

Strategic Prevention Framework Webinar Series

Needs Assessment, Data Sources and Indicators, and Resources Assessment February 15, 2017



Introductions





Objectives

- Understand Needs Assessment key elements and purpose.
- Understand Resources Assessment key elements and purpose.
- Discuss tools and examples for *Needs and Resources Assessment*.
- Discuss how to identify *gaps* in resources which address priority risk and protective factors.
- Plan next steps.

Strategic Framework for CPWI





& Wellness Initiative

CPWI Tasks in Assessment

CPWI Tasks: Guide p. 25-26

- ☐ Conduct Needs Assessment
 - Establish process for assessment
 - Conduct Assessment
 - Conduct 'Community Survey'
 - Prioritize outcomes and write into Strategic Plan
- ☐ Conduct Resources Assessment
 - Establish process for assessment
 - Conduct Assessment
 - Prioritize outcomes and write into Strategic Plan

Purpose of Assessment

Purpose: Develop and update the 'picture of your community'.

- Identify and review data that demonstrates the needs of the community.
- Identify people, community readiness and resources.
- · Identify gaps of services for community needs.

Why we do assessment?

- A good assessment will help your community identify where it needs to focus its prevention efforts.
- Needs and Resources assessments are tools for generating change and they provide a foundation to effectively select community priorities for a strategic plan.
- What are some needs in your community?

Elements of a Good Assessment

- Needs Assessment
- Resources Assessment
- Needs Prioritization



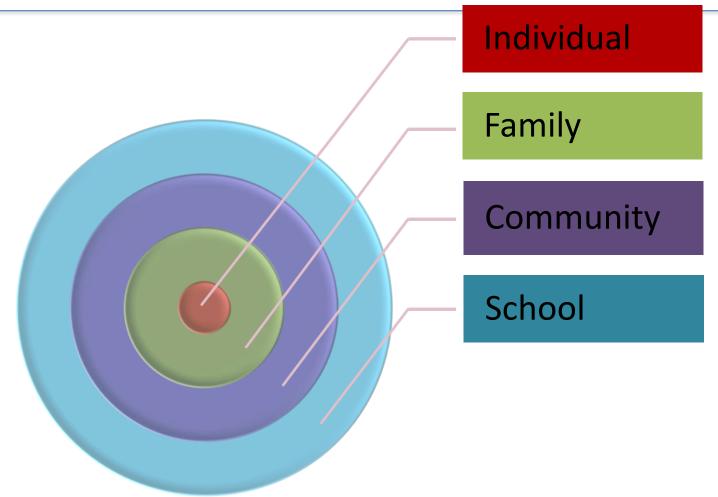
Risk Factors

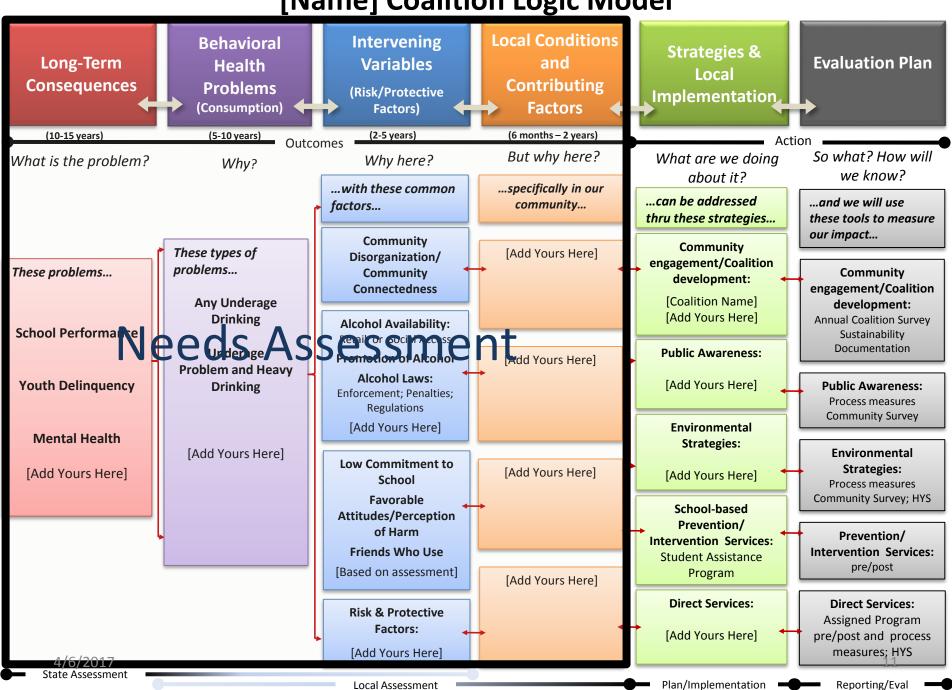
Community Risk Factors	SA	D	TP	SDO	V	D&A
Availability of Drugs	×				×	
Availability of Firearms		×			×	
Community Laws and Norms Favorable Toward Drug Use, Firearms, and Crime	×	×			x	
Media Portrayals of Violence					×	
Transitions and Mobility	×	×		×	×	×
Low Neighborhood Attachment and Community Disorganization	×	×			×	
Extreme Economic Deprivation	×	×	×	×	×	
Family Risk Factors						
Family History of the Problem Behavior	×	×	×	×	×	×
Family Management Problems	×	×	×	×	×	×
Family Conflict	×	×	×	×	×	×
Favorable Parental Attitudes and Involvement in the Problem Behavior	×	×			×	
School Factors						
Academic Failure Beginning in Late Elementary School	×	×	×	×	×	×
Lack of Commitment to School	×	×	×	×	×	
Peer/Individual Factors						
Early and Persistent Antisocial Behavior	×	×	×	×	×	
Rebelliousness	×	×		×	×	
Friends Who Engage in the Problem Behavior	×	×	×	×	×	
Favorable Attitudes Toward the Problem Behavior	×	×	×	×	×	
Early Initiation of the Problem Behavior	×	×	×	×	×	
Constitutional Factors	×	×			×	×

