

Prevention Learning Community Meeting

Hosted by: Division of Behavioral Health and Recovery March 24, 2021

9:00 a.m. – 11:00 a.m.

3rd Hour from 11:00 a.m. – 12:00 p.m.



Time	Agenda
9:00-9:05 a.m. 5 min	Welcome / Introduce new prevention providers to the call
9:05-9:50 a.m. 45 min	DBHR Updates Kasey Kates Training updates Alicia Hughes CPP Recognition Alicia Hughes
9:50-9:55 a.m. 5 min	DFC Grants Available Ray Horodowicz
9:55-10:00 a.m. 5 min	Lending Library Martha Williams
10:00-10:10 a.m. 10 min	2020 Community Survey Sandy Salivaras-Bodner
10:10-10:40 a.m. 30 min	Legislative Updates Sarah Mariani
10:40-11:10 a.m. 30 min	Break
11:10-12:00 p.m. 50 min	3 rd Hour Training – Prevention of youth homelessness (Dept. of Commerce) and the Family Reconciliation Services (DCYF) and how CPWIs can get involved Kim Justice, Executive Director, Office of Homeless Youth; Jess Lewis, Director, Adolescent Programs at Department of Children, Youth and Families; SL (Shree Lakshmi) Rao, Senior Fellow, Office of Homeless Youth, Department of Commerce



WELCOME

- Korteney Durand, Coalition Coordinator, Ellensburg Healthy Youth Coalition
- Melody Darby, Coalition Coordinator, Pomeroy Partners for Healthy Families

Please raise your hand or type into the question pane if you are new to the Prevention community and we would love to welcome you!



Kasey Kates | Tribal and CPWI Implementation Supervisor | HCA/DBHR

DBHR Communication



DBHR Updates

- DBHR call for Behavioral Health service providers
- SABG COVID Enhancement
- CPWI Student Assistance Program update
- CPWI and CBO site visits KUDOS!
- Upcoming deliverables:
 - CPWI Progress Tool questionnaire
 - CPWI Action Plan and Budget updates
- Preparing for the end of SFY 2021 and the biennial changeover
 - CPWI spend down
 - Contract planning



DBHR Updates

- CPWI Cohort 7 and CBO RFA
- COVID Student Survey
- Management Information System (MIS) update
 - Email <u>PrevMIS@hca.wa.gov</u> for any additional questions
- Spring Youth Forum and the Prevention Summit
 - SYF Website: <u>www.springyouthforum</u>
 - Prevention Summit website: https://preventionsummit.org
- Athena Forum Job Postings
 - https://www.theathenaforum.org/headlines/job-openings



Contractor Fiscal & Invoicing Page on Athena https://www.theathenaforum.org/billing



Home » Contractor fiscal and invoicing

Providers Community Prevention and Wellness Initiative (CPWI) Tribal prevention and wellness programs Communication strategies: Guidance and tools Discussion Forum Statewide projects Minerva Contractor fiscal and billing

Contractor fiscal and invoicing

This page is to support fiscal staff for entities contracted with the Washington State Health Care Authority (HCA), Division of Behavioral Health and Recovery (DBHR) for prevention and mental health promotion services, specifically Community Prevention and Wellness Initiative and community-based organization grantees. For more information on billing for Tribes and Urban Indian Organizations, visit Tribal Prevention and Wellness Program page.

Training for new contractors is held annually to review funding sources, unallowable costs, contracting and billing. Check the Athena Forum Training Calendar for upcoming events. You can also review the presentation from the January 2020 training.

The Substance Use Disorder Prevention and Mental Health Promotion Online Report System (Minerva) is the reporting system used by contractors to report on services.

Additional guidance

- Billing tips Instructions for successful billing of prevention services expenditures and how to submit prevention reimbursement invoices (A-19s).
- Contractor Tips for PDFs Guidance to support fiscal staff with submitting invoices, specifically PDFs that are legible and include all
 template columns.
- Program Cost Clarification Ontions for hilling for certain program costs that are incurred prior to face-to-face direct services



Alicia Hughes | CBO and Grants Development Supervisor | HCA/DBHR

Training Announcements



Training	Date(s)/Location			
DFC Applicant Workshop Webinar	March 25 Webinar			
Guiding Good Choices New Facilitator Training	March – May Webinar			
The UW SMART Center Speaker Series	March - June Webinar			
Mental Health First Aid	March – June Webinar			
Engage with Change	Mar. 24 – April 14 Webinar			
RX Drug Abuse & Heroin Summit	April 5-8 Webinar			
Protective Factors for Substance Use	April 8 Webinar			
PAX Chats	April 14 Webinar			
Minerva Technical Assistance Call	April 16 Webinar			
PAX Chats	April 28 Webinar			
DBHR Learning Community Meeting	April 28 Webinar			
NCBH: NatCon2021	May 3-5 Virtual			
CPWI Coalition Leadership Institute	May 11-13 Virtual			
2021 Spring Youth Forum	May 18 Virtual			

For more info, visit https://www.theathenaforum.org/event-calendar/month.



