

Prevention Research Collaborative Meeting
September 10, 2025
10:35am – 1:00 pm PST
Theme: Hope & Resilience in Prevention
NOTES

10:35 – 10:50 (15 Min)	Welcome & Introductions
10:50 – 11:05 (15 Min)	Impromptu Networking (crowd source stories of hope) <i>Padlet</i>
11:05 – 11:15 (10 Min)	Updates from DBHR Sarah Mariani, DBHR
11:15 – 11:35 (20 min)	PRC Planning for the Year [what do we want to get out of this work]
11:35 – 12:15 (40 min)	Collaboration with the WA State LGBTQ+ Commission on the Washington State LGBTQ+ survey Traci Gillig, Assistant Professor, Dept. of Strategic Communication, WSU
12:15 – 12:30 (15 min)	Break
12:30-12:45 (15 min)	CPWI Success Story Jaymie Bockelman, DBHR
12:45 – 12:55 (10 min)	Chatterfall: updates from the prevention community
12:55 – 1:00 (5 min)	2025 Meeting – and theme for December <ul style="list-style-type: none"> Wednesday, December 10 at 10:35 a.m.-1:00 p.m.

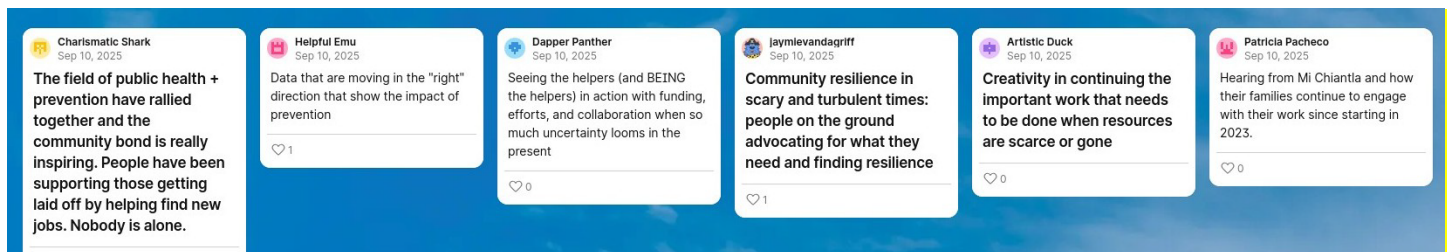
Introductions (14 people at start)

- **WSU:** Clara Hill, Brittany Cooper, Erica Austin, Traci Gillig (guest speaker)
- **UW:** Jason Kilmer, Christine Lee, Blair Brooke-Weiss, Patricia Gomez, Mary Larimer, Jessica Canning, Jessica Blayney
- **DBHR:** Sarah Mariani, Jaymie Bockelman, Codie Garza, Rebecca Ruiz, Enos Mbajah
- **NWPTTC:** Patricia Pacheco
- **HCA:**
- **HCA Communications:**
- **OSPI:**
- **WA DOH:**
- **WA DSHS RDA:** Irina Sharkova
- **WA LCB:** Kristen Haley
- **YCCTPP:** Liz Wilhelm
- **WSIPP:** Amani Rashid

- **WASAP:**
- **King County Dept of Human Services, Division of Behavioral Health & Recovery:**
- **King County Dept of Public Health:**
- **Washington Traffic Safety Commission:**
- **Cannabis Observer:** Gregory Foster
- **Balmer Group:**
- **Guest:** Chelsea Kapitancek, Connecticut, Western CN Coalition Cannabis Prevention/Harm Reduction

Impromptu networking (17 present)

- Share a story of hope/resilience that you've seen/heard about from the prevention community/experienced lately
- Using the Padlet application, people's comments were made into a visual board of that discussion



Updates from DBHR

Sarah Mariani

Budget update

The budget from the state has been finalized. By and large “bigger picture” budget reductions have been made, but there are still decisions to be made on how to make those needed reductions. There will be reduction in some funding to CPWI sites. There will be impact on some projects e.g. evaluation work, EBPs. We are in the process of re-evaluating all the work to determine where reductions can be made.

