

# Community Prevention & Wellness Initiative (CPWI) Learning Community Meeting

Division of Behavioral Health and Recovery
October 28, 2015
9:00 a.m. – 11:00 a.m.



## **Agenda**

- Welcome/New Coordinators
- Department of Early Learning Home Visiting Program (Laura Alfani)
- DBHR/OSPI Updates
  - I-502 DSHS/DBHR Prevention Plan Overview
    - Cohort 4 Communities
    - Use of Funds
    - Verify Final EBP/RBP/Promising Program List
  - PFS-CLI-R Update Reporting Timeline
  - Prescription Drug Misuse/Abuse Update
- Washington State Mentoring Partnership (Tom Pennella)
- Community Sharing
- DBHR Lending Library
- EBP Training Survey
- Adjourn

**No Third Hour Training This Month** 

Reminder: Our Next meeting is in-person November 16<sup>th</sup> in Seattle.

10/29/2015

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## Search and Rescue Campaign Poll

Please provide your feedback about the Search and Rescue Campaign (<a href="www.searchandrescuewashington.org">www.searchandrescuewashington.org</a>)

- A. I like the campaign micro-page and have forwarded it.
- B. I have looked at the micro-page and the materials.
- C. I saw the email, but didn't look at the micro-page.
- D. I don't know what campaign you are talking about.



# YOUTH MARIJUANA PREVENTION PROGRAM LIST FOR CPWI DMF ENHANCEMENT FUNDING

## PREVENTION PROGRAMS AND PRACTICES FOR YOUTH MARIJUANA USE PREVENTION



(For DMF Enhancement Funding Services) WORKING DRAFT

#### **EVIDENCE-BASED AND RESEARCH-BASED PROGRAMS (14)**

Good Behavior Game (GBG) *	Life Skills Training - Middle School
Nurse Family Partnership *	Lions Quest Skills for Adolescence *
Brief Strategic Family Therapy *	Mentoring: Community-based *
Case Management in Schools* (see note)	Project Northland (plus Class Action)
Guiding Good Choices *	Project STAR
Incredible Years*	SPORT Prevention Plus Wellness
Keepin it Real	Strengthening Families Program 10-14 (Iowa Version)*

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Incredible Years*	SPOR	
Keepin it Real	Stren	
	(Iowa	

#### **NOTE:**

Case management involves placing a full-time social worker or counselor in a school to help identify at-risk students' needs and connect students and families with relevant services in and outside of the K–12 system. Three such models have been evaluated and are included in this analysis (in no particular order): Communities in Schools, City Connects, and Comer School Development Program.

In practice, each model includes other services (such as extended learning time and educator training), but the program evaluations focus on the impact of the case management component.

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#### **PROMISING PROGRAMS (11)**

Athletes Training & Learning to Avoid Steroids

Communities that Care

**Coping Power** 

Curriculum-Based Support Group (CBSG) Program \*

**Familias Unidas** 

Positive Action \*

Project Toward No Drug Abuse

**PROSPER** 

Raising Healthy Children (using SSDP model)

Strong African American Families

Teen Intervene

(\*)These programs are also programs with Mental Health Promotion areas of interest and outcomes as found on NREPP.



## PREVENTION PROGRAMS AND PRACTICES FOR YOUTH MARIJUANA USE PREVENTION

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### **ENVIRONMENTAL STRATEGIES (PROMISING PROGRAMS) (4)**

Policy Review and Development

Purchase Surveys coupled with Reward and Reminder

**Restrictions at Community Events** 

Social Norms Marketing



### PFS CLI-R REPORTING UPDATE

## Partnerships for Success (PFS) CLI-R Reporting Update



- PEP-C reporting system will be re-opened on November 15<sup>th</sup>.
- CPWI communities have an extension until 5 p.m.
   January 11, 2016 to complete data entry.
  - Enter PFS data for April 1, 2015 September 30, 2015
- DBHR will review reports and follow-up as needed.
- SAVE THE DATE: Guided CLI-R reporting session
   Tuesday, December 15<sup>th</sup> 9 a.m.-Noon via webinar.

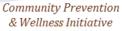
## **CLI-R Reporting Resources**

The following resources are available for reference and preparing to report.

