# January Prevention Learning Community Meeting

Hosted by: Division of Behavioral Health and Recovery Wednesday, January 24<sup>th</sup>, 2024
9:00 a.m. – 12:00 p.m.



Time	Agenda		
9:00-9:10 a.m. 10 min	Welcome / Introduce new prevention providers to the call		
9:10-9:50 a.m. 40 min	Prevention Priorities & Budget Updates Sarah Mariani (HCA)		
9:50-10:30 a.m. 40 min	Preparing for the 2023 Legislative Session Harrison Fontaine (HCA)  • Legislative process overview  • Bills to watch		
10:30-10:50 a.m. 20 min	Statewide Updates DBHR Prevention Section  The 2023 Healthy Youth Survey  Minerva  CPWI Strategic Planning  And more!		
10:50-11:00 a.m. 10 min	2023 CPWI Community Survey – highlights Sandy Salivaras (HCA)		
11:10-12:00 p.m. 50 min	2024 Legislative Session Scott Waller & Linda Thompson (Prevention Voices)		



#### 2024 LCM Schedule

Month	Date	Platform	Athena Forum Calendar Link	
January	January 24	Zoom	https://theathenaforum.org/dbhr-learning- community-meeting-12	
February	February 28	Zoom	https://theathenaforum.org/dbhr-learning- community-meeting-optional	
March	March 27	Zoom	https://theathenaforum.org/dbhr-learning- community-meeting-13	
April	April 24	Zoom	https://theathenaforum.org/dbhr-learning- community-meeting-optional-0	
May	TBD – Coalition Leadership Institute			
June	June 26	Zoom	https://theathenaforum.org/dbhr-learning- community-meeting-15	
August	August 28	Zoom	https://theathenaforum.org/dbhr-learning- community-meeting-16	
September	September 28	Zoom	https://theathenaforum.org/september-2022-learning-community-meeting	



### **LCM Project Transition**

- Kasey Kates CPWI and School-Based Supervisor to Endalkachew Abebaw, Policy and Project Manager
- Integration of internal and external workforce development strategies.





# Prevention Priorities and Budget Updates

Sarah Mariani | Section Manager | HCA/DBHR



#### 2024 Priorities and Budget

- Picking up where we left off after the October 2023 Provider Meeting:
  - Coordinated efforts among State Prevention Enhancement (SPE) Policy Consortium and state partners.
  - ▶ Policy coordination and behavioral health (BH) reviews.
  - Stabilization and growth of services to communities and schools.
    - Looking at additional BH areas including overlap with SUD, such as eating disorders.
    - Expanding primary prevention and wellness services for young adults.
    - > Further integration of primary prevention, mental health promotion and wellness service delivery methods.
    - Expansion of local services for community- and school-based services.
    - Ongoing support for workforce development.
    - Continue enhancement of data collection and use of data.



#### 2024 Priorities and Budget

- ▶ For more information on the Governor's Budget visit <a href="https://ofm.wa.gov/budget">https://ofm.wa.gov/budget</a>.
- To sign up for DBHR All-Provider sessions and see past slides,
  - ➤ Visit Resources for Behavioral Health Providers | Washington State Health Care Authority. <a href="https://www.hca.wa.gov/billers-providers-providers-partners/program-information-providers/resources-behavioral-health-providers">https://www.hca.wa.gov/billers-providers-providers-providers-providers/program-information-providers/resources-behavioral-health-providers</a>
  - Scroll down to "Additional Resources," and click on "Behavioral health provider listening session."



