

Support Group Types

The Support Group Type field appears in the Plan channel within the Cohorts sub-channel. This field is required when “Yes” is selected for “Is this a support group?”

Support Group Types reflect **common categories of group-based services** students receive within Community Prevention and Wellness Initiative (CPWI) school-based services. These options are specific to selective and indicated group-based services, and do not include universal services (e.g., student-led services, student clubs, or newcomer groups), which are reported differently.

Type	Definition
Affected Others	A support group for students who are impacted by another person’s substance use or related behaviors, such as a parent, guardian, other primary caregiver, sibling, or other family member.
ATOD education	A support group focused on increasing student awareness and knowledge about the potential risks and harms of substance misuse of alcohol, tobacco, and other drugs (ATOD), and building decision-making skills, refusal skills, and healthy coping strategies.
Early intervention	A structured support group, tailored to students experiencing substance use, designed to address emerging substance use or related risk behaviors and provide early intervention, guidance, and skill-building to help students make healthier choices.
Other	A support group with a focus that does not fit within the listed options. This option should only be used when none of the other types appropriately describe the group’s primary purpose.
Recovery	A support group intended for students who are recovering from substance use and are seeking support, peer connection, and reinforcement of recovery goals.
Social skills	A support group that helps students build essential skills for adolescence, including interpersonal skills, communication, emotional regulation, and healthy relationship behaviors that support positive peer interactions and healthy school engagement.

These support group types are educational and supportive in nature and are not intended to provide clinical diagnosis or treatment. Instead, they are designed to provide prevention education, skill-building, peer support, and early intervention for students.

Questions?

For additional information and support, please get in touch with your HCA Prevention Manager.