



The Military Wellness Initiative Network (MILWIN)

PREVENTION LEARNING COMMUNITY MEETING
3rd Hour Training
Webinar – August 23, 2017

Increasing Community and Coalition Capacity &
Outreach to Military Service Members, Veterans
and their Families in Washington State.



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Presenter:

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Objectives & Agenda

- What Is MILWIN?
- Vision & Mission
- Military Connections in the Communities
- Business Case
- Benefits of Training
- Primary Area of Focus
- Questions/Closing Remarks



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What is MILWIN?

MILWIN is designed to improve the connectedness of Military Service Members, Veterans and their Families (MSMVF) to community coalitions and prevention programs in Washington (WA) State.



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Our Vision:

Demonstrated community impact on behavioral health long term outcomes for MSMFV in WA State.



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Our Mission:

Build and sustain an integrated training and consultation system to increase Community and Coalition Capacity & Outreach to our MSMVF.



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Our Goals:

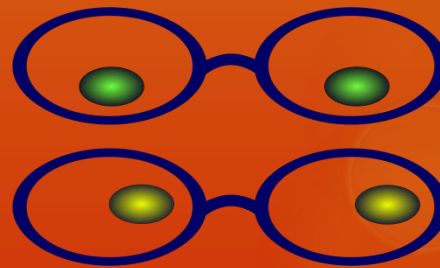
- Increase the number of MSMVF receiving prevention services by providing consultation and/or trainings to Coordinators/Coalition on how to outreach to the targeted population.
- Facilitate improved collaboration and coordination of services.
- Provide Quarterly “Shared Luncheon Learns” to continuously improve practices to enhance the quality and effectiveness of the network.
- Increase the Community & Coalition Capacity through trainings, to help you to understand the military, its culture , and it people.



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Understanding how to integrate capacity into your mission

- Understanding how YOU have capacity:
 - In your personal life
 - In your work
 - In your community
- What does this look like?





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Community Capacity?

Community Capacity involves people who feel a sense of shared responsibility and apply their collective strengths to achieve desired results.

Having high capacity means that people are working together to better their community.





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Understanding how to integrate capacity into your mission

- Identifying organizations with the capacity to support the work of your mission & collaborating
- Sharing resources with organizations that are working to grow their capacity.



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Why Community and not a VA?

- A 2009 study found that veterans with mental health diagnoses, particularly PTSD, utilize significantly more VA non-mental health medical services.

