State Prevention Enhancement (SPE) Policy Consortium

March 14, 2022, 1-4 p.m.
Online

<table>
<thead>
<tr>
<th>Attendees</th>
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<tr>
<td>Alexis Schmierer</td>
<td>HCA</td>
<td>Jennifer Kang</td>
<td>DOH</td>
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<td>Alicia Hughes</td>
<td>HCA</td>
<td>Kasey Kates</td>
<td>HCA</td>
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<td>Amani Rashid</td>
<td>WSIPP</td>
<td>Mary Segawa</td>
<td>LCB</td>
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<td>Billy Reamer</td>
<td>HCA</td>
<td>Ray Horodowicz</td>
<td>HCA</td>
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<td>Christine Steele</td>
<td>HCA</td>
<td>Sandy Salivaras-Bodner</td>
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<td>Debi Besser</td>
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<td>Sarah Mariani</td>
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<td>Erika Jenkins</td>
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<td>Sigrid</td>
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<td>Isaac Wulff</td>
<td>HCA</td>
<td>Sonja Pipek</td>
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<td>Jacob Delbridge</td>
<td>DOH</td>
<td>Timothy Candela</td>
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<td>Jennifer Dorsett</td>
<td>WTSC</td>
<td>Tyler Watson</td>
<td>HCA</td>
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<td>Jen Hogge</td>
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Objectives:
1. Learn about current adolescent driver safety efforts.
2. Provide feedback to workgroups on their action planning
3. Update on 5 Year Strategic Plan – Needs and Resource Assessment

Meeting Notes

1. Introductions and Announcements  
   Sarah Mariani/Patti Migliore-Santiago
   • Patti opened the meeting and attendees introduced themselves, including their favorite sign of spring.

   Observances - Sarah
   • Sarah requested a minute to recognize what is happening in Ukraine and Europe.
   • February observances: Women’s Health, Heart Health Month, Girls and Women in Sports Day (Feb. 4), Black History Month
   • March observances: March Madness, Transgender Day of Visibility (March 31), National Nutrition Month, Poison Prevention Month, Problem Gambling Awareness Month
   • Mail back meds: If you have meds that need to be disposed of you can order free mail-back packages here.

   Announcements- Sarah
   • The 2022 legislative session is over.
   • The new LCB board member is Jim Vollendroff. Per the press release, he has 35 years of behavioral health field experience. We’re excited to see a prevention person on the LCB board! Full press release
   • DBHR is hiring for a Prevention Services Supervisor position. Reach out to Sarah if you have any questions.

2. “Teen Target Zero (TTZ) and Teens in the Driver’s Seat (TDS)”  
   Jennifer Dorsett, SUDP, CPP
   • Patti introduced Jennifer Dorsett.
   • In 2014, the program “Every 15 Minutes” (E15M) was no longer endorsed by the WA Traffic Safety Commission.
   • Without a replacement, many schools continue to implement E15M.
   • Region 14 Traffic Safety Task Force, in partnership with local schools, students, law enforcement, EMS, and CPWI coalitions, have developed Teen Target Zero.
   • Learn more about the program and plans for future development and delivery. Learn more at www.targetzero.com.
   • In 2014 mock car crashes were announced to not be best practice, but this continued to be taught in some communities.
   • Some info on WA’s Good Samaritan Law.
   • Q: Where is the data from the app being stored are there any concerns about privacy rights for minors? This is being done through a Texas AM research study.
   • We are excited to have this program be implemented statewide.
• Teen target zero – They found youth were more interested in the classroom delivery that included the possibility of impairment for cannabis. One of the focus groups had a teacher who had users in the classroom that became interested in when they started talking about the basic knowledge around cannabis.
• TTZ and DS are not combined; these are separate and this one is geared towards older youth.
• Looking at the data: they don’t use this information in the program, but they used it in creating the materials.

3. Break

4. Workgroup Roundtable

• Sarah opened this section, noting that much of SPE’s work is completed at the work group level. Action plans and accomplishments of each work group are included in the 5-year plan.

