

Mental Health Promotion and Suicide Prevention Coalition Information Summary

Goal

Statewide workgroup consisting of state and local organizations that use SPE strategies to improve the mental health and wellness of individuals, families, and communities in Washington.

Overview

As the stigmatization of mental health and suicide prevention have slowly changed, the Mental Health Promotion and Suicide Prevention workgroup seeks collaborative involvement with state and local organizations. According to the 2023 Healthy Youth Survey, 30% of WA 10th grade students report feeling so sad or hopeless for two weeks or more that they stopped doing their usual activities. Also, it was reported that 9% of WA 8th grade students have attempted suicide in the past year.

Action items

1. Build capacity across the Mental Health Promotion system.
2. Seek funding opportunities for Mental Health Promotion and Suicide Prevention.
3. Disseminate resources related to Mental Health Promotion and Suicide Prevention.

Objectives/strategies

1. Continue the statewide workgroup that includes the Department of Health, Office of Superintendent of Public Instruction, Department of Children Youth and Families, Action Alliance for Suicide Prevention and other statewide partners and advocacy groups as appropriate to work towards enhancing coordination, planning, and activities addressing mental health promotion and suicide prevention.
2. Work with DOH, DBHR, and other state level partners to cultivate additional strategic Mental Health Promotion/Suicide Prevention funding opportunities.
3. Support, share and advocate for training to enhance workforce knowledge of mental health in Washington communities.