

## act of courage

Opioids are now one of the leading causes of injury-related deaths in Washington State. More people die from overdose than from car crashes.<sup>1</sup>

Opioids negatively affect the reward center in the brain. Over time, a user needs more and more. This makes them highly addictive.<sup>2</sup>

You can make a difference. Help a friend. Share the facts.

- If you are prescribed an opioid, talk with your doctor about other options.
- Never share an opioid prescription with someone else.
- Treatment works. If you think you need help, call Washington Recovery Help Line at 1 (866) 789-1511.
- Dispose of unused medications safely at a take-back program near you. Find one at TakeBackYourMeds.org.

## Learn more at **GetTheFactsRx.com**

For more information: kingcounty.gov/overdose