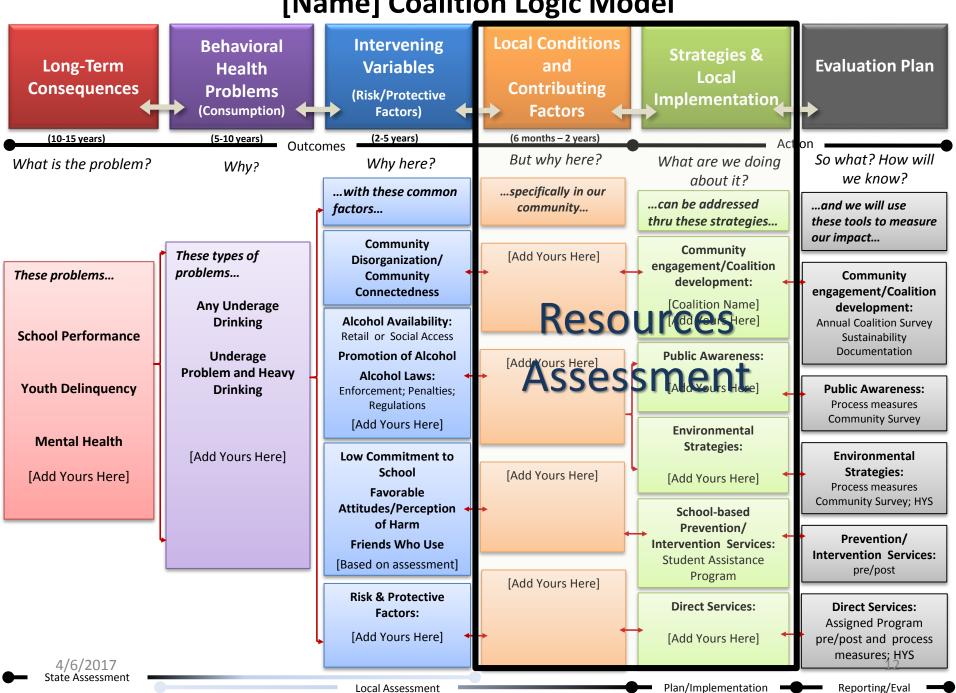


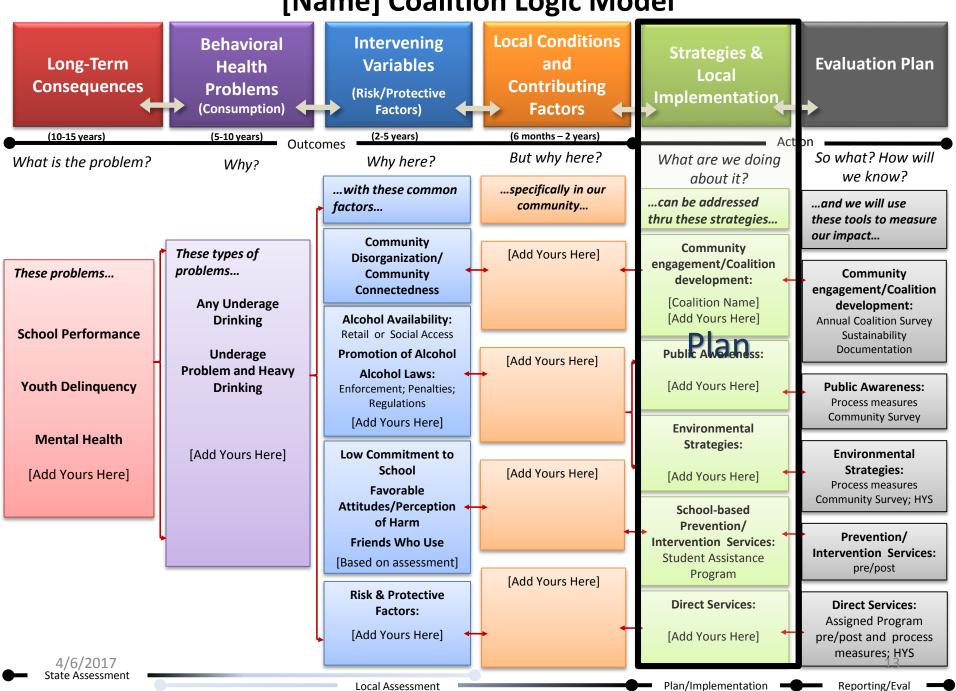


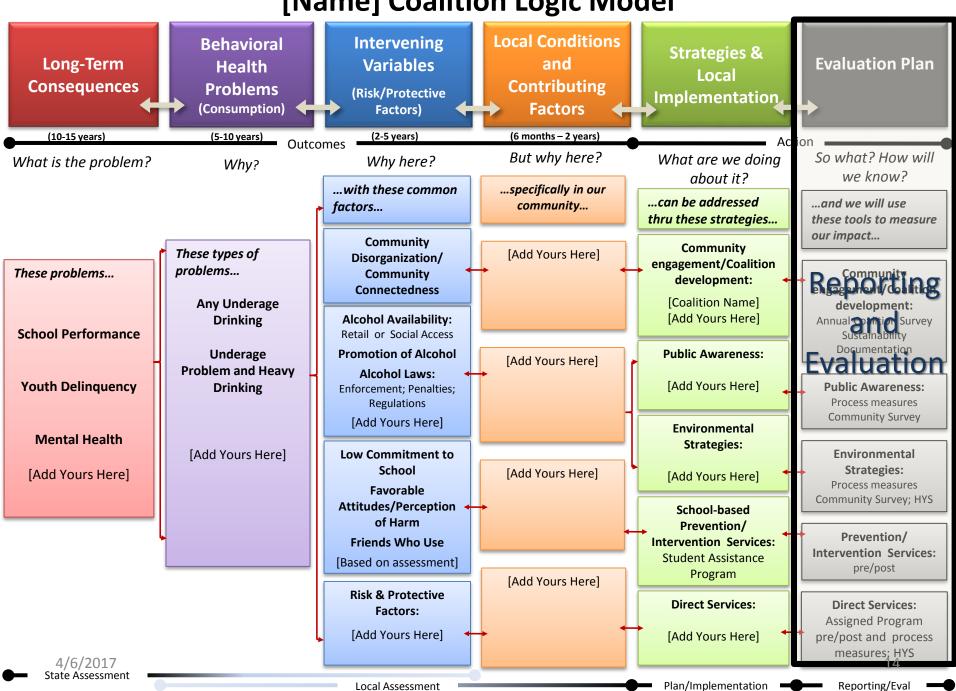
Multiple Contexts











Needs Assessment Process

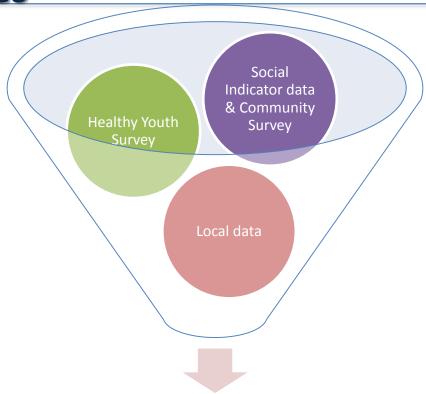
- Work with your coalition to identify the process that they will take to conduct a needs assessment.
- You will not want to complete the needs assessment alone and the coalition should make the decisions on what needs need to be prioritized.
- Examples of needs assessment processes include:
 - Workgroup to review data
 - Epidemiological Workgroup (DOH)
 - Present data to entire coalition
 - Determine what information should go to the larger groups to identify priorities
 - Convene again to determine priorities
 - Ask for input from community on identified priorities

Reviewing Community Data





Sources of Data We Use in Assessing Communities



Data Assessment

Typical Data Sources

- Data Books
- Annual Community Survey Data
- Biannual Young Adult Survey Data



INTRODUCTION TO THE DATA BOOKS

Data Books

- Data from the Washington Healthy Youth Survey
- CORE GIS Data (Community Outcomes and Risk Evaluation Information System)
 - 47 indicators from several state and federal agencies such as DSHS, OSPI, UCR
- Consequences, Consumption, Intervening Variable data
- Demographic Profile (NEW Addition 2016)
- Poverty Map
- Definitions and description sections
- CPWI Logic Model



Data Driven Decision Making

What's Happening in

Sample Ville?

A Community Needs Assessment Data Book



