# Washington Healthy Youth Coalition Information Summary

### Goal

To reduce the percentage of WA 10th graders who use alcohol and/or marijuana.

## Overview

First formed in 2005, the Washington Healthy Youth (WHY) Coalition is a partnership of Washington State government agencies and organizations representing traffic safety, law enforcement, faith-based groups, education, public health, policy and rulemaking, and social services. The WHY Coalition acts as the Underage Drinking & Youth Marijuana Misuse/Abuse Prevention workgroup for the State Prevention Enhancement (SPE) Policy Consortium. The main goal for WHY is to reduce the percentage of WA 10th graders who use alcohol and/or marijuana in the past 30 days by addressing root causes and environmental factors. In 2023, past 30-day use for 10th grade youth was 9% for alcohol and 8.4% for marijuana. Moving forward, the WHY Coalition aims to continue lowering these rates.

### **Action items**

- 1. Provide valuable tools and resources to parents, coalitions, prevention partners, and community members.
- 2. Expand membership of coalitions and workgroups with a focus on obtaining a diverse and inclusive membership.
- 3. Use data to inform strategies and tactics.
- 4. Educate and share pertinent information with coalition members, to motivate stakeholder/partner engagement.

# **Objectives/strategies**

- 1. Engage the broader WHY coalition in creating materials for parents and guardians.
  - a. Maintain the Start Talking Now website and Facebook page.
  - b. Generate content for social media and the website.
  - c. Develop factsheets for emerging topics.
  - d. Consult with youth- and parent-serving organizations to ensure content and strategies align with best practices.
- 2. Ensure opportunities for engagement and information sharing.
  - a. Engage the broader WHY Coalition in identifying topic areas and proposing speakers.
  - b. Structure meetings to allow presentations, discussion, and agency and round robin updates.
  - c. Share relevant information with collective networks through various platforms.
  - d. Actively sustain existing members and seek relationships with prospective members to ensure a thriving, diverse, and representative membership.