey starting in 2014, and aimed to collect all Year One data before the first store opened in July 2014.
- Participants recruited using a combination of direct mail advertising to a random sample from DOL, as well as online advertising (Facebook, Craigslist, study web site)
- Assessed demographics on ongoing basis and modified strategies to recruit under-represented groups
- Convenience sample, not a random sample

Post-stratification weighting and analyses

- To improve generalizability, used post-stratification weights to make demographic composition of sample more similar to state census data for young adults
- Weights based on gender, race, and geographic region
- Weighted results were very similar to non-weighted
- Regression models:
 - Cohort 1 vs. Cohorts 2-6
 - Linear trend from Cohort 1 to Cohort 6
 - Age by cohort interaction
- Model split by over 21/under 21
 - Stratified by age, in order to see whether the trends differed by age group.

REPEATED CROSS-SECTIONAL ANALYSES

Sample sizes over time

Cohort 1 (2014): 2,101
Cohort 2 (2015): 1,675
Cohort 3 (2016): 2,493
Cohort 4 (2017): 2,342
Cohort 5 (2018): 2,412
Cohort 6 (2019): 1,942
TOTAL: 12,965

Any past year medical use: Significant increasing trend for 21-25 year olds

	Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	Cohort 4 (2017)	Cohort 5 (2018)	Cohort 6 (2019)	Total across 6 years	
18-20	14.02%	12.73%	8.33%	12.02%	12.90%	11.75%	11.95%	
21-25	15.20%	15.53%	14.77%	16.83%	16.80%	18.05%	16.15%	
TOTAL	14.74%	14.54%	12.68%	15.04%	15.42%	15.53%	14.62%	
Regression models:Cohort 1 vs. Cohorts 2-6:Non-significantLinear trend from Cohort 1 to Cohort 6:Non-significantAge by cohort interaction:Non-significant								

Model split by over/under 21

18-20: 21-25: Non-significant Significant increasing trend over time (t=1.98, p<.05)

Perceived norms of medical marijuana use increasing over time

PERCEPTIONS OF MEDICAL MARIJUANA

"How often do you think the typical person your age living in Washington State used the following substance (in any form) during the past 12 months? Just give your best estimate for each substance."

	Cohort 1	Cohort 2	Cohort 3	Cohort 4	Cohort 5	Cohort 6	
	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	<u>2019</u>	
Never	34.10%	34.37%	32.87%	27.39%	28.98%	27.72%	
Once a year	8.08%	8.19%	7.17%	8.56%	7.38%	5.27%	
2 to 3 times a year	9.62%	10.46%	10.34%	11.10%	8.59%	8.44%	
Every other month	6.46%	6.29%	4.94%	6.36%	4.36%	5.13%	
Once a month	7.77%	6.53%	8.54%	7.58%	7.83%	7.03%	
2 to 3 times a month	7.77%	8.96%	9.15%	11.02%	8.04%	9.19%	
Once per week	5.30%	5.79%	6.32%	7.16%	8.86%	9.01%	
More than once a week	11.44%	8.92%	10.85%	10.98%	12.37%	12.20%	
Every other day	3.80%	4.32%	3.17%	3.81%	4.27%	4.51%	
Every day	5.65%	6.15%	6.63%	6.05%	9.33%	11.50%	

Cohorts 4, 5, and 6 are significantly higher than Cohort 1 (p<.001)

In ordinal logistic regression models, there is a significant increasing trend over time in the perception of medical marijuana norms (t=8.47, p<.001)

Any past year "recreational"/non-medical/personal use: Final three cohorts higher than cohort 1

	Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	-	Cohort 5 (2018)	Cohort 6 (2019)	Total across 6 years
18-20	43.27%	44.82%	40.94%	43.41%	44.42%	43.68%	43.37%
21-25		47.09%					47.98%
TOTAL	43.51%	46.29%	44.76%	47.43%	48.49%	47.24%	46.30%

Regression models:

Cohort 1 vs. Cohorts 2-6:

Compared to Cohort 1, significantly higher prevalence for

- Cohort 4 (t=2.29, p<.05; odds ratio = 1.171)
- Cohort 5 (t=2.96, p<.01; odds ratio = 1.222)
- Cohort 6 (t=2.11, p<.05; odds ratio = 1.163)

