

Community Prevention and Wellness Initiative

Partners for Healthy Communities



Pomeroy Advocates for Community
Empowerment Prevention Coalition

The mission of the PACE Coalition is to positively impact our youth, reduce substance use, and increase awareness through community collaboration.

Coalition Coordinator

Sarah Meyers

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Sarah Meyers, a native of Pomeroy, joined the Community Prevention and Wellness Initiative (CPWI) as the PACE coalition coordinator in July 2014. Sarah became a Certified Prevention Professional (CPP) in July 2016 through her work with the coalition. Sarah's education background is in psychology.

Pomeroy Advocates for Community Empowerment (PACE) Coalition *Serving Pomeroy, Washington*



About the statewide Community Prevention and Wellness Initiative (CPWI):

When Pomeroy received funding from the Division of Behavioral Health and Recovery (DBHR) in 2013 to participate in CPWI, the PACE Coalition was formed. CPWI is a partnership of state agencies, counties, schools and local prevention coalitions supporting communities in preventing alcohol and other drug abuse and its negative consequences. CPWI priorities include reducing underage drinking, marijuana use and opioid misuse/abuse among middle and high school aged youth. By providing evidence-based practices and promoting the positive changes in communities, we can build healthier communities.

About the Coalition:

The PACE coalition is a volunteer organization that aims to empower adults, parents, and youth in the community with the most current information and training on substance use, in order to empower everyone to take a role in prevention.

PACE Coalition Prevention Services:

- Guiding Good Choices, a program for parents of pre-teens
- The Incredible Years, a program for parents of preschoolers
- Start Talking Now media campaign
- LifeSkills Training in grades 8, 9, and 10

Our Local Partners

Pomeroy Medical Clinic

Garfield County Sheriff's
Office

Pomeroy School District

Pomeroy Nazarene
Church

Pomeroy Christian
Church

Prosecuting Attorney

Pomeroy Ministerial
Association

Garfield County Health
District

Quality Behavioral Health
ESD1213

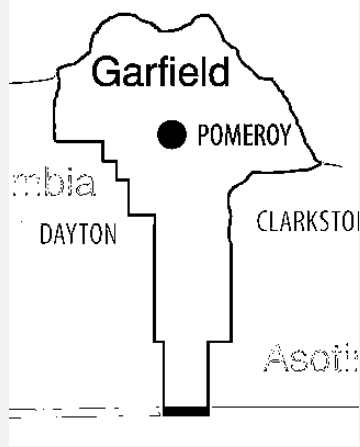


CPWI is funded by:



Transforming lives

For more information about CPWI visit
DSHS.wa.gov/CPWI



About Our Community

- Pomeroy is the only town in Garfield County. Garfield County has one school district in Pomeroy that serves all families.
- The population of Garfield County is approximately 2200 people total and Pomeroy is home to about 1500 people.
- The Pomeroy School District serves about 270 students in grades K-12.
- The racial and ethnic makeup of the county is 96 % white and 4% Latino or Hispanic. People who are Native American, Asian, and Pacific Islander are also part of our community.
- Pomeroy is mainly an agricultural community, with wheat being the main crop.

The goals of the PACE Coalition are to:

- Give parents and adults the tools and training needed to understand that parents are the number one influence on their child's decisions not to drink.
- Teach skills that support youth to make healthy choices.
- Assess local needs and implement strategies that focus on substance use prevention across the lifespan (Preschool to Senior Citizen).
- Target prevention messages community-wide to parents and adults, not just to youth.
- Provide relevant training throughout the community on topics related to substance use prevention.
- Have multiple and varied prevention strategies to serve the entire community.