

April Prevention Learning Community Meeting

Hosted by: Division of Behavioral Health and Recovery

Wednesday, April 23rd, 2025

9:00 a.m. – 11:00 a.m.

Time	Agenda
9:00-9:10 a.m. 10 min	Welcome / Introduce New Prevention Providers to the Call
9:10-9:30 a.m. 20 min	Statewide Updates <i>DBHR Prevention Section</i>
9:30-10:15 a.m. 45 min	Prevention Budget / Legislative Updates <i>Sarah Mariani & Sonja Pipek</i>
10:15-11:00 a.m. 45 min	CPWI Task Order 01 Contract Negotiations <i>Kasey Kates</i>

2025 LCM Schedule

9:00-11:00am with optional 3rd hour

Month	Date	Platform	Athena Forum Calendar Link
May	May 28	Zoom	Training and events calendar The Athena Forum
August	August 27	Zoom	Training and events calendar The Athena Forum
September	September 24	Zoom	Training and events calendar The Athena Forum (Annual Contractor Meeting)

Statewide Updates

SUD Prevention and MH Promotion Section |
HCA/DBHR

CPWI / CBO – Expenditure Request

- ▶ Awaiting final approval; progressing forward again as of this week.
- ▶ If this impacts your ability to expend these funds, then please communicate this to your manager asap.
- ▶ This is for funding to support additional programming through June 30th.
- ▶ Please watch for communication from your prevention manager!



2025 Healthy Youth Survey (HYS)

- ▶ Registration will open in the coming weeks – stay tuned!
- ▶ Administered in **October 2025**
- ▶ Same format and process as in 2023:
 - ▶ Fully online
 - ▶ Question banking and randomization
 - ▶ Opt-in and exemption options
- ▶ Changes from 2023:
 - ▶ Added item on problem gambling/gaming and more!
 - ▶ Light modernization of risk & protective factor items in collaboration with SDRG
- ▶ Questions? Contact Jaymie Vandagriff or Rebecca Ruiz:
HCAHealthyYouthSurvey@hca.wa.gov



Evidence Based Programs (EBP) Update

- ▶ First round of programs reviewed with the pilot **Practice Based Evidence** continuum:

Program	Pilot Rating	Tentative Status*
Hip-Hop 2 Prevent Substance Abuse & HIV	Evidence-informed	EBP
Keep a Clear Mind	Evidence-informed	EBP
Parenting Wisely (<i>online, self-paced</i>)	Evidence-Informed**	EBP**
Strengthening Families Program (Utah)	Varies by version	Varies by version
Strengthening Multi-Ethnic Families and Communities	Inactive	Removed

*for SFY2026 only, subject to change. See Athena EIP page.

online, self-paced version reviewed; in-person format **pending.

WA thriving: upcoming opportunities!

- ▶ Visit [Washington Thriving](http://WashingtonThriving.org) for more information!
- ▶ Have questions or feedback? Send to info@washingtonthriving.org.



Washington
Thriving

System Partners:

Thursday, April 24th from 11:30am-1pm pst

Discussion group for: behavioral health providers, advocates, and others who support the prenatal through age 25 population and their families/caregivers

Parents & Caregivers:

Thursday, April 24th from 2-3:30pm pst

Discussion group for: individuals with lived experience/living experience as a parent or caregiver to an individual (age 0-25) who has sought or received behavioral health supports or services in Washington and/or have sought or experienced supports or services themselves during pregnancy through one year after birth

Prevention Budget Updates

Sarah Mariani | Section Manager | HCA/DBHR

Legislative Session Updates

Sonja Pipek | Tribal & CBO Services Supervisor
| HCA/DBHR

2025 Bills of Interest- Alcohol/DUI

Subject	Bill #/ Companion	Title	Status
Alcohol	2SHB 1515	Alcohol service in public spaces	<i>Passed House Concurred w/ Senate Amendments</i>

