

# Prevention Provider Meeting

Hosted by: Division of Behavior Health and Recovery

Wednesday, April 22, 2026

9:05 – 11 a.m. Prevention Provider Meeting

11 a.m. – noon Young Adult Health Survey

# Question of the day!

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*Type into chat:*

**What is a piece of feedback that changed how you approached your work?**



# Today's Agenda

Time	Topic
9:05-9:15 a.m.   10 minutes	<b>Welcome / New Providers &amp; SAMHSA Introductions</b> – <i>Codie Garza</i>
9:15-9:45 a.m.   30 minutes	<b>Statewide Updates</b> - <i>DBHR Prevention &amp; Promotion Section</i> <ul style="list-style-type: none"><li>• Prevention budget</li><li>• EBP workgroup</li><li>• Local services</li><li>• Workforce development...and more!</li></ul>
9:45-10:05 a.m.   20 minutes	<b>Retirement savings program</b> - <i>Heidi Iyall</i>
9:55-10:50 a.m.   45 minutes	<b>Discussion with SAMHSA &amp; Success Stories</b> - <i>Sarah Mariani</i>
10:50-11 a.m.   10 minutes	Break
11-11:50 a.m.   50 minutes	<b>Washington's Young Adult Health Survey: Findings Across 12 Cohorts</b> - <i>Jason Kilmer</i>
11:50 a.m.-noon   10 minutes	<b>Closing</b> – <i>Codie Garza</i>

# Prevention Provider Meetings

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Month	Date	Platform	Athena Forum Calendar Link
May	May 27	MS Teams	<a href="#">Training and events calendar   The Athena Forum</a>
August	August 26	MS Teams	<a href="#">Training and events calendar   The Athena Forum</a>
September	September 23	MS Teams	<a href="#">Training and events calendar   The Athena Forum</a> (Annual Contractor Meeting)

# welcome

*Please raise your hand or type into the chat if you are new to the Prevention community and we would love to welcome you!*

# Introducing SAMHSA Guests

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- ▶ Lauren Thompson
- ▶ Kameisha Bennet
- ▶ Gail Taylor
- ▶ Sharon Barnett
- ▶ Stephanie Mooneyham

# Statewide Updates

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SUD Prevention and MH Promotion Section |  
HCA/DBHR

# Budget Updates

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- ▶ Federal Budget
- ▶ State Budget



# Mental health awareness month: Highlighting “Third Places”

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▶ Third Places are spaces outside of home, work, and school where people connect, build relationships, and feel a sense of belonging.

▶ Examples:

- ▶ Libraries
- ▶ Youth centers
- ▶ Parks and community spaces
- ▶ Tribal and cultural gathering spaces
- ▶ Recovery cafés

▶ How can you participate

- ▶ Share a “third place” from your community
- ▶ Encourage youth, families, and partners to submit
- ▶ Highlight spaces that support connection & belonging

Please contact [Jennifer Peterson](#) to learn more and participate.

# National Drug Take Back Day

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## Links:

[Athena Announcement Information](#)  
[Starts with One Safe: Disposal Toolkit](#)

Come off mute or write in the chat!

- ▶ What does your community have planned?
- ▶ What strategies are you using to prepare your community for the event this weekend?

# Healthy Youth Survey Updates

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- ▶ Preparing for April 2026 press release + results

- ▶ Projected for April 30 (if delayed, will notify asap)
- ▶ Recorded results webinar:
  - ▶ Thurs May 14, 3-5pm
  - ▶ Recording will be posted to [AskHYS.net](https://www.askhys.net)
  - ▶ [Register in advance](#) via Zoom



- ▶ Reminder that external 2027 revision process is paused

- ▶ *Feel free to submit feedback here:*  
[https://lgan.qualtrics.com/jfe/form/SV\\_5dUI6jnnaNgM30a](https://lgan.qualtrics.com/jfe/form/SV_5dUI6jnnaNgM30a)

# What is the EBPW Purpose?

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Maintain a sustainable, and replicable process for reviewing program evidence and determining evidence status.



