

March Prevention Learning Community Meeting

Hosted by: Division of Behavioral Health and Recovery

Wednesday, March 26, 2025

9:00 a.m. – 12:00 p.m.

Time	Agenda
9:00-9:10 a.m. 10 min	Welcome / Introduce New Prevention Providers to the Call
9:10-9:50 a.m. 40 min	Prevention Budget Updates <i>Sarah Mariani</i>
9:50-10:00 a.m. 10 min	Legislative Updates <i>Sonja Pipek</i> <ul style="list-style-type: none"> • Legislative process overview • Bills to watch
10:00-10:20 a.m. 20 min	Statewide Updates <i>DBHR Prevention Section</i> <ul style="list-style-type: none"> • Minerva • Take Back Day • and more!
10:20-10:40 a.m. 20 min	Problem Gambling <i>Paulina Zyskowski</i>
10:40-11:10 a.m. 30 min	EBP Project Updates <i>Alexis Schmierer</i> <ul style="list-style-type: none"> • EIP Page updates • We want your Feedback! • Re-Review of the EIP programs update • Where we've been & where we're going next
11:10-11:15 a.m. 5 min	Break
11:15 – 12:00 p.m. 45 min	Young Adult Health Survey (YAHS) <i>Jason Kilmer</i> <ul style="list-style-type: none"> • What are we seeing after 11 years of data collection?

LCM Slides

▶ The LCM slides have a new home on The Athena Forum!



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Training

[All in Training](#)

[Provider training](#)

[Communities That Care: Study guides for trainers](#)

[OWL E-Learning professional development information](#)

[Training and events calendar](#)



Provider training and meetings

These trainings are designed and developed for Health Care Authority's Division of Behavioral Health and Recovery contractors and other prevention professionals. Additional trainings are available via [OWL eLearning](#) system. Upcoming trainings can be found on The Athena Forum's [training and events calendar](#).

Training and meeting materials:

2025

[Learning Community Meeting - January 22](#)

+

[Learning Community Meeting - February 26](#)

+

<https://theathenaforum.org/training/provider-training-and-meetings>

2025 LCM Schedule

9:00-11:00am with optional 3rd hour

Month	Date	Platform	Athena Forum Calendar Link
April	April 23	Zoom	Training and events calendar The Athena Forum Note: Share with Contract Contact / fiscal agent as hold for contract negotiations.
May	May 28	Zoom	Training and events calendar The Athena Forum
August	August 27	Zoom	Training and events calendar The Athena Forum
September	September 24	Zoom	Training and events calendar The Athena Forum (Annual Contractor Meeting)



The
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Headlines

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Save the date: DBHR's 2025 Coalition Leadership Institute

Submitted by wilsok1107 on January 2, 2025 - 11:32am

January 02, 2025

Save the date! The Washington State Health Care Authority's (HCA) Division of Behavioral Health and Recovery (DBHR) is hosting the **2025 Coalition Leadership Institute (CLI) on Tuesday, June 24 and Wednesday, June 25!**

This year's CLI will be **held virtually on Zoom** and will focus on Minerva 2.0 and how it supports our work in Washington state.

We'll cover important updates for the new biennium, share insights from data dashboards, explore "the whys" behind reporting requirements, and prepare for reporting and planning in the next biennium.

Attendance is required for CPWI coalition coordinators, CBO grantees, and young adult local service grantees. Day one is required for representatives from educational service districts (ESDs) providing school-based services. Don't miss this opportunity to learn, collaborate, and get ready for what's ahead! Agenda and registration links are coming soon!

State Health Improvement Plan Listening Sessions – Invitation to Join

- ▶ **What is a SHIP?** It's a long-term, system wide plan to focus efforts on critical health issues facing Washingtonians.
- ▶ **Who should attend?** State, tribal, and local governmental public health representatives and community partners
- ▶ **Why participate?** To learn about statewide data findings, provide critical input, and identify priority alignment between community, tribal partners, and public health agencies/organizations
- ▶ **When is it happening?** April 2, 2025 (Spokane) & April 25, 2025 (Tacoma)
- ▶ **How do I register?**
 - ▶ East Side: <https://www.eventbrite.com/e/state-health-improvement-plan-listening-session-virtual-and-in-person-tickets-1247436709779>
 - ▶ West Side: <https://www.eventbrite.com/e/state-health-improvement-plan-listening-session-virtual-and-in-person-tickets-1273955758969>

Developing a strategic plan for prenatal through age 25 behavioral health.