2025 Bills of Interest- Cannabis

Subject	Bill # / Companion	Title	Status
Cannabis	HB 1341	Medical cannabis authorization database	Governor Signed
Cannabis	ESB 5206	Cannabis Retailer Advertising	Signed: Senate & House
Cannabis	ESSB 5403	Limiting financial interest agreements for licensed cannabis retailers	Signed: Senate & House

2025 Bills of Interest- Tobacco

Subject	Bill #/ Companion	Title	Status
Tobacco	ESSB 5814	Modifying the application and administration of certain excise taxes	House Rules

2025 Bills of Interest- Early Learning

Subject	Bill #/ Companion	Title	Status
Early Learning	HB 2049	Funding K12 through property tax and revised OSPI funding formula	<i>Finance</i>
Early Learning	HB 2081 (SB 5815)	Large company taxes for funding education	<i>Finance</i>
Early Learning	SB 5813 (HB 2082)	Increasing education funding through tiered tax rates	<i>Finance</i>

CPWI Task Order 01 Contract Negotiations

Kasey Kates | CPWI and School-Based Services
Supervisor | HCA/DBHR.

Looking back

- ▶ At the start of the **19-21 biennium**, DBHR was transitioning from DSHS to HCA where the bulk of changes occurred.
- ▶ During the **21-23 biennium**, we gathered a lot of feedback and opted to amend the contracts with only a few language changes versus issuing new contracts.
- ▶ At the start of the **23-25 biennium**, we moved to the new Umbrella Contract template.
- ▶ During this last biennium, we've seen **huge success** with the new format.

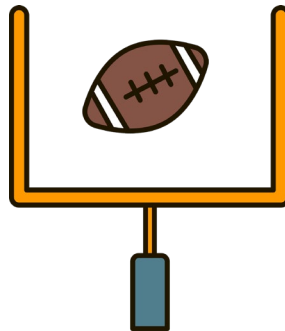


Key commitments

- ▶ **High-quality prevention services** to include contracting documents that reflect this.
- ▶ **Limited changes from year-to-year** unless absolutely necessary while also staying flexible to meet current needs.
- ▶ **Reduction of administrative burden**, in particular that which is felt during the process of amending contracts throughout the year.

Focus for this biennium

- ▶ Continue the Umbrella Contract concept.
- ▶ Minor changes and focused on what we have more locus of control over through the various Task Orders.
- ▶ Continue to clean-up typos / grammatic errors and readability of the Contract.
- ▶ Goal: Finalize the Contract template by early May.



Umbrella Contracts: concept



- ▶ Umbrella Contract with three (3) Task Orders underneath for:
 - ▶ CPWI Coalitions
 - ▶ CPWI School-Based Services
 - ▶ CBO Grants.
- ▶ Task Order(s) will remain dormant until activated as needed.
- ▶ Umbrella Contract will be signed by Contractor Signatory and HCA.
- ▶ Each Task Order through the Awards and Revenue (A&R) will then designate specified contacts from both the provider and DBHR.

Key changes: Definitions

- ▶ **Expanded / clarified definitions**
- ▶ **Evidence Based Program**, “means a prevention program or intervention that has been tested and can be implemented with a set of procedures to ensure successful replication within Washington State’s prevention service delivery system. An EBP has shown outcomes that are favorable and show to not have harmful effects, as determined by HCA’s EBP review process.”
- ▶ **Fidelity**, “means when the specified program components are delivered as prescribed by the developer and/or owner of the program, ensuring key elements are implemented as intended, when the program was designed and/or evaluated.”

Key changes: Definitions

- ▶ **Added new definition**

- ▶ **Adaptation**, “means when modifications are made to a program’s content, structure, training, and/or processes that are described in the program’s manual or curriculum. This can help address cultural relevance, logistical barriers, or other unique community needs by making the program more accessible and relevant.”

