

Prevention Learning Community Meeting

Hosted by: Division of Behavioral Health & Recovery

January 25, 2017

9:00 a.m. to 12:00 Noon





Agenda

Welcome / Introduce new prevention providers to the call

Important OSPI Communication Krissy Johnson

Important DBHR Communication

- Leg Updates
- Training Plan Lucilla Mendoza
- CPP Congratulations Lucilla Mendoza
- Coordinator/Community Recognition Julia Havens

Minerva MIS Sarah Mariani

Minerva TA Calls and Coordinator Sharing Julee Christianson

Julissa Crow | CPWI Coordinator | Pasco Cathy Kelley | CPWI Coordinator | Sunnyside

Prevention Communications Updates

Deb Schnellman | Communications and Health Promotion Manager | DBHR

Traffic Safety Funding Opportunity

Scott Waller | Program Manager | Washington Traffic Safety Commission

Strategic Planning Julia Havens

Open forum - Prevention Success Story Sharing All

Community Prevention & Wellness Initiative

Introductions

NEW PREVENTION PROVIDERS



LEG SESSION UPDATES

Community Prevention & Wellness Initiative



Lucilla Mendoza

CPWI TRAINING PLAN

Community Prevention & Wellness Initiative

SPF Webinar Series

Training / Location	Training Date (s)				
Organizational Development TA Call	Date: January 31, 2017, 9-11 am Date: February 16, 2017, 2-3 pm				
Needs Assessment & Resources Assessment TA Call Data Books 2017	Date: February, 15 2017, 9 am-12 pm Date: February 28, 2017, 11 am – 12 pm Date: March 31, 2017, 1-3 pm				
Needs Prioritization and Comprehensive Approach Planning TA Call	Date: April 6, 2017, 9 am-4:30 pm (IN PERSON) Date: April 12, 2017, 11 am-12 pm				
Action Plan and Program Implementation TA Call	Date: April 27, 2017, 1:30 pm-4:00 pm Date: May 10, 2017, 11 am-12 pm				
Self Guided Training/Resources Doc Training Registration and DBHR Prevention Training Plan 2017 Posted on the Athena Forum					

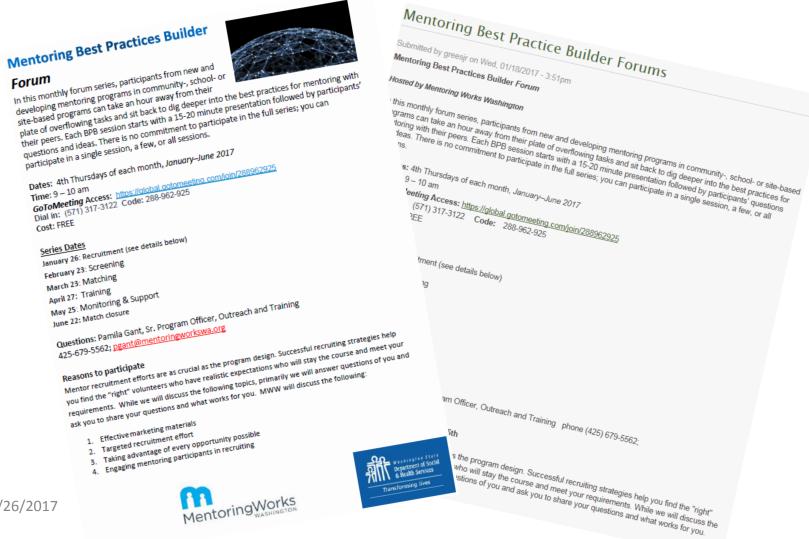
Training Announcements

Training / Location	Training Date (s)
Strengthening Families Program Facilitator Training WSU Snohomish County Extension Office, Everett, WA	February 6-8, 2016
Community Anti-Drug Coalitions of America 27 th Annual National Leadership Forum (CADCA) National Harbor, MD	February 6-9, 2017 http://www.cadca.org/events/forum2017
WA – Substance Abuse Prevention Skills Training Shoreline Conference Center - North King County	March 14-17, 2017 http://www.pscbw.com/Pages/default.aspx
Spring Youth Forum Great Wolf Lodge, Chehalis WA	May 17, 2017
Society for Prevention Research Washington, DC	May 30-June 2, 2017 http://www.preventionresearch.org/
Summer Coalition Leadership Institute Lacey, Tumwater, Olympia (Thurston County)	Hold : June 20 & 21, 2017
Ethics Training (In Person / Online Course)	Save the Dates: March In Person in Ellensburg, Summer Online Training