Washington Thriving – get involved!

- ▶ You may remember hearing from them at some of our events last year including the Coalition Leadership Institute!
- ▶ The Children and Youth Behavioral Health Work Group (CYBHWG) and its subgroups will focus on informing the Prenatal through age 25 Behavioral Health Strategic Plan.
- ▶ Opportunities to be engaged and have your voice heard.
- ▶ Visit Washington Thriving at www.washingtonthriving.org to learn more and subscribe!

Calling Youth & Young Adults!

- ▶ Please join the upcoming Washington Thriving Youth & Young Adult Discussion Group session on **April 2nd at 4-5:30pm** for the opportunity to provide your input.
- ▶ This session will focus on providing brief updates on the project, and then discussion around the System of Care framework and a first look at the top line recommendation themes for the Strategic Plan.
 - ▶ This meeting is open to the public, so please share this opportunity with your networks and encourage their participation in this process.
 - ▶ You can add the event to your calendar using the 'add to calendar' button on the website:
<https://www.washingtonthriving.org/events/discussion-group-youth-young-adults>
 - ▶ Stipends may be available to young people and their families for participating in Discussion Group sessions if you: 1) personally received behavioral health services at the age of 25 or under, or wanted services but couldn't access them; or 2) are the parent or caregiver of a youth or young adult who received or wanted services aged 25 or younger; and are not a state employee or being paid by your employer or anyone else for your time in this meeting.

Prevention Budget Updates

Sarah Mariani | Section Manager | HCA/DBHR

Update

- ▶ Inslee's proposed biennial budgets and Governor Ferguson's budget recommendations can be found at [Budget | Office of Financial Management](#).
- ▶ Up next, HCA continues to review as a conference budget is developed.
- ▶ HCA will share updates as able through email, pulling together providers, and/or at the next LCM.

Legislative Session Updates

Sonja Pipek | Tribal & CBO Services Supervisor
| HCA/DBHR

2025 Bills of Interest- Alcohol/DUI

Subject	Bill #/ Companion	Title	Status
DUI	SB 5067 / HB1315	Concerning impaired driving	<i>Transportation</i>
DUI	SHB 1100	Vacating convictions for DUI	<i>H Community Safety</i>

2025 Bills of Interest- Cannabis

Subject	Bill # / Companion	Title	Status
Cannabis	ESB 5206	Cannabis Retailer Advertising	House: Consumer Protection & Business
Cannabis	ESHB 1551	Extending the cannabis social equity program	<i>Senate: Labor & Commerce</i>
Cannabis	ESSB 5403	Limiting financial interest agreements for licensed cannabis retailers Supporting a sustainable cannabis industry Allowing direct to consumer sales of certain cannabis products	House: Consumer Protection & Business
Cannabis	SSB 5758	Supporting social equity in the cannabis industry by establishing distance requirements for certain licensees.	House: Consumer Protection & Business

2025 Bills of Interest- Cannabis

Subject	Bill #/ Companion	Title	Status
Cannabis	HB 2037	NEW: Modernizing adult use cannabis laws	Finance
Cannabis	HB 1932	Authorizing cannabis consumption in regulated environments	<i>Consumer Protection & Business</i>
Cannabis	HB 1940	Concerning the cannabis industry	<i>Finance</i>
Cannabis	HB 1341 SB 5700	Medical cannabis authorization database	Senate Rules Senate X-File
Cannabis	HB 1347	Cannabis testing laboratories	Senate Labor & Commerce

2025 Bills of Interest- Data

Subject	Bill #/ Companion	Title	Status
Data	HB 1066	Data Dashboard on regulated substances	<i>Labor & Commerce</i>

