

# 2026

## Prevention & Public Health Awareness Events Calendar

*Prepared by the Prevention Section of the Division of Behavioral Health & Recovery, Health Care Authority  
For the purposes of coalition development, community engagement, and unified prevention messaging.*

*Some events change dates annually. Confirm you're reviewing the intended year (noted above) before use.*

[Visit the Athena Forum website for a list of statewide campaigns and prevention messages.](#)

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### January

#### Recognitions and celebrations:

National Blood Donor Month

National Braille Literacy Month

National Mentoring Month

National Slavery and Human Trafficking Prevention Month

[Substance Use Disorder Treatment Month](#)

#### Key dates and holidays:

1-Jan New Years Day

11-Jan Human Trafficking Awareness Day

19-Jan Martin Luther King Jr. Day

21-Jan World Religion Day

24-Jan International Day of Education

27-Jan International Holocaust Remembrance Day

### February

#### Recognitions and celebrations:

American Heart Month

Black History Month

National Cancer Prevention Month

National Library Lover's Month

Teen Dating Violence Prevention Month

#### Key dates and holidays:

1-Feb National Freedom Day

2-Feb National Groundhog Day

3-Feb National Missing Persons Day

7-Feb National Black HIV/AIDS Awareness Day

8-Feb Superbowl Sunday

14-Feb Valentine's Day

16-Feb President's Day

17-Feb Random Acts of Kindness Day

17-Feb Lunar New Year

## March

### Recognitions and celebrations:

Deaf History Month

Developmental Disabilities Awareness Month

[Problem Gambling Awareness Month](#)

Social Work Month

Women's History Month

### Key dates and holidays:

1-Mar Self Injury Awareness Day

2-Mar World Teen Mental Wellness Day

3-Mar World Hearing Day

3-Mar Hina Matsuri

3-Mar Lantern Festival

4-Mar Holi

6-Mar Black Balloon Day

13-Mar World Sleep Day

13-Mar Eid-al-Fitr

20-Mar International Day of Happiness

22-28 Mar [National Drug and Alcohol Facts Week](#)

31-Mar Transgender Day of Visibility

## April

### Recognitions and celebrations:

[Alcohol Awareness Month](#)

Arab American Heritage Month

[Distracted Driving Awareness Month](#)

Month of the Military Child

National Minority Health Month

National Stress Awareness Month

National Child Abuse Prevention Month

### Key dates and holidays:

1-Apr [Take Down Tobacco Day](#)

1-9 Apr Passover

3-Apr Jane Goodall Day

5-Apr Easter

6-12 Apr [National Public Health Week](#)

11-17 Apr Black Maternal Health Week

12-Apr Orthodox Easter and Ethiopian Orthodox Easter

14-Apr Baisakhi

14-Apr Cambodian New Year

- 17-Apr [National Clean Out Your Medicine Cabinet Day](#)
- 20-24 Apr [Every Kid Healthy Week](#)
- 25-Apr [National Prescription Drug Take Back Day](#)
- 30-Apr International Jazz Day

## May

### Recognitions and celebrations:

Asian American and Pacific Islander Heritage Month  
Jewish American History Month  
[Mental Health Awareness Month](#)

### Key dates and holidays:

- 1-May May Day
- 1-May National Lei Day
- 2-May National Fitness Day
- 3-May National Garden Meditation Day
- 3-9 May [Children's Mental Health Awareness Week](#)
- 10-16 May [National Prevention Week](#)
- 6-May Mother's Day
- 12-May National Nurses Day
- 10-16 May National Women's Health Week
- 20-May National Rescue Dog Day
- 25-May Memorial Day
- 30-May National Creativity Day

## June

### Recognitions and celebrations:

Alzheimer's Brain Awareness Month  
Disability Pride Month  
Men's Health Month  
National Safety Month  
National Scoliosis Awareness Month  
Pride Month  
Professional Wellness Month  
PTSD Awareness Month

### Key dates and holidays:

- 1-7 Jun National CPR and AED Awareness Week
- 4-Jun National SAFE Day
- 6-Jun National Higher Education day
- 7-Jun National Cancer Survivors Day
- 7-Jun World Caring Day
- 8-12 Jun Community Health Improvement Week

9-Jun Call Your Doctor Day  
13-Jun Random Acts of Light Day  
15-21 Jun Men's Health Week  
14-Jun Flag Day  
15-Jun World Elder Abuse Awareness Day  
19-Jun Juneteenth  
21-Jun Summer Solstice  
21-Jun Father's Day  
21-Jun International Yoga Day  
25-Jun Ashura  
26-Jun [International Day Against Drug Abuse and Illicit Trafficking](#)  
27-Jun PTSD Awareness Day  
24-30 Jun World Wellbeing Week

