

# Young Adult Health Survey: What Are We Seeing After 11 Years of Data Collection?

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## Before we get started...

- Special thank you to Sarah Mariani, Kasey Kates, Rachel Oliver, and Megan Stowe
- Thanks to all of you for your interest in this topic!

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## Washington Young Adult Health Survey (YAHS)

- Funded by Division of Behavioral Health & Recovery (DBHR):
  - Sarah Mariani
  - Kasey Kates
  - Rachel Oliver
  - Megan Stowe
- Young Adult Health Survey Team:
  - Jason Kilmer
  - Mary Larimer
  - Rose Lyles-Riebli
  - Joseph Lambuth
  - Isaac Rhew

Washington State Health Care Authority (Division of Behavioral Health and Recovery) (PI: Kilmer).

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## Young Adult Health Survey Recruitment... A Reminder of the Main Steps

- Participants recruited using a combination of direct mail advertising to a random sample from DOL, as well as online advertising (Facebook, Craigslist, Instagram, study web site, etc.)
- Assessed demographics on ongoing basis and modified strategies to recruit under-represented groups
- Convenience sample, not a random sample

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## Post-stratification weighting and analyses

- To improve generalizability, used post-stratification weights based on sex, race, and geographic region
- Weighted results are consistently very similar to non-weighted

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## Young Adult Health Survey

- Each year we collect data from a new cohort of 18-25 year olds

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## Sample sizes over time

• Cohort 1 (2014):	2,101
• Cohort 2 (2015):	1,675
• Cohort 3 (2016):	2,493
• Cohort 4 (2017):	2,342
• Cohort 5 (2018):	2,412
• Cohort 6 (2019):	1,942
• Cohort 7 (2020)	1,643
• Cohort 8 (2021):	1,756
• Cohort 9 (2022):	1,110
• Cohort 10 (2023):	1,237
• <u>Cohort 11 (2024):</u>	<u>1,751</u>
• <b>TOTAL:</b>	<b>20,462</b>

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## Young Adult Health Survey

- In 2024, we also followed up with each of the previous 10 cohorts (participants in Cohort 1, 18-25 in 2014, were largely 28-35 when we collected data from them in 2024)

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## Sex

Sex	Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	Cohort 4 (2017)	Cohort 5 (2018)	Cohort 6 (2019)	Cohort 7 (2020)	Cohort 8 (2021)	Cohort 9 (2022)	Cohort 10 (2023)	Cohort 11 (2024)	Total across all 11 years
Female	59.26%	66.99%	69.11%	68.57%	70.40%	68.07%	65.00%	68.00%	62.25%	61.76%	64.25%	66.26%
Male	40.74%	33.01%	30.89%	31.43%	29.60%	31.93%	35.00%	32.00%	37.75%	38.24%	35.75%	33.74%

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Race/Ethnicity	Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	Cohort 4 (2017)	Cohort 5 (2018)	Cohort 6 (2019)	Cohort 7 (2020)	Cohort 8 (2021)	Cohort 9 (2022)	Cohort 10 (2023)	Cohort 11 (2024)	Total across 11 years
Caucasian/White, non-Hispanic	68.63%	69.07%	63.90%	63.71%	62.73%	59.94%	57.52%	58.83%	55.59%	50.12%	51.34%	60.97%
Hispanic, any race	9.14%	8.72%	12.76%	15.24%	15.42%	19.21%	18.87%	17.03%	19.64%	25.22%	19.47%	15.82%
Asian/Asian-American, non-Hispanic	11.71%	12.06%	12.23%	10.29%	10.99%	10.87%	12.78%	13.21%	13.42%	11.96%	15.59%	12.13%
More than one race, non-Hispanic	5.85%	6.45%	7.30%	7.64%	7.50%	6.08%	7.85%	7.35%	7.66%	9.22%	9.08%	7.36%
Black/African-American, non-Hispanic	2.09%	1.49%	1.56%	1.28%	1.70%	1.91%	1.52%	2.11%	1.98%	1.78%	3.14%	1.84%
Other, non-Hispanic	0.71%	0.84%	0.92%	0.81%	0.70%	0.46%	0.67%	0.85%	1.26%	0.57%	0.46%	0.74%
American Indian/Alaskan Native, non-Hispanic	1.00%	0.84%	0.88%	0.68%	0.58%	1.29%	0.43%	0.28%	0.18%	0.65%	0.29%	0.68%
Native Hawaiian/Pacific Islander, non-Hispanic	0.86%	0.54%	0.44%	0.34%	0.37%	0.26%	0.37%	0.34%	0.27%	0.49%	0.63%	0.45%

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## Geographic Region of Washington

Region	Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	Cohort 4 (2017)	Cohort 5 (2018)	Cohort 6 (2019)	Cohort 7 (2020)	Cohort 8 (2021)	Cohort 9 (2022)	Cohort 10 (2023)	Cohort 11 (2024)	Total across 11 years
Eastern Washington	19.51%	17.01%	21.34%	22.50%	21.93%	24.05%	20.51%	18.00%	17.12%	20.78%	17.76%	20.34%
Western Washington (King County and north)	54.78%	58.27%	52.51%	49.91%	50.83%	45.67%	54.84%	56.49%	55.05%	50.77%	57.97%	53.10%
Western Washington (Pierce County and south)	25.70%	24.72%	26.15%	27.58%	27.24%	30.28%	24.65%	25.51%	27.84%	28.46%	24.27%	26.57%

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What do we see with eleven years of data?

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## Any past year "recreational"/non-medical/personal use: Cohorts 4-8 higher than Cohort 1

	Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	Cohort 4 (2017)	Cohort 5 (2018)	Cohort 6 (2019)	Cohort 7 (2020)	Cohort 8 (2021)	Cohort 9 (2022)	Cohort 10 (2023)	Cohort 11 (2024)	Total across 11 years
18-20	43.27%	44.82%	40.94%	43.41%	44.42%	43.68%	40.39%	44.89%	39.11%	36.57%	39.00%	42.18%
21-25	43.67%	47.09%	46.55%	49.75%	50.87%	49.61%	52.29%	55.21%	53.60%	51.90%	52.00%	49.76%
TOTAL	43.51%	46.29%	44.76%	47.43%	48.49%	47.24%	47.94%	51.19%	47.26%	46.24%	46.44%	46.91%

### Cohort 1 vs. Cohorts 2-11:

Compared to Cohort 1, significantly higher prevalence for

- Cohort 4 (t=2.29, p<.05; odds ratio = 1.171; Cohort 4 has 17% higher odds of non-medical cannabis use than Cohort 1)
- Cohort 5 (t=2.96, p<.01; odds ratio = 1.222; Cohort 5 has 22% higher odds of non-medical cannabis use than Cohort 1)
- Cohort 6 (t=2.11, p<.05; odds ratio = 1.163; Cohort 6 has 16% higher odds of non-medical cannabis use than Cohort 1)
- Cohort 7 (t=2.41, p<.05; odds ratio = 1.196; Cohort 7 has 20% higher odds of non-medical cannabis use than Cohort 1)
- Cohort 8 (t=4.19, p<.001; odds ratio = 1.362; Cohort 8 has 36% higher odds of non-medical cannabis use than Cohort 1)

Source: Young Adult Health Survey, Preliminary Data Report to DBHR, March 2025, Kilmer (PI)

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## Any past year "recreational"/non-medical/personal use: Significant increasing linear trend for 18-25-year-olds

	Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	Cohort 4 (2017)	Cohort 5 (2018)	Cohort 6 (2019)	Cohort 7 (2020)	Cohort 8 (2021)	Cohort 9 (2022)	Cohort 10 (2023)	Cohort 11 (2024)	Total across 11 years
18-20	43.27%	44.82%	40.94%	43.41%	44.42%	43.68%	40.39%	44.89%	39.11%	36.57%	39.00%	42.18%
21-25	43.67%	47.09%	46.55%	49.75%	50.87%	49.61%	52.29%	55.21%	53.60%	51.90%	52.00%	49.76%
TOTAL	43.51%	46.29%	44.76%	47.43%	48.49%	47.24%	47.94%	51.19%	47.26%	46.24%	46.44%	46.91%

