

We are seeking input about a youth wellness program

We need your feedback and input on the *Find What Moves You* program designed to address the physical activity, body image, and mental health needs of young adolescents who identify as female or gender diverse offered by Washington State University

WASHINGTON STATE UNIVERSITY
Kinesiology



We need input from...

Community Professionals

Including prevention professionals, school counselors, parks and recreation staff, physical educators, school staff, mental health professionals, and teachers, etc. who work with youth programming or prevention efforts.

Parents

Parents or guardians of 12-18 year-old female or gender diverse youth

What you will do...

You will participate in two Zoom focus group meetings (90-min. each). We will ask about the needs, feedback, barriers and facilitators related to the *Find What Moves You* program! You will receive up to \$50.00 in gift cards for your participation.



How to participate?

Fill out this brief online form to tell us who you are and how to contact you. Scan the QR code or go to our website below to get started!



WWW.FINDWHATMOVESYOU.ORG