2025 Bills of Interest- Tobacco

Subject	Bill #/ Companion	Title	Status
Tobacco	HB 1203 /SB 5183	Prohibiting the sale of certain tobacco and nicotine products	Finance / Health & Long-term care
Tobacco	HB 1416	Increasing tobacco and vapor products taxes	Finance
Tobacco	HB 1417	Establishing an embodied carbon tax on cigarettes	Finance
Tobacco	HB 1534 /SB 5526	Enhancing Regulations: Tobacco, Alt Nicotine, Vape	Appropriations / Labor & Commerce
Tobacco	HB 2033	NEW: Concerning the taxation of nicotine products	Finance

2025 Bills of Interest- P-25

Subject	Bill #/ Companion	Title	Status
P-25	HB 2038	NEW: Establishing the youth behavioral health account with B&O tax of social media platforms.	<i>Finance</i>

Statewide Updates

SUD Prevention and MH Promotion Section |
HCA/DBHR

CPWI Coalition Contract Negotiations

- ▶ Feedback has been collected, THANK YOU!
 - ▶ Focused on the Task Order -01 and Special Terms.
 - ▶ Reminder, much of the rest of the language is part of the agency template.
- ▶ April LCM to be the formal review of proposed changes.
- ▶ Goal: **finalize the Umbrella Contract template by May** to then begin issuing out Contracts prior to June 30th.
 - ▶ We should know about the budget / fund sources by April / early May.

CPWI / CBO – Expenditure Request

- ▶ Awaiting final approval; date unknown.
- ▶ This may impact your ability to expend these funds.
- ▶ This is for funding to support additional programming through June 30th.
- ▶ Please watch for communication from your prevention manager!



Minerva

▶ **NEW** Quarterly New User Training slides and transcript

- ▶ Slides and a PDF with transcript
- ▶ Highly recommended for all users

▶ **Updated** Sandbox accounts

- ▶ Every two years data will be deleted
- ▶ Replaced with sample data for reference only
- ▶ Happy practicing!

Minerva

► **Updated** Survey Selection Guide (v5)

- ▶ A new section to the document titled “Key Changes”
- ▶ New translated instruments:
 - Coalition Assessment Tool [CAT], Strengthening Families [SF_P], Strengthening Families WSU – Spanish [SFWSU_A]
- ▶ Existing instruments now with risk/protective and contributing factors:
 - Life Skills Scale – Alcohol Attitudes [LST-AA], Managing for Parents of Young Children – Spanish [APM5_Ps]

Minerva

► **Updated** Outcomes Report in the Evaluate Channel

- ▶ New fields, # *Completed Pre Tests* and # of *Completed Post Tests*
- ▶ A completed test is defined as a test submission where every question on the test has been completed
- ▶ Under Test Results, Summary Results will only display statistical results for completed tests
- ▶ All tests including incomplete tests are included in the Test Results, Frequency of Change by Questions

Minerva

- ▶ **Reminder** Outcomes Report and Contract Compliance
 - ▶ Contract “Performance Work Statement/Evaluation” defines “positive outcomes” means that at least half of the participants in a group (= Cohort, in Minerva 2.0) report positive improvement or maintenance as determined by pre and post-tests.
 - ▶ Evaluation (= Outcomes Report, in Minerva 2.0) will occur on the 15th of the month following the final date of service for the Cohort **starting July 1, 2025.**

Minerva

► **Updated** Program Implementation Monitoring (PIM) Report

- ▶ Add additional rows under Program & Strategy
Summary: Program Type Category, CSAP Strategy, IOM,
Fund Source(s), Evidence Based Designation
- ▶ By Cohort and Campaign, three columns, Planned
Implementation, Actual Implementation, Implementation
Progress which is % of activities, hours, # served
accomplished compared to what was planned

Looking for materials to promote Safe Medication Return?

Department of Health (DOH) has launched a new process to access and order **free** promotional materials on the State's safe medication return (SMR) program!

▶ What is available:

- ▶ Safe Medication Return Wallet cards – *currently out of stock*
- ▶ Safe Medication Return brochure – *25 available*
- ▶ Safe Medication Return flyer – *600 available*

▶ How to order:

- ▶ Visit this link: [Order free SMR printed materials here](#)
 - ▶ Orders are placed in quantities of 25.
- ▶ There are no shipping fees.