Alicia Hughes | CBO and Grants Development Supervisor | HCA/DBHR

CPP Recognition



Congrations

- Jada Trammell, Coalition Coordinator, Sedro-Woolley RISE
- Jessica Deutsch, Coalition Coordinator, TALK 2
 Healthy Choices

Please raise your hand or type into the chat if you received your CPP and we will announce your success!



Ray Horodowicz | Prevention System Manager | HCA/DBHR

DFC Grant Available



Drug Free Communities Grant

- \$125,000 a year, for 5 years
- Federal grant, created by the Drug-Free Communities Act of 1997
- From the White House Office of National Drug Control Policy (ONDCP)
 Day-to-day management by CDC



Two Goals of The DFC Support Program

- □ Establish and strengthen collaboration among communities, public and private non-profit agencies, as well as federal, state, local, and tribal governments to support the efforts of community coalitions working to prevent and reduce substance abuse among youth.
- Reduce substance abuse among youth and, over time, reduce substance abuse among adults by addressing the factors in a community that increase the risk of substance abuse and promoting the factors that minimize the risk of substance abuse.



DFC – The Athena Forum



Other funding opportunities

This list contains current funding opportunities related to substance abuse prevention or mental health promotion that are not from DBHR.



Supports – For Those Applying

ONDCP & CDC:

- DFC Applicant Workshop Webinar Thur, March 25. 12:30-2:00pm.

 www.theathenaforum.org/webinar-dfc-applicant-workshop-webinar
- CDC's DFC Website.

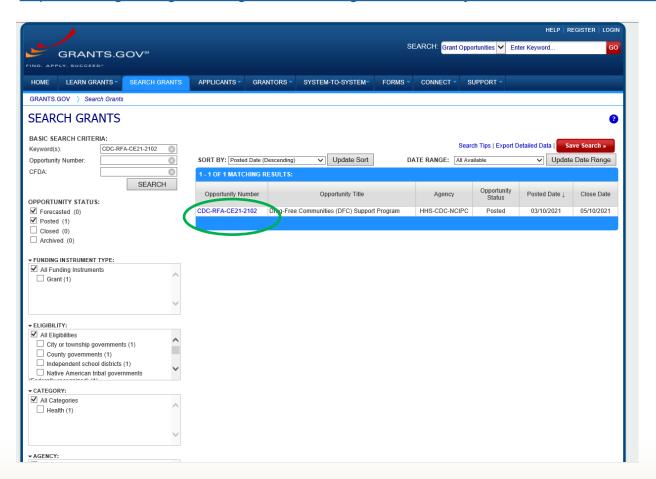
 www.cdc.gov/drugoverdose/drug-free-communities/index.html
- Recording of a webinar from Feb 5, 2021.

https://tvworldwide.com/events/ondcp/2021/DFC/default.cfm

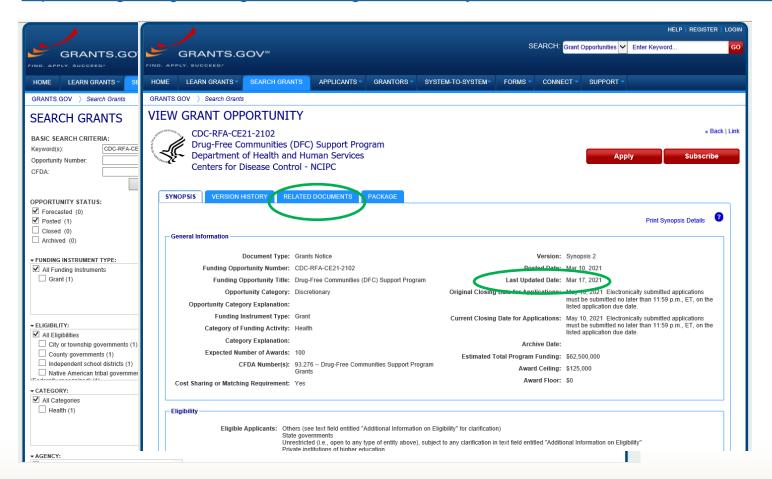
DBHR:

- The Athena Forum
 - Discussion Forum
 - Calendar
 - Funding Announcement Page
- Review of application narrative.

