Minutes
Strategic Prevention Enhancement Policy (SPE) Consortium
March 8th, 2021; 1:00 – 4:00 PM

Meeting Objectives:

1. Check in with state partners on the current 2021 Legislative Session.
2. Learn about a new area of problem behavior prevention – problem gambling
3. Update on midpoint of PFS 2018 Grant
4. Check in with workgroups and offer assistance as needed.

In Attendance:

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<tr>
<td>Akshaya Sivakumar</td>
<td>HCA</td>
<td>Liz Wilhelm</td>
<td>PSCBW</td>
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<td>Alicia Hughes</td>
<td>HCA</td>
<td>Lucilla Mendoza</td>
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<td>Carly Bartz-Overman</td>
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<td>Madeline Kramer</td>
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<td>Christine Steele</td>
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<td>Miranda Pollock</td>
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<td>Emalie Huriaux</td>
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<td>Pam Pannkuk</td>
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<td>Erika Jenkins</td>
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<td>Peggy Needham</td>
<td>WAPCO</td>
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<td>Eva Westley</td>
<td>WSIPP</td>
<td>Pamala Sacks-Lawler</td>
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<td>Gitanjali Shrestha</td>
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<td>Samantha Pskowski</td>
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<td>Isaac Derline</td>
<td>HCA</td>
<td>Sarah Mariani</td>
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<td>Isaac Wulff</td>
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<td>Patti Migliore-Santiago</td>
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<td>Jacob Delbridge</td>
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<td>Ray Horodowicz</td>
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<td>Jennifer Helseth</td>
<td>DCYF</td>
<td>Ridge Bynum</td>
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<td>Jennifer Hogge</td>
<td>HCA</td>
<td>Roxane Waldron</td>
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1:00 Introductions and Announcements Sarah Mariani/Patti Migliore-Santiago

- Informal poll on using MS Teams or GoToMeeting for future meetings. It seems MS Teams is acceptable, so expect future invites to contain a Teams link.
- Sarah Mariani
  - International Women’s Day – acknowledging the impact of the pandemic on women in the workplace and what the state can do to support them.
  - March is Problem Gambling Awareness month – coincides with March basketball tournaments where an estimated $10B in wagers occur.

1:20 Round Table discussion: 2021 Legislative Session All

- Watch-list of bills by agency
  - HCA/DBHR - Watch-list
    - Alcohol related – many are focused on opportunities to allow for expanded access, HCA supports sunset dates if primary concern of the bill is economic recovery
• HB 1359 – reducing liquor licensing fees temporarily – still active
• HB 1480 – extending allowances made to liquor licensees during the pandemic
• HB 1483 – workforce development in the beverage alcohol industry
• SB 5272 – already passed, an extension of deadlines for certain liquor and cannabis board licensing fees

▪ Marijuana related – Christine Steele – all below have passed committees
  • HB 1105 – arrest protection for medical cannabis
  • HB 1210 – cannabis terminology
  • HB 1443 – concerning social equity in cannabis industry
  • SB 5468 – concerning knowing possession of a controlled substance, current laws in WA lack requirement that you must “knowingly” possess

▪ Jen/Suicide and Mental Health
  • HB 1477 – 988 mental health hotline
  • HB 1363 - secondary trauma in K-12 workforce
  • SB 5030 – comprehensive school counseling program
  • SB 5292 – incorporating parks and recreation sites into MH strategies

▪ Vaping/tobacco/marijuana
  • SB 1550 – taxation on nicotine products to reduce youth substance use and garner new revenue for prevention
  • SB 5129 – changing penalties for youth possession of nicotine products

▪ Opioid related bills
  • HB 1161 – modifying the requirements for drug take-back programs
  • SB 5195 – requires naloxone to be given to those who are admitted into the ER due to opioid-related problems – bill is still active
    o Pam – Traffic Safety Commission
      ▪ SB 5054 – DUI related, increasing the look-back period for past offenses from 10 to 15 years
      ▪ SB 5417 – LCB, extending serving privileges which could impact DUI.