Consequences

Behaviors that are known to be associated with substance use

Consumption

Measure of the number of youth using/consuming alcohol and other substances

Intervening **Variables**

Characteristics that are strongly predictive of underage drinking and substance use

Strategies

Activities selected to address problems identified in the needs assessment

MEASURES

School Performance

- Self-reported Grades
- · Skipping School
- Graduation Rates

Youth Delinquency

- · Self-reported Fighting
- · Carrying a Weapon
- Gang Membership
- · Drinking and Driving
- Arrest Rates Weapon Incidents in

Mental Health

Schools

- Depression
- · Considering Suicide

Measures with [brackets] around them are those

for which we do not have state level indicators.

Suicide Attempts

MEASURES

Youth Alcohol Use

- Current Drinking
- · Problem or Heavy Drinking
- Other Substance Use: Tobacco, Marijuana, Other Illegal Drugs, Prescription Drugs

MEASURES

[Community Connectedness]

Alcohol Availability

- · Ease of Access
- . Retail or Social Access (Usual Source)
- · Density of Licenses

[Promotion of Alcohol]

Risk of Alcohol Use

- · Perception of Law Enforcement Risk
- · Perception of Risk of Harm from Alcohol Use

Norms Around Alcohol

- · Attitudes Toward Youth Drinking
- Friends Use
- · Perception of Adult **Attitudes**

Risk and Protective Factors

- Parental Attitudes Tolerant of Substance
- . Early Initiation of Drugs
- Intentions to Use Drugs
- · Friends' Use of Drugs