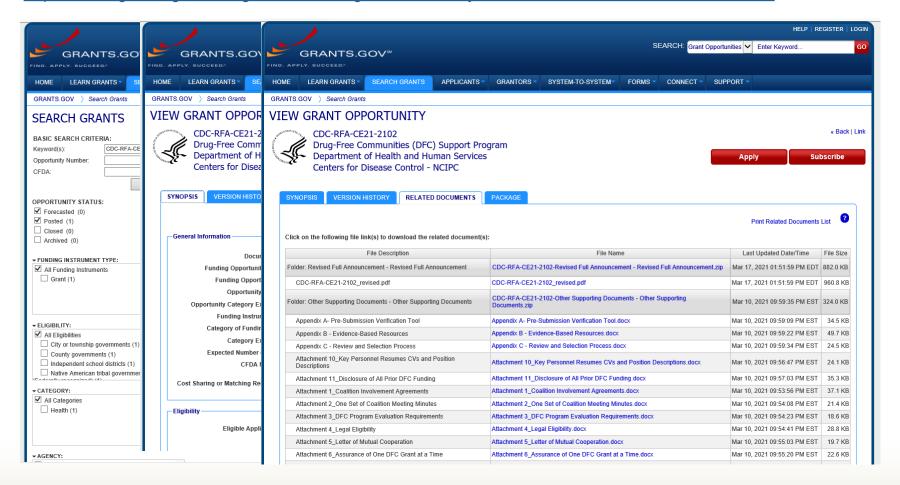




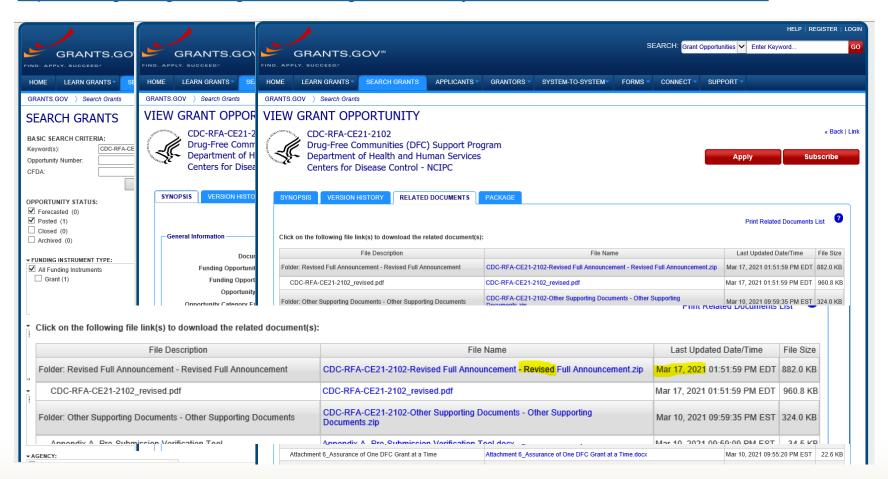














Martha Williams | Prevention Project Coordinator | HCA/DBHR

Lending Library



Lending Library Curriculum Available

Evidence-Based Programs

- Caring School Community
- Class Action
- Good Behavior Game (PAXIS institute)
- Guiding Good Choices
- Incredible Years
- Keepin' It Real
- Life Skills Training

- Lions Quest (Elementary)
- Lions Quest Skills for Action
- Project Northland
- Project Towards No Drug Abuse
- Project Venture
- Sport
- Red Cliff Wellness
- Strengthening Families



How it Works:

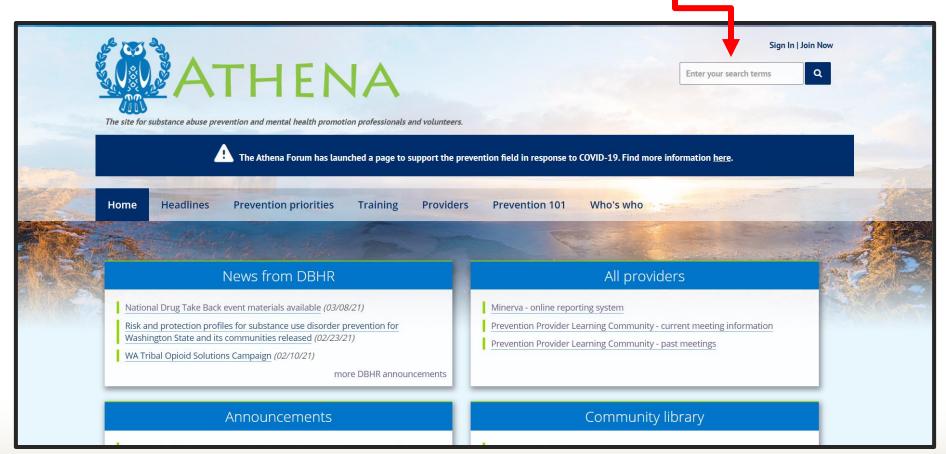
- Contact your Prevention System Manager
- Upon availability, curriculum can be loaned out for (3) weeks.
- Although due to COVID there may be a delay; we ship to you.
 You return curriculum to us via insured mail.