- At our core is ensuring we have quality services in schools and communities (full age span) and tribal prevention services.
- What are the things that support this core? The data we collect (HYS, Young Adult Health Survey) determines the highest needs,
- The further things get from the core of quality services, the more likely to be reduced or terminated.
- We are still in a hiring freeze so be aware of additional burden on current staff
- “we are two broke friends trying to make things work”

Bottom line: Cuts were not as dramatic as feared; however, we are waiting to see what happens with Federal funding. Approx 95% of prevention funding is from Federal sources.

We've been able to publish some briefs and continue EBPs. Some of the work that WA does, WSIPP, core GIS, was highlighted in NASEM Blueprints for Prevention Infrastructure. We are very proud to work with all of you.

Blueprint for prevention infrastructure: <https://nap.nationalacademies.org/catalog/28577/blueprint-for-a-national-prevention-infrastructure-for-mental-emotional-and-behavioral-disorders>

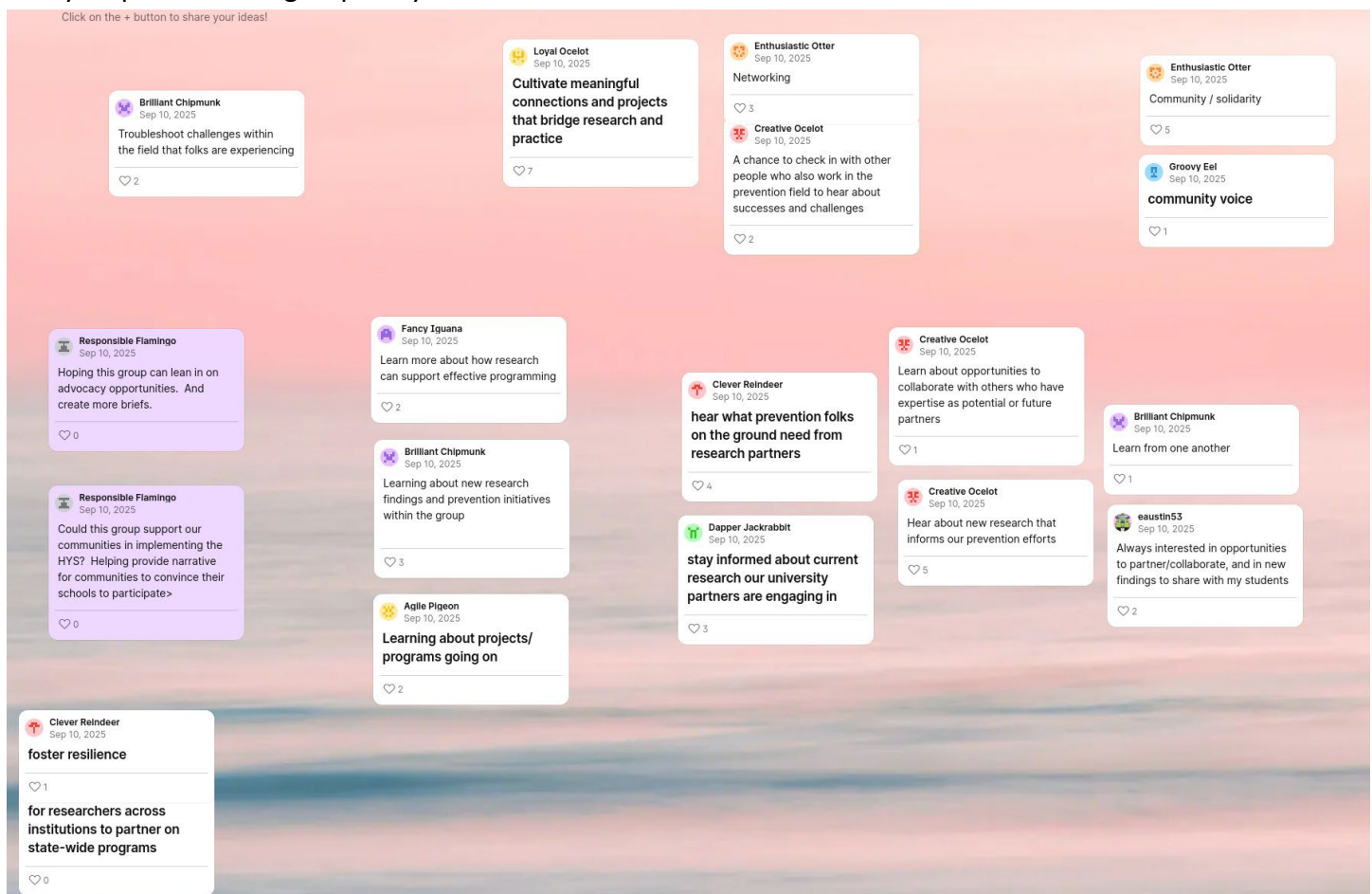
Prevention is scrappy, agile, and adaptable!