# Preparing for the 2023 Legislative Session

Harrison Fontaine | Program and Policy Lead | HCA/DBHR

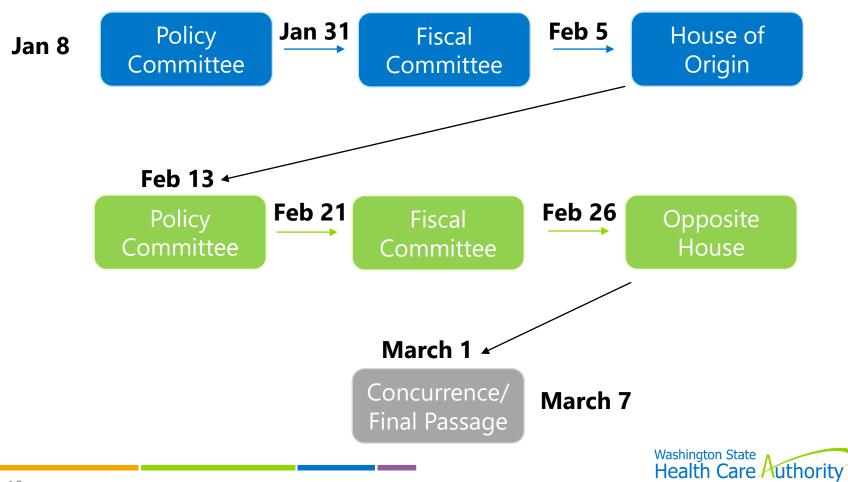


#### **Session Overview**

- Short session: 60 days instead of 105- ends March 7th
  - Supplemental budget: operating, capital, transportation
  - Bills don't die- returned to chamber of origin (Rules)
    - Some may be reintroduced in slightly different form
- Top issues: Behavioral health, opioids and fentanyl, homelessness, affordable housing, climate change, transportation
  - > Opioid education:
    - → Modernize opioid prevention education
    - Expand community and school prevention services
    - → Opioid/fentanyl public health campaign



#### Committee Cutoffs: 2024 Legislative Session



## Budgets as part of the policy process

- Budgets are central to the policy process
  - Provide funding for policies
    - ➤ i.e., <u>N</u>ecessary <u>to Implement Budget</u>
  - ► 3 types of budgets
    - > operating, capital, transportation
  - 3 bodies that propose budgets
    - Executive (governor), house, senate
- 2024 is a <u>supplemental</u> budget year
  - Typically no major changes to biennial budget (policy-level changes)
- Revenue forecasts influence available funds



#### **Bills Overview**

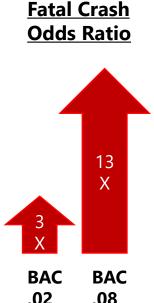
- Regulated Substances
  - ► Alcohol/DUI
  - Cannabis
  - ▶ Tobacco/Vape
- Prevention Services
  - School services and early intervention
  - Opioid use prevention
  - Mental and behavioral health promotion



#### Lowering the BAC Limit: 2SSB 5002/ HB 2196

- Problem: Alcohol drastically impairs ability to drive
  - When Utah lowered BAC limit to .05, 22% of drivers reported modifying their behavior
  - Most countries have BAC .05 limit and lower DUI fatalities
- 2SSB 5002 lowers BAC limit to .05
  - Requires a public information campaign prior to lowered limit
  - Requires evaluation of effects on safety and equity
- Status: Senate Rules; House Community Safety, Justice, and Reentry

  Washington State



Health Care Authority

#### **Alcohol Bills**

- 2060- Liquor/private club licenses: House Regulated Substance and Gaming
  - Creates a license allowing members of a private club to consume liquor in a restricted area, not accessible to the public
- 2369- Private club liquor permit: House Regulated Substance and Gaming
  - Creates an annual special permit to be issued for a business that is open to the public and does not sell/advertise liquor



#### **Alcohol Bills**

- ▶ HB 2163- Liquor licensee advertising: House Regulated Substance and Gaming
  - Licensees authorized to offer free tastings/samples of complimentary alcohol- may advertise these services to the public. Ads may not be targeted to or appeal principally to youth.
- SB 6122- Licensing alcohol delivery: Senate Labor and Commerce
  - Creates third-party alcohol delivery service license and requires individuals conducting alcohol deliveries to obtain a class 12 permit
  - Removes sunset date for alcohol takeout and delivery
  - Requires LCB to create, regulate, and adopt provisions for a responsible alcohol delivery program