For More Details:

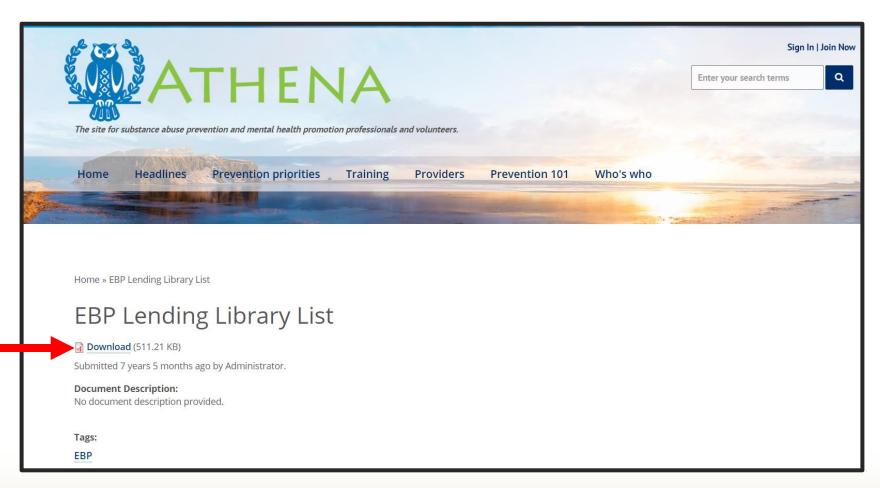
- Contact your Prevention System Manager
- Review the process and curriculum document on Athena.
 - Search "EBP Lending Library"



"EBP Lending Library"









DBHR Lending Library Process

- 1. Coalition Coordinator makes a request to the Prevention System Manager they work with 2. The Prevention System Manager coordinates a response to the request with headquarters
 - staff including the following information:
- If the curriculum is currently available, a determination will be made when and how If curriculum is currently checked out, the number of people on the waiting list will be the materials can be delivered to the requesting Coalition Coordinator.
 - identified, an approximate wait time will be determined, and the name of the coordinator making the current request will be added to the wait list in the order • The system manager will let the coordinator know the status of the request and the
 - 3. The amount of time materials may be checked out is a total of three weeks, including
 - delivery time, to ensure access to materials by others.



DBHR Lending Library Process

- 1. Coalition Coordinator makes a request to the P for the curriculum they would like to check ou
 - 2. The Prevention System Manager coordinates a staff including the following information:
 - If the curriculum is currently available, a de the materials can be delivered to the request
 - If curriculum is currently checked out, the n identified, an approximate wait time will be coordinator making the current request will received with the date of the request noted.
 - The system manager will let the coordinator approximate delivery date and means.
 - 3. The amount of time materials may be checked delivery time, to ensure access to materials by

Caring School Community

- Kindergarten
 - Grade 1
 - Grade 2
 - Grade 3
 - Grade 4 Grade 5
 - Grade 6

Class Action

Good Behavior Game (PAXIS Institute)

- Set 1 of 2
- Set 2 of 2

Guiding Good Choices

- English Version Parents of children 9-14 Spanish Version - Parents of children 9-14

Classroom Dinosaur Curriculum (ages 3-8) Incredible Years And additional supporting materials (includes some items in Spanish)

Curricula List

Lions Quest

- Grade K Grade 1
- Grade 2
- Grade 3 Grade 4

Lions Quest - Skills for Action

• Grades 9-12

Project Northland

- Grade 6 (Slick Tracey)
- Grade 7 (Amazing Alternatives) Grade 8 (Power Lines)

Project Toward No Drugs

High School

Project Venture

Middle/High School

Sport

Younger



Sandy Salivaras | Research and Evaluation Manager | HCA/DBHR

2020 Community Survey Results



Local Data Reports

- Reports will be distributed by March 30th, 2021
- What coordinators will receive:
 - PDF of results (new format)
 - Excel file (2 if added questions)







2020 CPWI Community survey results

Survey Question	Sub Question	Response	Local	Local%	State	State%
Question 1. How much of a problem do you think each of the following is among youth (6th–12th grade) in your community?	1a. Alcohol use	1. Not a problem	12	2.3%	530	3.6%
		2. A minor problem	89	16.8%	2,163	14.8%
		3. A moderate problem	253	47.6%	6,267	43.0%
		4. A serious problem	116	21.8%	3,973	27.3%
		5. Don't Know	61	11.5%	1,642	11.3%
		Total	531	100.0%	14,575	100.0%
	1b. Marijuana or	1. Not a problem	34	6.4%	536	3.7%
	hashish use	2. A minor problem	99	18.7%	1,884	13.0%
		3. A moderate problem	194	36.6%	4,994	34.5%
		4. A serious problem	137	25.8%	5,271	36.4%
		5. Don't Know	66	12.5%	1,809	12.5%
		Total	530	100.0%	14,494	100.0%
	1c. Prescription drug	1. Not a problem	13	2.5%	600	4.3%
	misuse	2. A minor problem	109	21.0%	2,574	18.3%
		3. A moderate problem	169	32.6%	3,952	28.0%
		4. A serious problem	113	21.8%	3,264	23.2%
		5. Don't Know	115	22.2%	3,702	26.3%
		Total	519	100.0%	14,092	100.0%
	1d. Other drugs	1. Not a problem	17	3.4%	626	4.6%
		2. A minor problem	74	15.0%	1,698	12.6%
		3. A moderate problem	116	23.5%	2,928	21.7%
		4. A serious problem	102	20.6%	2,849	21.1%
		5. Don't Know	185	37.4%	5,389	39.9%
		Total	494	100.0%	13,490	100.0%