Coalition

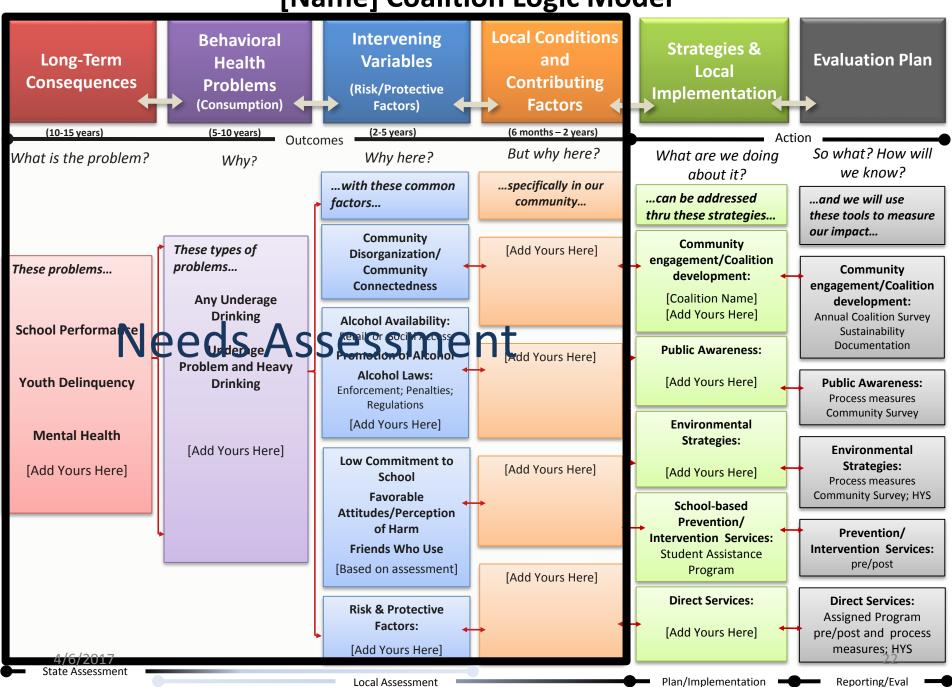
Public Awareness

Environmental Strategies

> School-based Prevention/ Intervention Services

Direct Services (Minimum 60% EBPs) 1

March 2015



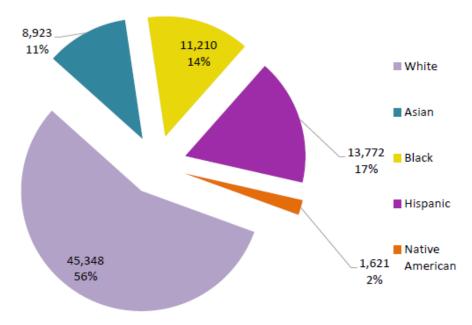


Community Demographics

The racial/ethnic and age composition below can help prevention planners better understand the community's diversity.

Race or Ethnicity (Count, Percent)

Persons whose race or ethnicity is: (1) "White" - non-Hispanic White; (2) "Asian" - non-Hispanic Asian or Pacific Islander; (3) "Black" - non-Hispanic Black/African American; (4) "Hispanic" - Hispanic or Latino of any race except American Indian/Alaska Native; (5) "Native American" - any American Indian/Alaska Native, whether Hispanic or non-Hispanic; as a percentage of all persons.



Age Composition (Count, Percent)

Children (ages 0 to 9, 10 to 14, and 15 to 17 years), adults (ages 18 to 24, 25 to 49, and 50 to 64 years) and seniors (ages 65 years or more) as a percentage of all persons.



What's in the Data Books?

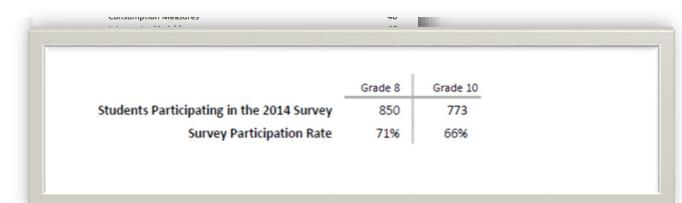
Grade 8 Grade 8 Overview Moods Assessment Grade 10 Grade 10

	Cascadia			School Dist	ricts Like Us	State	
HYS Measures of Youth Delinquency	GRADE	2012	2014	2012	2014	2012	2014
Drinking and Driving. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol? (District results: Any times)	8	0%	0%	0%	0%	4%	3%
	10	0%	10%	0%	10%	5%	5%
Marijuana and Driving During the past 30 days, how many times did you drive a car or other vehicle within three hours after using marijuana? (District results: Any times)	8		10%		10%		4%
	10		20%		10%		9%

The bar chart includes 2014 HYS results for your school district area, "school districts like us" and the state.

The state rate is significantly different from your school district area rate.

Fewer than 30 students answered this question.



The 2014 rate is significantly different from the 2012 rate.

The "school districts like us" rate is significantly different from your school district area rate.

Review of Data Books Activity

- Please share with the group experience with your review of the data books.
- What information did you find in the data books that were alarming, interesting, concerning? Any positive data?
- What questions do you have about reading your data book?



Additional DSHS Resource

Home > SESA > Research and Data Analysis > Community Risk Profiles

SESA Com

Research and Data Analysis

▼ Community Risk Profiles▶ County and State

Risk Profiles for Locale Areas

Risk Profiles for School Districts

Research Reports

Dashboards

Client Data

- ► GIS & Maps
- ▶ About RDA
- Human Research Review Section

Human Resources Division

Enterprise Technology

Communications

Continuous Improvement

Community Risk Profiles

Risk and Protection Profiles for Substance Abuse Prevention for Washington State and its Communities

Current Report: December 2016

- · County and State
- Locale
- · School District

A comprehensive time-series collection of data related to substance use and abuse, and the risk factors that predict substance use among youth. Data are organized and presented within a risk and protective factor framework used across the state by substance abuse prevention planners. Data are available at the school district, locale, county and state level.

These reports contain the most recent data available. Up to twelve years of historical data may be presented for each indicator. Please be aware that the earlier published data may have been updated - or superseded - by the current reports. Additionally, some indicators may have been updated or otherwise changed from earlier published reports, so be sure to read data notes under a chart or a table. For the reports published in 1996-2001, follow this link to the archive.

For more information click here.

Each report includes information on:

Community Domain:



IDENTIFYING LOCAL CONDITIONS (CONTRIBUTING FACTORS)

Contributing Factors

 Contributing Factors are related specifically to intervening variables and are intended to supply a more community-specific explanation of the problem identified via each prioritized intervening variable.



Contributing Factors: Why Here?