- CLI-R Guidance Manual
- CLI-R Q33 Worksheet
- Community Level Instrument Revised (pdf)
- SAMHSA Cost Template



## PREVENTION CURRICULUM LENDING LIBRARY



### **Prevention Curriculum Lending Library**



### What we *currently* have:

- Caring School Community
- Class Action
- Guiding Good Choices
- In Shape
- Keepin' It Real
- Life Skills Training
- Lions Quest

- Project Northland
- Project Towards No Drug Abuse
- Project Venture
- Red Cliff Wellness
- Sport
- Strengthening Families







### How it works:

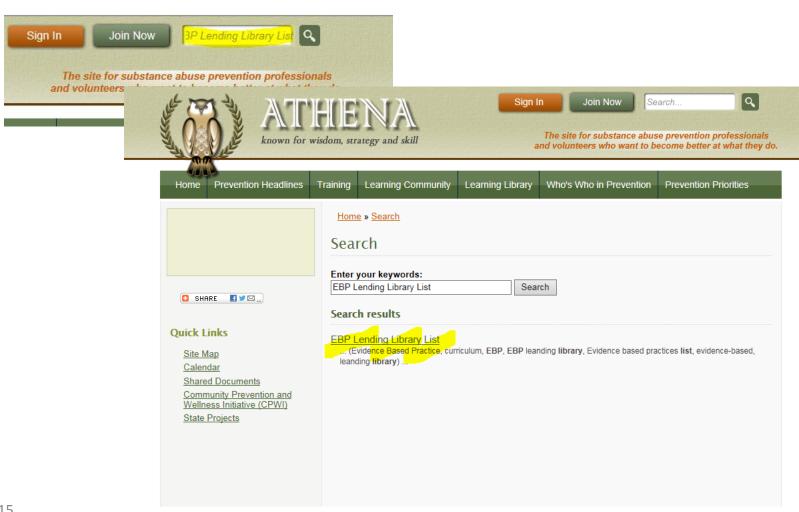
- 1. Contact your Prevention System Manager.
- 2. If curriculum available, it can be loaned out for 3 weeks. This includes delivery time.
- 3. Return curriculum to DBHR by insured mail.

### For more details:

- Contact your Prevention System Manager.
- Review the process & curriculum document on Athena.
  - Search for "EBP Lending Library List".

## **Prevention Curriculum Lending Library**







## **Prevention Curriculum Lending Library**

### DBHR Lending Library Process

- 1. Coalition Coordinator makes a r for the curriculum they would lik
- 2. The Prevention System Manager staff including the following info
  - If the curriculum is currently in the curriculum is currently in the curriculum. the materials can be delivered
  - If curriculum is currently chec identified, an approximate wa coordinator making the curren received with the date of the r
  - The system manager will let the approximate delivery date and
  - 3. The amount of time materials ma delivery time, to ensure access to
  - 4. Coalition Coordinators are respon address at DBHR headquarters an curriculum materials.
  - 5. Contact Prevention System Mana for your interest!

### Caring School Community

- Kindergarten
- Grade 1
- Grade 2 Grade 3
- Grade 4
- Grade 5
- Grade 6

#### Class Action

High School

#### **Guiding Good Choices**

Parents of children 9-14

#### InShape

College Ages (18-25)

#### Keepin' It Real

Middle School

#### Life Skills Training

- Elementary O Level One (Gr. 3/4)
  - o Level Two (Gr. 4/5)
  - Level Three (Gr. 5/6)
- Middle School

#### Curriculum

#### Project Northland

- Grade 6
- Grade 7
- Grade 8

### Project Toward No Drugs

High School

#### **Project Venture**

Middle/High School

#### Sport

- Younger
- Older

#### Red Cliff Wellness

- Kindergarten
- Grade 1
- Grade 2
- Grade 3
- Grade 4
- Grade 5
- Grade 6

### Strengthening Families

Parents and Youth 10-14



## PREVENTION EBP TRAINING SURVEY

## **EBP Training Poll**

- Do you anticipate a facilitator training need to implement the DMF Enhancement Funded program(s) in your CPWI community?
- A) Yes
- B) No
- C) I'm really not sure yet.

## **Prevention EBP Training Survey**

- Help us plan for your CPWI community's anticipated facilitator and strategy implementation needs.
- Please click on the link in the GoTo meeting chat box now to take a brief survey.

(Should take about 5-10 minutes)

https://www.surveymonkey.com/r/PXEBPTRAINING