Any past year "recreational"/non-medical/personal use: Increasing over time

		Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	-	Cohort 5 (2018)	Cohort 6 (2019)	Total across 6 years
1	18-20	43.27%	44.82%	40.94%	43.41%	44.42%	43.68%	43.37%
2	21-25	43.67%	47.09%	46.55%	49.75%	50.87%	49.61%	47.98%
Т	OTAL	43.51%	46.29%	44.76%	47.43%	48.49%	47.24%	46.30%

Regression models:

Linear trend from Cohort 1 to Cohort 6:

Significant (t=2.84, p<.01)

Odds ratio = 1.035 (odds of recreational marijuana use are 3.5% higher with each successive year/cohort) Age by cohort interaction:

Non-significant

Any past year "recreational"/non-medical/personal use: Increasing for 21-25 year olds

	Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	Cohort 4 (2017)	Cohort 5 (2018)	Cohort 6 (2019)	Total across 6 years
18-20	43.27%	44.82%	40.94%	43.41%	44.42%	43.68%	43.37%
21-25	43.67%	47.09%	46.55%	49.75%	50.87%	49.61%	47.98%
TOTAL	43.51%	46.29%	44.76%	47.43%	48.49%	47.24%	46.30%

Model split by over/under 21

18-20:

No significant linear trend

21-25:

Significant increasing trend over time (t=3.40, p<.001)

Odds ratio = 1.055 (odds of recreational marijuana use are 5.5% higher with each successive year/cohort)

At least monthly "recreational"/non-medical/personal use: Increasing over time (and past two cohorts higher than first)

	Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	Cohort 4 (2017)	Cohort 5 (2018)	Cohort 6 (2019)	Total across 6 years
18-20	24.08%	24.88%	21.19%	23.56%	27.06%	23.24%	24.01%
21-25	23.63%	23.56%	25.12%	28.07%	27.88%	29.55%	26.35%
TOTAL	23.81%	24.03%	23.84%	26.4%	27.62%	27.09%	25.52%

Regression models:

Cohort 1 vs. Cohorts 2-6: Compared to Cohort 1, significantly higher prevalence for Cohort 5 (t=2.56, p<.01; odds ratio = 1.221) and Cohort 6 (t=2.08, p<.05; odds ratio = 1.189) Linear trend from Cohort 1 to Cohort 6: Significant increasing trend over time (t=3.26, p<.001; Odds ratio = 1.047) Age by cohort interaction: Not significant

At least monthly "recreational"/non-medical/personal use: Increasing for 21-25 year olds

	Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	Cohort 4 (2017)	Cohort 5 (2018)	Cohort 6 (2019)	Total across 6 years
18-20	24.08%	24.88%	21.19%	23.56%	27.06%	23.24%	24.01%
21-25	23.63%	23.56%	25.12%	28.07%	27.88%	29.55%	26.35%
TOTAL	23.81%	24.03%	23.84%	26.4%	27.62%	27.09%	25.52%

Model split by over/under 21 18-20: No significant linear trend 21-25: Significant increasing trend over time (t=3.69, p<.001) Odds ratio = 1.069

At least weekly "recreational"/non-medical/personal use: Increasing over time for whole sample

	Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	Cohort 4 (2017)	Cohort 5 (2018)	Cohort 6 (2019)	Total across 6 years
18-20	16.51%	13.43%	13.30%	15.40%	18.56%	14.41%	15.42%
21-25	16.86%	16.21%	18.55%	18.42%	19.22%	21.39%	18.48%
TOTAL	16.72%	15.23%	16.85%	17.37%	19.03%	18.59%	17.38%

Regression models: <u>Linear trend</u> Significant (t=2.49, p<.05); Odds ratio = 1.043 <u>Cohort 1 vs. Cohorts 2-6:</u> Not significant <u>Age by cohort interaction:</u> Non-significant

15

At least weekly "recreational"/non-medical/personal use: Increasing for 21-25 year olds

	Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	Cohort 4 (2017)	Cohort 5 (2018)	Cohort 6 (2019)	Total across 6 years
18-20	16.51%	13.43%	13.30%	15.40%	18.56%	14.41%	15.42%
21-25	16.86%	16.21%	18.55%	18.42%	19.22%	21.39%	18.48%
TOTAL	16.72%	15.23%	16.85%	17.37%	19.03%	18.59%	17.38%

