

Prevention Programs and Practices for Youth Marijuana Use Prevention (for DMA Prevention Expansion Services)

Note: No less than 85% of DMA funds can be used to support **Evidence-Based** and **Research-Based** Programs and no more than 15% of DMA funds can be used to support **Promising Programs** from the list below.

Evidence-Based & Research-Based Programs

- Communities that Care
- **Family Matters - (adapted for marijuana)**
- Good Behavior Game (GBG)*
- Guiding Good Choices*
- Incredible Years*
- LifeSkills Training - Middle School (Botvin Version; Grades 6, 7, and 8)
- Lions Quest Skills for Adolescence*
- Community-based Mentoring* (Big Brothers Big Sisters, Across Ages, Sponsor-a-Scholar, Career Beginnings, the Buddy System, or innovative design- must be approved by Mentoring Works WA)¹
- Nurse Family Partnership (NFP)*
- Positive Action*
- Project Northland (Class Action may be done as booster)
- Project STAR
- **Project Towards No Drug Abuse**
- **Project Towards No Tobacco Use - (adapted for marijuana)**
- **PROSPER**
- SPORT Prevention Plus Wellness
- Strengthening Families Program: For Parents and Youth 10-14 (Iowa Version) *
- **Strong African American Families**
- **Strong African American Families - Teen**

Promising Programs

- Alcohol Literacy Challenge (ALC)
- Athletes Training & Learning to Avoid Steroids
- Familias Unidas
- keepin it REAL*
- **Keep Safe**
- Parent Management Training*
- Protecting You/Protecting Me
- Raising Healthy Children (using SSDP model)

Environmental Strategies (Promising Programs)

- **Community Trials Intervention to Reduce High-Risk Drinking (adapted for marijuana)**
- Policy Review and Development
- Purchase Surveys coupled with Reward and Reminder
- Restrictions at Community Events
- Social Norms

Notes:

- (*)These programs are also programs with Mental Health Promotion areas of interest and outcomes as found on [NREPP](#).
- **Bold font** denotes a change in program designation from SFY2016 list.
- Case Management in Schools is removed. Communities in Schools with case management emphasis will only be approved for funding if the contractor implemented CIS in SFY2016 with DBHR funding and may count it as an RBP.

¹ All community-based mentoring programs applicants must complete a Mentoring Works WA program survey with application submission.

- Curriculum Based Support Group (CBSG) is removed. CBSG will only be approved for funding if the contractor implemented it in SFY2016 and may count it as a “Promising Program.”

Notes and Resources used in determining this program list:

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- **Pacific Institute for Research and Evaluation,** Sean Hanley, Ph.D.; and
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Washington State Institute for Public Policy (WSIPP), Preventing Youth Substance Use: A Review of Thirteen Programs, September 2014 report http://www.wsipp.wa.gov/ReportFile/1562/Wsipp_Preventing-Youth-Substance-Use-A-Review-of-Thirteen-Programs_Report.pdf

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Washington State Institute for Public Policy (WSIPP), Updated Inventory of Evidence-based, Research-based, and Promising Practices For Prevention and Intervention Services for Children and Juveniles in the Child Welfare, Juvenile Justice, and Mental Health Systems, July 2015 report http://www.wsipp.wa.gov/ReportFile/1609/Wsipp_Updated-Inventory-of-Evidence-based-Research-based-and-Promising-Practices-For-Prevention-and-Intervention-Services-for-Children-and-Juveniles-in-the-Child-Welfare-Juvenile-Justice-and-Mental-Health-Systems_Report.pdf

Environmental Strategy Implementation Fidelity Assessment Guidelines, 2013, [http://theathenaforum.org/sites/default/files/Environmental%20Strategy%20Fidelity%20Assessment%20Guide%20\(with%20footnotes\).pdf](http://theathenaforum.org/sites/default/files/Environmental%20Strategy%20Fidelity%20Assessment%20Guide%20(with%20footnotes).pdf)

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