

AGENDA

State Prevention Enhancement (SPE) Policy Consortium
May 19th, 2025; 1:00 – 4:00 PM

Microsoft Teams

[Join the meeting now](#)

Meeting ID: 235 812 584 299

Passcode: D6iS87

Agenda

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|------|---|--|
| 1:00 | Introductions and Announcements | <i>Sarah Mariani HCA, Allen Christensen DOH</i> |
| | <ul style="list-style-type: none">• New Member and Guests – Welcome<ul style="list-style-type: none">○ Breakout Rooms• Observances and Announcements<ul style="list-style-type: none">○ Workgroup Summaries now posted to Athena Forum SPE Page | |
| 1:30 | Legislative Session Wrap Up - 2025 | <i>SPE Co-Chairs and Members</i> |
| | <ul style="list-style-type: none">• Bills that were passed – <i>how they might affect SPE members/plan</i>• Budget impacts – <i>open discussion</i> | |
| 2:30 | Young Adult Health Survey Results | <i>Jason Kilmer, UW</i> |
| | <ul style="list-style-type: none">• “What are we seeing after 11 years of data collection?”• Trends over time and connection to research | |
| 2:50 | 10 MINUTE BREAK | |
| 3:00 | WORKGROUP SPOTLIGHT – Young Adult | <i>Rachel Oliver HCA, Jennifer Duckworth WSU</i> |
| | <ul style="list-style-type: none">• Title: <i>Development of a Young Adult Substance Use Prevention and Mental Health Promotion Program Inventory</i><ul style="list-style-type: none">○ Discussion of scoping review on risk and protective factors for substance use, misuse, and/or disorder in young adults○ Preview of upcoming efforts to build an inventory of available mental health promotion and substance use prevention services and resources for young adults | |
| 3:30 | Workgroup Updates | <i>Workgroup Leads</i> |
| | <ul style="list-style-type: none">• Mental Health Promotion and Suicide Prevention• Opioid Prevention• Problem Gambling Prevention• Washington Breathes• WHY Coalition | |
| 4:00 | Adjourn | |

Upcoming Schedule

Month	Workgroup Presentation	Other Topics
Nov. 18 th , 2024	All workgroup check-in	<ul style="list-style-type: none">• State Strategic Plan – Check In• Rural Prevention Highlight• Fortaleza Mental – Mental Strength in Monroe
Jan. 13 th , 2025	Problem Gambling Prevention Workgroup	<ul style="list-style-type: none">• 2025 Legislative Session Kickoff• Mentor WA and Hope Science – Mentor WA
March	WA Breathes	<ul style="list-style-type: none">• Evidence Based Practices Update – HCA• Legislative check in – All
May	Young Adults Workgroup	<ul style="list-style-type: none">• Legislative Session – Wrap Up, Budget, etc.• Workgroup Plans/Summaries
July	TBD	<ul style="list-style-type: none">• TBD - SPE Structure Discussion• SPE Strategic Plan Update – Needs Assessment
September	MH Promotion & Suicide Prevention	<ul style="list-style-type: none">• Collaboration with Law Enforcement - NWHIDTA

Please **submit ideas** or **suggestions** for meeting presentations to isaac.wulff@hca.wa.gov.

Your support and collaboration are appreciated.