Model split by over/under 21 18-20: No significant linear trend 21-25: Significant increasing trend over time (t=2.69, p<.01) Odds ratio = 1.059

Perceived norms of personal/non-medical use increasing over time

	Cohort 1	Cohort 2	Cohort 3	Cohort 4	Cohort 5	Cohort 6
	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	<u>2019</u>
Never	2.41%	2.42%	1.61%	2.31%	2.06%	1.50%
Once a year	1.82%	2.10%	1.74%	1.92%	1.27%	0.75%
2 to 3 times a year	8.22%	10.12%	6.73%	6.40%	3.89%	3.31%
Every other month	6.98%	7.29%	5.32%	4.59%	3.14%	3.90%
Once a month	9.74%	11.15%	10.41%	9.07%	6.88%	5.51%
2 to 3 times a month	17.98%	19.68%	19.83%	18.91%	13.47%	13.93%
Once per week	12.65%	12.72%	15.43%	13.89%	14.28%	12.91%
More than once a week	22.08%	20.70%	21.42%	23.94%	27.12%	25.90%
Every other day	9.27%	6.87%	8.56%	8.65%	11.10%	12.25%
Every day	8.84%	6.95%	8.96%	10.31%	16.79%	20.03%

- ** In ordinal logistic models, Cohort 4 (t=2.57, p<.01), Cohort 5 (t=10.65, p<.001), and Cohort 6 (t=12.36, p<.001) have higher perceived recreational marijuana norms compared to cohort 1; but cohort 2 has lower norms compared to cohort 1 (t= -3.34 p<.001) **
- ** Overall, a significant increasing linear trend over time (t=17.08, p<.001) **

Where 18-20 year olds get marijuana decreasing for medical sources and friends, increasing for family, parents, and paying someone

Decreasing trend significant Increasing trend significant

WHERE DO PEOPLE GET MARIJUANA, 18-20 year olds

	Cohort 1 <u>2014</u>	Cohort 2 2015	Cohort 3 <u>2016</u>	Cohort 4 <u>2017</u>	Cohort 5 <u>2018</u>	Cohort 6 <u>2019</u>
From friends	72.86%	76.24%	69.68%	77.40%	63.75%	60.74%
Gave money to someone	23.29%	26.47%	34.72%	41.45%	39.29%	43.17%
Got it from someone						
w/medical mj. card	17.60%	14.12%	4.30%	5.24%	2.79%	2.82%
Got it from a med. disp.	13.65%	18.99%	5.58%	4.72%	6.50%	<mark>8.28%</mark>
Got it at a party	22.99%	22.14%	23.08%	24.92%	20.12%	22.91%
Got it from family	5.65%	5.18%	11.75%	9.75%	11.24%	10.92%
Got it some other way	11.64%	4.12%	6.12%	9.02%	7.30%	6.21%
Bought from retail store	0.99%	4.58%	1.73%	1.92%	2.03%	3.55%
Got it from parents						
with permission	5.75%	6.02%	12.33%	10.44%	11.69%	12.91%
Grew it themselves	Q.91%	1.15%	1.65%	0.23%	1.47%	2.78%
Stole it from store/disp.	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%

Where 21-25 year olds get marijuana increasing for retail store and decreasing for most other sources

Decreasing trend significant Increasing trend significant

WHERE DO PEOPLE GET MARIJUANA, 21-25 year olds

	Cohort 1 <u>2014</u>	Cohort 2 2015	Cohort 3 <u>2016</u>	Cohort 4 <u>2017</u>	Cohort 5 <u>2018</u>	Cohort 6 <u>2019</u>
From friends	67.50%	54.89%	42.78%	36.51%	33.80%	25.72%
Gave money to someone	19.87%	10.72%	8.10%	5.64%	4.97%	3.63%
<mark>Got it from someone</mark>						
w/medical mj. card	18.85%	9.41%	2.53%	2.02%	0.17%	0.65%
Got it from a med. disp.	20.65%	13.03%	12.60%	9.96%	10.15%	14.23%
Got it at a party	11.81%	10.76%	10.93%	8.06%	6.54%	5.76%
Got it from family	11.48%	8.26%	4.08%	7.04%	5.76%	<mark>4.37%</mark>
Got it some other way	5.13%	6.68%	3.29%	3.41%	3.71%	3.71%
Bought from retail store	8.80%	51.86%	72.60%	76.31%	80.06%	78.03%
Got it from parents						
with permission	4.56%	3.50%	2.02%	4.28%	4.47%	3.15%
Grew it themselves	1.51%	3.01%	1.49%	1.82%	1.81%	0.71%
Stole it from store/disp.	2.84%	0.17%	0.60%	0.29%	0.17%	0.11%

Driving after marijuana use decreasing (though still at high rates)

Driving after marijuana use

"During the past 30 days, how many times did you drive a car or other vehicle within three hours after using cannabis (e.g., marijuana, hashish, edibles)?"