Lack of Adult/parents' support for enforcement

Lack of Justice system's vigorous prosecution of underage drinking violators

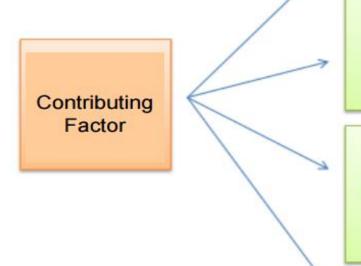
Adult/parents'
belief that
underage
drinking is a "rite
of passage"

Lack of
Enforcement
of Underage
Drinking
Laws

Lack of Facilities to hold juveniles under the influence







Environmental Strategies:

School-based Prevention/ Intervention Services:

Direct Services:



Public Awareness:

"Consequences of 3rd Party Sales" targeted to 21 year olds – adults in the community

Youth paying strangers to purchase alcohol

Environmental Strategies:

Expand enforcement of social host ordinance to include near peers

Shoulder Tap Operations

School-based Prevention/ Intervention Services:

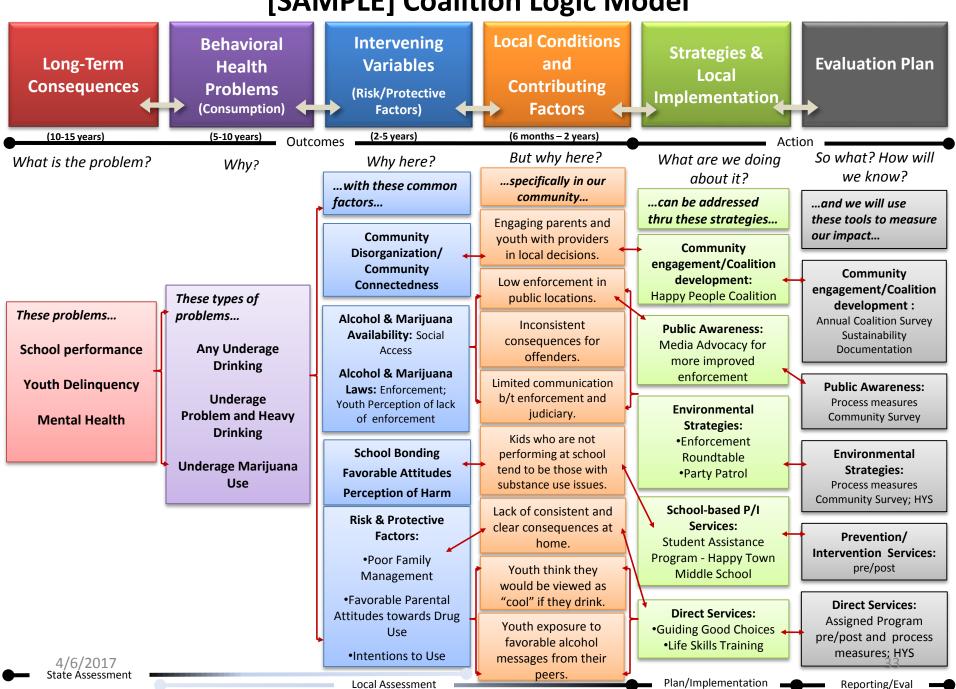
Youth involved in 3rd party sales referred to school for assessment

Direct Services:

Follow-up services based on assessment

Coalition Logic Model Local Conditions Intervening Behavioral Long-Term Strategies & Evaluation Plan Variables Health and Local **Outcome: Contributing Problems** (Risk/Protective Implementation | **Consequences** (Consumption) **Factors** Factors) (2-5 years) (6 months - 2 years) (10-15 years) (5-10 years) Outcomes So what? How will But why here? What are we doina Why here? What is the problem? Why? we know? about it? ...specifically in our ...with these common ...can be addressed ...and we will use community... factors... thru these strategies... these tools to measure our impact... Community Community These problems... These types of [Add Yours Here] Disorganization/ engagement/Coalition problems... Community Community development: **School performance** Connectedness engagement/Coalition **Any Underage** [Coalition Name] (% of courses passed) development: [Add Yours Here] **Alcohol Availability:** Drinking **Annual Coalition Survey** (HYS Academic) Retail or Social Access Sustainability (10th grade 30-day use) Documentation **Public Awareness:** Promotion of Alcohol [Add Yours Here] **Youth Delinquency Underage** Alcohol Laws: (either HYS Perception **Problem and Heavy** [Add Yours Here] **Public Awareness:** Enforcement; Penalties; of Risk, or Alcohol Drinking Process measures Regulations related arrests of 10-(10th grade) **Community Survey** [Add Yours Here] **Environmental** 17 year olds, **Strategies:** depending on Low Commitment to **Environmental** coalition's strategy) School Strategies: [Add Yours Here] [Add Yours Here] [Add Yours Here] Process measures **Favorable Attitudes Mental Health** Community Survey; HYS Friends Who Use School-based (HYS depression) Prevention/ **Perception of Harm** Prevention/ Intervention Services: [Based on individual Intervention Services: Student Assistance assessment] pre/post Program [Add Yours Here] Risk & Protective **Direct Services: Direct Services:** Factors: Assigned Program [Add Yours Here] [Add Yours Here] pre/post and process measures: HYS 4/6/2017 State Assessment Local Assessment Plan/Implementation Reporting/Eval

[SAMPLE] Coalition Logic Model



Local Conditions Activities

- Review family management data and focus on one R/P factor.
- As a group identify possible local conditions that may be related to the concerning R/P factor.

& Wellness Initiative

The 'elevator speech'...

We will be able to say...

By Addressing Intervening Variables and Risk/Protective Factors, in

Community Domain

Family Domain

School Domain

Peer/Individual Domain



With Strategies and Programs, such as

Community Mobilization

Enforcement of alcohol laws

Parenting Classes

Early Childhood
Education

Peer Education

We can affect community and family outcomes, which lead to

Reduction of Youth Substance abuse and other related problem behaviors



RESOURCES ASSESSMENT

What is a resources assessment?

 Definition: A resources assessment is a systematic process for examining the current resources in your community which are reducing risk factor and increasing protective factors.

- What is currently going on in my community?
- What is missing from my community?

What are resources?

- Resources are funding, program, policy, initiative, people and services
 - Can be activated to reduce the likelihood of substance misuse/abuse
 - Promote healthy communities
 - Address local conditions
 - Solving top community concerns

What resources do we have? What resources do we need?

What are resources?