Community Prevention & Wellness Initiative



Mentoring Best Practices Builders Forum – Mentoring Works Washington



Community Prevention & Wellness Initiative



Lucilla Mendoza

CPP CONGRATULATIONS

Community Prevention & Wellness Initiative

CONGRATULATIONS NEW CPP's





Community Prevention & Wellness Initiative

Special Recognition

Peggy Needham, Coordinator – W2 for Drug Free Youth, Walla Walla

Peggy received a 2017 Traffic Safety Award from the Walla Walla County Traffic Safety/DUI Task Force.

She received the Educational Outreach award for her work in educating youth and parent about dangers of underage drinking and drug use while operating vehicles and for local implementation of Talk. They Hear You.



Congratulations, Peggy!





Way to go communities!

- The following CPWI communities reached over 200% + of their Community Survey Collection Goal
- Auburn,
- Bellingham,
- Marysville, and
- Omak

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Way to go communities!

The following communities reached **150%** + of their Community Survey Collection Goal

- Bethel (195%),
- Dayton,
- Ferndale,
- Hoquiam,
- Long Beach,
- Prosser,
- San Juan,
- South East Seattle,
- Vashon,
- Washougal, and
- White Center, Highline



Sarah Mariani

MINERVA - MIS UPGRADE UPDATE

Community Prevention & Wellness Initiative



Minerva -

Find the link on the Athena Home Page

www.TheAthenaForum.org





Julee Christianson

MINERVA TECHNICAL ASSISTANCE CALLS



Minerva

What to do if you get stuck?

- 1. Refer to the Minerva Online Reporting User Guide above to see if you can determine and resolve the issue.
- If you are not able to find a resolution in the guide, or if you have found an error (bug) in the system functioning, submit
 a Help Desk Ticket by clicking on your name in the upper right corner then select "Help desk Ticket". Or you may
 submit your question via email to <u>isihealthelink@isi.com</u> or phone 1(844) 385-3653.

Schedule for TA calls:

If you have completed the training provided and have been assigned a user login, you may join the TA calls. TA calls are an opportunity for you to get assistance on your data entry. Questions will be taken in order submitted and based on priority of issue.

You are also welcome to listen into the call to learn from others.

<u>Date</u>	Time	Link to GoToMeeting
Tuesday, Dec. 6	11:00 AM - noon	https://qlobal.gotomeeting.com/join/684223165
Tuesday, Dec. 13	11:00 AM - noon	https://global.gotomeeting.com/join/707841933
Tuesday, Dec. 20	11:00 AM - noon	https://global.gotomeeting.com/join/793770797
Thursday, Dec. 29	11:00 AM - noon	https://qlobal.gotomeeting.com/join/435059149
Tuesday, Jan. 10	11:00 AM - noon	https://qlobal.gotomeeting.com/join/118301965
Tuesday, Jan. 24	11:00 AM - noon	https://global.gotomeeting.com/join/909941101
Tuesday, Feb. 7	11:00 AM - noon	https://qlobal.gotomeeting.com/join/466173917
Tuesday, Feb. 21	11:00 AM - noon	https://qlobal.qotomeeting.com/join/536799853

Sign up to use OWL E-Learning

Training

Learning Community

Learning Library

Who's Who in Prevention

Prevention Priorities

Home » Training » OWL E-Learning

Owl E-Learning Professional Development Information

Free on-line courses to help earn CEHs!

Members of the Athena Forum are able to participate in FREE online professional development training classes to increase their knowledge and skills. In today's demanding work environment it can be difficult to find time to get the training you need. We developed the Owl E-Learning with you in mind. Continuing education hours will be offered for all completed courses. We will continually add to the online training courses.

Courses have been created by DBHR to include topic areas like:

- Coalition development and maintenance
- Communities That Care community development model
- Community Surveys
- Needs assessment
- Strategic Prevention Framework model implementation
- And many more

Use Owl to develop and manage your skills and knowledge and to acquire the needed professional development training to meet – or continue – your professional credentials. Owl's convenient courses and training programs delivered in an interactive web beset platform allow you to take classes online and at your convenience.