Ensure the process and results are transparent, equitable, and grounded in research, practice-based insights, and system relevance.



EBP Workgroup has primary responsibility for facilitating and maintaining this process, with DBHR staff shifting to a supportive liaison role.

# EBPW Overview of Core Functions\*



**Program Nomination** (15%)



**Evidence Review & Status Decisions** (70%)



**Survey Review** (5%)



**EBP Consultation** (10%)

\*percentages are tentative estimates of the proportion of work and are subject to change

# EBPW Annual Time Commitment *estimates*

Member responsibility	Sept-Oct	Nov-March	April-June	July-August
Meetings	1 hour per month	2 hours	1 hour	2 hours
Document review & meeting prep	Up to 1 hour per month	1-2 hours	Up to 1 hour	1-2 hours
Individual action items	Up to 1 hour per month	1-2 hours	Up to 1 hour	1-2 hours
Totals	1-3 hours per month	4-6 hours	1-3 hours	4-6 hours

# Local Services Updates

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- ▶ **Community Survey:** Implementation happening now through July. Great efforts thus far!

All Communities					
Total	English	Spanish	Total	Target	Target %
Total # of Responses	4160	255	4415	15545	28%

- ▶ **CPWI and CBO Site Visits:** Happening now! Thank you for your work to prepare for these and host us in your communities.
- ▶ **CPWI SFY 2027 allocations:** Under draft and anticipated now in early May. Have questions? Contact your manager!

# Workforce Development Updates

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Codie Garza | Prevention Supervisor



*Congrats to everyone who has recently obtained or renewed their CPP!*

# Strategic Planning Training Series

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## Basic Knowledge & Capacity

4/2/26: Building Culture of Participation – [recording available on Athena](#)

5/4/26: Processing Skills and Effective Meetings – [registration now available](#)

## Assessment

6/1/26: Needs Assessment and How to Use Data

6/22/26-6/24/26 (CLI): Resource Assessment / Gap Analysis – previous training available on [Athena](#)

9/14/26: Planning and Program Selection

9/23/26: Developing a Monitoring Plan for your Strategic Plan

10/8/26: Data Book Training – previous materials available on [Athena](#)

## Planning

6/22/26-6/24/26 (CLI): Coalition Development Series: Logic Model Clinic

6/22/26-6/24/26 (CLI): Community Planning – previous training available on [Athena](#)

## Implementation

10/27/26-10/29/26 (Prevention Summit): Effective Implementation

## Evaluation

12/26 or 1/27: Reporting and Evaluation – previous training available on [Athena](#)

DON'T FORGET!

Join us for a Community of Practice  
at our 3<sup>rd</sup> hour of Provider Meeting!

May - December 2026

# Kratom Webinar

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## **Kratom: What Prevention Professionals Should Know**

Hosted by Northwest HIDTA, Cle Elem Cascade Prevention Coalition, West Spokane Wellness Partnership and WASAVP.

Monday May 11<sup>th</sup> 10am-11:30am

Register with this link: <https://events.gcc.teams.microsoft.com/event/cfa41971-f290-4a49-9a88-e01fa12b8ad1@c5bafcc0-67f8-4669-8d3a-6fb1eee08680>

### **The webinar will provide:**

- ▶ General understanding of kratom and 7-OH and their effects.
- ▶ Nationwide and state-specific trends.
- ▶ Evidence-informed strategies for prevention.
- ▶ Insights from panelists involved in successful local kratom prevention policies in Washington.

# Minerva 2.0 New User Training School-based services kickoff

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## Training Kickoff

### **Coalition Leadership Institute (CLI)**

June 22, 2026: Minerva orientation during Day 1

### **New User Training Option 1, exclusive to ESDs and SAPs**

September 8 and 10, 2026 from 9:05-4:30 p.m. and September 11 from 9:05-12 p.m. (Tuesday, Thursday, Friday)

### **SAP New User Training Option 2, exclusive to ESDs and SAPs**

October 13 and 15, 2026 from 9:05-4:30 p.m. and October 16 from 9:05-12 p.m. (Tuesday, Thursday, Friday)

## Future Training

### **Quarterly New User Training, open to all new users. Third day of training only required for SAPs**

November 10 and 12, 2026 from 9:05 a.m. – 4:30 p.m., and November 13 from 9:05 a.m. – 12 p.m.

