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## honest conversation

Opioids are now one of the leading causes of injury-related deaths in Washington State.<sup>1</sup>

75 percent of opioid misuse starts with people using medication that wasn't prescribed for them—usually taken from a friend or family member.<sup>2</sup>

You can be the one to help keep your family safe. Talk with your kids and share the facts with other parents.

### **STOP OPIOID ABUSE** Your influence matters

- ✓ Kids are 50 percent less likely to use drugs when parents tell them about the risks.<sup>2</sup>
- ✓ Talk to your kids about the risks of opioid abuse.
- ✓ Encourage your kids to talk with their doctor about other ways to treat pain.
- ✓ Lock up your medications.
- ✓ Dispose of unused medications safely at a take-back program near you. Find one at **TakeBackYourMeds.org**.

Learn more at  
**GetTheFactsRx.com**

<sup>1</sup>Source: Washington State Department of Health

<sup>2</sup>Source: Substance Abuse and Mental Health Services Administration