- New Users Activate your FREE OWL account
- Login to Athena to access OWL

In constructing the system and its contents we have consulted with leading experts in the fields of online training, videobased learning and adult learning to ensure that the products we provide can be as effective as possible. We hope you enjoy them!

Questions? Contact the Athena Team at DBHRAthenaTeam@dshs.wa.qov.

When training is posted online, you'll need an OWL account.

Allow time for your activation to be processed.



Deb Schnellman

PREVENTION COMMUNICATIONS



WTSC Annual Grant Solicitation: Deadline February 10, 2017

CPWI Cohort Meeting, January 25, 2017



What is Target Zero?

Target Zero Goal: eliminate traffic fatalities and serious injuries by the year 2030

Washington is building traffic safety partnerships throughout the state. The Target Zero Plan is a strategic roadmap for aligning priorities and leveraging resources to improve traffic safety.

Successful grant proposals will be aligned with the Target Zero priorities and utilize its proven strategies or consist of innovative strategies with an accompanying evaluation plan.

The 2016 revised Target Zero Plan is available at http://targetzero.com/.





Application Priorities

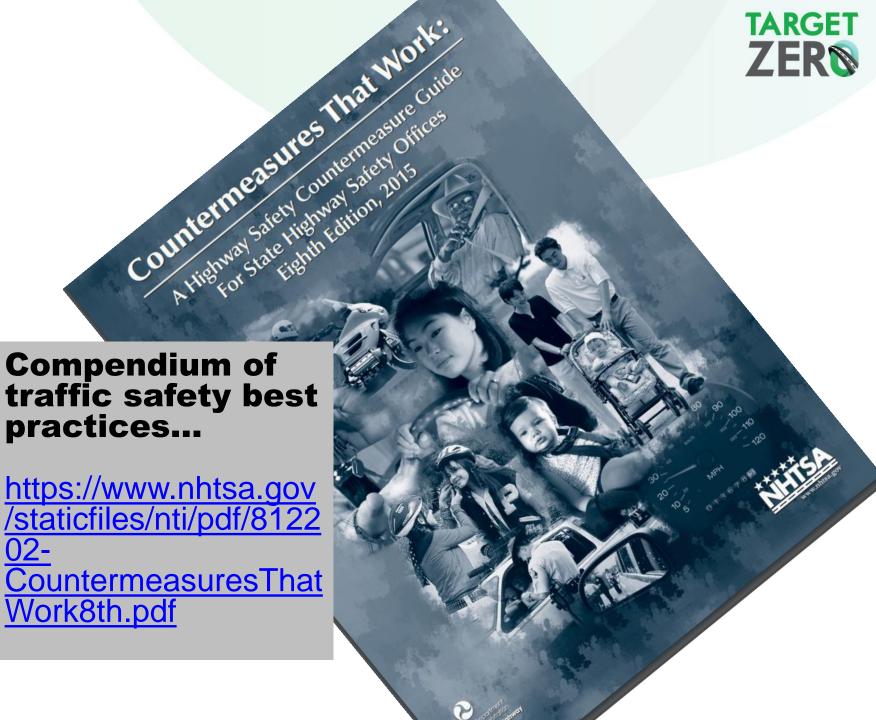


Priority 1	 Impairment involved Intersection related Lane Departure Speeding Involved Young Drivers
Priority 2	 Distraction Involved Motorcyclists Older driver involved Pedestrians Unlicensed driver involved Unrestrained occupants

Application Priorities



Decision and Performance Improvement	 Traffic Data Systems Emergency Medical Services and Trauma Response Evaluation, Analysis, and Diagnosis
Priority 3	 Issues or topic areas associated with fewer fatalities and serious injuries, e.g., wildlife crashes





How Can These Grants Help CPWI Communities?

Develop and grow law enforcement partnerships.

Enforcement-related projects can pay officer overtime for high-visibility law enforcement partnership projects aimed at reducing underage drinking.

 Initiate projects to address issues identified in your strategic plan but not eligible for funding using existing sources.

Find out what information is presently presented about ATOD to students in driver's education and work to improve it. Or, work on establishing community norms about safety restraint usage or impaired driving.



How Can These Grants Help CPWI Communities?

 Increase ability for communities to understand the relationship between ATOD and other public health issues.