### **Quarterly New User Training, open to all new users. Third day of training only required for SAPs**

February 9 and 11, 2027 from 9:05 a.m. – 4:30 p.m., and February 12 from 9:05 a.m. – 12 p.m.

### **Quarterly New User Training, open to all new users. Third day of training only required for SAPs**

May 11 and 13, 2027 from 9:05 a.m. – 4:30 p.m., and May 14 from 9:05 a.m. – 12 p.m.

## Optional Early Access

### **Quarterly New User Training, open to all new users. This option does not include new Minerva features**

May 12 and 14, 2026 from 9:05 a.m. – 4:30 p.m.

### **Quarterly New User Training, open to all new users. This option will only cover a third day if Task Order 2 representatives register**

August 11 and 13 from 9:05 a.m. – 4:30 p.m., and August 14 from 9:05 a.m. – 12 p.m.

Visit [theathenaforum.org/mist](https://theathenaforum.org/mist) for more information.

# Spring Youth Forum Update

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- ▶ 41 Youth Teams have been accepted to present at the Forum!
  - ▶ Youth Teams completed scholarship applications for a chance to be accepted to the Spring Youth Forum
- ▶ Mandatory Team Adult Advisor & Chaperone Meeting:
  - ▶ Webinar: Tuesday, May 12<sup>th</sup> at 11:00AM
  - ▶ In-person: Tuesday, May 19<sup>th</sup> at 7:15AM
- ▶ Conference website has been updated:
  - ▶ More information available at:  
[www.SpringYouthForum.org](http://www.SpringYouthForum.org)
  - ▶ Join our List Serv for updates by emailing us at: [SYF@enroutenw.com](mailto:SYF@enroutenw.com)



# Coalition Leadership Institute 2026

June 22-24, 2026

At Evans Hall – Evergreen State College

- ▶ Draft of Day 1 agenda available!
- ▶ Virtual option *via MS Teams* is available from 1:00 – 3:30pm.
  - ▶ Networking from 3:30 – 4:30pm is in-person only, no virtual option.
- ▶ Times for Days 2 & 3 are shown in light blue section at bottom of agenda.

Time	Agenda Item	Description
1:05-1:10 p.m. <i>5 minutes</i>	<b>Welcome</b>	<ul style="list-style-type: none"> <li>• Welcome to Day 1 of the Coalition Leadership Institute!</li> </ul>
1:10-2:30 p.m. <i>80 minutes</i>	<b>Minerva 2.0 Orientation:</b> Getting started with school-based services reporting	<ul style="list-style-type: none"> <li>• <b>Required</b> for Educational Service District (ESD) representatives</li> <li>• CPWI coordinators, new providers, and/or other CLI attendees who are interested can listen in</li> </ul>
2:30-2:40 p.m. <i>10 minutes</i>	<b>Break</b>	<ul style="list-style-type: none"> <li>• Break and transition to second part of the afternoon</li> </ul>
2:40-3:15 p.m. <i>35 minutes</i>	<b>Statewide Updates</b>	<ul style="list-style-type: none"> <li>• Round robin statewide updates from Section leadership</li> <li>• <b>Required</b> for representatives from both prongs of CPWI</li> </ul>
3:15-3:30 p.m. <i>15 minutes</i>	<b>Closing</b>	<ul style="list-style-type: none"> <li>• Closing for Day 1 and prepare for Day 2</li> </ul>
3:30-4:30 p.m. <i>60 minutes</i>	<b>Optional Networking*</b> <i>*in-person only</i>	<ul style="list-style-type: none"> <li>• Join us in-person for optional networking with some group table discussions!</li> </ul>
<p>Agendas for Days 2 and 3 will be provided by the University of Washington. Both days are required for CPWI Coordinators and will focus on CPWI Strategic Planning. <i>Please hold the following dates and times.</i></p> <ul style="list-style-type: none"> <li>- Tuesday, June 23, 2026: 9 a.m.- 5 p.m.</li> <li>- Wednesday, June 24, 2026: 9 a.m.-4:15 p.m.</li> </ul>		