Key changes: Admin / Indirect

- ▶ **Edit / align terminology with federal language**
- ▶ **Admin / Indirect**, “means costs incurred for a common or joint purpose benefitting more than one cost objective and not readily assignable to the cost objectives specifically benefitted without effort disproportionate to the results achieved. It may be necessary to establish multiple pools of indirect costs to facilitate equitable distribution of indirect expenses to the cost objectives served. Indirect cost pools must be distributed to benefitted cost objectives on basis that will produce an equitable result in consideration of relative benefits derived. For Institutions of Higher Education (IHE), the term facilities and administrative (F&A) cost is often used to refer to indirect costs. (2 CFR 200.1).”

Key changes: Special terms

- ▶ Update to “Food Costs” to add:
 - ▶ Light refreshment costs for training events and meetings lasting two (2) hours or more in duration are allowable. Contractor will ensure that light refreshment costs do not exceed \$3.00 per person **or when utilizing SOR funding only up to \$10.00 per person**, and Contractor will be responsible for all costs over that amount.

Key changes: Task Order 01

- ▶ Clarified a **Training Plan is required** when a Coordinator does not mean minimum qualifications.
 - ▶ Note: We are working on guidance document to share on Athena too to assist the fiscal agent in creating these Training Plans.
- ▶ Made changes throughout to align **Strategic Plan language**.
- ▶ Clarified **required training for Coordinator** includes:
 - ▶ Learning Community Meetings.
 - ▶ Prevention Provider Meeting and Prevention Summit.
 - ▶ Coalition Leadership Institute.

Key changes: Program requirements

- ▶ **Clarified process for approving adaptations**
- ▶ “Ensure that a minimum of sixty percent (60%) of programs supported by HCA funds will be Evidence Based Programs for relevant funding sources as identified on the Excellence in Prevention page at <https://theathenaforum.org/EBP>. **All programs must be implemented to full fidelity or with approved adaptation(s). Adaptations must be specified within the submitted Program and Strategy in Minerva and approved by HCA prior to implementation. Specified adaptations may not affect the core components of the program.** Additionally, contractors must follow funding specific requirements as outlined below...”

Key changes: Reporting

▶ **Changes to survey administration negotiations**

- ▶ Contractors will now be required to negotiate with HCA for an exception regarding the use of evaluation tools with Cohorts where >50% of participants are younger than ten (10) years old.

▶ **Clarified process for measuring “positive outcomes”**

- ▶ 20% leeway of post-tests is clarified with “test completion rate” to reflect Minerva 2.0.

Key changes: Reporting

► Clarified process for measuring “positive outcomes”

- ▶ Outcomes determined by “Cohort” instead of “program group” to reflect Minerva 2.0.
- ▶ Clarifies that outcomes can only be determined with “matched” (also referred to as “paired”) pre-and post-tests.
- ▶ Removes mentions of scales from the evaluation protocol.
- ▶ Removes monitoring by “school district” instead outcomes are monitored by “specified account.”
- ▶ Clarified that program implementation will not be discontinued unless a subsequent Cohort, following an approved PIP, demonstrates negative outcomes.
- ▶ Maintains language that program discontinuation will vary by provider based on performance.

CPWI Guide

- ▶ Updates in progress!
- ▶ Editing look and feel to increase readability.
- ▶ Reduce redundancy and simplifying.
- ▶ Examples of key changes:
 - ▶ Linking to additional guidance / supportive documents.
 - ▶ Expanding / clarifying roles and responsibilities.
 - ▶ Expanding school-based services references.
- ▶ Goal: Seeking to complete this summer.

Next steps

- ▶ Prevention Section finalized minor changes to definitions / special terms and to the three (3) Task Orders.
- ▶ Awaiting final draft of the general HCA template from our Contract's office.
- ▶ Awaiting further budget information but reviewing ability to allocate federal funding from July – September 2025 pending ability to get Contracts out by July 1st.
- ▶ Prevention managers will begin to work with fiscal agents to collect Contractor Intake Forms to inform Contract information.
- ▶ Continue to have all information as prepped as possible.