

AGENDA

State Prevention Enhancement (SPE) Policy Consortium

May 18th, 2026; 1:00 – 4:00 PM

Microsoft Teams

[Join the meeting now](#)

Meeting ID: 256 832 053 296 0

Passcode: iR6TT3A5

Agenda

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| 1:00 | Introductions and Announcements <ul style="list-style-type: none">• New Member and Guests – Welcome<ul style="list-style-type: none">○ Connection Breakout Rooms<ul style="list-style-type: none">▪ Prompt: <i>What annual events or festivals do you look forward to?</i>• Observances and Announcements<ul style="list-style-type: none">○ May Observances<ul style="list-style-type: none">▪ Mental Health Awareness Month – MH America Site▪ National Women’s Health Month – SOPHE Site▪ Better Sleep Month – Better Sleep Council Site○ June Observances<ul style="list-style-type: none">▪ Pride Month – WA Events Calendar▪ PTSD Awareness Month – Stress.org Information▪ National Men’s Health Month – NAMI Site○ Announcements<ul style="list-style-type: none">▪ Bree Collaborative: Topic Selection Survey▪ <i>Others? Please share!</i> | <i>Sarah Mariani HCA, Allen Christensen DOH</i> |
| 1:30 | Rural Reality Check: Rural Needs Assessment <ul style="list-style-type: none">• Purpose and Process• Assets Available• Findings and Implications• Discussion – Q&A | <i>Abigail Wells, Rural Network</i> |
| 2:00 | 2025 Healthy Youth Survey Highlights <ul style="list-style-type: none">• Background and Implementation• Key Findings• Products and Using Results | <i>Jaymie Vandagriff, HCA</i> |
| 2:30 | 5 MINUTE BREAK | |

2:35	YCCTPP Strategic Planning • Background • Timeline • Q&A	Katherine Zavala, DOH
2:50	Opioid Prevention Workgroup • Recent progress • Future goals • Invitation to Participate	Erin Lamouret, HCA
3:30	Workgroup Updates • Mental Health Promotion and Suicide Prevention • Problem Gambling • Washington Breathes • WHY Coalition • Young Adults	Workgroup Leads
4:00	Adjourn	

Upcoming Schedule

Month	Workgroup Presentation	Other Topics
September 15 th	All workgroup check-in	• LCB Data Dashboard • Provider Education - WSU • <i>Check In</i> Program Update – UW
November 17 th	MH Promotion & Suicide Prevention	• Cannabis Eval Report Update – WSIPP • 2026 Legislative Session Prep - SPE Members
January 26 th 2026	N/A	• Legislative Check In – SPE Members • Child Wellness Survey Report – DOH • Washington Thriving Strategic Plan – DBHR/P25 • Collaboration with Law Enforcement – NWHIDTA
March 16 th	Problem Gambling Prevention	• Legislative Check In – SPE Members • Washington Thriving and SPE – DBHR/P25 • SHIP Alliance Update – DOH
May 18 th	Opioid Prevention	• Strategic Plan Update Discussion • Rural Needs Assessment – Rural Network • HYS Results – HYS Team (HCA/DOH/OSPI/LCB)
July 20 th	TBD	• 5-Year Strategic Plan Update – SPE Co-chairs • Okanogan Prevention - TBD
September 21 st	TBD	•

Please **submit ideas** or **suggestions** for meeting presentations to isaac.wulff@hca.wa.gov.

Your support and collaboration are appreciated.