- Systematic process for examining current resources
- What is going on in my community?
- What is currently reducing risks factors and increasing protective factors?
 - Identify gaps where new services should be implemented
 - Avoid duplication of services
 - Building collaboration among service providers
 - Identifying existing resources to sponsor new programs
 - Ensure you are creating a comprehensive prevention strategy for your community
 - Ensure you are impacting your identified risk and protective factor priorities

Benefits of a resources Assessment

Community resource assessment will assist the coalition to:

- Identify key resources needed to support your strategic Plan.
- Build collaboration among services providers.
- Recognize the EBP's and environmental efforts.
- Identify gaps in services and avoid any duplication in services.
- Promote the work and efforts on the coalition to build capacity and sustainability.

Completing a Resources and Gaps Assessment



- 1. Establish your process
- 2. Identify, collect, and compile information on each existing resources which address the priority risk and protective factors
- 3. Determine any gaps in resources
- 4. Determine key findings
- 5. Integrate information into your Strategic Plan

Establish your process

- Gather coalition input on how to conduct resources assessment.
- Be clear about goals and objectives.
- Decide on what information you want to collect.
- Decide on how you will collect information.
- Establish timeframe for collection.
- Begin collecting data.

Considerations for a data workgroup

- Recruit members with experience conducting a community need assessments.
- Begin the recruitment process with an existing coalition or advisory board if applicable.

Poll



 How are coalition members involved in your resource assessment?

Creating your collection tool

- What do you want to know?
- At the end, how do you want to present information?
- What information supports determining local conditions and strategy selection?
- What information supports your strategies?

Collecting Information What?

- Resource/Provider contact information
- Funding sources and duration
- Program/Activity details of activity
- What risk/protective factors and local conditions are addressed
- Specific populations served
- Number of individuals served
- CSAP Strategies
- Evaluation results
- Number of trainings

Collecting Information – Where?

- Coalition members
- Directories
- City halls
- One-stop centers
- Medical providers
- Key informants
- Surveys
- Ethnic workgroups
- Faith-based program
- Human Capital
- Cultural resources

Collecting Information

Interviewing a community resource provider:

- 1. Deliver the 1 minute opening comments.
 - ✓ Introduce yourself
 - ✓ Coalition you are representing
 - ✓ Prevention Redesign Initiative Planning Process
 - ✓ Resource and Gaps Assessment
 - ✓ Information being collected about resources
 - ✓ Importance/relevance of the information
- 2. Ask if they would like to participate in the effort.
- 3. Ask questions to gather information on their resource(s).
- Thanks!



Examples from Cohort 1

- Well Spring Community Network
 - Human capital
 - Community collaboration and small town political ties
 - Agency support and other service providers
 - Funding and in-kind donations
 - Training and technical assistance
 - Partnerships



Sample Worksheet

- Resources Assessment workshoot
- The Ath
- http://theat nity%20Netv



Date:

Mailing Address:

Organization/Affiliation:

Name:

Phone: Email:

We are a vibrant community where everyone feels valued and contributes to the wellbeing of all.

Through awareness, advocacy, and action we will create a community culture that strengthens families, reduces substance use, and promotes mental, physical, emotional, and spiritual wellness.

Describe your motivation for being involved with WellSpring. Why is strengthening community important to you? Who do you advocate for or represent?

620Commu 0.pdf

Success Stories

 Does anyone have a success story for delegating the resources assessment among coalition members?

Compiling your Information

- What do you want to know in the end?
- How will you display information in a way that helps you make decisions?

Compiling Data

- Information Listing
- Mapping using BatchGeo http://batchgeo.com/
- Charts and graphs



Information Listing

SPE Resource Directory DRAFT 7.20.12

Department of Health

PO Box 47855 Olympia, WA 98504-7855

www.doh.wa.gov

SPE Contact:

Sue Grinnell 360-236-3687 sue.grinnell@doh.wa.gov

Tobacco Program

Lead contact:

Paul Davis paul.davis@doh.wa.gov 360-236-3642

Coordinated School Health Manager Washington State Department of Health Healthy Communities Office Community Based Prevention Program 111 Israel Rd SE PO Box 47848

Resource addresses these areas that are prioritized based on our review of data:

- ✓ Underage drinking
- √ Marijuana abuse
- √ Tobacco prevention

Below is a list of other related issues.

√ Tobacco Cessation

Resource using these strategies for addressing these issues

- √ Other Educational programs

Specific data indicators your agency/organization used in planning/determining and monitoring for the need to

There are dozens of BRFSS and HYS questions that we track. The most important are: 10th grade 30 day use of tobacco, Adult smoking rate, Low income smoking rate, and Exposure to secondhand smoke by youth

Which population(s) does this "resource" primarily target? (check all that apply)

- ✓ Minority or other underserved populations

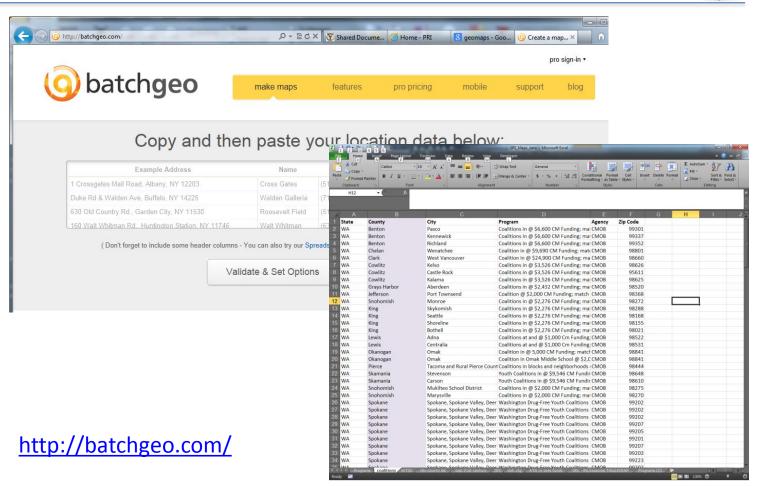
Estimated number of people served/reached with this "resource" state fiscal year 2011 (Jul 2010 - Jun 2011)? We believe that we serve the entire state's population with our services since we do primary prevention and

law enforcement, so that would be about 6.5 million people.