	Cohort 1 2014	Cohort 2 2015	Cohort 3 2016	Cohort 4 2017	Cohort 5 2018	Cohort 6 2019	
Never	50.59%	55.29%	58.19%	58.56%	58.73%	61.80%	
1 time	14.13%	13.13%	12.50%	12.85%	12.11%	8.32%	
2-3 times	13.28%	12.34%	11.97%	11.98%	10.59%	11.66%	
4-5 times	6.43%	4.35%	3.48%	4.48%	6.04%	4.00%	
6 or more times	15.57%	14.88%	13.85%	12.12%	12.52%	14.21%	
		/					ć., .

There are declines in driving after marijuana use between cohort 3 and cohort 1 (p<.o5), between cohort 4 and cohort 1 (p<.o1), between cohort 5 and cohort 1 (p<.o5), and between cohort 6 and cohort 1 (p<.o1), as well as a significant linear trend (p<.o1).

Average age of initiation going up for marijuana because more people are starting at an older age, holding steady for alcohol and cigarettes

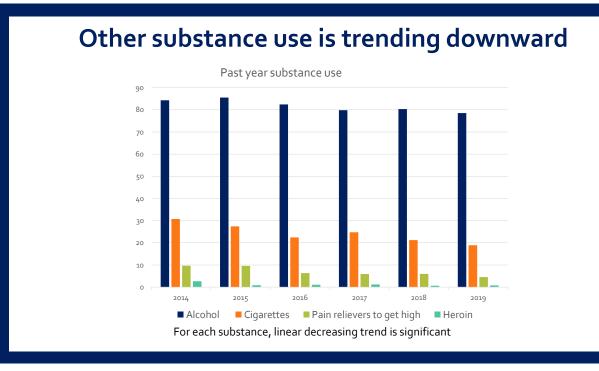
AGE OF INITIATION

Average age of initiation

Alcohol	Cohort 1 2014 16.59	Cohort 2 2015 16.51	Cohort 3 <u>2016</u> 16.76	Cohort 4 <u>2017</u> 16.70	Cohort 5 2018 16.70	Cohort 6 <u>2019</u> 16.72
No differences across co Cigarettes No differences across co	16.47	16.64	16.64	16.58	16.64	16.52
Marijuana	16.67	17.01	17.06	17.02	17.10	16.92

** For marijuana, each cohort is significantly older than cohort 1, meaning more people are initiating at an older age (for Cohort 2, t=2.69, p<.01; for Cohort 3, t=3.46, p<.001; for Cohort 4, t=3.11, p<.01; for Cohort 5, t=3.87, p<.001; for Cohort 6, t=2.08, p<.05). The linear trend for marijuana is significant, too (t=2.24, p<.05). **

21



Perceived risk of marijuana use continues to decrease; Perceived risk of alcohol use increases (with one exception)

• M<u>arijuana</u>

- Physical risk of occasional marijuana use
- Psychological/emotional risk of occasional marijuana use
- Physical risk of regular marijuana use
- Psychological/emotional risk of regular marijuana use

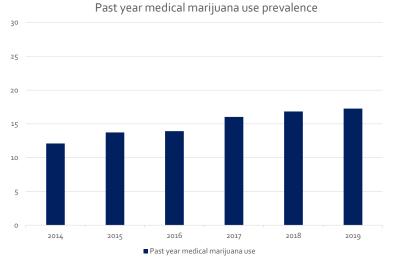
Alcohol

- Physical risk of 2 drinks every day
- Psychological risk of 2 drinks every day
- Physical risk of 5+ drinks every weekend
- Psychological risk of 5+ drinks every weekend

** significant decreasing linear trend ** ** significant increasing linear trend **

LONGITUDINAL DATA (FOR PURPOSES OF TODAY, JUST LOOKING AT COHORT 1, N = 1571)