2020 CPWI Community survey results

Survey Question	Sub Question	Response	Local%	State%
Question 1.How much of a problem do you think each of the following is among youth (6th-12th grade) in your community?	1a. Alcohol use	1. Not a problem	2.396	3.696
		2. A minor problem	16.8%	14.896
		3. A moderate problem	47.6%	43.0%
		4. A serious problem	21.8%	27.3%
		5. Don't Know	11.5%	11.396
	1b. Marijuana or hashish use	1. Not a problem	6.4%	3.7%
		2. A minor problem	18.7%	13.0%
		3. A moderate problem	36.6%	34.5%
		4. A serious problem	25.8%	36.4%
		5. Don't Know	12.5%	12.5%
	1c. Prescription drug misuse	1. Not a problem	2.5%	4.3%
		2. A minor problem	21.0%	18.3%
		3. A moderate problem	32.6%	28.0%
		4. A serious problem	21.8%	23.2%
		5. Don't Know	22.2%	26.3%
	1d. Other drugs	1. Not a problem	3.4%	4.6%
		2. A minor problem	15.096	12.6%
		3. A moderate problem	23.5%	21.796
		4. A serious problem	20.6%	21.1%
		5. Don't Know	37.4%	39.9%

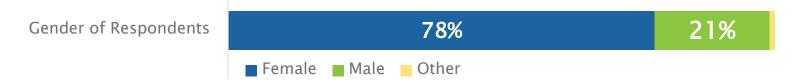


2020 Survey Overview

- 14,678 respondents
- 81 CPWI Coalitions / 2 DFCs
- 92% English on-line survey
- 4% Spanish on-line survey
- 4% hard copy entries
 - Mostly taken in English / Spanish
 - 1 survey was taken in Chinese (only one question answered)



Respondents are 78% female



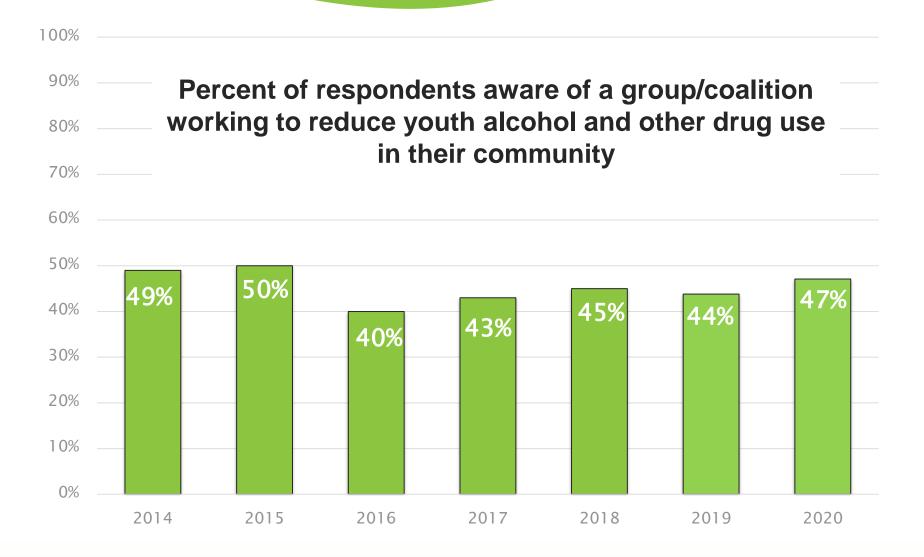
41% of respondents are parents/guardians