Implement a project to reduce the number of impaired pedestrians killed and injured each year in your community.

 Develop youth coalitions that can work on peer-related issues like texting while driving.

Help a youth coalition identify times and locations where people are more likely to use cell phones and other "screens" while they drive and then work to increase awareness of the dangers associated with distracted driving.

Application Overview



Who is eligible to receive WTSC grant funds?

- Washington State agencies
- Federally-recognized tribal governments
- Cities, counties, and their sub-agencies
- Non-profit organizations with existing IRS 501(c)(3) status
- Public schools (and private schools with non-profit status)

What are the minimum qualifications to receive a grant?

Eligible agencies or organizations must be able to:

- Manage public funds efficiently and ethically
- Collaborate with other public, private, and nonprofit organizations
- Effectively monitor and evaluate the outcomes of a project
- Adhere to the State and Federal Terms & Conditions of the grant agreement, including submitting quarterly project reports to the WTSC

How much funding can I request?

Typically, grants range in amounts from \$5,000 to \$150,000.

Can these funds cover salaries?

Yes. However, project expenditures that include salaries should specifically outline how those expenditures further the goals of the project.

Application Overview



What types of costs are allowable under this grant?

- Allowable project costs include:
- Cost to implement strategies designed to address traffic safety problems
- Equipment and materials
- Goods and services
- Training and travel directly related to project goals

What types of costs are not allowable under this grant?

All projects must follow appropriate state and federal funding regulations. Federal regulations prohibit the use of these funds for office furniture, gifts, entertainment, roadway construction, or roadway maintenance.

All costs under this grant must follow the Federal Office of Management and Budget guidelines and 2 CFR Part 200 Subpart E -- Cost Principles.

Are indirect costs allowed?

Yes. However, the WTSC strives to limit the use of funds to direct costs for traffic safety projects.

In order to request the inclusion of indirect costs on a grant award, the organization must provide the WTSC a copy of a cost allocation plan approved by the organization's federal cognizant agency.

Step 1 – WTSC webpage/Grants



Programs & Priorities

Research & Data



Grants

Traffic Laws

Resources

Q



Annual grants

Mini Grants

Overtime

Equipment

Flashing Lights for

Schools

Crossing Guard

Grants - Up to \$300

High School

Impaired Driving

Grant

High School



Apply for Grants

We provide traffic safety grants to state and local government, law en ...



Step 2 – read grant overview/instructions



🔎 2018 Annual Grants Proposal Overview Instructions



2018 Annual Grants Letter from Director

http://wtsc.wa.gov

WTSC Highlights









Step 3 – open WEMS

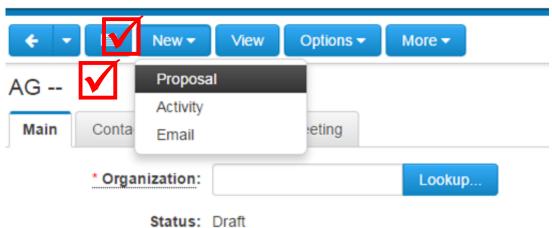
https://wtsc.smartsimple.com/ s_Login.jsp?lang=1&prole=0

Step 4 – Register

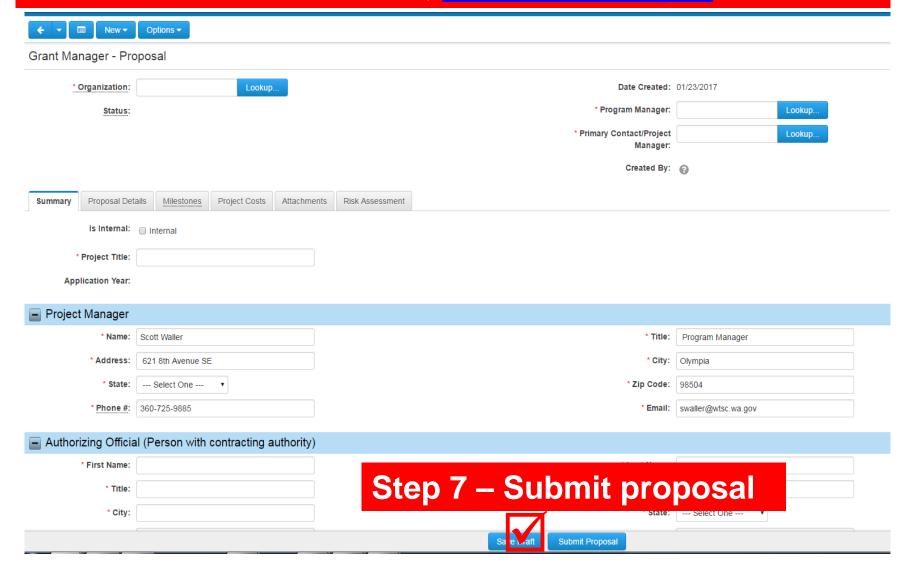
- Register for a user name, Annual Grant
- Find box that says "Start Eligibility Questionnaire. Complete and submit the questionnaire.

