

## Shuksan Community Network

Goal: Reduce the risk factor of "Family Management Problems"

**Objective:** Increase the number of middle school parents that demonstrate increased family management skills.

Strategy: Parenting Education

Activity/Program	Brief Description	Duration	Intensity	Scope	Target Population	Lead Organization	Responsible Party (ies)	Media Involvement
Name of activity/program	Briefly state the main purpose of the activity	When will this take place? What is timeframe for this activity	How much? How often?	How many people impacted?	Who is this service for?	Which organization is responsible to ensure this happens?	Who is conducting?	How is the media being involved?
Strengthening Families Program	This class will teach family management skills	Anticipated October 2012 start date	2-hour sessions @ 1 per week for 7 weeks	6-10 Families	Ferndale students and parents	WSU Extension	Trained facilitators of the program	Notice sent to media; flyers; Email dissemination

**Goal:** Increase the protective factor of "Bonding"

Objective: Increase the number of youth bonding with an individual exhibiting health beliefs and clear standards

## Strategy: Mentoring

Activity/Program	Brief Description	Duration	Intensity	Scope	Target Population	Lead Organization	Responsible Party (ies)	Media Involvement
Name of activity/program	Briefly state the main purpose of the activity	When will this take place? What is timeframe for this activity	How much? How often?	How many people impacted?	Who is this service for?	Which organization is responsible to ensure this happens?	Who is conducting?	How is the media being involved?
BBBS Mentoring	Youth will bond with healthy mentors through monthly match meetings.	April 2012 – June 2013	1 match meeting per month during academic school year	20-25 youth	Students of Shuksan Middle School	Big Brothers Big Sisters	Trained mentors	BBBS Marketing; School marketing; notice to local media

## Goal: Decrease the risk factor of "Favorable Attitudes Toward the Problem Behavior"

**Objective:** Increase the number of students that are aware of actual alcohol use by peers, the harms of use, and positive alternatives to not using. **Strategy:** Got Pride Inside campaign

Activity/Program	Brief Description	Duration	Intensity	Scope	Target Population	Lead Organization	Responsible Party (ies)	Media Involvement
Name of activity/program	Briefly state the main purpose of the activity	When will this take place? What is timeframe for this activity	How much? How often?	How many people impacted?	Who is this service for?	Which organization is responsible to ensure this happens?	Who is conducting?	How is the media being involved?
Got Pride Inside	Students will develop non-use messages that promote actual use, harms, alternatives, etc.	April 2012 – June 2013	Students meet monthly; message qty./frequency/channel TBD	600 students	Shuksan Middle School students & parents	Whatcom Family & Community Network and Health Department	Students from Shuksan M.S.	School notices; website; local media channels for promotion

Goal: Decrease the perceived "Availability" of alcohol among youth

**Objective:** Support retailer compliance with underage sales laws, checking ID, restricting alcohol marketing, and influencing product placement.

Strategy: Retailer-Directed Interventions (education and Community Assessment of Neighborhood Stores)

Activity/Program	Brief Description	Duration	Intensity	Scope	Target Population	Lead Organization	Responsible Party (ies)	Media Involvement
Name of activity/program	Briefly state the main purpose of the activity	When will this take place? What is timeframe for this activity	How much? How often?	How many people impacted?	Who is this service for?	Which organization is responsible to ensure this happens?	Who is conducting?	How is the media being involved?
Retailer Education & CANS	Youth will assess stores (advertising, product placement, etc). Retailer education will be paired with CANS.	April 2012 – June 2013	10-15 stores	5,587	Store owners, managers, employees; participating students	Whatcom Family & Community Network and Health Department	Trained students	Release to the media