1:50: Problem Gambling in Washington State – Roxane Waldron State Gambling Program Manager

*Presentation slides available.*

• Impacts and Resources Report (very general notes, see distributed presentation for more in-depth information)
  o Characteristics of gambling: prize, chance, consideration (what is expended, ex. Money, time and effort)
    ▪ Gambling = wagering, often involves gaming but not always
  o WA State Gambling Industry
- 3.435-billion-dollar industry
- Tribal casinos make up most of the WA industry
  - COVID has impacted tribes across the nation, and has impeded their ability to provide services in their community
- WA legal gambling age: 18, casinos may require 21
- Modern Gambling – apps and games, are particularly enticing to youth
  - Examples: in-app purchases, loot boxes
  - Video gaming – there can be gambling involved (2008, 97% of youth 12-17 play video games)
- WA Adults Gambling – 3-4% will experience one or more problems from gambling, 123K – 293K, effects 8-10 others around them
- WA Youth Gambling – 2016 HYS, 23.4% in grades 8-12 have gambled in the last 12 months
  - Late summer 2021, prevalence study will be conducted on youth problem gambling
  - Youth prevalence rate is estimated be twice that of adults (6-8%)
- Treatment and Recovery options
  - State treatment program – eligibility
    - Does not depend on Medicaid eligibility, just need to be diagnosed
    - Program pays for assessment, treatment, and case management
  - Problem Gambling Task Force (PGTF)
    - Assessment, treatment, research, recommendations to legislature for increased funding
    - No federal funding
- Roxane Waldron, MPA /State Gambling Program Manager
  - State program’s mission is to provide interventions for those impacted by problem gambling and train practitioners in the field
  - Integrate problem gambling into a public health approach – some states already doing this (ex. MA)
- Q&A
  - Increasing awareness in context of youth development – currently in progress with DBHR Px team, just sharing information is helpful
    - Keep the problem gambling conversation going within our current agency teams
  - Developing the WA problem gambling framework
    - May come out of PGTF or legislature may recommend development of a new framework

2:30: 10 Minute Break

2:40: Partnerships for Success (PFS) Grant – Midpoint Report – Alicia H. / Isaac W.
- [Presentation slides available.]
- PFS 2018 – 5 year SAMHSA grant, currently in 3rd year
  - Appx. 2.26 million/year
  - Implemented with SOR Grant and supports additional CPWI sites
- Focused on primary prevention for underage drinking and other youth substance use
- Four key components: Community Funding, Media, Training, School Services
  - Community funding – 23 CPWI communities, high-need communities
    - Community organizing
    - Evidence based programming.
    - PFS, appx. 38% of overall community budget
o Statewide media campaigns
  ▪ Rethinking college drinking - providing health alternatives to drinking
  ▪ Focus on teen health – tips for teens in high pressure situations

o Training and Evaluation
  ▪ CADCA Bootcamp – CPWI coordinators, help gain knowledge on community organizing/coalition development
  ▪ Prevention science coach for CPWI coordinators
  ▪ WSU Impact Lab – Communities That Care clinics (CTC) and evaluation

• PFS Year 3
  o COVID adaptations
    ▪ Online/virtual meetings and trainings
    ▪ SAMHSA has adapted requirements for PFS around EBPs and fidelity
  o PFS implementation
    ▪ Strategic prevention framework (SPF)
    ▪ 60% EBP/ 40% innovative programming by CPWIs – following CSAP principles
  o Evaluations
    ▪ Strong year 2 outcomes
    ▪ Positive outcomes continue in CPWI communities
  o Sustainability
    ▪ Braided funding for CPWIs – less disruption of services
    ▪ Community led practice
    ▪ Continuing workforce development & local and state level trainings
  o Addressing health disparities
    ▪ A top priority of the PFS grant
    ▪ Ongoing conversation within HCA on how to provide support to communities
      • Identifying needs through data – CPWI communities and staff
      • Multiple DBHR workgroups addressing these needs
    ▪ Evaluations of current processes and programming
  o How you can help –
    ▪ Utilize the CPWI network and current PFS funded media campaigns
    ▪ Take advantage of trainings posed on the Athena Forum → see calendar of events