# Raising the age for high THC products

- Problem: High concentration THC products are riskier for consumers, especially youth and young adults
- ▶ HB 2320/ SB 6220- Raising age for high THC products: House Regulated Substances and Gaming/ Senate Labor and Commerce
  - ▶ Increases minimum age for high THC (35%+) products to 25
  - UW ADAI to develop and implement guidance and health recommendations DOH to develop optional health and safety training for retail staff
- Senate Labor and Commerce

  Senate Labor and Commerce
  - Tasks LCB with proposing graduated tax based on THC concentration
  - Recommendation must be revenue neutral



#### **Cannabis Bills**

- SB 5363- Cannabis advertising: Senate Rules
  - Removes LCB regulation of cannabis retail sign size
  - LCB content/placement and local restrictions remain
- HB 1341- Cannabis license ownership: House Regulated Substances and Gaming
  - Removes some requirements regarding cannabis ownership
    - > Not required to be a Washington person/entity
    - Person with less than 10% ownership does not have to qualify for or be named on license





#### **Cannabis Bills**

- ▶ HB 2194- Home cultivation of cannabis: House Appropriations
  - ▶ Removes class C felony for home grow to allow 6 plants/person
- HB 1650- Cannabis prohibitions: House Regulated Substance and Gaming
  - Prevents local governments from prohibiting cannabis retail businesses in their jurisdiction after July 1, 2027 unless prohibited by vote of the people
- ▶ HB 1249- Retail cannabis products: House Rules
  - Increases the limit for the sale of low THC beverages (<4mg) from 72oz to 200 mg</li>
     THC
- ▶ HB 2449- Cannabis revenue for healthcare services: House Appropriations
  - Reallocates 32 percent of cannabis account revenues from state general fund to a fund for reimbursing providers and managed care organizations



### Tobacco/Vape

#### HB 1922 – Vape Detectors in Schools: House Education

- Establishes a grant program where Public School Districts can purchase & install vape detectors.
- OSPI will establish & administer the program, in consultation with DOH.
- Applying school districts must identify other resources to increase student knowledge about vape health hazards.
- Grant recipients must submit an annual report

#### HB 2181 - Pipe tobacco excise tax rate: House Finance

- Establishes a separate tax rate for pipe tobacco.
- ▶ Would be set at 65% of the taxable sales prices. For most tobacco products, the tax is 95% of the taxable sales price



### **Tobacco/Vape and Data**

- SB 6118- Vape directory: Senate Labor and Commerce
  - Requires all vapor manufacturers that sell in the state to certify/register their products have received 'market authorization' from the FDA
  - ► Industry sponsored to reduce the amount of vapor products available to only those from larger companies that previously submitted for market authorization
- ▶ HB 2182- Regulated substances dashboard: House Regulated Substances and Gaming
  - Requires LCB to annually publish info on compliance rates, citations, revenue collected, HYS data, and DOH/HCA data on related health metrics and expenditures



### Schools and Early Intervention

- Prevention Education: House Education/ Senate Ways and Means
  - OSPI to collaborate with HCA and other agencies to review frequently used prevention education materials for MS and HS students and families
  - Changes must include info on lethality of fentanyl and other opioids
  - ► Education to prevent fentanyl and other opioid use and other BH resources must be provided to 7th, 9th grades
- ▶ HB 2280/ SB 6216- Student Mental Health Network: House Education/ Senate EL K-12
  - Establishes a statewide network for student mental and behavioral health to Maintain, expand, and provide oversight to school-based mental and behavioral health system
    Washington State Health Care Authority



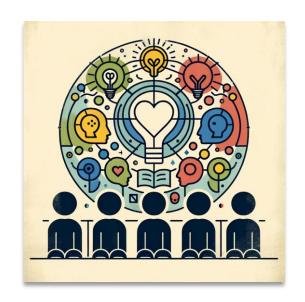
#### **Opioids and Prevention Services**

