

## AGENDA

State Prevention Enhancement (SPE) Policy Consortium

July 20<sup>th</sup>, 2026; 1:00 – 4:00 PM

### Microsoft Teams

[Join the meeting now](#)

Meeting ID: 256 832 053 296 0

Passcode: iR6TT3A5

### Agenda

- |      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                 |
|------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------|
| 1:00 | <b>Introductions and Announcements</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | <i>Sarah Mariani HCA, Allen Christensen DOH</i> |
|      | <ul style="list-style-type: none"><li>• New Member and Guests – Welcome<ul style="list-style-type: none"><li>○ Connection Breakout Rooms<ul style="list-style-type: none"><li>▪ <b>Prompt:</b> What's your favorite place to swim (or wade)?</li></ul></li></ul></li><li>• Observances and Announcements<ul style="list-style-type: none"><li>○ July Observances<ul style="list-style-type: none"><li>▪ <b>BIPOC Mental Health Month</b> – <a href="#">MHA Website</a></li><li>▪ <b>7/24: International Self-Care Day</b> – <a href="#">Global Self-Care Federation</a></li></ul></li><li>○ August Observances<ul style="list-style-type: none"><li>▪ <b>8/31: International Overdose Awareness Day</b> – <a href="#">CDC Toolkit</a></li><li>▪ <b>National Immunization Awareness Month</b> – <a href="#">AAI Website</a></li></ul></li><li>○ Announcements<ul style="list-style-type: none"><li>▪ SPE Co-Chairs, Workgroup Leads</li><li>▪ <i>Others? Please share!</i></li></ul></li></ul></li></ul> |                                                 |
| 1:30 | <b>Bree Collaborative: Overview and Opportunities</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <i>Beth Bjokov, Emily Nudelman</i>              |
|      | <ul style="list-style-type: none"><li>• Background, Structure, and Purpose</li><li>• Current Projects</li><li>• Discussion and Ideas</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                 |
| 2:10 | <b>SPE 5-Year Strategic Plan Update</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <i>Co-Chairs</i>                                |
|      | <ul style="list-style-type: none"><li>• Sarah: SPE History and Context</li><li>• Allen: Future Planning Vision</li><li>• Both: Request for feedback on participation</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                 |
| 2:30 | <b>5 MINUTE BREAK</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                 |
| 2:35 | <b>Strategic Plan Part 2 (if needed)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | <i>Co-Chairs</i>                                |
|      | <ul style="list-style-type: none"><li>• Any remaining thoughts or questions on planning process</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                 |
| 3:00 | <b>Workgroup Updates</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | <i>Workgroup Leads</i>                          |

- Mental Health Promotion and Suicide Prevention
- Opioid Prevention
- Problem Gambling
- Washington Breathes
- WHY Coalition
- Young Adults

3:30

Adjourn

### ***Upcoming Schedule***

| <b>Month</b>                  | <b>Workgroup Presentation</b>     | <b>Other Topics</b>                                                                                                                                                                                                                                   |
|-------------------------------|-----------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| September 15 <sup>th</sup>    | All workgroup check-in            | <ul style="list-style-type: none"> <li>• LCB Data Dashboard</li> <li>• Provider Education - WSU</li> <li>• <i>Check In</i> Program Update – UW</li> </ul>                                                                                             |
| November 17 <sup>th</sup>     | MH Promotion & Suicide Prevention | <ul style="list-style-type: none"> <li>• Cannabis Eval Report Update – WSIPP</li> <li>• 2026 Legislative Session Prep - SPE Members</li> </ul>                                                                                                        |
| January 26 <sup>th</sup> 2026 | N/A                               | <ul style="list-style-type: none"> <li>• Legislative Check In – SPE Members</li> <li>• Child Wellness Survey Report – DOH</li> <li>• Washington Thriving Strategic Plan – DBHR/P25</li> <li>• Collaboration with Law Enforcement – NWHIDTA</li> </ul> |
| March 16 <sup>th</sup>        | Problem Gambling Prevention       | <ul style="list-style-type: none"> <li>• Legislative Check In – SPE Members</li> <li>• Washington Thriving and SPE – DBHR/P25</li> <li>• SHIP Alliance Update – DOH</li> </ul>                                                                        |
| May 18 <sup>th</sup>          | Opioid Prevention                 | <ul style="list-style-type: none"> <li>• Strategic Plan Update Discussion</li> <li>• Rural Needs Assessment – Rural Network</li> <li>• HYS Results – HYS Team (HCA/DOH/OSPI/LCB)</li> </ul>                                                           |
| July 20 <sup>th</sup>         | All Workgroup Update              | <ul style="list-style-type: none"> <li>• Bree Collaborative Overview</li> <li>• 5-Year Strategic Plan Update – SPE Co-chairs</li> </ul>                                                                                                               |
| September 21 <sup>st</sup>    | TBD                               | <ul style="list-style-type: none"> <li>• 5-Year Strategic Plan Update – SPE Co-chairs</li> </ul>                                                                                                                                                      |

Please **submit ideas** or **suggestions** for meeting presentations to [isaac.wulff@hca.wa.gov](mailto:isaac.wulff@hca.wa.gov).

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Your support and collaboration are appreciated.