Increasing Access to Family-Focused, Evidence-Based Interventions

What is the Northwest Center for Family Support (NCFS)?

NCFS is a virtual center dedicated to increasing access to evidence-based interventions for families affected by opioid use disorder (OUD) and supporting the sites and staff that offer them. These interventions help families build nurturing, responsive parenting skills.

Why NCFS?

Children whose parents, guardians, or caregivers suffer from OUD are at increased risk for a variety of poor developmental outcomes. Families often do not have access to evidence-based parenting programs that support their own recovery and enhance children’s development and wellbeing.

How NCFS Works

- NCFS works with opioid treatment sites, behavioral health agencies, CPWI coalitions, and other organizations supporting caregivers in recovery.
- NCFS covers the costs of training, ongoing consultation, and technical assistance.
- NCFS provides stipends to help defray implementation costs, such as transportation, childcare, snacks.
- NCFS consults and provides support throughout the program selection, training, and implementation process.

Programs

NCFS supports four manualized evidence-based interventions:

- Promoting First Relationships*
- Guiding Good Choices*
- Strengthening Families 10-14*
- Families Facing the Future
  * Spanish materials available

With demonstrated positive impacts on:

- Substance Use
- Family Relationships
- Increased Resilience
- Parenting Skills
- Child Behavior