▶ You can also download the materials on [DOH's SMR website](#), under *More Safe Medication Return Information and Resources*.

National Drug Take Back day is coming up!

The next National Drug Take Back (NDTB) day is coming up on **Saturday, April 26, 2025, from 10:00 a.m. to 2:00 p.m.**

- ▶ NDTB event registration process *may have* changed:
 - ▶ Event registration will need to take place via email.
 - ▶ A PDF registration form will need to be completed and emailed.
 - Reach out to me via email, kersten.tano@hca.wa.gov, for the registration form.
 - ▶ Once form is completed, it will need to be sent to the Washington DEA point-of-contact email - DEA.WA.NTBI@dea.gov.

National Drug Take Back day is coming up!

- ▶ DEA Take Back Day Social Media campaign (*has not been updated yet*): [DEA | National Rx Take Back Social Media Campaign](#)
- ▶ SWO Take Back materials: [SWO | Safe Disposal Toolkit](#)
- ▶ Friends for Life (FFL) Prevention Toolkit: [FFL | Prevention Partners Toolkit](#)
- ▶ DH is hosting a joint webinar for the Friends for Life and Starts with One campaigns to share new and updated resources!
 - ▶ When: Monday, April 14, 2025 @ 11:00 a.m. to Noon
 - ▶ More info found here: [FFL and SWO April 14 Webinar](#)
 - ▶ The 1st half-hour will be focused on FFL, the 2nd last half-hour will be focused on SWO Drug Take Back day tools.

Problem Gambling

Paulina Zyskowski, MPH
Evergreen Council on Problem Gambling

Jeremy Whitaker, Ed.D, MPH, CPH
Problem Gambling Prevention Coordinator
Division of Behavioral Health and Recovery

Youth Gambling

Primarily gambling online

- ▶ <10% of 8-10-12th graders report gambling
 - ▶ Increase in all groups from 2021
- ▶ Mobile devices (phones, tablets, laptops)
- ▶ Overlap of gaming and gambling
 - ▶ Loot boxes, in-game gambling/casinos, in-game currency
- ▶ Any gambling before age 18 is problematic
- ▶ Youth who gamble are twice risk for problem gambling as adults

Elevated Risk Factors

- ▶ High internet usage
- ▶ Lack of parental involvement
- ▶ Family conflict
- ▶ Parental engagement in gambling/favorable attitudes towards gambling
- ▶ Cultural knowledge, attitudes, & beliefs
- ▶ Peer involvement in gambling
- ▶ ACES (Adverse Childhood Experiences)

Elevated Risk Factors (cont.)

- ▶ Frequent substance use (co-occurring)
- ▶ Virtual/media advertising of gambling
- ▶ Lack of engaging activities in surrounding area
- ▶ MH challenges (ex: anxiety, depression, ADHD)
- ▶ Economic instability on a personal scale
- ▶ Poor academic performance
- ▶ Antisocial and/or negative risk-taking behaviors

Protective Factors

▶ Educational programs:

- ▶ Dangers of gambling, odds of winning, media and social media literacy, and financial management skills)

▶ Programs directed at:

- ▶ Cognitive and skill development
- ▶ Emotional development (coping mechanisms & emotional skill processing)
- ▶ Community/social involvement
- ▶ Family cohesion
- ▶ Alternative stimulating activities in the community
- ▶ Parental monitoring

Primary Prevention – Gambling/Gaming

- ▶ Reducing ACEs and Increasing Positive Childhood Events
- ▶ Decreasing screen time
 - ▶ School cell phone bans
 - ▶ Family modeling/rules
- ▶ Limiting/eliminating social media for youth
 - ▶ Advertising exposure, non-social behaviors
- ▶ Encouraging positive risk-taking
 - ▶ Essential for development and pro-social growth
 - ▶ Embracing risk-taking as part of development

Prevention and Systems Update

- ▶ Increase number of Certified Gambling Counselors in parts of the state that don't have problem gambling treatment services available within one hour drive time.
 - ▶ Meeting with Washington Mental Health Counseling Association
 - ▶ Meeting with NW Addiction Transfer Treatment Center
 - ▶ Future: Washington Council for Behavioral Health (agencies)