Step 5 – Start a proposal...click "New," then "Proposal"





Step 6 – Complete proposal online...find traffic safety data on the WTSC website, www.wtsc.wa.gov



TARGET ZER

Questions?





For more information or to discuss possible project ideas:

Scott Waller, Program Manager Washington Traffic Safety Commission (360) 725-9885 swaller@wtsc.wa.gov





Julia Havens

STRATEGIC PLAN UPDATE REVIEW

Steps

Updated Plan /Budget Templates Coming Soon

Company & Wellness Initiative (CPWI)

Appendix 4: SAMPLE Timeline Comprehensive Strategic Plan Update 2017

The chart below is for reference and is not required to be submitted with the Plan. Each coalition should work directly with their Prevention System Manager to establish your timeline. A Microsoft Word template - has been prepared for your use and can be found at www.theathenaforum.org/sample_timeline_comprehensive_strategic_plan_update_2017

Suggested Timeline to Complete Comprehensive Strategic Plan Update for June 15, 2017

		July 2016	gn	Sep	Oct	Nov	Dec	u.	Feb	Mar	Apr	May	June
	Steps	3 %	4	S	0	z	_	ň	ŭ.	2	⋖	2	_=
Step 1	Develop a timeline for drafting, reviewing, and revising												
	the coalition's Strategic Plan.											Ш	
Step 2	Review this Guide, chapter 4.											Ш	
Step 3	Review Organizational Development of coalition												
	(Getting Started and Capacity Building).											Ш	
Step 4	Review and document how the coalition is organized												
	and functions and any updates or key changes decided												
	upon.											Ш	
Step 5	Review the coalition's Cultural Competency and												
	Sustainability in each section. Document updates.											Ш	
Step 6	The coalition completes the Needs and Resource												
	Assessments (Assessment).	-				L	L	L				Н	_
Step 7	Begin writing summary reports from each of the												
	Assessments.	-		_		<u> </u>	<u> </u>	⊢					
Step 8	Add updates and changes from Assessment to draft of												
	the Updated Strategic Plan.	-				<u> </u>	<u> </u>	⊢					
Step 9	The coalition reviews the first draft of Updated												
	Strategic Plan.	-				L	L	-					
Step 12	The coalition reviews strategies, activities and timelines												
	for implementation. Review and discuss program												
	effectiveness - process and outcome measures.												
	(Planning).	-				L	<u> </u>	-					
Step 13	Update the Plan and Implementation sections of the												
	coalition's Strategic Plan. (Including logic model, Action												
Ct 17	Plan and Budget.) Review coalition's evaluation plan and make necessary	-				H	H	H					
Step 17	revisions.												
C+ 10		-				\vdash	\vdash	\vdash					
Step 18	Update the Executive Summary.	-				H	H	H					
Step 19	The coalition reviews draft of Updated Strategic Plan.												
Step 20	Send a draft of the Updated Strategic Plan and all												
	attachments to DBHR Prevention System Manager.												
Step 21	Make final revisions to the Updated Strategic Plan												
	based on feedback.												
Step 22	Get coalition approval of final Updated Strategic Plan.												
Step 23	Submit Updated Strategic Plan to DBHR by June 15 for												
	review.												
Step 24	Once approved, publicize Plan to coalition, partners,												
	and community. Celebrate!												

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Quick Reference Timeline

DBHR Community Prevention & Wellness Initiative (CPWI)
Community Coalition Guide

Ouick Reference Timeline Overview

A modifiable Microsoft Word document available on Athena at www.theathenaforum.org/quick reference timeline overview cpwi community coalition guide august 2015 update

Now is the time to negotiate timeline for submitting sections to your Prevention System Manager.