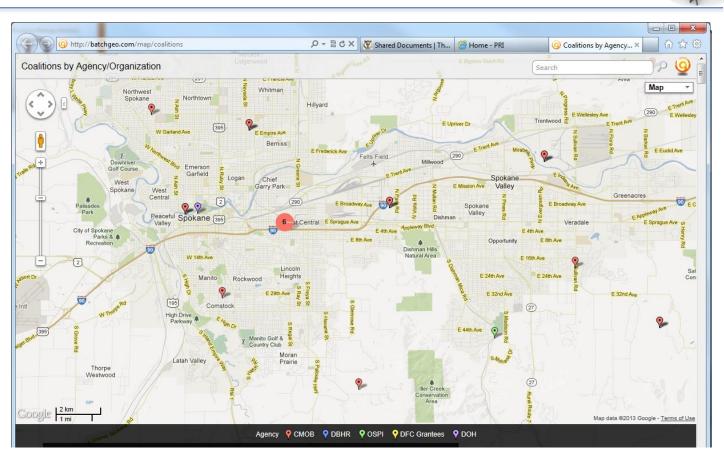


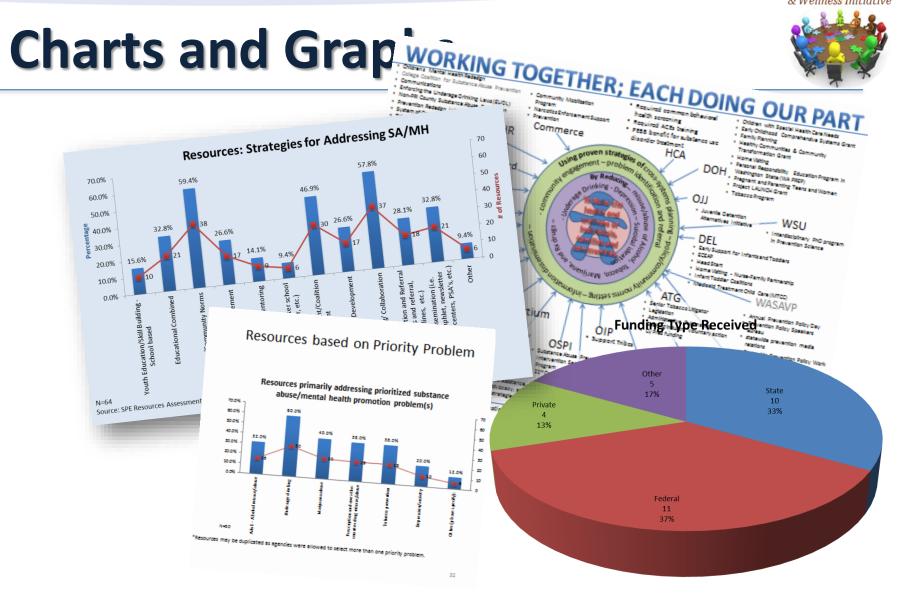


Mapping



Mapping







Chat

Please type your answer into the chat box.

 What methods have you used or will likely use to display your information?

Examples from Cohort 1

Darrington Prevention Intervention Community Coalition-

- is the "go to" social and resource come is the "go to" social and resources
 - mentoring, yout family dinners of activities for the
- regional trauma c administer Naloxc Primary Care Integ
- The Sauk-Suiattle
 The Tribe provides
 members and Darri

Appendix I: resources		
Assessment	Programs & Services (in, or easily accessed by, the community) Darrington Junior Athletic Association	Darrington Family Support and Resource Center Feonomics Program
Forrest Service Volunteer Program Church Youth Groups Darrington Area Business Association Historical Society Darrington Community Center	Church Sunday Schools Hampton Lumber Mill Hardship Fund/ Adopt a Family Friends of the Library Town Council Sauk-Suiattle Recreation	Old Tidings Horite Learning Darrington Senior Center Services Scouting Groups SFA Cooperative Learning Darrington Recreation & Education Foundation RAD – Recognizing Achievement in
Clinic Guild Student Intervention/ Assistance Team Free & Reduced Lunch Program	Services	Rotary Club
4-H Club Parenting Classes Community Carnivals	PSE Family Night Finance & Budgeting Classes Alumni Association Skill Center	DSHS Sauk-Suiattle Preschool & Childcare Running Start Operation School Bell Mentoring
Gas Vouchers Kids' Place Job Corp. HS Leadership Class	Skill Center McKinney Vento Services Youth Coalition	WELLOW

Categories:

Programs &
Services
Local Institutions
Natural wonders
Individuals
Cultural resources



Examples from Cohort 1

Ferndale Prevention Redesign Initiative



GAP ANALYSIS

Benefits of a Review of Resource Gaps

A community review of gaps will assist you to:

- Identify gaps in services.
- Avoid duplication in services.
- Build collaboration among service providers.
- Ensure you are putting your time and money where it will have the greatest impact.
- Ensure you are creating a comprehensive prevention strategy for your community.
- Ensuring you are effectively impacting your priority intervening variables and contributing factors.

Poll

- Have you completed your review of resource gaps yet?
 - Just starting.
 - In the middle.
 - Mostly finished, still finalizing it.
 - All done.
 - Already put in our plan.

Do you want to share a success?

What is a gap?

Program and service gaps exist in a variety of forms.

<u>Developmental gaps</u> – identifying if services are available at appropriate developmental ages?

<u>Geographic gaps</u> – are services available throughout the community?