Prevention and Systems Update

- ▶ Require existing and future clinical training programs for substance use disorder and behavioral health professionals to include problem gambling as a required topic
- ▶ Include information within all behavioral health clinical training programs and behavioral health-related higher education degree programs about how treatment and recovery are approached and how to become a Certified Gambling Counselor.
 - ▶ Amending WAC 246-811-030 – SUDP education requirements to add problem gambling
 - ▶ Two meetings with DOH (they control the WAC)
 - ▶ Met with ECPG and NW ATTC to discuss training for educators (train-the-trainer)
 - ▶ Met with educators (WACASE), support for including it along with other behavioral addictions

Prevention and Systems Update

- ▶ Develop and distribute a mobile app that can be used by consumers to locate problem gambling services, including prevention, treatment, and recovery referrals and other resources.
 - ▶ Meetings with three digital service providers about being funded in 2025-2027: Evive, GamFin, and GameBan

Prevention and Systems Update

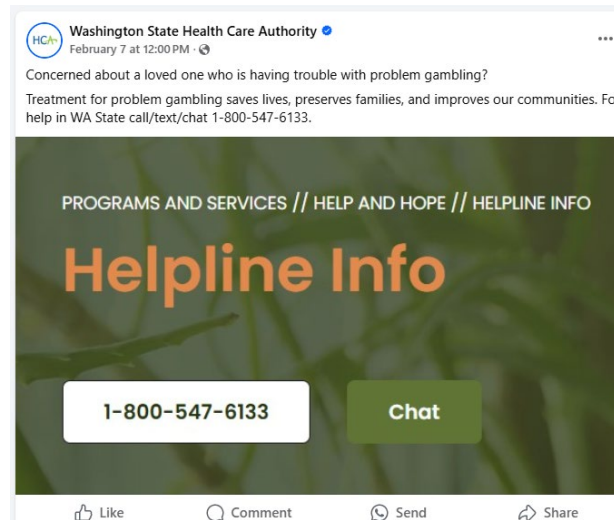
- ▶ Support enhanced problem gambling prevention services for youth (under age 18) that are integrated into existing HCA prevention efforts
 - ▶ Anticipate rolling out a pilot in 2025 to fund ~5 sites to integrate problem gambling into local prevention.
 - Focus on integration with existing prevention programs
 - Attended data reporting training (Minerva); Meetings with SUD prevention about contracts, YCCTPP at DOH, Whatcom County, Oregon Problem Gambling Program
 - Integration with WSU Fellows
 - ▶ Support for Tribal Icelandic Model Implementation (in discussion)
 - ▶ Sponsorship and presentation at Spring Youth Forum

Prevention and Systems Update

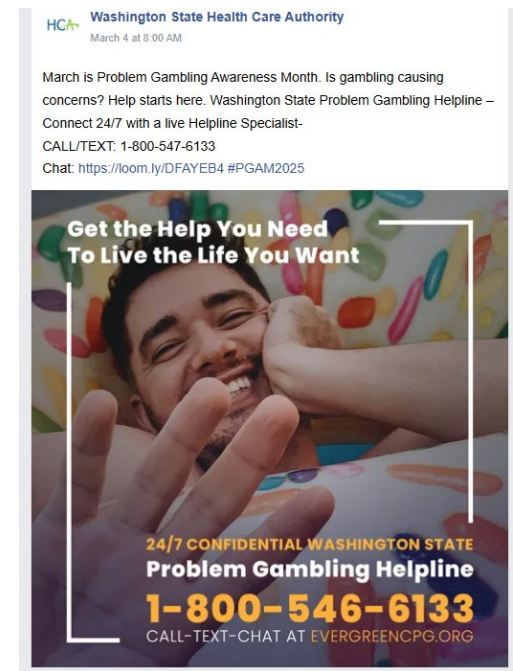
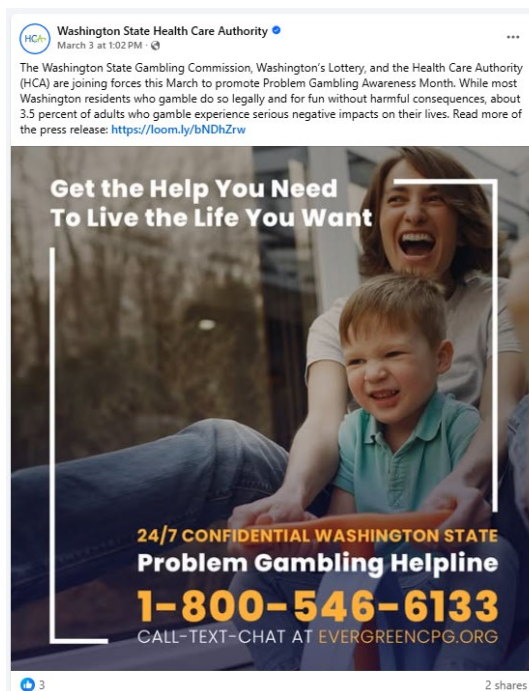
▶ Other Activities