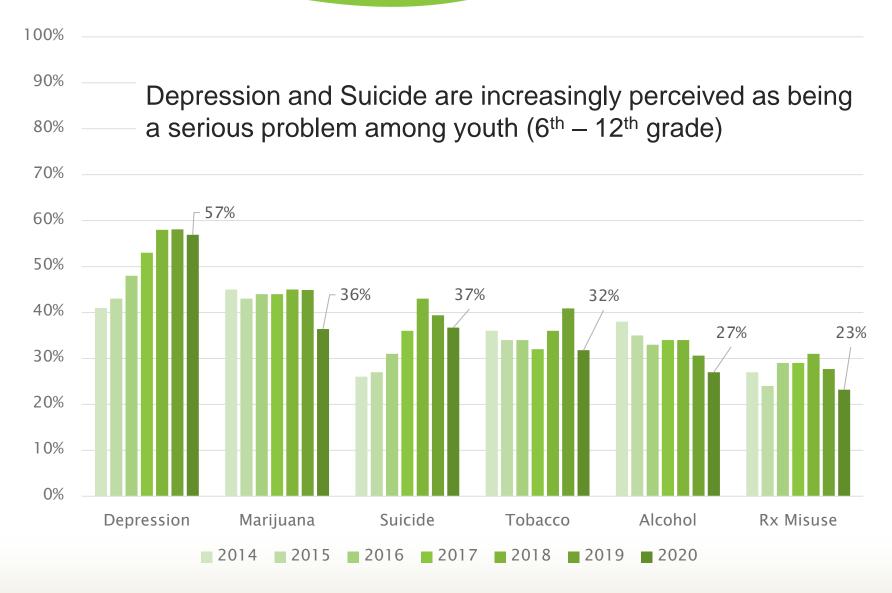
Most respondents have some college or more













Upcoming Timeline – 2021 CPWI Community Survey

- New survey is currently being drafted / Thanks to those who responded to the revisions survey
- May
 - Added questions due from coalitions
- August December
 - Aug 2nd Hardcopy surveys posted/emailed
 - Aug 15-Dec 15 2021 Survey rollout and administration



Sarah Mariani | Section Manager | HCA/DBHR

Legislative Updates

41



- 2021 Regular Session Continues
- Third Milestone Reached: March 9th. Bills need to be out of the house of origin.
- Next Milestone:
 - March 26th. The last day bills from the opposite house can be voted out of a policy committee except House fiscal committees and Senate Ways & Means and Transportation committees.
- DBHR bills tracking
 - (25) Bills Do Pass for 1st Cutoff
 - (20) Bills Do Pass for 2nd Cutoff
 - (17) Bills Do Pass for 3rd Cutoff/3rd Milestone
 - (2) Bills Potential Pathways



Topic	Bill Number	Title	Brief Description	Status
Alcohol	2SHB 1359	Reducing Liquor Licensing Fees Temporarily	Chirile heer and while	Mar 1 First reading, referred to Labor, Commerce & Tribal Affairs
Alcohol	ESSB 5272	Temporarily waiving	Waiving annual licensing fees for one year	Signed by the Governor
Alcohol	HB 1289	Winery WFD	Concerning Winery Workforce	Mar 24 Executive Session Labor, Commerce & Tribal Affairs 10:30 AM
Alcohol	SSB 5417	Extending Privileges	granted to liquor licensees to	Mar 19 Executive session Do Pass with Amendments- Mar 23 Referred to Appropriations
Alcohol	2SHB 1480	Liquor License Privileges	Extending certain privileges granted to liquor licensees to mitigate the impact of the coronavirus pandemic	Mar 19 Placed on Second Reading by Rules Committee



Topics	Bill Number	Title	Brief Description	Status
Marijuana	SHB 1210	Cannabis Terminology	Marijuana to Cannabis throughout all Revised Code of Washington	Mar 24 - Executive session in the Senate Committee on Labor, Commerce & Tribal Affairs at 10:30 AM
Marijuana	SHB 1443	Social Equity License	Concerning Social Equity within Cannabis Industry	Mar 24 Executive session in the Senate Committee on Labor, Commerce & Tribal Affairs at 10:30 AM
Marijuana	SSB 5004	Tax Exemption	Allows for Medical Cannabis Tax Exemption	Mar 25 Scheduled for executive session in the House Committee on Finance at 8:00 AM
Marijuana	HB 1105	Arrest Protection	Concerning Arrest protection for Medical Cannabis	Mar 19 Passed to Rules Committee for second reading.
Tobacco Vaping	HB 1550	Nicotine Addiction	Concerning methods to prevent nicotine addiction.	Mar 23 Scheduled for public hearing in the House Committee on Finance at 1:30 PM

44



Topics	Bill Number	Title	Brief Description	Status
Mental Health	SHB 1074	Fatality Reviews	Review minor or adult suicide or overdose deaths	Mar 19 Executive Session- Do Pass Mar 22 Passed to Rules Committee for second reading
Mental Health	SSB 5292	Use of Park		Feb 25 First reading, referred to Health Care & Wellness
Mental Health	HB 1477	National 988 system	Implementing the national 988	March 26 -Executive session in the Senate Committee on Behavioral Health Subcommittee to Health & Long Term Care at 10:30 AM in anticipation of other legislative action