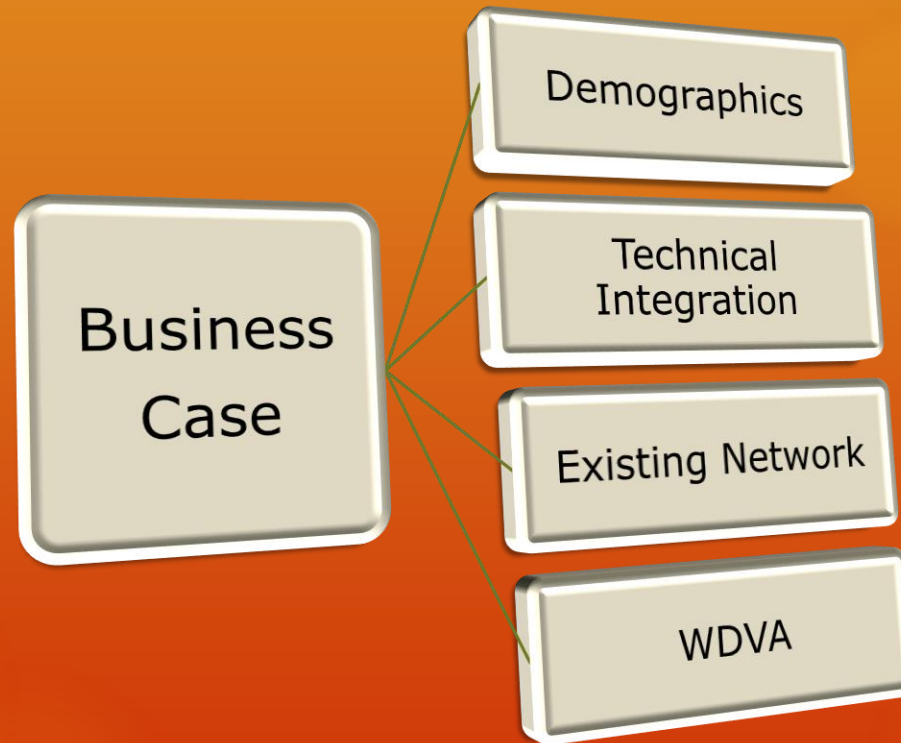


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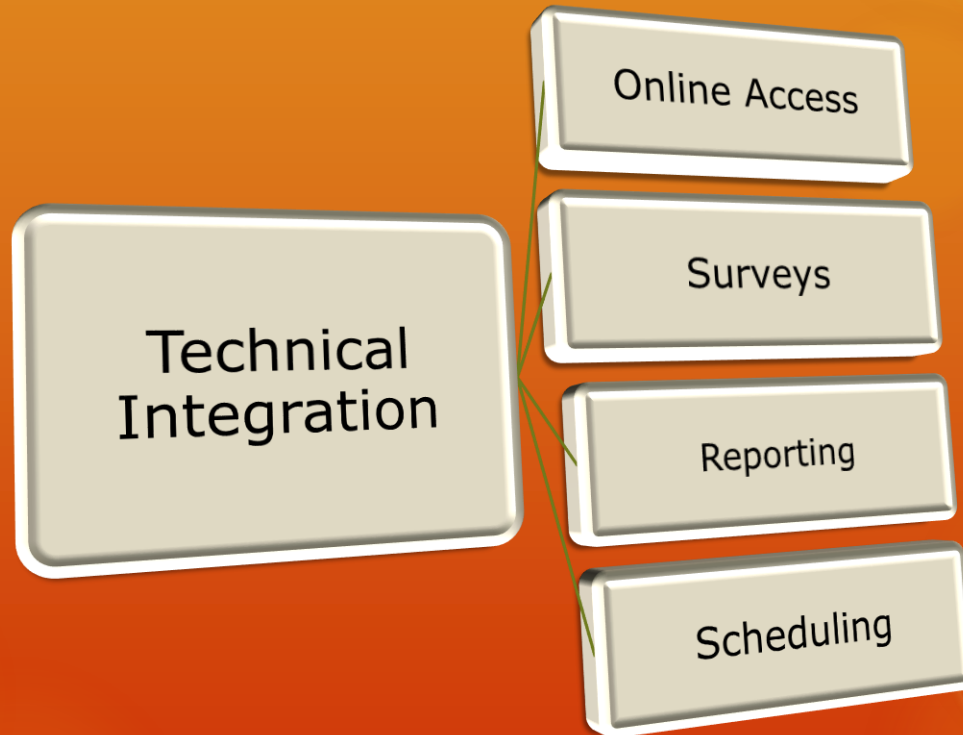


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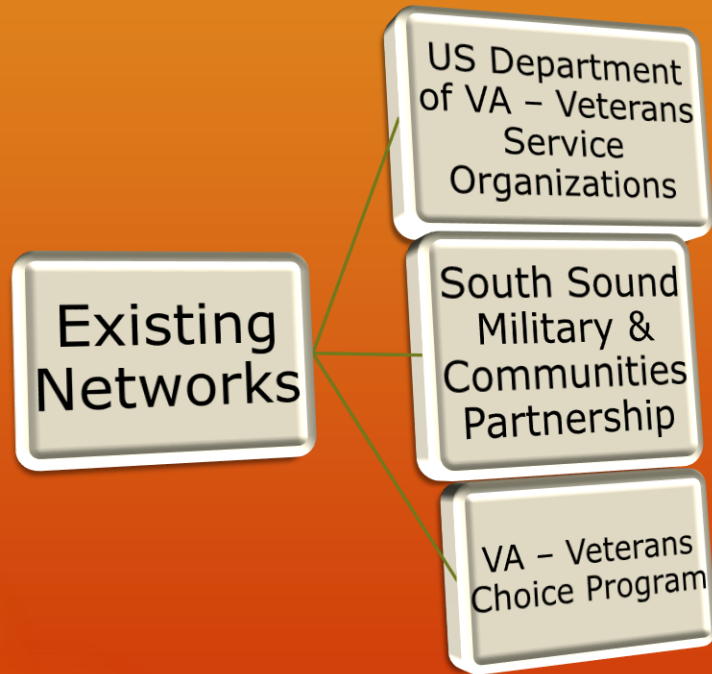


