

WOMEN ALCOHOL HEALTH





From Blackouts to Breast Cancer

Did you know that one serving of alcohol per day increases the risk of breast cancer for women *by roughly 10%?*

Did you know that young females are now *more likely* to drink and to report getting drunk than young males?

Or that among adults, alcohol-related emergency department visits, hospitalizations, and deaths *have increased more for women* than for men?

If you didn't know, you're not alone!

Alcohol is a growing women's health issue with recent research shedding light on the different, heightened risks that women face by drinking.



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