- ► HB 2197 Medical assist./prevention: House Healthcare and Wellness
  - Authorizes licensed health care providers to seek federal funds to provide prevention services to folks in medical assistance programs if they complete a training course approved by DOH
  - ► DOH to establish training program standards that at minimum have trauma-informed care, community-based prevention strategies, case management, referral, and advocacy
- SB 5906 Drug overdose prevention: Senate Ways and Means
  - ▶ DOH must develop and implement a statewide prevention education campaign
  - Must include methamphetamine, opioids, and drug use
  - Focus on youth and adults



### Mental Health and Prevention Services

- HB 2239 Social-emotional instruction: House Education
  - Encourages all public schools to provide instructions on skills that promote social, emotional, behavioral, and mental health and wellness consistent with benchmarks
  - ► Funds to be distributed to high need, high risk schools, who report results to OSPI. OSPI to work with DBHR to implement youth suicide prevention activities





### Statewide Updates

SUD Prevention and MH Promotion Section | HCA/DBHR



### The 2023 Healthy Youth Survey

- Oct-Nov implementation
  - ~217k students, 873 schools, 212 districts, 39 counties
- Currently working on dataset and preparing results
- Public results available mid March
  - Press release
  - www.AskHYS.net
  - Presentation and office hours TBA
- CPWI Data Books available May/June
- TBA: how to get involved with 2025 planning!



#### Minerva

- Coalition Assessment Tool (CAT) Reports
- User permission
- Account customizations
  - Vary by account type, (Admin, CBO, CPWI, Tribe / urban Indian organization)
- Minerva spotlight: Test/Survey Collection
  - Distribute Tests (internet, web-based)
  - Manual Test Entry (paper collection)
  - ▶ What's the difference?







# Invoicing and Reporting: CADCA National Leadership Forum

- Training Dates: January 29, 2024 February 1, 2024
- Invoicing options,
  - Invoice in both January and February; or,
  - Only invoice in February, since the last date of the "service" is in February.
- Reporting,
  - Expenses before January (e.g., airfare, registration) that were billed before January can be reported under, Capacity Activity, under Development and Program Start-up
  - Only reporting training once on the last day of the training (Direct hours = total attendance hours, Support hours = total travel, logistics, etc.)



#### **CPWI & CBO Site Visits**

- Each contract goes through a risk assessment process which dictates how the contract is managed and monitored.
- Local service Umbrella Contracts are managed and monitored through a variety of efforts:
  - Deliverables including those like prevention services data being due the 15<sup>th</sup> of each month for the month prior.
  - Invoice submittal.
  - Operated in good faith.
  - And through Site Visits!
- Approximately March June 2024.
  - In-person with ability for some elements to be completed virtually.
- Backup documentation:
  - 1 week notice of invoices selected if providing backup documentation during visit.
  - 2 week notice of invoices selected if providing backup documentation virtually.
- Your manager will be discussing date(s) for visit holds.

Note, SOR CBOs have already completed Site Visits for their current Contract period.



#### **CPWI & CBO – expenditure request**

- ▶ Thank you for responding and working with your manager on projected expenditures for SFY 2024!
- Next steps end of January/early February:
  - Leadership reviewing information to make decisions on funding being unobligated where needed and re-obligated to those who can expend the funding through additional programs/strategies.
- NEW! Spanish Opioid Prevention funds:
  - ► Funding is available to support prevention efforts that reach Spanish speaking populations. This could include EBP programs, strategies that focus on reaching and engaging these individuals, and/or other coalition efforts. Implementation approximately between March June 2024 and/or from July 2024 June 2025.



#### **CPWI** – allocations

- Any reductions or additions to SFY 2024 to be made February/March 2024.
- SFY 2025 allocations under draft and also anticipated to be complete February/March 2024 pending notice of approval of funding to be allocated.
- At this time, SFY 2025 allocations anticipated to maintain previous level of funding unless approved through expenditure request for additional programs/strategies.
  - ► To include all Coalitions receiving \$20,000 July September 2024 that must be expended by September 2024.
  - ► This is <u>not above and beyond maintenance allocation</u> but is a subset of the overall allocation that must be spent within that more limited timeframe.



