



# TRUSTED ADULT WORKSHOP

## SUMMARY

Join us for an empowering one-hour professional development session brought to you by HearMeWA in partnership with Sandy Hook Promise. The training is tailored to adult champions seeking to enhance their impact as trusted adults. In this session, we'll delve into the pivotal role and defining characteristics of a trusted adult, exploring how fostering trust can serve as a potent protective factor against youth violence. Through engaging discussions and practical insights, participants will identify key behaviors that exemplify a trusted adult when addressing warning signs or threats from youth.

## OVERVIEW

<b>DATE:</b>	<b>JUN 26, 2024</b> <b>12:00PM-1:00PM PST</b>
<b>OBJECTIVES:</b>	<ul style="list-style-type: none"><li>● Define the role and characteristics of a trusted adult</li><li>● Identify key behaviors and responses that exemplify a trusted adult when dealing with youth presenting warning signs or threats.</li><li>● Recognize the positive influence trusted adults have on school community dynamics.</li><li>● Improve active listening skills and questioning techniques</li><li>● Practice reassuring communication</li><li>● Understand the limits of confidentiality in professional settings</li><li>● Identify symptoms of vicarious trauma and adopt management strategies</li></ul>
<b>ZOOM LINK TO ATTEND:</b>	<b>JOIN HERE!</b>