

AGENDA

State Prevention Enhancement (SPE) Policy Consortium
January 26th, 2026; 1:00 – 4:00 PM

Microsoft Teams

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Meeting ID: 256 832 053 296 0

Passcode: iR6TT3A5

Agenda

- 1:00 **Introductions and Announcements** *Sarah Mariani HCA, Allen Christensen DOH*
- New Member and Guests – Welcome
 - Breakout Rooms
 - Observances and Announcements
 - January Observances
 - Substance Use Disorder Treatment Month – [SAMHSA Site](#)
 - Martin Luther King Jr. Day – [NMAAHC Story](#)
 - February Observances
 - Black History Month – [Black History Month site](#)
 - Teen Dating Violence Prevention Month – [TeenDVMonth site](#)
 - Announcements
 - DBHR CBO Grantees Awarded – Athena Link
 - PFS and SPF-Rx update – continuation application
 - *Others? Please share!*
- 1:20 **Washington Thriving Strategic Plan** *Diana Cockrell, Hannah Traphagen - DBHR*
- Overview of newly published [Strategic Plan for Youth/YA behavioral health](#).
 - Discuss what this plan means for the prevention system.
 - NOTE: The SPE Co-Chairs would like to also discuss how this plan could affect the upcoming SPE Strategic Plan updates. *Please join us!*
 - Website: <https://www.washingtonthriving.org/>
 - Newsletter sign-up: <https://www.washingtonthriving.org/newsletter-sign-up>
- 2:20 **5 MINUTE BREAK**
- 2:25 **Child Wellness Survey Report** *Anar Shah, DOH*
- Background, purpose, and key findings from 2024/2025 survey
 - Highlights: well-being of WA families, caregiver MH, and SDOH
 - Preview of upcoming data products, posted here:
 - [Child Wellness Survey \(CWS\) | Washington State Department of Health](#)
- 3:00 **Prevention and Law Enforcement Collaboration** *Eliza Powell, NWHIDTA*
- Findings from Northwest High Intensity Drug Trafficking Area focus groups
 - Investigating the areas of strength and opportunity for LE and Prevention

- Discuss your use of cross-sector collaboration, EBPs, and potential gaps.

- 3:30 **2026 Legislative Session Prep – Policy and Budget** *All SPE Members*
- **Policy Discussion**
 - Prevention priorities, key bills, and possible outcomes
 - **Budget Discussion**
 - Agency/organization impacts, things to monitor

- 4:00 **Workgroup Updates** *Workgroup Leads*

NOTE: News from workgroups will be shared by email this meeting to make space for conversations.

- Opioid Prevention
- Mental Health Promotion and Suicide Prevention
- Problem Gambling Prevention
- Washington Breathes
- WHY Coalition
- Young Adults

- 4:00 Adjourn

Upcoming Schedule

Month	Workgroup Presentation	Other Topics
September 15 th	All workgroup check-in	<ul style="list-style-type: none"> • LCB Data Dashboard • Provider Education - WSU • <i>Check In Program Update – UW</i>
November 17 th	MH Promotion & Suicide Prevention	<ul style="list-style-type: none"> • Cannabis Eval Report Update – WSIPP • 2026 Legislative Session Prep - SPE Members
January 26 th 2026	N/A	<ul style="list-style-type: none"> • Legislative Check In – SPE Members • Child Wellness Survey Report – DOH • Washington Thriving Strategic Plan – DBHR/P25 • Collaboration with Law Enforcement – NWHIDTA
March 16 th	Problem Gambling Prevention	<ul style="list-style-type: none"> • Legislative Check In – SPE Members • 2025 Healthy Youth Survey Results (Tentative)
May 18 th	Opioid Prevention	<ul style="list-style-type: none"> • TBD

Please **submit ideas** or **suggestions** for meeting presentations to isaac.wulff@hca.wa.gov.

Your support and collaboration are appreciated.