- ▶ CCSAP and May Conference Presentation (upcoming)
 - Young Adult Survey
- ▶ Superbowl Social Media
- ▶ Problem Gambling Awareness Month
 - Articles on HCA external website, internal website, Athena Forum, P -25 newsletter, WMHCA newsletter
 - Joint Press Release with WA Lottery and WSGC
 - Social Media, collaboration with ECPG and Focus On campaign
 - SmartHealth module (state employee wellness)

Super Bowl Social Media



PGAM Social Media (so far)





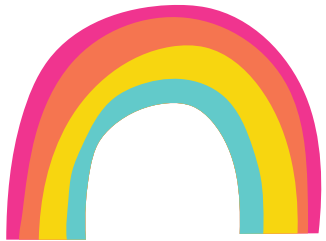
YOUTH HAVE THE POWER

A NEW YOUTH PROBLEM GAMBLING PREVENTION PROGRAM

YouthHaveThePower.org



Developed by  EVERGREEN
council on problem gambling



Why youth problem gambling prevention?

- Gambling is increasing in variety and accessibility
- Unregulated modes of gambling are being marketed to younger audiences
 - Social casinos
 - Simulated casinos
 - Loot boxes
 - Video games
 - Online casinos

Why youth problem gambling prevention?

- Exposure at a young age increases risks of problem gambling later in life
- Risk factors for PG include having a high risk tolerance, impulsivity, life stressors, poor coping skills, competitiveness
- Youth are susceptible to marketing strategies using celebrities and influencers

The Curriculum

1. Gambling

- a. What is gambling?
- b. Identifying gambling
- c. How gambling works
- d. Why should I know about this?

2. Problem gambling

- a. Spectrum of problem gambling
- b. Language and stigma
- c. Dopamine and addiction
- d. Gambling harms
- e. Gambling myths

3. Responsible gambling

- a. Risk and protective factors
- b. Safer play guidelines

4. Getting help

- a. Barriers to care – stories of recovery
- b. What help options are there?
- c. Where to find help

5. Gaming

- a. Simulated gambling in video games
- b. Microtransactions
- c. Loot boxes



A

"I would know if my family member or friend gambled"

While gambling IS risky, many people can gamble for fun safely. It's important to know to gamble responsibly if you choose to at the legal age.

A



B

"Gambling is always dangerous and should be avoided by everyone"

Gambling disorder and debt is often kept hidden from families for a long time

B



C

"Only people with gambling addiction experience gambling harms"

A person does not have to have a Gambling Disorder to be harmed by gambling. Family and friends can also be harmed

C





A

"I can learn how to beat the slots machine"

Your chances of winning are the same every single bet, regardless of how long you've been playing. In fact, your overall odds of winning in any session go down with each bet

A

B

"I've been playing this machine for hours, it's bound to pay out soon"

Luck, superstition, fate - none of these have any effect on gambling odds

B

C

"These are my lucky numbers"

There is no secret strategy to winning on a slot machine

C



Challenges

A mix of activities to encourage...