Topics	Bill Number	Title	Brief Description	Status
School	sHB 1363	Secondary Trauma	Addressing secondary trauma in the K-12 workforce	Mar 18 Passed to Rules Committee for second reading.
School	SSB 5030	School Counseling	Creating Comprehensive School Counseling Program	Mar 18 Executive Session- Do Pass with Amendments Mar 22 Referred to Rules 2 Review
Impaired Driving	SB 5054	Change in Penalties	Change the schedule of penalties for impaired drivers three or more prior offenses	Mar 23 Do Pass in the House Committee on Public Safety
Opioids	SHB 1161 2SHB 1161	Drug Take Back	Allow the operation of multiple drug take-back programs	Mar 23 Passed to Rules Committee for second reading



2021 Legislative Update- Potential Pathways

Topics	Bill Number	Title	Brief Description	Status
Criminal Arrests	SB 5468	Cimple necrection	Relating to knowing possession of a controlled substance	Mar 1 First reading, referred to Law & Justice
Criminal Arrests	SB 5471	Cimple Deceesion	noccection of a confrolled	Mar 4 Read Reading Referred to Committee on Law & Justice.



2021 Legislative – Dead But Watching

Topics	Bill Number	Title
Alcohol	HB 1101	Liquor License Renewal Dates
Alcohol	HB 1116	Small Winery Relief
Alcohol	НВ 1062	Limited Spirit License
Alcohol	SB 5001	Small winery tax relief
Alcohol	HB 1533	Concerning Spirit Tax
Alcohol	HB 1432	Concerning Spirit Delivery
Alcohol	SB 5394	Off-premise Sales
Alcohol	HB 1483	WFD Beverage Industry
Alcohol	SB 5049	Low-Proof Beverage Tax



2021 Legislative – Dead But Watching

Topics	Bill Number	Title
Marijuana	HB 1019	Residential Grow
Marijuana	HB 1463	Cannabis Concentrates
Marijuana	HB 1414	LCB – Local Zoning Ordinances
Marijuana	HB 1260	Craft Cannabis Market
Marijuana	SB 5388	Social Equity Cannabis Industry
Mental Health	НВ 1000	Expanding Mental Health Supports Law Enforcement
Mental Health	SHB 1181	Veterans & Military Suicide
Mental Health	2HB 1354	a DOH youth (under 24) suicide review team
Tobacco/ Vape	HB 1345/SB 5266	Possession of vapor, vapor products, tobacco, and tobacco products by minors
Tobacco/ Vape	SSB 5129	Possession by Minors



Save the date!

Next meeting: April 28th

New registration link coming soon!

Continue to visit the <u>April LCM event on The Athena</u> <u>Forum calendar</u> for more information.



take care of yourself today. future you appreciates it.



chibird.com





Preventing youth homelessness

Kim Justice

Jess Lewis

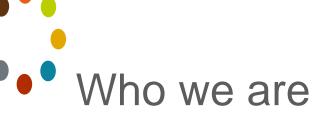
SL (Shree Lakshmi) Rao





Today's meeting

- Share more about us.
- Identify opportunities to collaborate.
- Brainstorm

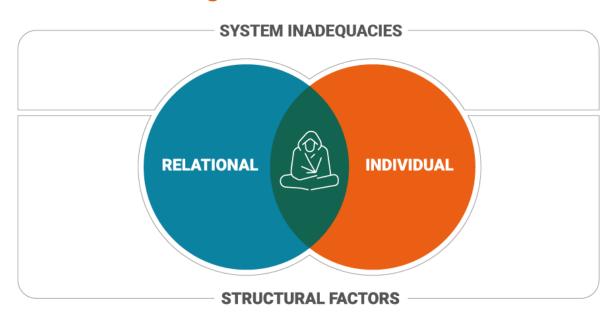


Office of Homeless Youth

Adolescent programs



Preventing youth and young adult housing instability and other related negative outcomes.





Individual or relational	Structural issues
Young person's mental health	Stigmatization of mental health
Domestic violence	Racism
Caregiver's mental health	Poverty
Generational trauma	Settler colonialism
Death of a caregiver	Erasure of culture, language and way of living
Intellectual or developmental disability	Historical legacy of treatment of people with I/DD
Autism	Redlining and racism in housing policy
Cultural differences	Stigmatization of SOGI
Religious differences	Lack of employment opportunities
Family rejection due to sexual orientation or gender identity	
Parent SUD	
Abuse or neglect	



PRIMORDIAL PREVENTION

Education for larger population of the state, youth and families

PRIMARY PREVENTION

Supporting youth and families prior to system involvement to reduce risk of housing instability for youth

EARLY SECONDARY PREVENTION

Early system (CPS or Juvenile or Criminal Justice) interaction that does not lead to out of home placement or incarceration.

LATER SECONDARY PREVENTION

Preventing deeper system involvement and housing instability.