# Coalition Leadership Institute 2026

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- ▶ What will be covered: Resources assessment/gap analysis, developing a logic model & building coalition capacity to select evidence-based programs that meet community needs.
- ▶ Things to note for travel planning:
  - ▶ No hotel lodging blocks held; attendees should plan to inquire with nearby hotels about per-diem rooms availability.
  - ▶ Meals will not be provided on-site; Coffee, tea and hot water available throughout the days.
    - ▶ Attendees will have access to on-campus cafeteria and café. Credit/Debit card transactions only, no cash.
- ▶ Parking will be available to attendees on campus lots; HCA will be sharing parking links as we get closer to CLI and at check-in.
- ▶ Campus is also accessible to the Thurston County bus system (Intercity Transit).



# Retirement Savings Program

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Heidi Iyall | Washington State Department of  
Financial Institutions



# Empowering a Secure Future

A state-facilitated savings program helping workers and small businesses build financial stability—one paycheck at a time.

**Prevention Providers Meeting**  
April 22, 2026

**Heidi Iyall**  
Outreach and Marketing Coordinator  
Washington Saves | Department of Financial Institutions

# The Problem



## Introducing the Retirement Savings Gap

- 1.2 million WA workers do not have access to retirement benefits through their employer.
- Gap persists based on age, income, education, race/ethnicity, and gender.
- Historical policies excluded many workers from wealth-building opportunities.
- Present-day barriers continue the legacy of harm.
- Social and economic conditions are a primary determinant of health and wellbeing

# A Solution



## Introducing the Washington Saves Retirement Savings Program

- Workers are **15x more likely** to save for retirement using payroll deduction.
- Senate Bill 6069 establishes a retirement program for workers whose employers don't offer a workplace plan.
- Program anticipates opening July 1, 2027.
- Self-employed, or those working for a non-mandated employer, can enroll as individuals.

# Employer Requirement



State law requires employers to register and participate in Washington Saves if they meet the following criteria:

- Have operated in Washington for two or more years,
- Have a physical presence in Washington,
- Employed workers who together worked at least 10,400 hours in the previous calendar year, *and*
- Do not offer a qualified retirement plan.

# Saver Highlights



Employees are automatically enrolled. They can opt out or back in anytime.



Employees choose how much to save or use the default rate. They can change the amount anytime.



Employees choose an investment option that is managed to build wealth over time.



Accounts are portable and stay with workers as they change jobs.

# Supporting Employees



Save Today. Thrive Tomorrow.



## Lower Barriers to Save

- Automatic enrollment, easy opt-out option
- Low fees, simple enrollment
- Portable accounts that follow workers
- Built for consistent, long-term savings



## Restore Trust

- Flexible contributions, strong protections
- Public oversight and accountability
- Clear, respectful communication



## Build Generational Wealth

- Complements Social Security
- Eligible for Saver's Match
- Helps withstand financial shocks
- Consistent saving builds wealth over time with compound interest

# Financial Wellness Providers



**Department of Financial Institutions (DFI)** – Offers online and in-person financial education presentations, workshops, and printed resources (in English and Spanish).

➤ <https://dfi.wa.gov/financial-education/financial-education-and-resources-dfi>



**Financial Empowerment Network** – Lists providers who offer financial wellness services, which include individual financial coaching, financial counseling, credit counseling, and/or financial education classes.