- Local resource exploration
- Positive interactions with family, friends, and the community
- Hobbies and art
- Personal growth
- Learning about behavioral health



Challenges



Activity

Call or text the Teen Link Helpline

Connect with teen volunteers trained to listen to whatever is on your mind.

All Ages

10

View Challenge

Preview



Activity

Explore the Teen Health Hub

Find resources in Washington's Teen Health Hub

All Ages

5

View Challenge

Preview



Activity

Problem Gambling Screening Questions

Explore Problem Gambling Screening questions.

All Ages

5

View Challenge

Preview



Activity

Cultural Dance or Music

Learn and perform a traditional dance or piece of music from your culture.

All Ages

40

View Challenge

Preview



Create

Traditional Craft

Learn and create a traditional craft.

All Ages

40

View Challenge

Preview



Activity

Cultural Storytelling

Interview an elder or family member to learn about traditional stories, legends, or history from your culture.

All Ages

25

View Challenge

Preview



Challenges



Interview

Interview Peers

Interview your peers on a topic that is important to you.

All Ages

Y 10

View Challenge

Preview



Create

Create a PSA Video

Film a video that raises awareness and educates the public on a behavioral health issue or cause through a clear, impactful message.

All Ages

Y 35

View Challenge

Preview



Create

Create a PSA Poster

Design a poster that raises awareness and educates the public on an important behavioral health issue or cause through a clear, impactful message.

All Ages

Y 15

View Challenge

Preview



Create

Design a Harm Reduction Poster

Create a poster that promotes strategies to minimize risks and negative consequences associated with harmful behaviors or substances.

All Ages

Y 15

View Challenge

Preview



Create

Design a Community Action Plan

Using your imagination, design a project you'd like to see in your community.

All Ages

Y 25

View Challenge

Preview



Game

Play Neighborhood Good

This short game lets you explore issues that a community is facing and find creative ways to address the problem.

All Ages

Y 10

View Challenge

Preview

Awards

- Wolf Haven International
- Let's Glow Minigolf
- FLight 509 Family Entertainment Center
- Slide Waters Waterpark
- Bowlero
- Museum of Glass
- K1 SPeed
- Jerrerson County Historical Society and Museum
- Hands on Children's Museum
- Great Wolf Lodge
- Benihana
- Centralia Rollerdom





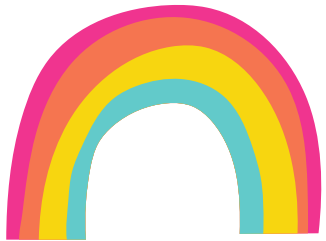
YOUTH HAVE THE POWER

A NEW YOUTH PROBLEM GAMBLING PREVENTION PROGRAM

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council on problem gambling



Evidence Based Program Project Updates

Alexis Schmierer | Prevention Systems
Manager & EBP Project Support | HCA/DBHR

Excellence in Prevention (EIP) Page Updates



► Revamped EIP Athena page: <https://theathenaforum.org/EBP>

Alcohol X

Early Adolescence (12-14)

Program Outcomes

+

Target Population

+

Program Specifics

+

Risk and Protective Factors

+

Apply

Reset

Guiding Good Choices

At a glance

Program or Strategy Type

Direct Service

Intervention Continuum: Universal

Age group(s)

Early Adolescence (12-14)

Setting(s)

School

DBHR Prevention Funding Source(s)

EIP, Cannabis, Opioid, MHPP

EBP Designation

- Evidence Based Program (EBP) for EIP
- Evidence Based Program (EBP) for Cannabis
- Evidence Based Program (EBP) for Opioid
- Evidence Based Program (EBP) for MHPP

Versions with EBP Designations

N/A

Program or Strategy Description

Guiding Good Choices (GGC) is a family competency training program for parents of children in middle school. The program contains five-sessions, with an average session length of 2 hours each week. Children are required to attend one session that teaches peer resistance skills. The other four sessions are solely for parents and include instruction on: (a) identification of risk factors for adolescent substance abuse and a strategy to enhance protective family processes, (b) development of effective parenting practices, particularly regarding substance use issues, (c) family conflict management, and (d) use of family meetings as a vehicle for improving family management and positive child involvement.