### Linear trend from Cohort 1 to Cohort 11:

Significant (t=2.41, p<.05; odds ratio = 1.0127; odds of non-medical cannabis use are 1.3% higher with each successive year/cohort)

### Age by cohort interaction:

- Significant, reflecting the differences in the linear trend seen in the stratified models below (t=4.38, p<.001)

Source: Young Adult Health Survey, Preliminary Data Report to DBHR, March 2025, Kilmer (PI)

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Any past year "recreational"/non-medical/personal use:  
 Significant decreasing trend for 18-20, increasing trend for 21-25

	Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	Cohort 4 (2017)	Cohort 5 (2018)	Cohort 6 (2019)	Cohort 7 (2020)	Cohort 8 (2021)	Cohort 9 (2022)	Cohort 10 (2023)	Cohort 11 (2024)	Total across 11 years
18-20	43.27%	44.82%	40.94%	43.41%	44.42%	43.68%	40.39%	44.89%	39.11%	36.57%	39.00%	42.18%
21-25	43.67%	47.09%	46.55%	49.75%	50.87%	49.61%	52.29%	55.21%	53.60%	51.90%	52.00%	49.76%
TOTAL	43.51%	46.29%	44.76%	47.43%	48.49%	47.24%	47.94%	51.19%	47.26%	46.24%	46.44%	46.91%

Model split by over/under 21

18-20: Newly significant decreasing trend (t = -2.31, p<.05)

21-25: Significant increasing trend over time (t=5.36, p<.001)

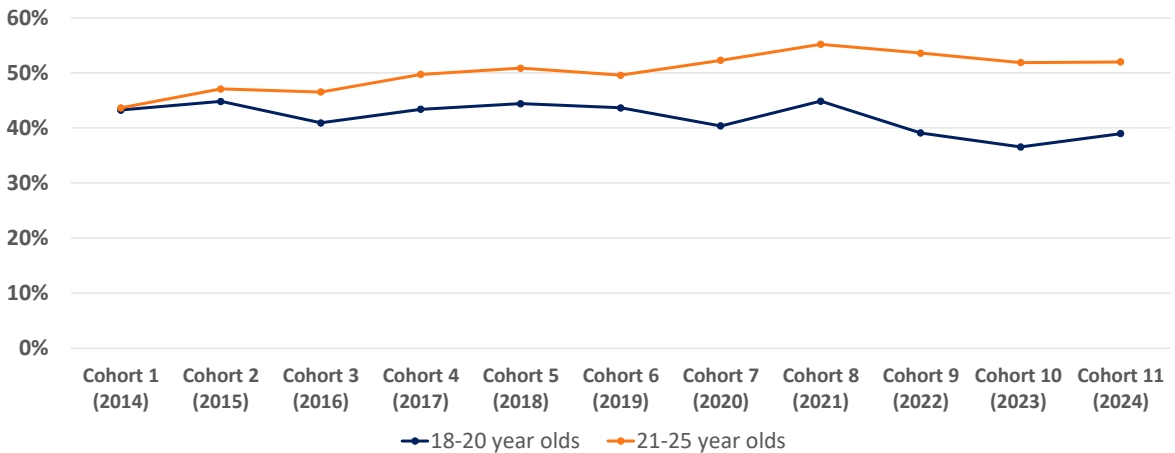
Source: Young Adult Health Survey, Preliminary Data Report to DBHR, March 2025, Kilmer (PI)

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Source: Young Adult Health Survey, Preliminary Data Report to DBHR, March 2025, Kilmer (PI)

Non-medical (or "recreational") use in the past year by age group

Past year prevalence of non-medical use



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## At least monthly “recreational”/non-medical/personal use: Cohorts 5-9 and 11 higher than Cohort 1

	Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	Cohort 4 (2017)	Cohort 5 (2018)	Cohort 6 (2019)	Cohort 7 (2020)	Cohort 8 (2021)	Cohort 9 (2022)	Cohort 10 (2023)	Cohort 11 (2024)	Total across 11 years
18-20	24.08%	24.88%	21.19%	23.56%	27.06%	23.24%	23.17%	24.16%	26.21%	20.15%	24.21%	23.85%
21-25	23.63%	23.56%	25.12%	28.07%	27.88%	29.55%	33.81%	33.86%	31.65%	30.87%	29.06%	28.33%
TOTAL	23.81%	24.03%	23.84%	26.46%	27.62%	27.09%	29.90%	30.11%	29.19%	26.87%	26.98%	26.67%

### Cohort 1 vs. Cohorts 2-11:

Compared to Cohort 1, significantly higher prevalence for

- Cohort 5 (t=2.56, p<.01; odds ratio = 1.221, Cohort 5 has 22% higher odds of non-medical cannabis use than Cohort 1)
- Cohort 6 (t=2.08, p<.05; odds ratio = 1.189, Cohort 6 has 19% higher odds of non-medical cannabis use than Cohort 1)
- Cohort 7 (t=3.73, p<.001; odds ratio = 1.365, Cohort 7 has 37% higher odds of non-medical cannabis use than Cohort 1)
- Cohort 8 (t=3.88, p<.001; odds ratio = 1.379, Cohort 8 has 38% higher odds of non-medical cannabis use than Cohort 1)
- Cohort 9 (t=2.99, p<.01; odds ratio = 1.320, Cohort 9 has 32% higher odds of non-medical cannabis use than Cohort 1)
- Cohort 11 (t=1.99, p<.05; odds ratio = 1.183, Cohort 11 has 18% higher odds of non-medical cannabis use than Cohort 1)

Source: Young Adult Health Survey, Preliminary Data Report to DBHR, March 2025, Kilmer (PI)

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## At least monthly “recreational”/non-medical/personal use: Significant increasing trend for 18-25-year-olds

	Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	Cohort 4 (2017)	Cohort 5 (2018)	Cohort 6 (2019)	Cohort 7 (2020)	Cohort 8 (2021)	Cohort 9 (2022)	Cohort 10 (2023)	Cohort 11 (2024)	Total across 11 years
18-20	24.08%	24.88%	21.19%	23.56%	27.06%	23.24%	23.17%	24.16%	26.21%	20.15%	24.21%	23.85%
21-25	23.63%	23.56%	25.12%	28.07%	27.88%	29.55%	33.81%	33.86%	31.65%	30.87%	29.06%	28.33%
TOTAL	23.81%	24.03%	23.84%	26.46%	27.62%	27.09%	29.90%	30.11%	29.19%	26.87%	26.98%	26.67%

### Linear trend from Cohort 1 to Cohort 11:

Significant increasing trend over time (t=4.41, p<.001; Odds ratio = 1.026)

### Age by cohort interaction:

Significant (t=2.67, p<.01)

Source: Young Adult Health Survey, Preliminary Data Report to DBHR, March 2025, Kilmer (PI)

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### At least monthly “recreational”/non-medical/personal use: Significant increasing trend for 21-25-year-olds

	Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	Cohort 4 (2017)	Cohort 5 (2018)	Cohort 6 (2019)	Cohort 7 (2020)	Cohort 8 (2021)	Cohort 9 (2022)	Cohort 10 (2023)	Cohort 11 (2024)	Total across 11 years
<b>18-20</b>	24.08%	24.88%	21.19%	23.56%	27.06%	23.24%	23.17%	24.16%	26.21%	20.15%	24.21%	<b>23.85%</b>
<b>21-25</b>	23.63%	23.56%	25.12%	28.07%	27.88%	29.55%	33.81%	33.86%	31.65%	30.87%	29.06%	<b>28.33%</b>
<b>TOTAL</b>	<b>23.81%</b>	<b>24.03%</b>	<b>23.84%</b>	<b>26.46%</b>	<b>27.62%</b>	<b>27.09%</b>	<b>29.90%</b>	<b>30.11%</b>	<b>29.19%</b>	<b>26.87%</b>	<b>26.98%</b>	<b>26.67%</b>