3:20: Workgroup Updates

• Opioid Prevention Workgroup
  o New SOR Plan has been updated, distributed here soon – new component of health equity work group and expansions of language around stimulant abuse
  o Opioid summit planning underway Aug 3rd – 5th
  o Starts One Campaign – multiple pharmacies participating in the pharmacy pilot program; www.getthefactsrx.com/pharmacy

• WHY Coalition
  o Recent presentation on Delta 8 THC – hemp derived
    ▪ Watching this product closely to ensure it falls within prevention priorities
  o Research spotlight events coming up

• Mental Health Workgroup
  o Continued focus on measuring mental wellness, information dissemination on suicide prevention and MHP
  o Working to increase awareness of youth mental health first aid trainings
  o RFA out on MHP and suicide prevention, increased number of allowable programs
Continue to accept proposal on promising ways communities are addressing suicide prevention

- Tobacco and Vapor Products Workgroup
  o Eliminate nicotine dependence and tobacco misuse
  o Major priority of CDC (primary funding source)
  o Qualitative interviews with variety of stakeholders to gather knowledge on what is needed from a statewide coalition
  o Goal right now: developing mission, vision, action plan, and membership recruitment plan
    ▪ Steering committee is currently working on this
  o April – looking for more formal/official launch of new coalition

- Young Adults & Marijuana Prevention Workgroup
  o 7 members, including three young adults
  o Look over prevalence and predictors of marijuana misuse – focusing on data gaps
  o Focus on finding resources for prevention and awareness
    ▪ Evaluating future public education opportunities
  o Health equity is a top priority
  o New language: from marijuana → cannabis
  o Next meeting: Monday April 4th

3:45: Upcoming Meeting Goals and Callout for Presenters

- Strategic Plan Introduction – Patti
  o Initial work will need to start in June 2021
    ▪ Plan is due in mid-2022
    ▪ Presentation to public at 2022 prevention summit
  o If you would like to join a workgroup or are interested in another opportunity, email Isaac Wulff at isaac.wulff@hca.wa.gov
  o Helps identify where the consortium will go forward – this is an opportunity to bring your agency’s priorities to the group and provide key feedback on our current structure

- Call for presentations concerning agency specific goals/missions in relation to strategic plan

3:50: COVID Student Survey – Sarah Mariani

- Registrations have started
- First surveys administered beginning 3/8/21
- First priority is to get reports to schools – aiming for some time in May

4:00: Adjourn

Please submit ideas or suggestions of meeting presentation to Isaac.wulff@hca.wa.gov

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<tr>
<th>Month</th>
<th>Workgroup Presentation</th>
<th>Other Topics</th>
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<td>Date</td>
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<td>November 2020</td>
<td>• HYS Update</td>
<td>• Rural Prevention Network – ESD 112</td>
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<td>• Health Disparities: LGBTQ+ Youth, HCA and Gay City</td>
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<td>Leg Session Prep</td>
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<td>January 2021</td>
<td>• 2021 Legislative Session - All</td>
<td>• Health Equity as a Prevention Priority – Alicia Hughes, HCA</td>
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<td>March 8th 2021</td>
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<td>• Legislative session – status updates and needs</td>
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<td>• Problem Gambling: Impacts and Resources – Roxane Waldron, HCA/DBHR</td>
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<td>• PFS Grant Midpoint Status Report – Alicia Hughes, HCA/DBHR</td>
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<td>May 10th 2021</td>
<td>Mental Health</td>
<td>• Legislative Outcomes from 2021</td>
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<td>• Starts With One media campaign – health equity in communications, Mallory Peak, DH</td>
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<td>• SPF Rx Grant – Alicia Hughes HCA</td>
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<td>July 12th 2021</td>
<td>Young Adult</td>
<td>• Strategic Planning Process Update</td>
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<td>September 13th, 2021</td>
<td>Opioid Prevention</td>
<td>• COVID Student Survey Results (TBD)</td>
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<td>• Strategic Planning Process Update</td>
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Other 2021 Future meeting presentations to be determined