PRC Planning for the Year

19 participants

Brittany shared the current vision and mission of the PRC and invited the group to, within that vision and mission, to look forward to the coming year, and answer the question via Padlet, “What do you want to get out of the PRC this year?”

Many responses were grouped by theme in the Padlet.



- Sarah Mariani: Instead of having presentations at each meeting, perhaps provide time for members to share info about what they're working on. This can foster collaboration. Brittany Cooper shared this does happen during the 'round robin' section of the agenda, but that it has been shortened to conform to the shorter meeting time.
- Mariani: were there presentations at the NPN conference that might be good to bring into this room?
 - Clara Hill: OMNI did an EBP review process that might be interesting for this group
- Cooper suggested an exercise in trouble-shooting issues the group could try. It is a 'consultation' practice they use in the IMPACT Lab.

ACTION: Please email co-chairs Brittany Cooper, brittany.cooper@wsu.edu and Margaret Kuklinski, mrk63@uw.edu with any ideas specifically for the December PRC meeting

Meeting Break: 12:15 to 12:30

Collaboration with the WA State LGBTQ+ Commission on the Washington State LGBTQ+ survey (22 participants) (see slides)

Presenter is Traci Gillig, WSU, Lead principal researcher for the WA LGBTQ+ survey. She/they is an Associate Professor of Communication at Washington State University. Dr. Gillig's research interests are in the psychological and social factors influencing the well-being of youth, particularly those from marginalized groups.

Topic of the survey: To gain a comprehensive understanding of the characteristics and experiences of LGBTQ+ individuals in WA State. 1.5-year contract with WA State

The slide presentation is a condensed version of an all-day presentation and discussion on the results/methodology of the survey. The full report of the survey can be found at [Survey | Washington State LGBTQ Commission](#)

Q&A

Is this the baseline?

TG: The closest existing survey was done by UW in 2019. This study has some similarities in terms of health and safety. It is not broad in the types of questions asked and it did not include adolescents. There are also nationwide surveys (Movement Advance Project at Williams Institute)

JK: the YA Survey has data on some LGBTQ+, but mostly about substance use and for 18–25-year-olds

What is the funding source?

WA State LGBTQ+ Commission – <https://lgbtq.wa.gov/about-us>

After many years of grassroots advocacy, the Washington State LGBTQ Commission was established by the Washington Legislature through [SB5356](#), with Senator Claire Wilson, the first openly lesbian Senator in Washington, as the primary sponsor. Former Governor Jay Inslee signed the bill into law on May 13, 2019.

How will this data be leveraged and used?

There was recommendation to invite a representative from the Commission to a future PRC meeting. Perhaps Sam Finell (?), their programs director.