**Model split by over/under 21**

**18-20:** No significant linear trend

**21-25:** Significant increasing trend over time (t=5.97, p<.001)

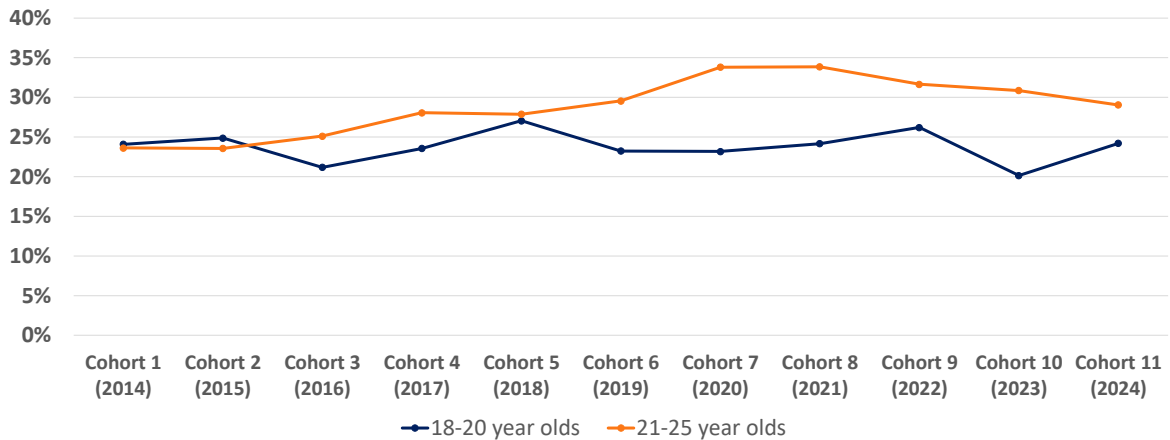
Odds ratio = 1.061 (odds of non-medical cannabis use are 6.1% higher with each successive year/cohort)

Source: Young Adult Health Survey, Preliminary Data Report to DBHR, March 2025, Kilmer (PI)

Source: Young Adult Health Survey, Preliminary Data Report to DBHR, February 2024, Kilmer (PI)

### At least monthly non-medical (or “recreational”) use by age group

At least monthly prevalence of non-medical use



### At least weekly “recreational”/non-medical/personal use: Cohorts 7, 8, and 10 higher than Cohort 1

	Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	Cohort 4 (2017)	Cohort 5 (2018)	Cohort 6 (2019)	Cohort 7 (2020)	Cohort 8 (2021)	Cohort 9 (2022)	Cohort 10 (2023)	Cohort 11 (2024)	Total across 11 years
18-20	16.51%	13.43%	13.30%	15.40%	18.56%	14.41%	15.21%	16.86%	16.40%	14.42%	15.12%	15.50%
21-25	16.86%	16.21%	18.55%	18.42%	19.22%	21.39%	24.07%	24.59%	21.93%	24.89%	19.74%	20.10%
TOTAL	16.72%	15.23%	16.85%	17.37%	19.03%	18.59%	20.84%	21.62%	19.47%	20.84%	17.76%	18.37%

#### Cohort 1 vs. Cohorts 2-11:

Cohort 7 is significantly higher than Cohort 1 ( $t=2.86$ ,  $p<.01$ , Odds ratio = 1.311)

Cohort 8 is significantly higher than Cohort 1 ( $t=3.37$ ,  $p<.001$ , Odds ratio = 1.374)

Cohort 10 is significantly higher than Cohort 1 ( $t=2.61$ ,  $p<.01$ , Odds ratio = 1.311)

Source: Young Adult Health Survey, Preliminary Data Report to DBHR, March 2025, Kilmer (PI)

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### At least weekly “recreational”/non-medical/personal use: Significant increasing trend for 18-25-year-olds

	Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	Cohort 4 (2017)	Cohort 5 (2018)	Cohort 6 (2019)	Cohort 7 (2020)	Cohort 8 (2021)	Cohort 9 (2022)	Cohort 10 (2023)	Cohort 11 (2024)	Total across 11 years
18-20	16.51%	13.43%	13.30%	15.40%	18.56%	14.41%	15.21%	16.86%	16.40%	14.42%	15.12%	15.50%
21-25	16.86%	16.21%	18.55%	18.42%	19.22%	21.39%	24.07%	24.59%	21.93%	24.89%	19.74%	20.10%
TOTAL	16.72%	15.23%	16.85%	17.37%	19.03%	18.59%	20.84%	21.62%	19.47%	20.84%	17.76%	18.37%

#### Linear trend

Significant ( $t=4.06$ ,  $p<.001$ ); Odds ratio = 1.028

#### Age by cohort interaction:

Newly non-significant

Source: Young Adult Health Survey, Preliminary Data Report to DBHR, March 2025, Kilmer (PI)

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## At least weekly “recreational”/non-medical/personal use: Significant increasing trend for 21-25-year-olds

	Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	Cohort 4 (2017)	Cohort 5 (2018)	Cohort 6 (2019)	Cohort 7 (2020)	Cohort 8 (2021)	Cohort 9 (2022)	Cohort 10 (2023)	Cohort 11 (2024)	Total across 11 years
<b>18-20</b>	16.51%	13.43%	13.30%	15.40%	18.56%	14.41%	15.21%	16.86%	16.40%	14.42%	15.12%	<b>15.50%</b>
<b>21-25</b>	16.86%	16.21%	18.55%	18.42%	19.22%	21.39%	24.07%	24.59%	21.93%	24.89%	19.74%	<b>20.10%</b>
<b>TOTAL</b>	<b>16.72%</b>	<b>15.23%</b>	<b>16.85%</b>	<b>17.37%</b>	<b>19.03%</b>	<b>18.59%</b>	<b>20.84%</b>	<b>21.62%</b>	<b>19.47%</b>	<b>20.84%</b>	<b>17.76%</b>	<b>18.37%</b>

### Model split by over/under 21

#### 18-20:

- No significant linear trend

#### 21-25:

- Significant increasing trend over time ( $t=5.23$ ,  $p<.001$ ; odds ratio = 1.044, odds of non-medical cannabis use are 4.4% higher with each successive year/cohort)

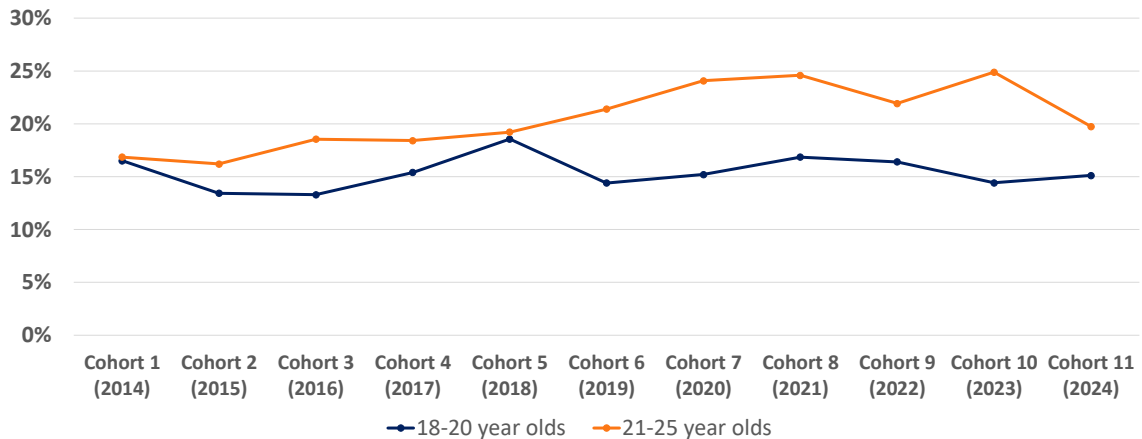
Source: Young Adult Health Survey, Preliminary Data Report to DBHR, March 2025, Kilmer (PI)

