#### **Project Prevention** Samantha Finch and Echo Wood

# Our Project

- Prevention in Middle and High School
- Worked with prevention / intervention specialist Meagan Gable
- Created posters and videos to remind students to stay drug free



# Rationale

- Passionate about prevention
- H.O.T.S. (Helping Out Teen Society)
- Needed in community
- Never enough prevention
- Instigate healthy

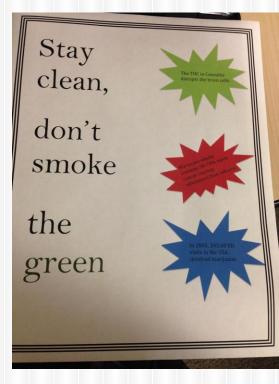


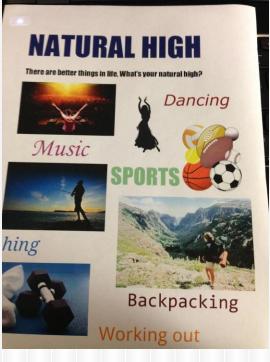
### Scope

- Three posters
- Two videos
- Game night
- Surveys



#### Posters





KEEP CALM AND STAY SOBER

According to a study done by Columbia University, underage drinkers account for 11.4% of all of the alcohol consumed in the U.S.

### Videos



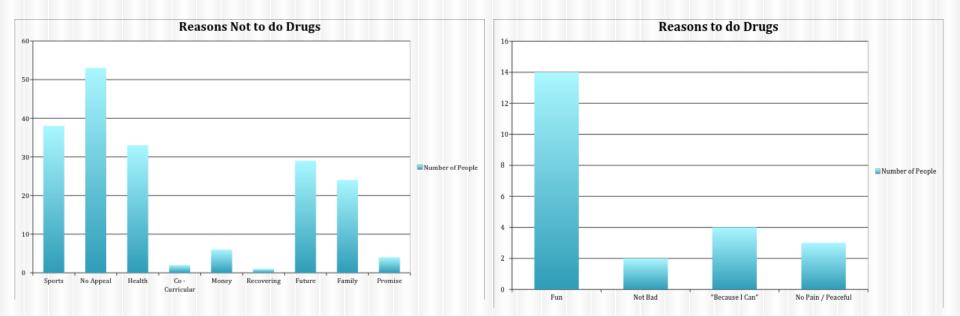
- Red Ribbon week
- Announcements
- Game Night

# What's your natural high?

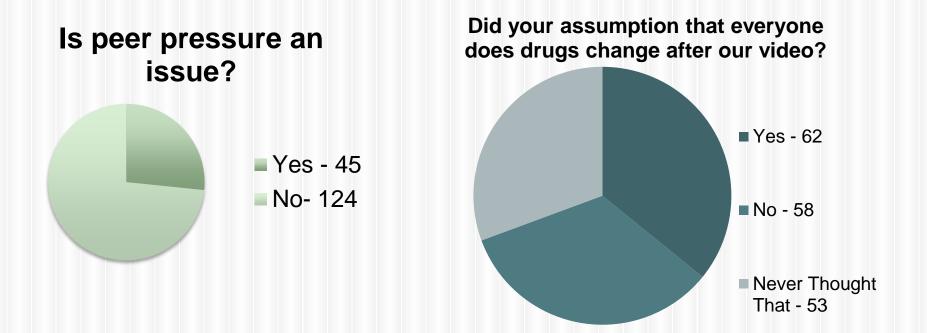
https://www.youtube.com/watch?v=yE BAJ456Bs8 https://www.youtube.com/watch?v=eL 9kk6FImBw



### Surveys

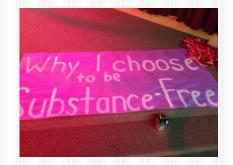


### Surveys



# Game Night

- Middle School commons
- Board games
- FoosBall & Ping Pong
- Wii Just Dance
- Cookie decorating & snacks
- Banner & lanyards

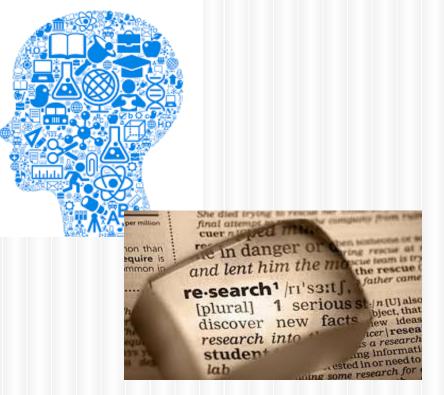




#### Research

- Basic drug facts
- Surveys
  - Students thoughts
  - School overall

Resources: <u>http://teens.drugabuse.gov/</u> http://www.nh.gov/ http://abovetheinfluence.com/



## **Measuring Success**

CCES

- Surveys
- Game Night attendance
- Personal pride
- Goals





- Really fun
- Learning experience
- Helping community
- Good cause
- New skills