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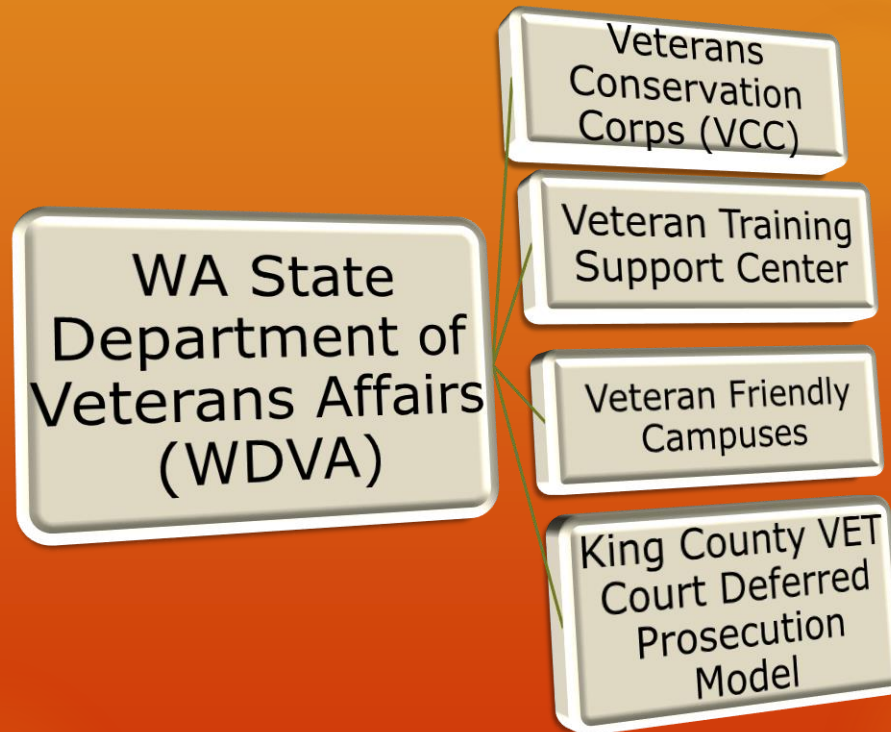


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Benefit of Training

- A continuum of services benefit package, within available funding, that supports recovery and resilience, including prevention and early intervention services, an emphasis on cost-effective, evidence-based and best practice service approaches.
- To build excitement about including prevention efforts with MILWIN



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Modern Addiction and Mental Health

A modern mental health and addiction service system provides:

- Healthcare (mental health and substance abuse treatment)
- Employment
- Housing
- Education



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Why this population? Mental Health Issues

- Over 35% of returned Iraq and Afghanistan veterans in VA care have received mental health diagnoses.
- OIF/OEF (Operation Iraqi Freedom, OIF and Operation Enduring Freedom, OEF) veterans receiving Department of Veterans Affairs (VA) health care and identified high rates of posttraumatic stress disorder (PTSD) (21.8%), depression (17.4%), and alcohol use disorder (7.1%); anxiety and adjustment



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Why this population? Substance and Legal Issues

- 1 in 4 Veterans ages 18-25 met the criteria for substance abuse disorder in 2006.
- 1.8 million Veterans of any age met the criteria for having a substance abuse disorder in 2006.
- 81% of justice-involved Veterans had a substance abuse issue prior to incarceration.
- There are 140,000 U.S. Veterans in prison, and 60% of those have a substance abuse problem.
- There are 130,000 homeless U.S. Veterans, and 75% of them suffer from substance abuse problems.



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Why this population? Social and Employment Issues

Those returning may have difficulties in meeting the developmental demands of adult life.

- Maintaining employment
- Families issues and in some cases, Domestic Violence
- Other social relationships such as romantic relationships and friendships.



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Additional Treatment

- Male veterans with PTSD are more likely to report marital or relationship problems, higher levels of parenting problems, and generally poorer family adjustment.
- For this reason, family therapy will be used to help reintegrate clients into their families and help families communicate better around their unique issues.



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Additional MSMVF Support

- Medication Management
- Job readiness
- Housing
- Education



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Family Support

In additional, support groups for families will be held as:

- **Alanon**
- **Psychoeducation**
- **Caregiver burden**
- **Other issues that may arise with having a veteran in the family**



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“The Affordable Care Act”

- Recognize treatment of mental and substance use disorders are an integral part of improving and maintaining overall health.
- From this comes the idea of modern addiction and mental health.



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Questions / Closing Remarks





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