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Source: Young Adult Health Survey, Preliminary Data Report to DBHR, March 2025, Kilmer (PI)

## At least weekly non-medical (or “recreational”) use by age group

### At least weekly prevalence of non-medical use



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**Non-medical use, categories of frequency, whole sample**

	Cohort 1	Cohort 2	Cohort 3	Cohort 4	Cohort 5	Cohort 6	Cohort 7	Cohort 8	Cohort 9	Cohort 10	Cohort 11
	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Never	56.49%	53.71%	55.24%	52.57%	51.51%	52.76%	52.06%	48.81%	52.74%	53.76%	53.56%
Once a year	7.53%	8.28%	8.00%	6.36%	6.67%	6.41%	5.86%	7.13%	5.70%	5.75%	6.19%
2-3x/year	8.58%	9.60%	9.72%	10.21%	10.52%	9.77%	8.76%	9.79%	9.23%	9.38%	9.62%
Every other month	3.59%	4.38%	3.20%	4.40%	3.68%	3.97%	3.42%	4.15%	3.13%	4.25%	3.64%
Once a month	3.15%	3.55%	3.06%	3.58%	3.24%	3.72%	4.29%	3.67%	2.87%	2.33%	4.30%
2-3x/month	3.94%	5.24%	3.94%	5.51%	5.35%	4.77%	4.77%	4.82%	6.86%	3.70%	4.92%
1x/week	2.49%	2.75%	2.90%	2.38%	2.61%	2.92%	3.36%	3.23%	3.12%	3.43%	2.99%
More than 1x/wk	5.26%	4.39%	4.63%	4.29%	4.81%	4.63%	5.25%	6.36%	5.16%	4.37%	4.73%
Every other day	2.63%	3.44%	2.35%	3.55%	3.60%	2.85%	3.93%	4.29%	3.06%	2.64%	2.21%
Every day	6.34%	4.65%	6.97%	7.14%	8.01%	8.19%	8.30%	7.74%	8.14%	10.39%	7.82%

**Cohort 4-10 all significantly higher odds of more frequent cannabis use than Cohort 1.**

**Linear trend from Cohort 1 to Cohort 11:**

Significant increasing trend over time (t=3.79, p<.001, Odds ratio = 1.019)

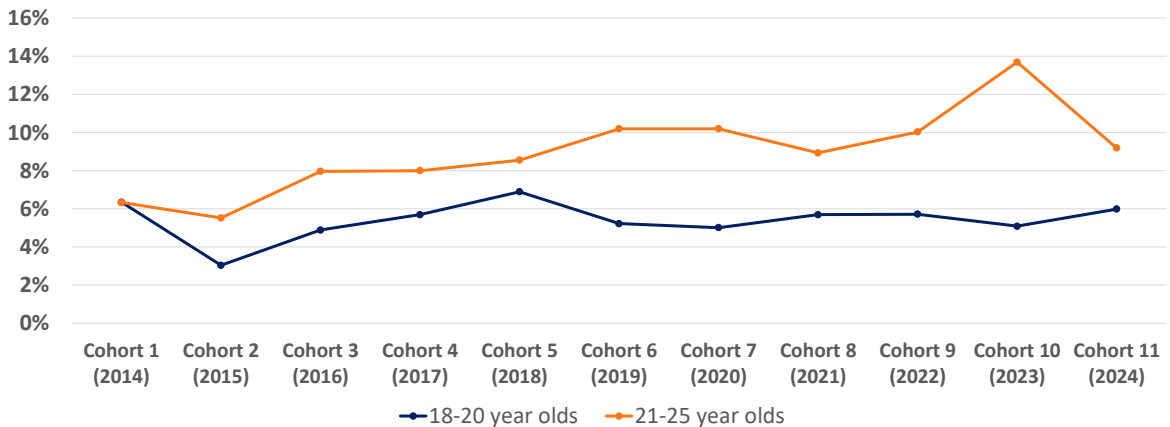
Source: Young Adult Health Survey, Preliminary Data Report to DBHR, March 2025, Kilmer (PI)

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Source: Young Adult Health Survey, Preliminary Data Report to DBHR, March 2025, Kilmer (PI)

**Daily non-medical (or “recreational”) use by age group**

Daily prevalence of non-medical use



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## Perceived norms of non-medical cannabis use

### PERCEPTIONS OF NON-MEDICAL CANNABIS

	Cohort 1 2014	Cohort 2 2015	Cohort 3 2016	Cohort 4 2017	Cohort 5 2018	Cohort 6 2019	Cohort 7 2020	Cohort 8 2021	Cohort 9 2022	Cohort 10 2023	Cohort 11 2024
Never	2.41%	2.42%	1.61%	2.31%	2.06%	1.50%	2.38%	1.92%	3.05%	2.44%	3.27%
Once a year	1.82%	2.10%	1.74%	1.92%	1.27%	0.75%	1.32%	1.15%	1.37%	1.01%	1.29%
2 to 3 times a year	8.22%	10.12%	6.73%	6.40%	3.89%	3.31%	2.23%	3.87%	3.95%	4.53%	3.75%
Every other month	6.98%	7.29%	5.32%	4.59%	3.14%	3.90%	4.42%	3.48%	2.93%	3.37%	4.13%
Once a month	9.74%	11.15%	10.41%	9.07%	6.88%	5.51%	6.39%	7.07%	6.63%	6.66%	9.09%
2-3x/month	17.98%	19.68%	19.83%	18.91%	13.47%	13.93%	14.32%	14.04%	14.38%	12.69%	15.03%
Once per week	12.65%	12.72%	15.43%	13.89%	14.28%	12.91%	12.64%	14.11%	13.24%	11.51%	14.18%
More than 1x/wk	22.08%	20.70%	21.42%	23.94%	27.12%	25.90%	28.57%	29.17%	25.76%	26.73%	23.44%
Every other day	9.27%	6.87%	8.56%	8.65%	11.10%	12.25%	13.10%	10.45%	13.14%	12.03%	11.06%
Every day	8.84%	6.95%	8.96%	10.31%	16.79%	20.03%	14.62%	14.75%	15.57%	19.02%	14.74%

\*\* In ordinal logistic models, Cohort 4 ( $t=2.57, p<.01$ ), Cohort 5 ( $t=10.67, p<.001$ ), Cohort 6 ( $t=12.37, p<.001$ ), Cohort 7 ( $t=9.72, p<.001$ ), Cohort 8 ( $t=9.02, p<.001$ ), Cohort 9 ( $t=8.10, p<.001$ ), Cohort 10 ( $t=9.55, p<.001$ ), and Cohort 11 ( $t=6.50, p<.001$ ) have higher perceived non-medical cannabis norms compared to cohort 1; but cohort 2 has lower norms compared to cohort 1 ( $t=-3.35, p<.001$ )

\*\*

\*\* Overall, a significant increasing linear trend over time ( $t=16.30, p<.001$ ) \*\*

**In Cohort 11, 17.75% use at least weekly (meaning most, 82.25%, young adults don't use weekly or more), yet 63.42% think the typical person their age uses weekly or more often**

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Decreasing trend significant

