



# **Evaluating Young Adult Prevention Efforts in a Tribal Setting**

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# SAMHSA – Native Connections Grant

- *Helps American Indian and Alaska Native communities identify and address the behavioral health needs of Native youth.*

## Supports grantees in:

- Reducing suicidal behavior and substance use among Native youth up to age 24
- Easing the impacts of substance use, mental illness, and trauma in tribal communities
- Supporting youth as they transition into adulthood

## PLANNED ACTIVITIES

- Classes around daily life skills, S'Klallam history and culture
- Substance-Free healthy group activities
- QPR Suicide Prevention Trainings
- Individual Peer Support/Case Management
- Referrals of young adults with substance use and/or mental health concerns to specialized resources
- Outreach to and connecting young adults with eligible services and health center resources

# KEY OUTCOMES

- Increased knowledge of specific daily life skills
- Reduced impact of barriers on successful life/household management
- Young adults increase engagement with eligible services
- Decline in favorable attitudes about substance use
- Young adults demonstrate progress on individual goals
- Increased willingness to intervene in situations where there is possible risk for suicide
- Increased use of primary care, dental and/or mental health services

# DATA COLLECTION

- Follow-Up surveys (Classes, Workshops, Activities)
- Case Management Notes/Goal Progress Tracking
- Tribal Young Adult Survey
- Health Department NextGen Data System

# Maybe You Have Some Questions!

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