## July

### **Recognitions and celebrations:**

Disability Pride Month  
National Family Reunion Month  
National Minority Mental Health Awareness Month  
[Social Wellness Month](#)

### **Key dates and holidays:**

2-Jul National Wildland Firefighter Day  
4-Jul US Independence Day  
7-Jul Global Forgiveness Day  
7-Jul World Chocolate Day  
11-Jul World Population Day  
13-18 Jul Birth Trauma Awareness Week  
15-Jul Youth Skills Day  
19-Jul National Ice Cream Day  
21-Jul National Be Someone Day  
22-Jul World Brain Day  
24-Jul International Self-Care Day  
30-Jul Day Against Trafficking  
30-Jul International Day of Friendship

## August

### **Recognitions and celebrations:**

Black Business Month  
National Immunization Awareness  
National Wellness Month  
Summer Sun Safety Month  
Children's Eye Health and Safety Month

### **Key dates and holidays:**

- 1-Aug National Veterans and First Responder Day
- 7-Aug National Water Balloon Day
- 9-Aug United National Declaration on the Rights of Indigenous Peoples Day
- 12-Aug International Youth Day
- 15-Aug International Relaxation Day
- 18-Aug Never Give Up Day
- 21-Aug [Fentanyl Prevention and Awareness Day](#)
- 22-Aug International Day Commemorating the Victims of Acts of Violence Based on Religion or Belief
- 26-Aug Women's Equity Day
- 26-May National Get Checked Day
- 31-Aug [Overdose Awareness Day](#)

## **September**

### **Recognitions and celebrations:**

- Hispanic Heritage Month
- National Food Safety Education Month
- [National Recovery Month](#)
- [Suicide Prevention Awareness Month](#)
- Self-Care Awareness Month

### **Key dates and holidays:**

- 6-12 Sept [National Suicide Prevention Week](#)
- 10-Sep World Suicide Prevention Day
- 11-Sep National Day of Service and Remembrance
- 11-Sep Enkutatash
- 11-13 Sept Rosh Hashanah
- 14-Sep [National Sober Day](#)
- 18-Sep National AIDS and Aging Awareness Day
- 19-Sep Talk Like a Pirate Day
- 20-21 Sept Yom Kippur Sept
- 25-Sep Mid-Autumn Festival / Mooncake Festival
- 27-Sep National Day of Forgiveness

## **October**

### **Recognitions and celebrations:**

- Breast Cancer Awareness Month
- Domestic Violence Awareness Month
- Emotional Wellness Month
- Filipino American History Month
- LGBTQIA+ History Month
- National Book Month
- Bullying Prevention Month

[Medicine Abuse Awareness Month](#)

[Substance Use & Misuse Prevention Month](#)

**Key dates and holidays:**

5-11 Oct [Mental Illness Awareness Week](#)

10-Oct World Mental Health Day

11-Oct International Day of the Girl Child

12-Oct Indigenous People's Day

16-Oct World Food Day

13-31 Oct [Red Ribbon Week](#)

24-Oct [National Prescription Drug Take Back Day](#)

29-Oct National Cat Day

31-Oct Halloween

## **November**

**Recognitions and celebrations:**

American Diabetes Month

Cancer Awareness Month

Family Caregivers Month

[Homelessness Awareness Month](#)

Military Family Month

Native American Heritage Month

**Key dates and holidays:**

1-Nov All Saints Day

1-2 Nov Day of the Dead

8-Nov National STEM Day

11-Nov Veterans Day

13-Nov World Kindness Day

19-Nov [Great American Smokeout](#)

20-Nov National Rural Health Day

26-Nov Thanksgiving

27-Nov Native American Heritage Day

## **December**

**Recognitions and celebrations:**

HIV/AIDS Awareness Month

[International Sharps Injury Prevention Awareness Month](#)

[National Impaired Driving Prevention Month](#)

Seasonal Affective Disorder (SAD) Month

Universal Human Rights Month

**Key dates and holidays:**

2-8 Dec [Grief Awareness Week](#)

3-Dec International Day of Persons with Disabilities

4-12 Dec Hanukkah / Chanukah

6-Dec St. Nicholas Feast Day

8-Dec Bodhi Day

10-Dec Human Rights Day

16-24 Dec Simbang Gabi

16-24 Dec Las Posadas de Nochebuena

21-Dec Winter Equinox

25-Dec Christmas

26 Dec - 1 Jan Kwanza

1-Jan New Year's Day