Increasing trend significant

### WHERE DO PEOPLE GET CANNABIS, 18–20-year-olds

	Cohort 1 2014	Cohort 2 2015	Cohort 3 2016	Cohort 4 2017	Cohort 5 2018	Cohort 6 2019	Cohort 7 2020	Cohort 8 2021	Cohort 9 2022	Cohort 10 2023	Cohort 11 2024
From friends	72.86%	76.24%	69.68%	77.40%	63.75%	60.74%	66.87%	65.62%	59.68%	58.06%	63.88%
Gave money to someone	23.29%	26.47%	34.72%	41.45%	39.29%	43.17%	40.55%	39.80%	37.62%	33.36%	35.45%
Got it from someone w/ medical card	17.60%	14.12%	4.30%	5.24%	2.79%	2.82%	4.27%	4.58%	4.10%	1.62%	5.02%
Got it from a medical dispensary	13.65%	18.99%	5.58%	4.72%	6.50%	8.28%	8.41%	12.03%	3.40%	7.53%	6.96%
Got it at a party	22.99%	22.14%	23.08%	24.92%	20.12%	22.91%	8.82%	24.67%	16.43%	10.98%	13.56%
Got it from family	5.65%	5.18%	11.75%	9.75%	11.24%	10.92%	13.49%	7.09%	11.36%	9.67%	9.52%
Got it some other way	11.64%	4.12%	6.12%	9.02%	7.30%	6.21%	5.04%	6.24%	3.62%	4.28%	2.20%
Bought from retail store	0.99%	4.58%	1.73%	1.92%	2.03%	3.55%	1.58%	1.03%	3.08%	1.53%	1.71%
Got it from parents w/ permission	5.75%	6.02%	12.33%	10.44%	11.69%	12.91%	13.08%	13.91%	12.38%	15.77%	14.00%
Grew it themselves	1.91%	1.15%	1.65%	0.23%	1.47%	2.78%	1.64%	0.42%	0.59%	0.56%	1.85%
Stole it from store/ dispensary	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	4.16%	2.40%	0.00%	0.57%	0.36%

Note: \*\* Parents with permission remains the third most mentioned source by 18–20-year-olds\*\*

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Decreasing trend significant

Increasing trend significant

## WHERE DO PEOPLE GET CANNABIS, 21–25-year-olds

	Cohort 1 2014	Cohort 2 2015	Cohort 3 2016	Cohort 4 2017	Cohort 5 2018	Cohort 6 2019	Cohort 7 2020	Cohort 8 2021	Cohort 9 2022	Cohort 10 2023	Cohort 11 2024
From friends	67.50%	54.89%	42.78%	36.51%	33.80%	25.72%	20.26%	26.44%	26.04%	21.17%	26.70%
Gave money to someone	19.87%	10.72%	8.10%	5.64%	4.97%	3.63%	5.08%	4.61%	7.75%	4.46%	1.27%
Got it from someone w/ medical card	18.85%	9.41%	2.53%	2.02%	0.17%	0.65%	0.27%	0.62%	1.16%	1.03%	0.21%
Got it from a med. dispensary	20.65%	13.03%	12.60%	9.96%	10.15%	14.23%	14.71%	15.62%	16.02%	16.90%	9.85%
Got it at a party	11.81%	10.76%	10.93%	8.06%	6.54%	5.76%	1.57%	7.12%	10.93%	3.87%	6.94%
Got it from family	11.48%	8.26%	4.08%	7.04%	5.76%	4.37%	4.02%	5.52%	4.56%	4.04%	5.74%
Got it some other way	5.13%	6.68%	3.29%	3.41%	3.71%	3.71%	1.24%	2.13%	1.85%	1.97%	1.29%
Bought from retail store	8.80%	51.86%	72.60%	76.31%	80.06%	78.03%	77.27%	74.42%	70.93%	72.28%	78.09%
Got it from parents w/ permission	4.56%	3.50%	2.02%	4.28%	4.47%	3.15%	2.75%	4.75%	4.41%	5.79%	1.97%
Grew it themselves	1.51%	3.01%	1.49%	1.82%	1.81%	0.71%	1.11%	1.74%	0.79%	1.16%	0.86%
Stole it from store/ dispensary	2.84%	0.17%	0.60%	0.29%	0.17%	0.11%	0.97%	0.43%	0.69%	0.78%	0.46%

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**Model with cohort x age interaction significant for:**

- Getting cannabis from friends: decline is stronger for those 21-25 compared to those 18-20 ( $t = -4.43$ ,  $p < .001$ )
- Gave money to someone: increasing for those 18-20, decreasing for those 21-25 ( $t = -6.63$ ,  $p < .001$ )
- Got it from someone w/med. cannabis card: those 21+ had sharper declining trend than <21 ( $t = -4.14$ ,  $p < .001$ )
- Got it from family: no change for 18-20, significant decline for those 21-25 ( $t = -2.49$ ,  $p < .05$ )
- Bought it from retail store: Those 21-25 have increasing trend, no change 18-20 ( $t = 4.14$ ,  $p < .001$ )
- Got it from parents w/permission: increasing for 18-20, no change for 21-25 ( $t = -2.06$ ,  $p < .05$ ) **newly significant interaction from last year's report**
- Stole it from store/dispensary: significant increase for 18-20, no change 21-25 ( $t = -3.71$ ,  $p < .001$ )

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## DRIVING AFTER CANNABIS USE

### Driving after cannabis use

“During the past 30 days, how many times did you drive a car or other vehicle within three hours after using cannabis (e.g., marijuana, hashish, edibles)?”

	Cohort 1 2014	Cohort 2 2015	Cohort 3 2016	Cohort 4 2017	Cohort 5 2018	Cohort 6 2019	Cohort 7 2020	Cohort 8 2021	Cohort 9 2022	Cohort 10 2023	Cohort 11 2024
Never	50.59%	55.29%	58.19%	58.56%	58.73%	61.80%	65.00%	66.38%	64.64%	68.69%	68.10%
1 time	14.13%	13.13%	12.50%	12.85%	12.11%	8.32%	9.56%	10.25%	10.27%	7.70%	10.15%
2-3 times	13.28%	12.34%	11.97%	11.98%	10.59%	11.66%	11.24%	10.51%	11.50%	9.83%	10.09%
4-5 times	6.43%	4.35%	3.48%	4.48%	6.04%	4.00%	4.51%	4.39%	2.53%	3.40%	2.65%
6 or more times	15.57%	14.88%	13.85%	12.12%	12.52%	14.21%	9.69%	8.47%	11.05%	10.38%	9.02%

\*\*There are declines in driving after cannabis use between cohorts 3-11 and cohort 1 (cohort 3,  $p < .05$ ; cohort 4,  $p < .01$ ; cohort 5,  $p < .05$ ; cohort 6,  $p < .01$ ; cohort 7,  $p < .001$ ; cohort 8,  $p < .001$ ; cohort 9,  $p < .001$ ; cohort 10,  $p < .001$ ; cohort 11,  $p < .001$ ), as well as a significant linear trend ( $p < .001$ ).\*\*

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## Medical cannabis in past year Newly significant decreasing trend over time

	Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	Cohort 4 (2017)	Cohort 5 (2018)	Cohort 6 (2019)	Cohort 7 (2020)	Cohort 8 (2021)	Cohort 9 (2022)	Cohort 10 (2023)	Cohort 11 (2024)	Total across 11 years
18-20	14.02%	12.73%	8.33%	12.02%	12.90%	11.75%	11.43%	11.04%	10.20%	9.11%	7.92%	11.16%
21-25	15.20%	15.53%	14.77%	16.83%	16.80%	18.05%	15.04%	15.18%	13.37%	14.21%	10.25%	15.26%
TOTAL	14.74%	14.54%	12.68%	15.04%	15.42%	15.53%	13.71%	13.54%	11.96%	12.22%	9.25%	13.71%

### Regression models:

Cohort 1 vs. Cohorts 2-11:

Linear trend from Cohort 1 to 11:

Age by cohort interaction:

Cohort 9 ( $t = -1.97, p < .05$ ) and Cohort 11 ( $t = -4.55, p < .001$ ) significantly lower than Cohort 1

**Newly significant decreasing trend over time** ( $t = -4.30, p < .001$ )

Non-significant

Source: Young Adult Health Survey, Preliminary Data Report to DBHR, March 2025, Kilmer (PI)

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## Medical cannabis in past year