➤ <https://www.fenwa.org/financial-wellness-providers>

# Ways to Connect



## Identify opportunities to educate businesses and savers in your community

- Help us connect with business organizations and financial wellness providers
- Host presentations or workshops
- Recommend small businesses for the pilot program in early 2027

## Stay up-to-date with program developments

- Sign up for email updates at [www.wasaves.com](http://www.wasaves.com)
- Email questions or suggestions to [info@wasaves.wa.gov](mailto:info@wasaves.wa.gov)
- Follow us on our socials:



# Success Stories

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Kasey Kates | Prevention Supervisor | HCA/DBHR

# Community Success Stories

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## Spokane bans sale of kratom

*With a 6-1 vote, the City of Spokane has passed ordinance to **ban the sale of kratom**, awaiting the Mayor signature. Pointing to advertisements outside of high schools, warnings from local health officials and law enforcement, and a recent string of overdoses connected to kratom extracts, Mayor Lisa Brown stated, "**We think it's clearly the right thing to do for public health and especially the protection of young people.**"*

***West Spokane Wellness Partnership**, a CPWI coalition, worked diligently with community volunteers to advocate for the change and educate local lawmakers.*

*[View the full Spokesman-Review news article to learn more.](#)*



# FROM COALITION TO POLICY: PASSING A KRATOM PROHIBITION

How We Did It. What We Faced. What Worked. What's Next.



## OUR STEPS TO A PASSED ORDINANCE



## HAPPENING AT THE SAME TIME: COMMUNITY OUTREACH & EDUCATION



**PUBLISHED AN EDITORIAL OP-ED IN THE INLANDER**  
Raised awareness and built momentum.



**HOSTED A COMMUNITY TOWN HALL**  
Shared facts, heard from community members, and strengthened support.

# Steps Taken To Implement The Policy

### ⚠️ CHALLENGES WE FACED



**CITY COUNCIL MEMBER SAID:**  
*"Kratom is a harm reduction and MAT tool.*  
Proposed an amendment to weaken the prohibition.



**KRATOM ASSOCIATIONS**  
Actively lobbied against prohibition.



**PEOPLE WHO USE KRATOM**  
Shared that they use Kratom to treat and manage their pain.



**HARM REDUCTION COALITION**  
Raised concerns about taking away access and reducing harm.



### SUCCESSES WE CELEBRATE



**PASSED PROHIBITION ORDINANCE**  
A strong public health win.



**IMMEDIATE BUY-IN FROM CITY LEADERS**  
Mayor's office and policymakers were engaged and supportive early on.



**RETAILERS SPOKE UP**  
Shared personal testimony about their experiences with Kratom and the impact on their customers.



**TREATMENT & RECOVERY PROVIDERS SPOKE PUBLICLY**  
Shared personal testimony about the challenges they have seen in detox and withdrawal from Kratom.



**LIVED EXPERIENCE MADE AN IMPACT**  
People personally affected by Kratom shared powerful stories that moved decision-makers.



### AREAS FOR GROWTH OR ADDITIONAL CONSIDERATION



#### CITY MITIGATION PLANS

Plan for implementation, enforcement, and evaluation to reduce unintended harms.



#### EQUITY MAPPING ASSESSMENT

Ensure outreach, education, and policy enforcement reach and protect all communities, especially those most impacted. People were concerned we were taking away access.



### KEY TAKEAWAY:

Strong champions, clear policy, strategic partnerships, and community engagement turned a vision into a passed ordinance.

# Community Success Stories

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## H.O.P.E. Wilbur-Creston Communities Coalition

*The CPWI community in Wilbur (Lincoln County) recently celebrated a milestone as the H.O.P.E. Wilbur-Creston Communities **Coalition received an award at a Wilbur Chamber of Commerce meeting.** The recognition honors the coalition's commitment to engaging youth through creative activities at community events and schools, while fostering connection and strengthening the community. Especially notable for a newer organization, the coalition has built trust through consistent involvement since receiving CPWI funding. **Joining the Chamber of Commerce further reflects its dedication to partnership and service, making the community's recognition a meaningful acknowledgment of its impact.***



WILBUR - CRESTON COMMUNITIES  
Healthy Opportunities and Prevention Education

# Community Success Stories

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## South Whidbey CARES Coalition