# **CPWI Strategic Planning: the history**

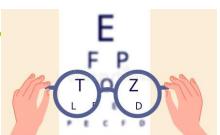
MEMORY LN

- Built upon:
  - Strategic Prevention Framework
  - Communities that Care
  - Drug Free Communities
  - CADCA.
- 5-year Strategic Plans developed as sites were identified and selected then in later cohorts, awarded through Request for Application process.
- Balance of honoring community readiness, prevention science, and meeting state/federal funding requirements including ability to quickly demonstrate services provided.
- Feedback over the years included key themes related to:
  - Abbreviated timeline.
  - Cumbersome documents.
  - Training needs.



#### **CPWI Strategic Planning: the vision**

Continuing to build upon the foundation already built.

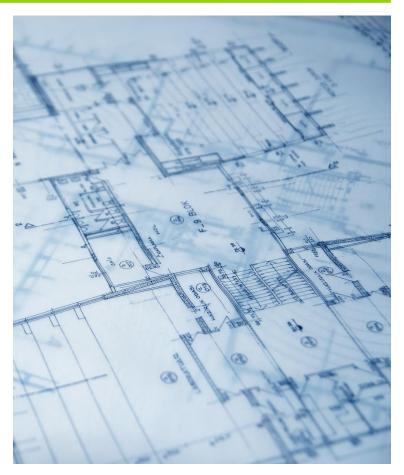


- Using a data-informed approach.
- Emphasis on:
  - Prevention science
  - Honoring the variability in the implementation of CPWI across the system
  - Simplification
  - Building stability into the process itself.



### **CPWI Strategic Planning: the intent**

- Long-term: 6-10+ years.
- Updated every 2 years to align with:
  - ► HYS implementation
  - Umbrella Contract term
  - Allocation of funding including new or additional funding opportunities.
- Ensure effective action and high-quality implementation.
- Helpful to communities and DBHR.





#### **CPWI Strategic Planning: the cycle**

- ▶ In calendar year 2024 we will...
  - ▶ Update SFY 2024 Action Plans/Budgets for programs and strategies to be implemented July 1, 2024 – June 30, 2025 (SFY 2025).
  - ▶ Create 2-year Strategic Plans that incorporate 2-year Action Plans/Budgets for programs and strategies to be implemented July 1, 2025 – June 30, 2027 (SFY 2026 and SFY 2027).
- Strategic Plans will be updated again on the 2-year cycle effective July 1, 2027 following the implementation of the HYS in the fall of calendar year 2025.



### **CPWI Strategic Planning: the plan**

#### Winter -Spring '24

- CPWI documents finalized
- HYS data available
- Training begins
- Early building capacity & planning efforts with coalition

#### Summer '24

- CPWI Data Books available
- Action Plans and Budgets updated for SFY 2025!
- Coalition
   Leadership
   Institute with
   emphasis on
   assessment

#### Fall '24

- Early sections may be submitted for review
- Focused writing of Plan
- Planning continues until
   December

#### Winter '25

- Full plan submitted to manager for review
- Edits
   complete
   and Plan
   approved by
   early
   calendar year
   '25

Note, plan subject to change to meet system needs.



# **CPWI Strategic Planning: next steps**

- Review the most recent version of your Strategic Plan.
- Talk with the Coalition about the Planning process.
- Identify the trainings you are already planning to attend this year.

- Build those relationships!
  - ▶ When is the last time you had an individual meeting with the various members of your Coalition?
- Think about sector representation and engaging additional representatives during the Planning process.
  - Key leaders, ancillary sectors, supervisors and other leadership, who else?
- Training Plan, including required and optional training, to be rolled out in February/March.