### Newly significant decreasing trend over time

	Cohort 1 (2014)	Cohort 2 (2015)	Cohort 3 (2016)	Cohort 4 (2017)	Cohort 5 (2018)	Cohort 6 (2019)	Cohort 7 (2020)	Cohort 8 (2021)	Cohort 9 (2022)	Cohort 10 (2023)	Cohort 11 (2024)	Total across 11 years
18-20	14.02%	12.73%	8.33%	12.02%	12.90%	11.75%	11.43%	11.04%	10.20%	9.11%	7.92%	11.16%
21-25	15.20%	15.53%	14.77%	16.83%	16.80%	18.05%	15.04%	15.18%	13.37%	14.21%	10.25%	15.26%
TOTAL	14.74%	14.54%	12.68%	15.04%	15.42%	15.53%	13.71%	13.54%	11.96%	12.22%	9.25%	13.71%

#### Model split by over/under 21

##### 18-20:

- Newly significant decreasing trend over time (t = -2.94, p<.01)

##### 21-25:

- Newly significant decreasing trend over time (t = -2.79, p<.01)

Source: Young Adult Health Survey, Preliminary Data Report to DBHR, March 2025, Kilmer (PI)

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## Medical cannabis

- Perceptions of medical use continue to increase significantly (both a linear trend, and past 8 cohorts higher than cohort 1)

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## Other substances

- Significant decreasing trend in:
  - Alcohol, at least once in past year
  - Alcohol, at least monthly
  - Cigarettes, at least once in the past year
  - Pain relievers to get high, at least once in the past year
  - Heroin use, at least once in the past year

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## Perceived risk

### • Cannabis

- Physical risk of occasional cannabis use \*\* newly non-significant \*\*
- Psychological/emotional risk of occasional cannabis use \*\* newly non-significant \*\*
- Physical risk of regular cannabis use \*\* newly significant \*\*
- Psychological/emotional risk of regular cannabis use \*\* newly significant \*\*

### • Alcohol

- Physical risk of 2 drinks every day
- Psychological risk of 2 drinks every day
- Physical risk of 5+ drinks every weekend \*\* newly significant \*\*
- Psychological risk of 5+ drinks every weekend

Source: Young Adult Health Survey,  
Preliminary Data Report to DBHR, Kilmer (PI)

\*\* newly non-significant \*\*

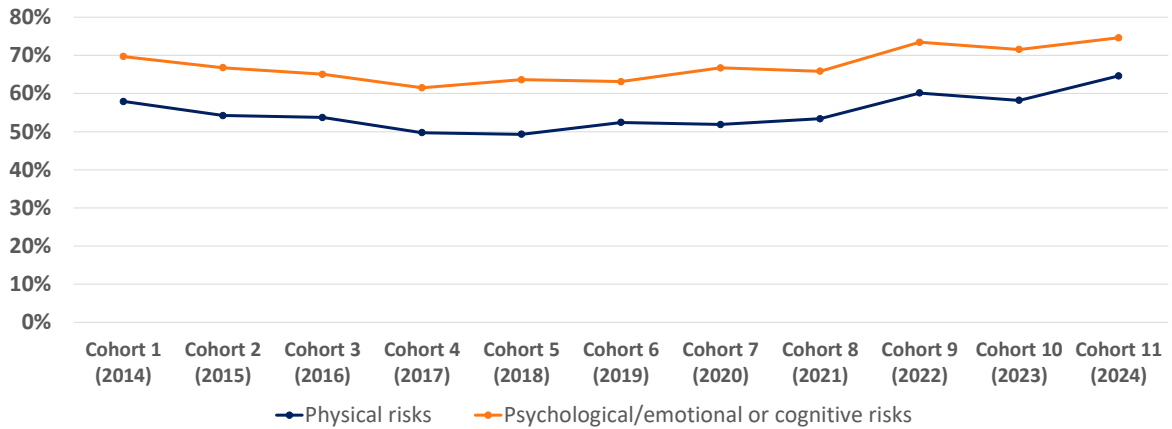
\*\* significant increasing linear trend \*\*

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Source: Young Adult Health Survey, Preliminary Data Report to DBHR, March 2025, Kilmer (PI)

## Percentage endorsing moderate or great risk

### Perceived risks associated with regular cannabis use



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## Young Adult Health Survey

- 2025 will see our 12<sup>th</sup> year of data collection

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## Young Adult Health Survey

- Dr. Katarina Guttmannova applied for and obtained a secondary data analysis grant (NIDA grant R01DA047996, PI: Guttmannova) that has led to several publications using YAHS (beyond what we pass on as part of the contract).
- Dr. Guttmannova also received a second secondary data analysis grant (NIDA R01DA057705) focusing on changes before and during the COVID-19 pandemic among young adults

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**Drug and Alcohol Dependence**

journal homepage: [www.elsevier.com/locate/drugalcdep](http://www.elsevier.com/locate/drugalcdep)

**Associations of cannabis retail outlet availability and neighborhood disadvantage with cannabis use and related risk factors among young adults in Washington State**

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**ARTICLE INFO**

**Keywords:**  
Cannabis  
Cannabis retail outlets  
Neighborhood disadvantage  
Young adults

**ABSTRACT**

**Background:** This study examined associations of local cannabis retail outlet availability and neighborhood disadvantage with cannabis use and related risk factors among young adults.

**Methods:** Data were from annual cross-sectional surveys administered from 2015 to 2019 to individuals ages 18–25 residing in Washington State (N = 10,009). As outcomes, this study assessed self-reported cannabis use at different margins frequencies (any past year, at least monthly, at least weekly, at least daily) and perceived ease of access to cannabis and acceptability of cannabis use in the community. Cannabis retail outlet availability was defined as the presence of at least one retail outlet within a 1-kilometer road network buffer of one's residence. Sensitivity analyses explored four other spatial metrics to define outlet availability (any outlet within 0.5 km, 2-km, and the census tract; and census tract density per 1000 residents). Census tract level disadvantage was a

AJPH RESEARCH &amp; ANALYSIS

## Cannabis Use Among Young Adults in Washington State After Legalization of Nonmedical Cannabis

Jason R. Kilmer, PhD, Isaac C. Rhew, PhD, MPH, Katarina Guttmannova, PhD, Charles B. Fleming, MA, Britney A. Hultgren, PhD, Michael S. Gilson, JD, PhD, Rachel L. Cooper, BA, Julia Dilley, PhD, and Mary E. Larimer, PhD

**Objectives:** To examine changes in prevalence of cannabis use and of cannabis use disorder symptomatology among young adults from 2014 to 2019 in Washington State, where nonmedical (or "recreational") cannabis was legalized in 2012 and retail stores opened in July 2014.

**Methods:** We used 6 years of cross-sectional data collected annually from 2014 (premarket opening to 2019) from 12,963 to 2007 per year young adults aged 18 to 25 years residing in Washington. Logistic regression models estimated yearly change in prevalence of cannabis use at different margins and related outcomes.

**Results:** Prevalence of past year, at least monthly, at least weekly, and daily use of cannabis increased for young adults, although increases were driven by changes among those aged 21 to 25 years. There was also a statistically significant increase in prevalence of endorsing at least 2 of 5 possible symptoms associated with cannabis use disorder.

**Conclusions:** Among young adults in Washington, particularly those of legal age, prevalences of cannabis use and cannabis use disorder symptomatology have increased since legalization. This trend may require continued monitoring as the nonmedical cannabis market continues to evolve. (*Am J Public Health*. 2022;112(4):638–645. <https://doi.org/10.2105/AJPH.2021.306641>)

**O**ver the past 2 decades, cannabis prevalence has increased among young adults in the United States. Data from the National Survey

diagnostic criteria for past year cannabis use disorder (CUD).<sup>1</sup> As of August 2021, 18 states and Washington, DC, have legalized cannabis

there was access through weekly regulated medical dispensaries.<sup>1,2</sup> It was not until 2015 that strong state-level regulation phased out the original

Rhew IC, Guttmannova K, Kilmer JR, Fleming CB, Hultgren BA, Hurvitz PM, Dilley JA, Larimer ME. Associations of cannabis retail outlet availability and neighborhood disadvantage with cannabis use and related risk factors among young adults in Washington State. *Drug Alcohol Depend*. 2022 Mar 1;232:109332. doi: 10.1016/j.drugalcdep.2022.109332. Epub 2022 Jan 29. PMID: 35123361; PMCID: PMC8890768.

