

INLAND NORTHWEST

THURSDAY, OCTOBER 10, 2019

**SPOKANE COMMUNITY COLLEGE LAIR STUDENT CENTER
1810 N. GREEN STREET, BUILDING 6, SPOKANE, WA 99217**

PARKING: The Community College does charge for parking. Reimbursements will be provided. Please allow extra time for parking as classes will be in session at the college.

SUICIDE PREVENTION SEMINAR FOR THE CONSTRUCTION INDUSTRY

CO-SPONSORED BY:



Inland Northwest AGC
THE ASSOCIATED GENERAL CONTRACTORS OF AMERICA
Your Voice in the Construction Industry



The Construction Industry has one of the highest incidence rates of suicide across the United States at 53.2 deaths per 100,000. This is 5 times greater than that of all other construction fatalities combined.

As such, it is an industry imperative to shatter the mental health stigma and create caring cultures within our companies. CFMA has established the Construction Industry Alliance for Suicide Prevention with the goal of providing and disseminating information and resources for suicide prevention and mental health promotion in construction.

Please join the Inland Northwest Chapters of the Construction Financial Management Association (CFMA), Associated Builder & Contractors, Inc. (ABC) and Associated General Contractors (AGC) for a Construction Industry focused workshop on Suicide Prevention. This workshop will be moderated by Dr. Jen Stuber, UW Forefront Suicide Prevention, Seattle WA and Cal Beyer, Lakeside Industries, Issaquah, WA.

Attendees will learn:

- Construction industry risk factors
- Why suicide has become a workforce issue
- Using the LEARN method for spotting and preventing suicide
- Best practices that can be shared throughout the construction community to identify key steps and best practices that can be implemented in our work safety programs
- Connect with community health professionals
- Amass resources to help promote mental health and suicide prevention as part of the corporate health initiative
- Network with local, regional and national peers

For registration information or questions: e-mail **JIM MORRISON** at **JRM.GEG@GMAIL.COM** or call **509-981-1424** or:
e-mail **KATIE BURTON** at **KBURTON@LYDIG.COM** or call **509-534-0451**



The Construction Financial Management Association (CFMA) is registered with the National Association of State Boards of Accountancy (NASBA) as a sponsor of continuing professional education on the National Registry of CPE Sponsors. State boards of accountancy have final authority on the acceptance of individual courses for CPE credit. Complaints regarding registered sponsors may be submitted to the National Registry of CPE Sponsors through its website: www.nasbaregistry.org



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PRESENTERS:



DR. JENNIFER STUBER, PH.D.

Center Director, Forefront Suicide Prevention and Associate Professor, UW School of Social Work in Seattle, WA

The Center of Excellence at the University of Washington focused on reducing suicide by empowering individuals and communities to take sustainable action, championing systemic change and restoring hope. Forefront is a major catalyst for suicide prevention in Washington and the nation. Dr. Stuber's policy acumen has contributed to the passage of 9 state suicide prevention laws including those that require all behavioral health and health care professionals in Washington State to have basic training in suicide assessment, management and treatment (the first in the nation). She has worked with many partners to develop customized, sustainable suicide prevention training that to date has reached over 50,000 professionals and community members.

An Associate Professor in the School of Social Work, Dr. Stuber's research interests focus on forms of oppression including stigma and discrimination, health disparities, mental health and policy-making processes. Dr. Stuber received her Ph.D. from the Yale University School of Public Health's Department of Health Policy and completed her bachelor's degree in biology and society at Cornell University.



CAL BEYER

Director of Risk Management at Lakeside Industries, Inc. in Issaquah, WA

Lakeside Industries is a 3rd generation family owned business and is a leading hot mix asphalt production and paving contractor in the Pacific Northwest.

Cal was an inaugural member of the Action Alliance's Workplace Task Force and has catalyzed a strategic media campaign in the construction industry to increase awareness, advocacy and action on mental health and suicide prevention. This led to over 90 publications, more than 70 presentations and 15 regional suicide prevention summits.

Cal's vision is to create a reproducible suicide prevention model for not only Contractors but those in other industry sectors. He is currently recruiting employers to join a work group to develop guidelines to integrate suicide prevention into corporate safety, health/wellness, employee benefit, workers compensation, integrated disability management and labor relations programs.

Cal was an inaugural member of the Action Alliance's Workplace Task Force and has catalyzed a strategic media campaign in the construction industry to increase awareness, advocacy and action on mental health and suicide prevention. This led to over 90 publications, more than 70 presentations and 15 regional suicide prevention summits.

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PRICING:

CFMA, ABC OR AGC MEMBER: \$25 (9/30/19 and prior) **\$40** (10/1/19 and later)

NON-MEMBERS: \$35 (9/30/19 and prior) **\$50** (10/1/19 and later)

SCHEDULE:

CONTINENTAL BREAKFAST:
8:00 a.m.

PRESENTATION:
8:30 –11:30 a.m.

CLICK HERE TO REGISTER AND PAY ONLINE

Deadline to register & cancel (with a full refund) is September 30, 2019

Seating is limited so please register early

EARN 3 HOURS

of Continuing Education Credit

MAIL-IN REGISTRATION FORM:

IF PAYING BY CHECK, PLEASE REMIT THIS FORM WITH PAYMENT TO:

Attn: Katie Burton, Lydig Construction, 11001 E. Montgomery, Spokane Valley, WA 99206

CHECKS PAYABLE TO: CFMA–Inland NW Chapter

QUESTIONS? Jim Morrison, jrm.geg@gmail.com 509.981.1424

Name _____ Title _____

Company _____

Address _____ City _____ State _____ Zip _____

Phone _____ E-Mail _____