What is the plan for dissemination?

Traci's group is working with groups involved in outreach to help get the results out. They are also focused on conferences and peer-reviewed journal submissions. It was suggested that they submit their work to the WA State Prevention Summit slated to happen in spring 2026

CPWI Success Story (19 participants)

Jaymie Bockelman, DBHR

(See slides)

Context: this is some of the highlights from the work on the planned brief on the CPWI evaluation for SAMHSA
This presentation shares summaries of two evaluation reports of the CPWI model.

Questions asked by the study:

“Impact over time” report: did these interventions reduce the gap?

“Development trend” report: did developmental expected changes in substance use related risk factors differ significantly in her nee CPWI communities compared to non-CPWI;

First study: This publication describes the details of the methods/analysis and outcomes for Cohort 1.

<https://www.tandfonline.com/doi/pdf/10.1080/15575330.2025.2464606>

Second study: developmental trend report

See slides describing the approach

Results: a pattern of substance use outcomes favorable to CPWI communities. See example: 30-day alcohol use slide

In both reports, risk factors were assessed. Results for these were also mostly favorable for CPWI.

See Take Home Messages slide

Articles

Here are some published articles on the work and benefits of what we’ve been doing.

CPWI outcomes paper #1

<https://www.tandfonline.com/doi/pdf/10.1080/15575330.2025.2464606>

CPWI outcomes paper #2

<https://pubmed.ncbi.nlm.nih.gov/40873975/>

CPWI outcomes fact sheet: [CPWI Outcomes Summary 5.2.24.pdf](#)

Chatterfall: Updates from the Prevention World

19 participants

NWPTTC webinar tomorrow, 10:30 on understanding developmental trauma through a prevention lens

[Regulation and Resilience: Understanding Developmental Trauma through a Prevention Lens - Prevention Technology Transfer Center \(PTTC\) Network](#)

WSU and DBHR are expanding the EBP workgroup.

One of the tasks of the EBP Workgroup will be to conduct the background work and decisions to upkeep this registry! <https://theathenaforum.org/prevention-101/excellence-prevention-eip>

HYS: currently registering schools.

Support schools to participate in HYS. 2025 Healthy Youth Survey registration is live! For more info: <https://www.askhys.net/Hys/HysInformation>

Amani Rashid: WSIPP will publish a report on cannabis retail access and healthcare outcomes, to be published at the end of September. Amani will present during next SPE meeting. This is the publication page you can find the report on 9/30: <https://www.wsipp.wa.gov/Publications>

Lee: Check in with Yourself program for young adults' Spanish adaptation is live: [Conéctate Contigo Mismo](#)

2025 Meetings – and theme for December

All meetings fall on a Wednesday, 10:35am – 1:00pm

- ~~March 12: 10:35 a.m. - 1 p.m.~~
- ~~June 4: 10:35 a.m. - 1 p.m.~~
- ~~Sept 10: 10:35 a.m. - 1 p.m.~~
- Dec 10: 10:35 a.m.-1 p.m.

Theme for the December meeting?

DOH Youth Tobacco Prevention Program: Liz Wilhelm will email Brittany contacts for YCCTPP epidemiologist Jordan Arias and research scientist Sally Riggsto be invited to this group.

There is a new HCA director and he has a degree in public health:

<https://governor.wa.gov/news/2025/governor-ferguson-appoints-ryan-moran-health-care-authority-director>

HCA research symposium, October 2025. For agencies to learn about each other's projects (invite only):

[Academic Learning Collaborative symposium October 3 | Washington State Health Care Authority](#)

Jessica Blayney: This is my first time to the meeting, but wrapping up some federally funded work creating a brief program for women with sexual victimization histories in Washington state to reduce alcohol and sexual risk. This work centers around integrating therapy skills from DBT to a wider and more accessible audience.

Perhaps the PRC can hear from Amani on newly published report at the December meeting?