# Other Statewide & National Updates

Martha Williams & Ray Horodowicz | Prevention System Managers | HCA/DBHR



### **SAMSHA Community Talks History**

- History
- Typically, what happens
- To request a participation invitation:
  - info@stopalcoholabuse.net
- More information about community Talks events:
  - https://www.stopalcoholabuse.gov/communitiestalk/defau lt.aspx



### **Community Talks 2024**

- What is SAMHSA asking?
- 2024 Budget
  - > \$750 per event
  - Restrictions



- Planning Guide and other resources are available
  - https://www.stopalcoholabuse.gov/communitiestalk/gettingstarted/



## National Prevention Week May 12-18, 2024

### **POLICY EVENTS**

Event	Description & Purpose	Potential Budget Range & Cost-Saving Tips	Potential Partners
Town Hall	Host a town hall Q&A session with local officials, leaders, and representatives, where members of the community can ask a panel of officials about prevention, substance use, mental health, bullying, community efforts and programs in these areas, and more.	<ul> <li>\$100-\$500</li> <li>Ask a local school, community center, or Chamber of Commerce to sponsor your event by providing you with meeting space or a hall for an evening at no cost.</li> <li>Use social media to spread the word about your event.</li> </ul>	Elected officials     Local business organizations     Media organizations     Community-based organizations     Check SAMHSA's Communities Talk: Town Hall Meetings to Prevent Underage Drinking schedule: www.stopalcohol abuse.gov/townhallmeetings/default.aspx



### Questions



- More Information:
  - https://www.stopalcoholabuse.gov/communitiestalk/
  - Contact:
  - Martha Williams, Prevention System Manager/ HCA/DBHR/SUD Px and MHP Section
    - > Email: <u>martha.williams@hca.wa.gov</u>
    - > Telephone: 360-622-1289



## CADCA's 2024 Annual Survey of Coalitions

- Participation helps:
  - ▶ Determine coalition training and technical assistance needs
  - Prepare relevant briefs and webinars
  - ► Identify successful coalition strategies for prevention that can be shared across the country
  - Conduct capacity assessments for participation in projects
  - Inform community-level prevention research
- To participate, your coalition must have a unique link that is generated and sent to you by CADCA.
- Visit <u>www.cadca.org/annual-survey-of-coalitions/</u>



## CADCA's 2024 Annual Survey of Coalitions

- CADCA invites <u>all</u> community substance misuse prevention coalitions to participate.
   You do not have to be a CADCA member to contribute.
- If your coalition has not received a unique link please email <u>survey@cadca.org</u>. Links would likely have been sent to the coalition project coordinator, director, Executive Director, CEO, or Chair.
- As yet, no posted deadline for when the survey closes.



## Funding Announcement: DFC Grant



- Goals:
  - ► Establish & strengthen collaboration...
  - ▶ Reduce substance use...
- Key details:
  - ▶\$125,000 a year, for 5 years
- Applications due: Thurs, April 11, 2024 (anticipated)
- Visit:
  - https://www.grants.gov/search-results-detail/349584
  - https://www.cdc.gov/drugoverdose/drug-free-communities/funding-announcements.html
  - ▶ <a href="https://theathenaforum.org/dfc">https://theathenaforum.org/dfc</a>



## Funding Announcement: NW HIDTA Prevention Grants

### Who's eligible:

▶Organizations working in substance use disorder treatment (or linkage to treatment), harm reduction, or substance use prevention in NW HIDTA counties: Benton, Clark, Cowlitz, Franklin, Grant, King, Kitsap, Lewis, Pierce, Skagit, Snohomish, Spokane, Thurston, Whatcom, and Yakima.

### Key details:

- ▶\$50,000 for 1 year (July 1, 2024 June 30, 2025) (for Prevention)
- Applications due: Wednesday, March 1, 2024
- **○**Visit:
  - ► <a href="https://theathenaforum.org/grants">https://theathenaforum.org/grants</a>
  - ▶Office hour sessions: Jan 26 & Feb 14.
- ○Contact: Eliza Powell epowell@nw.hidta.org



### **HIDTA Counties in Washington**





### **Athena User Audit**

- In progress: Local, regional, and state prevention contacts updates
  - ▶ If you haven't already, please review your contact information and the contacts listed for your organization.
- Coming soon: Athena Forum user audit
  - Users that aren't listed as local, regional, or state contacts and have not logged in since December 2020 will be deactivated.
  - If you'd like to keep your account and are unsure of when you last logged in, please log in!
  - More information will be shared on The Athena Forum and in the Athena newsletters in the coming months.
- Questions or concerns? Please email me at kendra.wilson@hca.wa.gov.



