

ONE PREVENTION ALLIANCE COMMUNITY COALITION Stevenson, Skamania County



HEALTHY YOUTH SUMMIT - 2015



"Susie, I want a youth summit in February, 2015" Sheriff Dave Brown, Skamania County ~ September, 2014.

- "What about our Strategic Plan?", Susie
- "What about our Action Plan?", Susie



"I'm sure you can figure that out... get someone from the Coalition to help you.", Sheriff

Local Condition:

 (Why?)Adults & Youth do not feel underage drinking, marijuana use and prescription drug use is harmful.

Goal:

 Change community norms regarding underage drinking, marijuana use and prescription drug abuse.

Strategy:

 Educate (Who?) youth on harms & consequences of underage drinking, marijuana use and prescription drug abuse.

BRAINSTORM!!!!



Workshops Address Local Conditions

- "Drugs & The Adolescent Brain" Jim Jensen, MAC Clark College Professor (LC addressed)
- "What Are Opiates & Why Are We Talking About Them?" Scott McCarty, PSM DBHR (LC Addressed)
- "The Power of Kindness, Let's Talk About Teen Mental Health"
 Kris Henriksen, Counselor, Clark CO Community Services
- "Tweet This" Internet & Social Media IQ Skamania CO.
 Rachel Bryan, Council on Domestic Violence/Sexual Assault
- ACES "Your Brain on Stress & Why We Do What We Do" Johanna Roe, Skamania/Klickitat Community Network

Enrichment/Entertainment Activities

- Opening & Closing Presentations by "UP & OVER" performance group – Motivational Performance with music and dancing. Addiction Stories w/Recovery
- Photo Booth Free pictures for all participants- Donated by local Photographer
- Preventing & dealing with sports injuries Donated by Local Physical Therapist
- Mini massage & Relaxation Techniques partially donated by Local Masseuse
- Use of 20x20 ft. screen/WI with "Just Dance" ** Very Popular!

Timeline.....

October November December **February** January September Committees formed Youth chair Fund Raising & Registration PLANS •I want a Youth event/agenda, CHANGED, Goal **Donations** Summit chosen process registration, now to serve Recruit other Coord. Met Donation letters finalized 125-150 donations, with Clark Co.

- Coord. Approval of Coalition Formation of Planning committee (5 members)
- Recruitment of Coalition members include youth...
- •OPA committee mtg.
- Outline drafted
- •3 OPA youth named to committee
- youth for planning team Youth planning team created (11 vouth-SHS) •1st Youth Planning Team mtg. Presented outline to youth team~ **PLANS** CHANGED!!! What does this animal look like? Workshops & Enrichment activities •Name of Event -Stand Up For Teens Standing Up For What's Right **Healthy Youth**

Summit

minutes

Weekly meeting

schedule set. Met

Tuesday's at SHS -

lunch time -35

- community support, media/promotion, food, evaluation, •ID targeted group. Teens grades 7-12 Stevenson- Carson School Dist. & home school students •Goal to serve 75-100 students** Topics for workshops finalized: Opiates/RX Abuse, Drugs & Teenage Brain, Teen mental health. Your Brain on Stress, Social Media Safety. Enrichment activities finalized:
- Photo Booth, Wi on big screen (20 ft x 20 ft screen) Preventing sports injuries •Relaxation & Mini
- Massage
- sent to area merchants, animal clubs. businesses drafted by Sheriff Brown Workshop presenters & enrichment presenters finalized. Donations start coming in \$ -Event site finalized - WRECschool dist. Prop. (donation) Transportation arranged through school dist (donation) Youth Planning Team workday/evening. (over winter

break)

•** PLANS CHANGED... Goal now to serve 100-125 students Order event supplies & materials Set menu for event •Donations \$ offers for volunteer assistance hit favor pitch Youth planning team workdayweekend Programs drafted Signage &

logistics

students Registration closes – 175 students registered (172 attended event) Donations finalized -\$1.800 from local community -CASH, \$1,745 products, gift cards, food, •\$95% of event was funded by our community. Commitments made for 2016 donations & sponsorship -**SUSTAINABILITY** 2/27/15 Event! Evaluations sent to presenters Data collected & reported













































Unintended Consequences....



- INTEREST IN PREVENTION CLUBS AT HIGH SCHOOL & MIDDLE SCHOOL EXPLODED!
- •INTEREST IN COMMUNITY COALITION HAS INCREASED.
- •AN INTEREST HAS BEEN SPARKED IN BUSINESSES, ORGANIZATIONS & RESIDENTS WHO WISH TO DONATE OR SPONSOR FUTURE SU4T EVENTS...
- •SUSTAINABILITY!!!



FEBRUARY 27, 2015

STAND UP 4 TEENS – STANDING UP FOR WHAT'S RIGHT-HEALTHY YOUTH SUMMIT

9AM-2:00PM

WIND RIVER EDUCATION CENTER, CARSON, WA

























CONTACT INFORMATION

Susie Strom

One Prevention Alliance Community Coalition
Skamania County Sheriff's Office
PO Box 790 – 200 NW Vancouver Ave.
Stevenson, WA 98648-0790
(509) 427-9490 – ext 2025
(541) 490-0339 - Cell
(509) 427-4369 – Fax
strom@co.skamania.wa.us
onepreventionalliance.org

One Prevention Alliance - Facebook