Opioid Prevention Workgroup (OPW)
• LEADS: Erika Jenkins, Alicia Hughes, Jamie Mai
• The group has kicked off their planning for the 5-year plan.
• OPW reports to both the state opioid and overdose response workgroup and the SPE consortium.
• They are under Goal 1 in the WA Opioid and Overdose Response Plan.
• There are six strategies with groups for each one. Each is going over the history how things are currently. And will have more at future SPE meetings.
• Executive Order 16-09 started this off, leading to Accountable Communities of Health work on project 3A of initiative 1 for the Opioid Response Workgroup that included the statewide safe medication return program and prescription monitoring program. This group will focus on an upstream framework.
• They’re looking at:
  o Renewal and expanded funding for opioid prevention.
  o Ongoing work from Bree collaborative on prescribing guidelines and rollout of education training programs.
  o Expanded campaign work across state priority populations.
• Some of what they have seen:
  o HCA has added more coalitions and there are more community-based organizations doing opioid prevention work.
  o Washington’s secure medication return program launched.
    ▪ In 2021, the first full year of implementation, the system destroyed 143,108.7 pounds of collected drugs!
  o The current approved program operator provided a website and toll-free number.
• Strategy Review:
  o Strategy 1: Implement strategies to prevent opioid misuse in communities, particularly amount youth.
  o Strategy 2: Promote use of best opioid prescribing practice amount health care providers.
  o Strategy 4: Educate the public about risks of opioid use, including overdose.
    Strategy 5: Promote safe home storage and appropriate disposal of prescription pain medication to prevent misuse.
  o Strategy 6: Decrease supply.
• There are conversations with the office to see if more strategies should be added over time.
• Barriers, gaps, challenges
  o Sustainable funding for community coalitions and CBOs to have long-range implementation of Evidence-based Programs that would ensure a funding focus on upstream/primary prevention while allowing space for the exploration of harm reduction and partnering with the rest of the continuum.
  o Discussion of opioid best practices’ evolving guidelines, ensuring patient rights, and chronic pain management.
  o Access to full and timely data is a consideration in how to make informed policy or programmatic decisions.
  o Expansion of campaign messaging to priority populations, ensuring relevant information, reaching focus audiences, and identifying new and innovative ways of sharing messaging.
  o Focus on upstream prevention can be difficult in conversations regarding fentanyl.
  o Health disparities gaps: rural areas have access to fewer drop boxes.
o Ensuring every day can be a take-back day and changing the knowledge, beliefs, and behaviors of individuals.
o Discussion of kratom and how it fits into the opioid picture.
o Short term goals
  ▪ SOR III grant: We’re reviewing strategies to renew CBOS this fall with SOR III. Who else can we reach; what population should we engage with? Coordination through opioid litigation funding amount with Opioid Prevention Workgroup and State’s Opioid and Overdose Response Workgroup
  ▪ Campaigns
    1. Priority populations with the additional reach of the Starts With One campaign over the next year
    2. Partnership with WSHA for prescribers/providers
    3. Fentanyl awareness messaging and the Focus On campaign

o Long term goals
  ▪ Opioid litigation implementation and evaluation of new funding
  ▪ Become collaboration and coordinator account partners with OPW
  ▪ Continue to see decreases in youth opioid misuse per HYS young adult use. Per Young Adult Health Survey, we can re-assess this with 2023 data.
  ▪ Increase understanding of how harm reduction fits into the prevention picture.
  ▪ Increase the percentage of Washingtonians who are aware of the safe medication return program.

Young Adults Cannabis Prevention Workgroup

• LEADS: Christine Steele and Gitanjali Shrestha
• It started with the focus on both pregnant woman and young adults, but they decided to split the groups in half.
• Their 13 members meet once a month and have developed a CAPSTONE project hoping that students will gather some insight on qualitative data.
• What they have learned:
  o Need to build capacity: both in higher education and communities, to cover staff shortages, shifting priorities, mental health.
  o Higher Eds need help from outside resources to talk to administrators.
  o Information dissemination: three-tier approach for prevention messaging.
  o 1. Support abstainers
  o 2. If choose to use, be an informed consumer
  o 3. If experiencing harmful effects from use, utilize Fischer Harm Reduction Strategies
  o Assessment of EB Resources, tools, and screeners
  o Emalie at DOH is interested in going to the meeting.
  o New connection with UW resiliency lab

• What are the gaps/challenges:
  o Research and program gaps – Emerging research on cannabis to say what works (EB programs, tools and screeners) with young adults
  o Equity-Health Disparities gaps – Need to understand how young adults are disproportionately impacted. Need to explore how to reach working young adults.
  o Funding and Programs Gaps – State and federal funding age restrictions and funding limitations
  o Language Gap – Harm reduction is pattern of use. Assessing engagement with messaging around patterns of use vs. acute dynamics of overdose prevention.