Kilmer JR, Rhew IC, Guttmannova K, Fleming CB, Hultgren BA, Gilson MS, Cooper RL, Dilley J, Larimer ME. Cannabis Use Among Young Adults in Washington State After Legalization of Nonmedical Cannabis. *Am J Public Health*. 2022 Apr;112(4):638–645. doi: 10.2105/AJPH.2021.306641. PMID: 35319936; PMCID: PMC8961820.

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## Original article

### Trends in Alcohol, Cigarette, E-Cigarette, and Nonprescribed Pain Reliever Use Among Young Adults in Washington State After Legalization of Nonmedical Cannabis

Charles B. Fleming, MA,<sup>a,b</sup> Jason J. Ramirez, Ph.D.,<sup>a</sup> Isaac C. Rhew, Ph.D.,<sup>a</sup> Britney A. Hultgren, Ph.D.,<sup>a</sup> Koren C. Hanson, MA,<sup>b</sup> Mary E. Larimer, Ph.D.,<sup>a</sup> Julia A. Dilley, Ph.D.,<sup>c</sup> Jason R. Kilmer, Ph.D.,<sup>a</sup> and Katarina Guttmanova, Ph.D.<sup>a</sup>

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Article history: Received September 13, 2021; Accepted March 10, 2022

Keywords: Alcohol; Cannabis; Tobacco; E-cigarettes; Pain relievers; Young adults; Cannabis legalization

## See Related Editorial on p.6

## ABSTRACT

**Purpose:** Liberalization of cannabis laws may be accompanied by changes in the use of substances other than cannabis and changes in associations of cannabis use with other types of substance use. This study assessed (1) trends in alcohol, nicotine, and nonprescribed pain reliever use and (2) changes in associations of cannabis use with these other substances among young adults in Washington State after nonmedical cannabis legalization.

## IMPLICATIONS AND CONTRIBUTION

Implementation of legalized nonmedical cannabis in Washington State was

Fleming CB, Ramirez JJ, Rhew IC, Hultgren BA, Hanson KG, Larimer ME, Dilley JA, Kilmer JR, Guttmanova K. Trends in Alcohol, Cigarette, E-Cigarette, and Nonprescribed Pain Reliever Use Among Young Adults in Washington State After Legalization of Nonmedical Cannabis. *J Adolesc Health*. 2022 Jul;71(1):47-54. doi: 10.1016/j.jadohealth.2022.03.006. Epub 2022 May 9. PMID: 35550333; PMCID: PMC9232986.

### Substance-Specific Risk Factors for Cannabis and Alcohol Use Among Young Adults Following Implementation of Nonmedical Cannabis Legalization

Michael S. Gilson<sup>1</sup> · Jason R. Kilmer<sup>1</sup> · Charles B. Fleming<sup>1</sup> · Isaac C. Rhew<sup>1</sup> · Brian H. Calhoun<sup>1</sup> · Katarina Guttmanova<sup>1</sup>

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## Abstract

Laws regarding cannabis are rapidly changing in the USA as more states legalize nonmedical cannabis for adults aged 21 and older. Previous research has examined whether legalization has led to an increase in cannabis use as well as the use of other substances. The current study examined changes in cannabis- and alcohol-specific risk factors following legalization of nonmedical cannabis. We used 6 years of annual cross-sectional data (2014–2019) from 12,951 young adults age 18 to 25 who resided in Washington state. Risk factors examined include perceiving that use was common among same-age peers, believing use was acceptable, and low perceived physical and psychological harm from use. Logistic regression models estimated annual rate of increase in these risk factors. All cannabis-specific risk factors increased among those aged 21+ (range of ORs for annual rate of change: 1.07–1.31) while significant increase in cannabis-related risk factors among those under age 21 was limited to perceptions of cannabis use being common (medical use: OR=1.08, 95% CI: 1.03, 1.12; nonmedical use: OR=1.13, 95% CI: 1.08, 1.18) and low perceived physical harm of occasional use (OR=1.08, 95% CI: 1.03, 1.13). Although descriptive norms for next-use use of alcohol among those aged 21+ increased (OR = 1.09

Gilson MS, Kilmer JR, Fleming CB, Rhew IC, Calhoun BH, Guttmanova K. Substance-Specific Risk Factors for Cannabis and Alcohol Use Among Young Adults Following Implementation of Nonmedical Cannabis Legalization. *Prev Sci*. 2023 Aug;24(6):1047-1057. doi: 10.1007/s11221-022-01435-8. Epub 2022 Sep 17. PMID: 36114976; PMCID: PMC10020123.

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## Short Communication

### The association between cannabis use and risk of non-medical pain reliever misuse onset among young adults in a legal cannabis context

Isaac C. Rhew<sup>a,b</sup>, Vi T. Le<sup>b</sup>, Jason J. Ramirez<sup>a</sup>, Charles B. Fleming<sup>a</sup>, Jason R. Kilmer<sup>a</sup>, Miranda L.M. Delawalla<sup>a</sup>, Britney A. Hultgren<sup>a</sup>, Christine M. Lee<sup>a</sup>, Mary E. Larimer<sup>a</sup>, Katarina Guttmanova<sup>a</sup>

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## ARTICLE INFO

## ABSTRACT

Keywords:  
Cannabis  
Prescription opioid misuse  
Young adults

**Background:** Little is known about the prospective relationship between cannabis use and pain reliever misuse. This study examined associations of non-medical and medical cannabis use with onset of non-medical pain reliever misuse among young adults in Washington State (WA), where non-medical cannabis is legal.  
**Methods:** Data were from a cohort-sequential study of adults 18–25 residing in WA. Four annual surveys were used from cohorts recruited in 2014, 2015, and 2016. Participants who had not reported non-medical pain reliever misuse at baseline were included in discrete time survival analyses ( $N = 4,236$ ). Odds ratios (ORs) were estimated for new onset of non-medical pain reliever misuse in any given follow-up year over the course of three years according to baseline non-medical and medical cannabis use.  
**Results:** When included separately in models, non-medical and medical cannabis use at baseline were associated with increased risk of non-medical pain reliever misuse adjusting for demographic characteristics as well as past year cigarette use and alcohol use (non-medical OR = 3.27, 95% CI: 2.28, 4.89; medical OR = 2.21, 95% CI: 1.39, 3.53). Inclusive both forms of use in the model, associations of non-medical and medical cannabis use with

Rhew IC, Le VT, Ramirez JJ, Fleming CB, Kilmer JR, Delawalla MLM, Hultgren BA, Lee CM, Larimer ME, Guttmanova K. The association between cannabis use and risk of non-medical pain reliever misuse onset among young adults in a legal cannabis context. *Addict Behav*. 2023 Aug;143:107711. doi: 10.1016/j.addbeh.2023.107711. Epub 2023 Mar 30. PMID: 37011567; PMCID: PMC10168644.

### Changes in Cannabis Use From 2014 to 2019 Among Young Adults in Washington State

Katarina Guttmanova, PhD, Charles B. Fleming, MA, Isaac C. Rhew, PhD, MPH, Miranda L.M. Delawalla, PhD, MPH, Anne M. Fairlie, PhD, Mary E. Larimer, PhD, Jason R. Kilmer, PhD

**Introduction:** Understanding changes in cannabis use in the legalized nonmedical cannabis context is critical. Washington State, one of the earliest states to implement legalization, presents a unique opportunity to examine how cannabis use and its consequences changed after the implementation of legalization for adults. With a focus on Washington State young adults, this study conducted in 2022–2023 examined changes in (1) cannabis use by sex and age, (2) preferred mode of use, and (3) cannabis use disorder symptoms.