*On South Whidbey Island (Island County), planning continues for the next iteration of National Take Back Day in April, despite the recent withdrawal of support for the event from federal funders. The South Whidbey CARES coalition in partnership with the Langley Police Department have continued to innovate and expand this event due to the popularity of previous years, and the high number of seniors on the island who lack other means of safe medication disposal. The official South Whidbey Take Back Day mascot Remington the Bulldog will be present, all smiles as usual.*



**SOUTH WHIDBEY  
C.A.R.E.S  
COALITION**

# Community Success Stories

## From an ESD 112 Student Assistance Professional in a Middle School

*"The students had papers at all our lunches asking students these 2 questions. " **I feel seen when...**" and " **I feel respected when...**" We then took the notes and made a bulletin board with them. We presented a small poster of some of the student's statements, and then asked the **key leaders and parents present at the event to respond with the statements, " You are seen when..." and " I respect you because..."** After the event we added the community members statements to our bulletin board at school."*

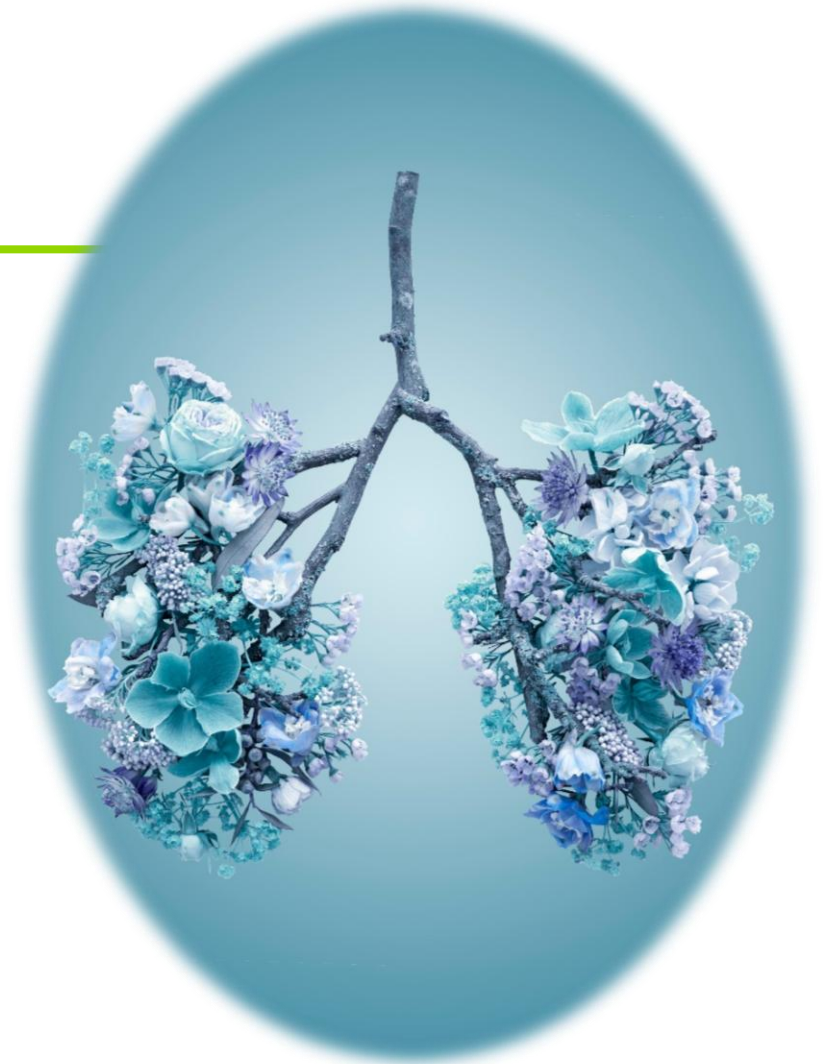


# Community Success Stories

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## Letter from an 8<sup>th</sup> grade student in ESD 112