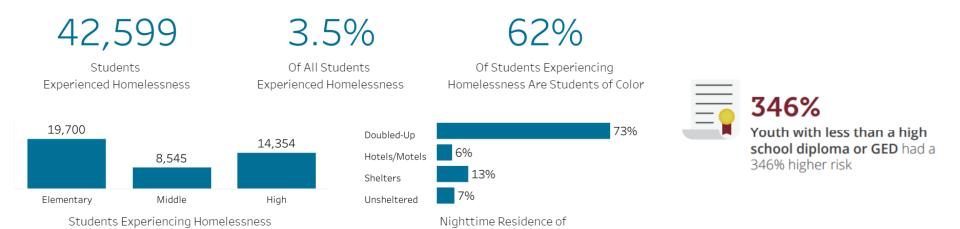
TERTIARY PREVENTION

Preventing housing instability for those exiting the system

Ensuring those who are experiencing homelessness move quickly into safe and stable housing and receive appropriate supports





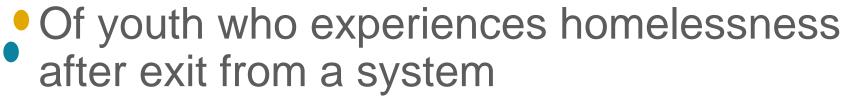


Students Experiencing Homelessness

Source: <u>Local Data and Outcomes</u> <u>Dashboards - Schoolhouse Washington</u>

by Grade Band

Source: <u>ChapinHall_VoYC_1-Pager_Final_111517.pdf</u>



- 77% had an indication of a Substance Use Disorder
- 64% had a co-occurring mental illness and SUD

 84% had experienced arrest or been charged with a crime.



Which of the following needs are you seeing in your communities

- Family crisis intervention
- Housing for unaccompanied young people
- Neither
- Other

Piloting preventing youth homelessness with CPWI communities

- Not DBHR funding
- If there is interest, the team will work to figure out funding.
- Target population 12-24 years.
- Outcomes
 - Educational attainment
 - No criminal justice involvement
 - Stable housing
 - No SUD



Opportunity 1

- Family Reconciliation Services (FRS) & CPWI as a mechanism for families to reduce barriers and increase awareness of, and access to, services.
- Shift services to the community and out of child welfare
- Piloting a two generational mentoring model to prevent family conflict and child welfare involvement



Parents of adolescent support network

- Cohort based parent support with a facilitator to discuss topics such as youth SUD, LGBTQ2 issues, navigating behavioral health challenges/ intellectual or developmental disabilities with their young person.
- Receive tools to navigate conflict and difficult conversations.



- Screening and needs assessment of all young people for risk factors associated with housing instability.
- Early identification and connecting with resources.



- Not DBHR funding
- If there is interest, the team will work to figure out funding.
- This is an opportunity to gauge interest and brainstorm ways to get to the outcome we are hoping for.



Thank you!

Email

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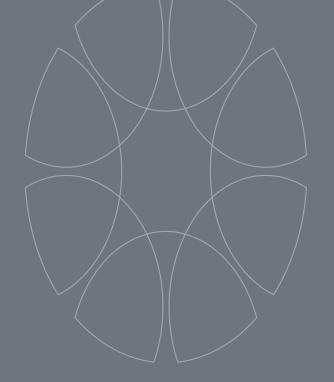
SL (Shree Lakshmi) Rao

SENIOR FOSTER AMERICA FELLOW

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www.commerce.wa.gov









Figure 2. Youth who are black *and* LGBTQ reported the highest rates of homelessness

Explicit homelessness over the last 12 months, self-reported by young adults, ages 18-25. These estimates do not include reports of couch surfing only.

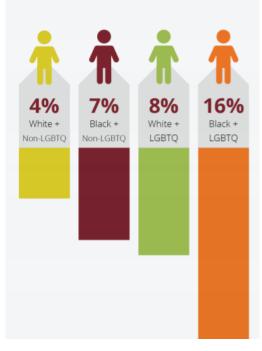
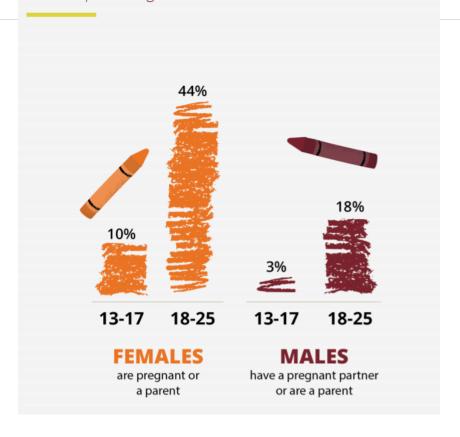




Figure 1. Pregnancy and Parenthood are Common Among Youth Experiencing Homelessness





Rates of youth experiencing homelessness were similar in rural and nonrural areas.

Youth 13-17

4.2%

Household prevalence in urban counties

4.4%

Household prevalence in rural counties

Young Adults 18-25

9.6%

Population prevalence in urban counties

9.2%

Population prevalence in rural counties



Where youth experiencing homelessness stayed on the night of the youth count. Youth in large counties Youth in small counties

50%

23%

20%

40%

Staying with others