# Community Prevention & Wellness Initiative

Partners for Healthy Communities

### **Coalition Mission**

Children of the Sun Community
Coalition will work
collaboratively with the
Spokane Indian Reservation
community in a partnership
with the entire community to
address the opioid crisis
through education, awareness,
support, mentoring, and
inspiring a positive healthy
environment.



#### **Coalition Coordinators**

Kimberly Norman kimn@spokanetribalnetwork.org

Coalition Coordinator, community member, Spokane Tribal Member who is passionate and committed to empowering our people and building upon our community's strengths.

Penny Spencer pennys@spokanetribalnetwork.org

Network Director of Spokane Tribal Network and cocoordinator for the CPWI SOR grant. Penny is a community leader who thrives from empowering our local youth.

# Children of the Sun Community Coalition

**On the Spokane Indian Reservation** 



# About the Community Prevention and Wellness Initiative (CPWI)

CPWI is a partnership of state agencies, counties, schools and local prevention coalitions supporting communities in preventing alcohol and other drug abuse and its negative consequences. CPWI priorities include reducing underage drinking, marijuana use and opioid misuse/abuse among middle and high school aged youth. By providing evidence-based practices and promoting the positive changes in communities, we can build healthier communities.

## **About the Coalition: Communities & Schools Working Together**

Children of the Sun Community Coalition is a volunteer organization dedicated to transforming our culture from the drug epidemic by educating, inspiring, mentoring, and promoting togetherness within our local community.

- Our vision is to have drug free youth living in a healthy community that supports and encourages their positive choices.
- Our plan is to reduce risk factors and enhance protective factors associated with youth opioid abuse as well as other substance abuse in our community.
- We are a group of leaders who are passionate about our youth in our community and we are committed to working together to fight the opioid crisis.



• Our leaders within our coalition consist of key individuals who make up sectors of representations including but not limited to; parents,

youth, elders, mental health professionals, VFW staff, Housing Authority Staff, Tribal Planning Department Staff, youth center staff, David C. Wynecoop Memorial Clinic staff, and Wellpinit School District.





# **About Our Community**

The Spokane Indian Reservation was established in 1881. It is located approximately 55 miles northwest of Spokane, Washington in Stevens County Washington, and consists of 159,000 acres in Northeast Washington.

There are currently 2,900 enrolled tribal members. The Spokane Indian Reservation itself has a population of 2,094. Nearly 80% of the total on-reservation population is estimated to be American Indian.

### **About Our Prevention Programs**

The Children of the Sun Community Coalition believes it is important to identify the risk and protective factors that both contribute to and resist youth substance use within our community, the Spokane Indian Reservation. We will improve circumstances within each of the individual/peer, family, school and community domains to reduce youth use of opioids and other substances. Strategies that will increase positive change start with coalition efforts to increase community readiness to address youth substance use: to prevent and reduce use of alcohol, tobacco, and opioids among youth in our Tribal community.

Utilizing the comprehensive strategies below, we hope to reduce opioid use:

- Gathering of Native Americans (GONA) to increase positive selfperception and sense of belonging.
- Strengthening Families Program 10-14, a parent education program that increases positive family communication interactions.
- Innovative Community-Based Cultural Mentoring Program to grow relationships between youth and adults while tying in cultural values and skill sets related to the Spokane Tribal Traditions.
- SPORT is a single session, substance abuse prevention program and training that promotes wellness for young adults and youth.
- Life Skills, a school-based youth education program which involves teacher-student interactions and learning about drug prevention.
- A Student Assistant Professional stationed in the Wellpinit School
  District that will implement the Project SUCCESS program and complete
  student screenings, referrals for assessments, and prevention services as
  needed.



#### **Other Contacts**

Teresa Pope Wellpinit School District Student Assistant Professional 509-258-4535



Wellpinit School District 6720 Ford-Wellpinit Rd. Wellpinit, WA. 99040 509-258-4535



David C. Wynecoop Memorial Clinic

Phone: 509-258-4517 Fax: 509-258-7029

### **CPWI** is funded by

Washington State Health Care Authority

For more information about CPWI visit www.TheAthenaForum.org