Tasks Start date: <u>July 1, 2015</u> Community Name:	Frequency	Due Date Negotiate complete timeline with DBHR based on individual coalition readiness.
Getting Started		readiness.
Register and participate in The Athena Forum website	Ongoing	Within 2 weeks of start
2. Select CPWI Community	ongoing	
a. Submit selection packet	First Year only	Due date TBD for new communities
b. Issue media release	First Year only	Within 60 days from DBHR approval
3. Community Coalition Coordinator (.5 FTE) for each CPWI community		
a. Review Coordinator job description with DBHR	First Year & As needed	Prior to posting
b. Ensure new hire Coordinator has office space in CPWI community	First Year & As needed	Upon new hire
c. Review new hire Coordinator qualifications with DBHR	First Year & As needed	Upon new hire
d. Submit new Coordinator training plan if necessary	First Year & As needed	Upon new hire
e. Ensure Coordinator is working with coalition	Ongoing	Starting July 1 [Start date TBD for new communities]
f. Ensure Coordinator spends at least 80 hours per month on community	Ongoing	Starting July 1 [Start date TBD for new communities]
g. Ensure Coordinator is Certified Prevention Professional (CPP)	Ongoing	According to current status
4. Confirm SAPISP and P-I services	Annually	Within 30 days prior to star of school
Capacity		
Recruit and retain membership		
a. 8 of 12 sectors participating	Ongoing	Starting July 1 [Start date TBD for new communities]
b. Membership section in Strategic Plan	Ongoing & Update 2017	[enter date]
c. Conduct 'Coalition Assessment Tool' (CAT) Coalition member survey	Annually	October
d. Complete 'Community Profile'	First Year & Update 2017	Within 45 days of Plan/ Action Plan Approval
2. Sector Representation Monthly Meetings		
a. Min. 8 sectors participating at least 9 months of the year	Ongoing	Starting July 1 [Start date TBD for new

Beginning on page 17

Strategic Plan Update

Capacity						
1. Recruit and retain membership						
		Starting July 1				
a. 8 of 12 sectors participating	Ongoing	[Start date TBD for new				
		communities]				
b. Membership section in Strategic Plan	Ongoing &	[enter date]				
b. Membership section in Strategic rian	Update 2017	[enter date]				
c. Conduct 'Coalition Assessment Tool' (CAT) Coalition member	Annually	October				
survey	, timbony					
d. Complete 'Community Profile'	First Year &	Within 45 days of Plan/				
d. Complete Community Profile	Update 2017	Action Plan Approval				
2. Sector Representation Monthly Meetings	Ī					
Min. 8 sectors participating at least 9 months of the year	Ongoing	Starting July 1				
a. Will. 6 Sectors participating acreases months of the year	Oligoling	[Start date TBD for new				

Strategic Plan Update

	Tasks	Frequency	Due Date
			communities]
3.	Community coalition member orientation	First Year & As needed	[enter date]
4.	Establish and maintain coalition structure	Ongoing & Update 2017	[enter date]
5.	Engage key leaders in coalition's CPWI efforts	Annually	[enter date]
6.	Gather community information and feedback	Ongoing	[enter date]
7.	Participate in training and technical assistance	Ongoing	
Asse	ssment		
1.	Conduct Needs Assessment		
a.	Establish process for assessment	First Year & Update 2017	[enter date]
b.	Conduct Assessment	First Year & Update 2017	[enter date]
C.	Conduct 'Community Survey'	First Year & Annually	September-December
d.	Prioritize outcomes and write into Strategic Plan	First Year & Update 2017	[enter date]
2.	Conduct Resources Assessment		
a.	Establish process for assessment	First Year & Update 2017	[enter date]
b.	Conduct Assessment	First Year & Update 2017	[enter date]
C.	Prioritize outcomes and write into Strategic Plan	First Year & Update 2017	[enter date]

Remember
Cultural
Competency
and
Sustainability
conversations &
planning in each
step

Community Prevention & Wellness Initiative

All

OPEN FORUM SHARING



Richard F Catalano, Ph.D., Social Development Research Group

CHAPTER 3 OF THE SURGEON GENERAL REPORT ON ALCOHOL, DRUGS, AND HEALTH