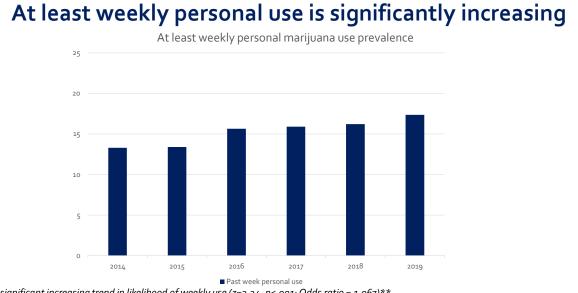
Past year medical marijuana use is significantly increasing



** significant trend for increasing likelihood of medical marijuana use over time (z=4.10, p<.001; Odds ratio = 1.089)** ** 2017, 2018, and 2019 are significantly higher than 2014 (year 4, 2017, z=3.32, p<.001, Odds ratio = 1.388; year 5, 2018, z=3.63, p<.001, Odds ratio = 1.472; year 6, 2019, z=3.72, p<.001, Odds ratio = 1.516)**



Past year personal use is significantly increasing Past year personal marijuana use prevalence Past year personal use ** significant increasing trend in likelihood of any use (z=2.96, p<.01; Odds ratio = 1.043)** ** 2017, 2018, and 2019 are significantly higher than 2014 (year 4, 2017, z=3.20, p<.001, Odds ratio = 1.238; year 5, 2018, z=2.43, p<.05, Odds ratio =1.190; year 6, 2019, z=2.91, p<.01, Odds ratio = 1.234)**



** significant increasing trend in likelihood of weekly use (z=3.24, p<.001; Odds ratio = 1.067)** ** 2016, 2017, 2018, and 2019 are significantly higher than 2014 (year 3, 2016, z=1.99, p<.05, Odds ratio = 1.210; year 4, 2017, z=2.18, p<.05, Odds ratio = 1.232; year 5, 2018, z=2.21, p<.05, Odds ratio =1.262; year 6, 2019, z=3.09, p<.01, Odds ratio = 1.371)**

Where people get marijuana has increased for stores and decreased for almost everything else

WHERE DO PEOPLE GET MARIJUANA

Decreasing trend significant

Increasing trend significant

* = significantly different from year 1, p<.05

** = significantly different from year 1, p<.01

*** = significantly different from year 1, p<.001

	2014	2015	2016	2017	<u>2018</u>	2019
From friends	73.07%	60.98%***	51.30%***	41.57%***	30.18%***	25.66%***
Gave money to someone	20.48%	15.35%	10.14%**	6.38%***	3.41% ***	3.73***
<mark>Got it from someone</mark>						
w/medical mj. card	17.80%	11.85%*	3.42%***	1.26%***	1.10%***	1.03%***
Got it from a med. disp.	18.47%	18.75%	11.68%*	8.33%**	12.98%	<mark>11.40%*</mark>
Got it at a party	18.45%	13.80%	8.50%***	9.10%**	6.70%***	8.48***
Got it from family	7.60%	4.41%*	8.16%	4.95%	5.61%	4.54%
Got it some other way	4.94%	4.47%	4.17%	0.67%**	2.34%	1.44%*
Bought from retail store	6.19%	34.23%***	58.19%***	68.13%***	72.42%***	76.72%***
<mark>Got it from parents</mark>						
with permission	5.15%	4.23%	3.38%	3.46%	2.25%*	1.75%*
Grew it themselves	1.78%	0.90%	1.29%	0.22%	0.96%	0.70%
Stole it from store/disp.	0.37%	0.91%	0.00%	0.34%	1.46%	0.45%

Strengths and Limitations

Limitations

- Sample of convenience
- Use of weights
- Data collection started in 2014...would have been GREAT to have 2012

Strengths

- Sample of convenience! Allows us to reach harder-to-reach populations
- Response rates for more population-based sampling approaches tend to not be very large
- Has very much been a collaborative effort

Next steps

- 7th year of data collection
- Added questions on use during quarantine/stay-at-home orders and impacts of COVID-19
- Continued dissemination to key stakeholders
- Secondary data analysis grant (PI: Katarina Guttmannova)

Thank you!

• Jason Kilmer jkilmer@uw.edu