### Workforce Development Announcements

Endalkachew Abebaw | Policy and Project Manager | HCA/DBHR





For all your participation and engagement with the 2023 Provider Meeting & Prevention Summit. In total, there were **over 600 participants**!

We look forward to seeing you in 2024 and planning efforts are underway!

Visit and subscribe at https://preventionsummit.org/.



Trainings & Technical Assistance	Date(s) and Location
CADCA: 34 <sup>th</sup> Annual National Leadership Forum	01/29 – 02/01 National Harbor, MD
NW PTTC: The Seve Vital Conditions for Health and Well-Being: Skagit County	02/07 Webinar
NW PTTC: Building Protection Using the Social Development Strategy (SDS)	02/15 Webinar
Prevention Specialist Certification Board of Washington Office Hours	02/26 Webinar
February DBHR Learning Community Meeting	02/28 Webinar
Guiding Good Choices Facilitator Training	03/12-03/14 Olympia, WA
Strengthening Families Program Facilitator Training	03/19 – 03/21 Friday Harbor, WA
March DBHR Learning Community Meeting	03/27 Webinar

For more info, visit <a href="https://www.theathenaforum.org/event-calendar/month">https://www.theathenaforum.org/event-calendar/month</a>.



# Certified Prevention Professional (CPP) Recognition

Endalkachew Abebaw | Policy and Project Manager | HCA/DBHR





Kristen McReath, White Salmon



### **CPWI Community Survey**

Sandy Salivaras | Research and Evaluation Manager | HCA/DBHR





- Statewide, 17,344 surveys were collected
  - ▶ 95 CPWI (16,837)
  - ▶ 4 DFCs (507)
- Shout out to the 63 communities that reached their respondent goals (100% of target achieved or greater)
- The following communities not only met but surpassed its initial target goals
  - Omak achieved a remarkable increase of 277% more than their initial target
  - Granger (110%)
  - Chief Sealth (74%)
  - South Whidbey (68%)
  - Bremerton (63%)



### **Next Steps**

### Where are my results?

Late-March: Survey results sent to coordinators

### **Next Community Survey**

2025 Survey dates: July 15-November 15, 2025

- We are working on a timeline on survey revision, web collection and reporting.
- Stay tuned for further details on how you can be involved. Reach out anytime if you'd like to be involved in this process.



## Q&A

### **New Funding**

### **Question** Answer

We understand new funding is not guaranteed and we understand the emphasis on utilizing funding to support the stabilization of CPWI with the potential for new sites. If received, would this new funding change Contractual requirements or offer new flexibilities in the implementation of CPWI?

It depends; however, we expect that most state and federal laws, regulations, and policies will continue to need to be followed. We also plan to continue to implement CPWI under the same general Contracting terms and model as we have been.



### **Additional Funding**

Question	Answer
As part of the local services Expenditure Request process, if we are approved for additional funding to support new programs/strategies, when will we be notified?	In February or March of 2024.



### **Action Plans/Budgets**

# When will Action Plans/Budgets be due for CPWI communities for programs and strategies expected to be implemented in SFY 2025 (July 1, 2024 – June 30, 2025)? According to the Umbrella Contract, these updated Action Plans/Budgets will be due June 15, 2024.



### **Site Visits**

Question	Answer
What is the time period for Site Visits for local services under the 2023 – 2025 Umbrella Contract?	Site Visits usually occur once per contracting period and are anticipated to take place for CPWI and CBO providers under the Umbrella Contract in March – June of 2024.



### **CPWI Strategic Planning Training Plan**

Question	Answer
When will the CPWI Strategic Planning Training Plan be released to providers?	In February or March of 2024.