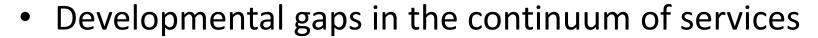
<u>Population/Demographic gaps</u> – are services reaching all potential participants appropriately?

Intervening variable/contributing factors being adequately addressed?

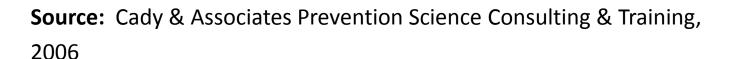
Step 3:

What is a "Gap"?

cont.



- Implementation fidelity issues That else???
- Saturation concerns
- Funding limitations







Determine Gaps In Resources – Sample

Priority intervening variable:

Family Management

Resource gaps:

- No parenting classes for parents of 12 14 year olds.
- No parenting classes provided in Spanish.
- Existing parenting classes are not evaluated for effectiveness
- Existing parenting classes are not filled to capacity not reaching "hard to reach parents"
- No family crisis counseling provided 24/7
- Lack of skilled parenting instructors in the community
- No existing parenting classes teach appropriate skills to promote attachment with newborns

How to find Gaps

- Gaps worksheet
- Charts
- Maps

Step 3:

How do you find Gaps?

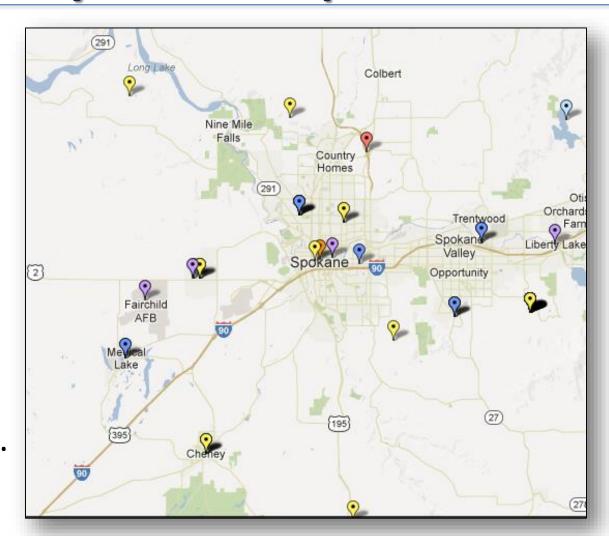
Community Prevention & Wellness Initiative



Developmental Gap Identification Worksheet Instructions: Write the name of the programs you have in the corresponding boxes on the grid. For example: Optic youth leadership program, is placed in the row "pre-adolescent" and the column "school based".	ons Through Awareness, an afterschool
your stry Intervening Factor:	ity-based
the Contributing Factor (3).	/peer-based Community-Based services
Developmental Period Family-based services School-based 55	
Developmental	
Specific Population Age:	
Infancy and early childricou (e 17)	
Middle Childhood (5-11yrs)	
Pre-Adolescence (12-14yrs)	
Adolescence (15-17yrs)	
Young Adulthood (18-24yrs)	
Adulthood (25-44yrs)	
Older Adulthood (45-64yrs)	
Other groups:	
Families	
General Public	
Table it	

Step 3:

How do you find Gaps?



Map it...

Step 3:

How do you find Gaps?

Are there services in multiple languages for our families?

What do you think is missing here to support families?

What is happening on weekend for youth?

Discuss it...

Are we doing enough of that to make a difference?

What do we see in our community that help youth?

What neighborhoods aren't getting any services?

What evidencebased programs do we have in the school?

Review of Resource Gaps—Challenges

Challenges which may arise during the review of resource gaps assessment processor dube: Lack of information Too min'

- Too much information.
- Lack of diverse representation in a location making process.
- Lack of detail in tirying the gap
- Lack of enough resources all of the gaps.

Summarizing Key Findings

- At a coalition meeting:
 - Review information
 - Coalition discussion ...
 - What are some critical resources that are having positive outcomes on our local conditions that we have that we want to collaborate with and include in our plan?
 - What key resources are missing from our community that we need in order to impact the local conditions we want to change?

Summarizing Key Findings

What does your Resources Assessment information tell you?

What we have...

- Ages served
- Times offered
- Locations
- Evidence-based
- Addressing local conditions
- Culturally appropriate

What we need...

- Ages served
- Times offered
- Locations
- Evidence-based
- Addressing local conditions
- Culturally appropriate

Summarizing Key Findings

- Include in Strategic Plan:
 - What are the significant community partnerships in-place or that need to be developed?
 - Identify important and/or significant information that demonstrates areas to focus substance abuse efforts (for example, lack of fidelity of programs being implemented to address a specific local condition; lack of services being provided for a local condition).
 - Provide summary of the key data and information findings that led to the selection of the Coalition priorities. Include the detailed data and information reviewed in the appendix of the Plan.

Summarizing Key Findings

Example 1:

"After reviewing information collected from our resources assessment we determined that we have significant and effective resources available for children ages 5-12, however there are limited programs for youth ages 13-15..."

HAVE

NEED

Summarizing Key Findings

Example 2:

"After reviewing information collected from our resources assessment we understand that the Go Kids Youth Center provides valuable programs for youth (10-18) in our community however these services are underutilized and we need to reach out to more diverse populations such as providing information and communication in multiple languages..."

466/2017

Step 4:

Summarizing Key Findings



Example 3:

"Needs assessment shows elevated social availability of alcohol with a low youth perception of Law Enforcement impacting underage drinking. Community is ready to act to reduce underage drinking. Resource Assessment information shows that policies are in place and prosecuting attorney is engaged and ready to move forward however, law enforcement lacks officer training for party patrol and

NEED

controlled party dispersal strategy..."



Contact Information

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Lisa Stewart (425) 401-4664 lisa.c.stewart@dshs.wa.gov



hank You!