WHY Coalition

• LEADS: Mary Segawa and Kasey Kates
• Co-chairs: Mary, Kasey, and staff support Martha Williams
• The Washington Healthy Youth (WHY) Coalition was known as the Washington Coalition to Reduce Underage Drinking (RUaD) until the scope of the coalition changed to include marijuana.
• The coalition’s goal is to reduce the percentage of 10th graders who use alcohol and or/ marijuana.
• Membership: WA agencies, statewide organizations.
Mental Health Workgroup

- LEAD: Jennifer Hogge
- The group will be developing two sub-groups: one to look at data and another to look at the historical background, accomplishments and generate ideas for future direction.
- Challenges, gaps, barriers
  - The increase in groups working on substance use prevention and mental health promotion also creates challenges:
    - Ensuring that all the groups are communicating and well informed.
    - Possible need to streamline the groups.
    - Knowing the focus of each workgroup’s work and how it contributes to the overall body of work.
  - Need to gather leads at the different agencies doing this work and identify gaps this group may meet.
    - Challenge: lack of capacity to effectively conduct a review of indicators of wellness and effective measures being used in the research.
    - Need to align the multiple suicide prevention resource pages/toolkits being developed to ensure consistency.
    - Need a full resource assessment and priorities by each partner within SPE to identify gaps to help fill and pieces to support over the next five years.
- Actions/decisions
  - The group decided to focus on upstream primary prevention and mental health promotion.
  - They continue to work on recruitment for the group, including co-chair.
    - Q: what type of representative are you for looking for as a co-chair?
      A: another state agency because things are moving so fast it would help streamline the process to have a different source.
- Successes, opportunities
  - Updated the Athena website page.
  - Continued participation and support for the Action Alliance and other groups working towards SPE Strategies.
  - Successful implementation of YMHFA throughout the state through the MHPP funding CBO grants.
  - Opportunity in updating of the State Suicide Prevention Plan and identifying how the SPE MHP workgroup can assist in its implementation.

Commercial Tobacco and Vapor Products Workgroup

- LEADS: Jacob Delbridge and Ray Horodowicz
- Since their January meeting, they have conducted learning circle meetings and founded a steering committee.
- Funding steering committee established two goals moving forward:
  - Program groups – public facing aspects
  - Organizational goals – about the coalition itself
- Action planning group:
  - See prior Tobacco & vapor Product Issues Workgroup plan.
  - Starts on page 39 (of 149) if viewing on your screen; or look at page 37, as listed in the footer, if looking at a hard copy.

Staffing update: These will be relevant to the SPE tobacco issues. Heidi has been hired to a position and interviews for a youth commercial coordinator position will begin later this month.

5. Resources Assessment and SEOW Needs Assessment

- Patti introduced the SPE 5 Year Planning Team.
- Isaac gave a resources assessment update.
- Sarah gave a short history of the current logic model.
- Sandy gave an update on the needs assessment.

6. Adjournment

- The upcoming meetings are the most important, so be sure to attend.
- The meeting adjourned at 4 p.m.

Upcoming Schedule
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<tr>
<th>Month</th>
<th>Workgroup Presentation</th>
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<tr>
<td>May 9, 2022</td>
<td>TBD</td>
<td>• SEOW Needs Assessment Presentation/Survey</td>
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<td>• Strategic Planning Update</td>
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<td>July 11, 2022</td>
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<td>• Strategic Planning Update – Final SPE Review</td>
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<td>September 12, 2022</td>
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<td>5 Year Strategic Plan Preview</td>
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<td>November 14, 2022</td>
<td>TBD</td>
<td>5 Year Strategic Plan - Dissemination</td>
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Please submit ideas or suggestions of meeting presentations to isaac.wulff@hca.wa.gov.

Your support and collaboration are appreciated.