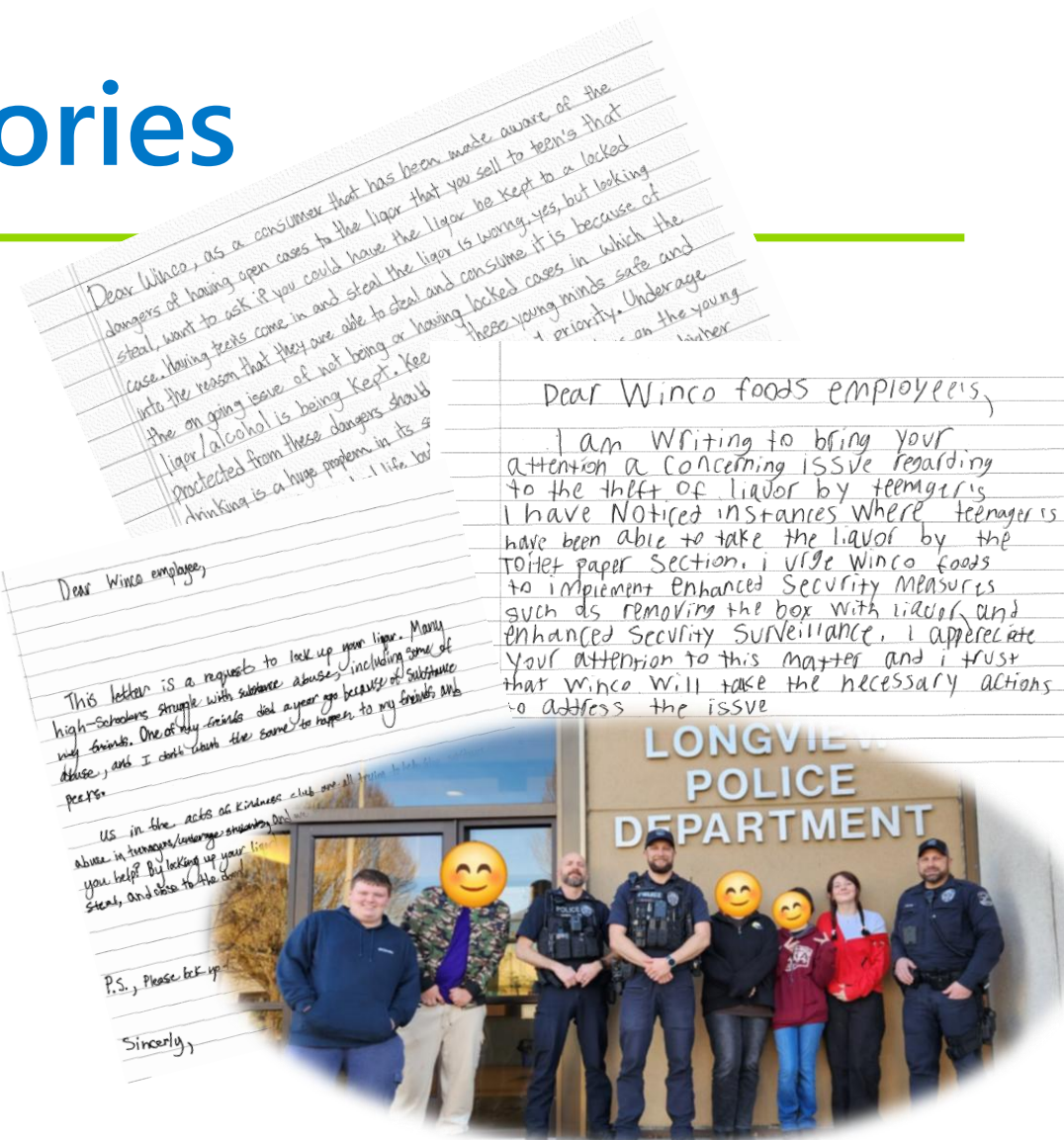
*" I really wanted to quit vaping. I was tired of hiding it from my mom and getting in trouble for it. I thought it would be impossible to quit because I had done it so long. But now I have not vaped in weeks. My lungs feel so much better. My friends are happy for me; I don't have to hide anything from my mom anymore. **Getting help and support from you has made a huge difference for me.** I'm helping a couple of my friends now who want to quit."*