**Methods:** Using repeated cross-sectional data on young adults aged 18–25 years in Washington State from 2014 (premarket opening) to 2019 (N=12,945), logistic regression models assessed trends over time in the prevalence of any and frequent (20+ days) past-month cannabis use. Among individuals reporting use, multinomial logistic regressions estimated trends over time in the preferred mode of use and negative binomial regressions examined trends in the count of cannabis use disorder symptoms.

**Results:** From 2014 to 2019, the prevalence of cannabis use converged by sex, with females being

Guttmanova K, Fleming CB, Rhew IC, Delawalla MLM, Fairlie AM, Larimer ME, Kilmer JR. Changes in Cannabis Use From 2014 to 2019 Among Young Adults in Washington State. *Am J Prev Med*. 2024 Feb;66(2):252-259. doi: 10.1016/j.amepre.2023.09.027. Epub 2023 Oct 2. PMID: 37793557; PMCID: PMC10842380.

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## Cross-Substance Associations With Transitions in Cannabis and Nicotine Use in a Statewide Sample of Young Adults in Washington State

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Abstract Full Text References PDF

### Objective:

Understanding transitions in nicotine and cannabis use has implications for prevention and efforts to reduce harmful use. Focusing on cross-substance associations, we examined how use of one substance was associated with year-to-year transitions in frequency of use of the other among young adults in the context of legalized non-medical cannabis.

Fleming CB, Delawalla MLM, Rhew IC, Kilmer JR, Larimer M, Guttmanova K. Cross-Substance Associations With Transitions in Cannabis and Nicotine Use in a Statewide Sample of Young Adults in Washington State. *J Stud Alcohol Drugs*. 2024 Mar;85(2):272-282. doi: 10.15288/jsad.23-00055. Epub 2023 Oct 30. PMID: 37917015; PMCID: PMC10941821.

Prevention Science  
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## Young Adult Alcohol and Cannabis Impaired Driving After the Opening of Cannabis Retail Stores in Washington State

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### Abstract

Motor vehicle crashes are a leading cause of death for young adults (YA) in the USA, and driving under the influence of alcohol (DUIA), cannabis (DUIC), and simultaneous use of both substances (DUIAC) are prominent risk factors. Trends in YA impaired driving behaviors after opening of cannabis retail stores have been understudied. We examined YA trends in DUIA, DUIC, and DUIAC from immediately prior through 5 years following the opening of cannabis retail outlets in Washington State (2014–2019). Differences in trends were assessed across age, sex, and urbanicity. Weighted logistic regressions assessed yearly change in prevalence of DUIA, DUIC, and DUIAC from 2014 to 2019, using annual statewide data from the Washington Young Adult Health Survey ( $n=12,963$ ; ages 18–25). Moderation of trends by age, sex, and urbanicity was assessed. Prevalence of DUIA decreased overall ( $AOR=0.93$ , 95%  $CI$  0.90, 0.97) and among drinkers ( $AOR=0.95$ , 95%  $CI$  0.91, 0.99) but remained at concerning levels in 2019 (10% overall; 16% among drinkers). Overall DUIC did not change significantly ( $AOR=0.99$ , 95%  $CI$  0.96, 1.03; 11% by 2019) but decreased among those who used cannabis ( $AOR=0.91$ , 95%  $CI$  0.86, 0.96; 33% by 2019). DUICAC decreased but not significantly (overall:  $AOR=0.89$ , 95%  $CI$  0.78, 1.01; those who used alcohol and cannabis:  $AOR=0.84$ , 95%  $CI$  0.74, 1.04). Prevalence of YA DUI remained concerning. Trends may reflect some success in reducing DUI, but additional detection and prevention are needed.

**Keywords** Driving under the influence · DUI · Alcohol · Cannabis · Young adults

Hultgren BA, Calhoun BH, Fleming CB, Lyons VH, Rhew IC, Larimer ME, Kilmer JR, Guttmanova K. Young Adult Alcohol and Cannabis Impaired Driving After the Opening of Cannabis Retail Stores in Washington State. *Prev Sci*. 2024 Jul;25(5):749-759. doi: 10.1007/s1121-024-01679-6. Epub 2024 Apr 25. PMID: 38664365; PMCID: PMC11639396.

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Age-related Changes in Past-Month Alcohol, Cannabis, and Simultaneous Use in a Statewide Sample of Young Adults in Washington State

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<https://doi.org/10.15288/jsad.24-00065>

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Fairlie AM, Calhoun BH, Fleming C, Delawalla MLM, Martinez G, Halvorson MA, Rhew IC, Kilmer JR, Guttmanova K. Age-related Changes in Past-Month Alcohol, Cannabis, and Simultaneous Use in a Statewide Sample of Young Adults in Washington State. *J Stud Alcohol Drugs*. 2024 Aug 10. doi: 10.15288/jsad.24-00065. Epub ahead of print. PMID: 39126660.

AJPH RESEARCH & ANALYSIS

## Trends in Driving Under the Influence of Alcohol and Cannabis Among Young Adults in Washington State From Before to During the COVID-19 Pandemic

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**Objectives.** To examine trends in young adult self-reported driving under the influence of alcohol (DUIA), cannabis (DUIC), and simultaneous alcohol and cannabis use (DUIAC) in a state with legalized nonmedical cannabis use from before to during the COVID-19 pandemic.

**Methods.** We used logistic regression and annual statewide data from the Washington Young Adult Health Survey to assess DUI behaviors from 2016 to 2021.

**Results.** Both pre-pandemic yearly changes in prevalence and deviations from those trends during the pandemic years were small and not statistically significant. However, prevalence estimates were alarming: 12.0% of participants reported DUIA, 12.5% reported DUIC, and 2.7% reported DUIAC.

Hultgren BA, Calhoun BH, Fleming CB, Rhew IC, Larimer ME, Kilmer JR, Guttmanova K. Trends in Driving Under the Influence of Alcohol and Cannabis Among Young Adults in Washington State From Before to During the COVID-19 Pandemic. *Am J Public Health*. 2024 Nov;114(8):S698-S701. doi: 10.2105/AJPH.2024.307767. PMID: 39442028; PMCID: PMC11499689.

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## Two just accepted within the past couple of weeks!

1. Martinez, G., Calhoun, B., Linden-Carmichael, A., Acolin, J., Fleming, C.B., Rhew, I.C., Kilmer, J., Larimer, M.E., Guttmanova, K. (accepted). Age-varying patterns of cannabis use, related risk factors, and their associations among young adults in the context of legalized nonmedical cannabis. Accepted for publication in *Prevention Science*.
2. Fleming, C.B., Martinez, G., Rhew, I.C., Kilmer, J.R., Larimer, M.E., Guttmanova, K. (accepted). Changes in cannabis, alcohol, nicotine, and nonprescribed pain reliever use among young adults in Washington State from before to during the COVID-19 pandemic (2016–2021). Accepted for publication in the *American Journal of Preventive Medicine Focus*.

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## Within our team, two additional publications (outside of Dr. Guttmanova's secondary data analysis grants) focusing on impaired driving

Hultgren B., Guttmanova, K., Cadigan, J.M., Kilmer, J.R., Delawalla, M.L., Lee, C.M., Larimer, M.E. (2023). Differences in Young Adults' Perceptions of Injunctive Norms of Driving Under the Influence and Riding with an Impaired Driver. *Journal of Adolescent Health, 73*(5), 852-858.

Hultgren BA, Delawalla MLM, Szydlowski V, Guttmanova K, Cadigan JM, Kilmer JR, Lee CM, Larimer ME. Young adult impaired driving behaviors and perceived norms of driving under the influence of simultaneous alcohol and cannabis use. *Alcohol Clin Exp Res* (Hoboken). 2024 Dec;48(12):2319-2330. doi: 10.1111/acer.15459. Epub 2024 Dec 1. PMID: 39616528; PMCID: PMC11631637.

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## Next Steps

- Data report with findings across all 11 cohorts submitted prior to this presentation 😊
- Frequency report for Cohort 11 coming shortly
- Reports for within-cohort changes being completed
- We will send out the survey to collaborators/partners for their input on new items

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