# Community Success Stories

## Story from an ESD 112 Student Assistance Professional in a High School

*“Prevention is key: Locking up Alcohol to Protect teens is a project that **partnered with several major retailers in Southwest Washington to successfully remove alcoholic beverages from the sales floor and place them in a secure and monitored location.** This project became our group’s passion two years ago when we learned about three local youth who had experienced alcohol poisoning after obtaining alcohol from a local retailer that did not lockup their alcohol.”*





Join us for the third hour!

# Washington's Young Adult Health Survey: Findings Across 12 Cohorts

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Jason Kilmer PhD | Professor | University of Washington

# Q&A

# Statewide Updates

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Questions	Answers
Can you share your contact information for Allen Christensen?	Allen Christensen – Director, Office of Healthy and Safe Communities Washington Department of Health <a href="mailto:Allen.Christensen@doh.wa.gov">Allen.Christensen@doh.wa.gov</a>
Athena announcement coming soon, and here is a direct link to register for the HYS 2025 results webinar – it will be recorded if you can't make it!	<a href="https://us02web.zoom.us/webinar/register/WN_faLzce9sT9mjW6c1NoXrfq">https://us02web.zoom.us/webinar/register/WN_faLzce9sT9mjW6c1NoXrfq</a>
What does EBPW Stand for?	Evidence Based Practice Workgroup

# Workforce Development Updates

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Questions	Answers
Can the CPP exam be made relevant to the SAP role at some point?	YES! Please register CPWI folks for the Processing Skills and Effective Meetings!
For future Minerva 2.0 New User Trainings and further information, please visit:	<a href="#">September New User Training</a> <a href="#">October New User Training</a> <a href="#">Athena Calendar</a> <a href="#">Transition website</a> (not published yet)
Can you share which Campus buildings CLI will be at?	We will be at Evans Hall on-campus.
Can you confirm the required date for ESD's?	ESDs are only required to be present on Day 1, June 22.

# Retirement Savings Program

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Questions	Answers
Are you or your team members able to table or present at events?	Yes! We looking for opportunities to do some outreach and share via presentations or tabling at events
For further information about outreach opportunities contact Heidi Iyall	<a href="mailto:heidi.iyall@dfi.wa.gov">heidi.iyall@dfi.wa.gov</a>

# Success Stories

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Questions	Answers
Sarah McNew - West Spokane Wellness Partnership	<a href="mailto:smcnew@esd101.net">smcnew@esd101.net</a>
Don't forget about the Discussion Forum on Athena. You all can share how you get stuff done there for all to access too!	<a href="https://theathenaforum.org/providers/discussion-forum">https://theathenaforum.org/providers/discussion-forum</a>

# Washington's YA Health Survey

Questions	Answers
In those trends of 18–20-year-olds and 21–25-year-olds, are there specific age groups that run numbers really high?	It would be interesting by simply running an analysis year by year.
Can you clarify the 70% didn't use cannabis and 30% that did use cannabis?	Yes! The data shown was about the percentage of individuals who were driving after cannabis use within the past 30 days
Are there other data sets in other states that have efforts in cannabis use?	Yes! Vermont in the past have actively presented about young adults. Other states have also started reaching out to ask how they can do what we do
Thinking about the story and qualitative, are there plans to follow up and/or do focus groups to gather stories of trends?	I've heard rumbling to do that. Partners in King County do listening session for qualitative stories.

# Washington's YA Health Survey

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Questions	Answers
What happened in middle school that prepared the 12 <sup>th</sup> cohort to decrease those numbers? What is your advice to people that are working with K-12 ages kids to set them up for success?	The state is investing in middle and high schools. We hear more college campus engaging with their students .
Additional link:	<a href="https://www.moststeerclear.org/">https://www.moststeerclear.org/</a>