Contexts

Race/Ethnicity: All

(Dis)ability: Not specified

Gender: Female, Male

LGBTQ+: Not specified

Urbanicity: Urban, Suburban, Rural

Language: English, Spanish

Program Website:

<https://www.channing-bete.com/prevention-programs/guiding-good-choices>

Name and Contact of Program Developer

J. David Hawkins, Ph.D. (206) 543-7655 jdh@uw.edu

Characteristics

Number of Sessions: 5 sessions

Length of Sessions: 2 hours per session

Unique Implementation Factors: Not specified

Training/TA Requirements

18-19 hours of training

Facilitator/Staff Credentials

One coleader must be a parent

We want your Feedback!

- 1 What aspects of the EIP page are most **helpful** or **support your work**?
- 2 In what ways are there still barriers or **challenges**?
- 3 Do you have any **suggestions** for improvement?

WE APPRECIATE
YOUR FEEDBACK
THANK YOU!

Join at menti.com | use code **9521 7557**
Scan the QR code →
Or use the link in the chat!



Re-Review of Select EIP Programs Update

- ▶ Testing a **Practice-Based Evidence** continuum
- ▶ First round of reviews is underway



	Program	Reason(s) to Review
1	Hip-Hop 2 Prevent Substance Abuse and HIV	Population, Setting, Feedback
	Keep a Clear Mind	Setting, Feedback
	Parenting Wisely	Setting, Feedback
2	Strengthening Families Program (Utah)	Population, Setting
	Strengthening Multi-Ethnic Families and Communities	Population, Setting, Feedback
	Healer Women Fighting Disease Integrated Substance Abuse and HIV Prevention Program for African American Women	Population, Setting
	Red Cliff Wellness School Curriculum	Population, Setting
	Storytelling for Empowerment	Population, Setting
	(Girls Inc) Friendly PEERsusion	Population
3	Native American Prevention Project Against AIDS and Substance Abuse	Population
	Nurturing Program for Parents and their School-age Children 5 to 11 Years (Formerly Nurturing Parenting Programs)	Setting
	Say It Straight	Setting
	Sembrando Salud	Population

EBPs: Where We've Been

EIP update begins
Tools created
Academics consulted

2019

2020

We survived!

Providers feedback
Internal strategic
planning

2021

2023

Lists consolidated
Tools refined

EIP updates
Health equity
consultations

2024

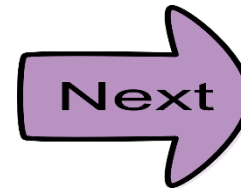
2025

Pilot PBE review
EIP updates continued

EBPs: Where We're Going Next



- ▶ Pilot PBE criteria
- ▶ Update status for 13 programs
- ▶ Refine contract definitions
- ▶ Strengthen support and expectation for PSMs



- ▶ Refine PBE criteria
- ▶ Build nomination process
- ▶ Revisit policies
- ▶ Expand EBP Workgroup
- ▶ Build sustainable update process

Workforce Development Announcements

Codie Garza | Development and Strategic
Initiatives Supervisor | HCA/DBHR

Workforce Development Survey

- ▶ **Reminder: Please complete the survey to inform your Workforce Development Workgroup!**



<http://www.surveymonkey.com/r/PY6YQF2>

Spring Youth Forum Update

- ▶ Working closely with our partners at WSU as we continue to navigate obstacles on several fronts:
 - ▶ Contract freezes
 - ▶ Hiring freezes
 - ▶ State agency budget/cost saving exercises
- ▶ Not possible to host an in-person conference this year
- ▶ We are trying to think of some meaningful ways to still recognize youth, even if virtual
- ▶ Continue to hold May 7th as we develop ideas
 - ▶ Got suggestions? Share your feedback with us by April 4th
 - ▶ Email: contactus@SpringYouthForum.org

Past Conference CE Certificates

- ▶ **Submit requests for past conference continuing education (CE) certificates by April 30, 2025**
- ▶ How to do this? Reach out to the respective conference emails:
 - ▶ Region 10 Opioid Summit: Stacey.Okland@hca.wa.gov
 - ▶ Provider Meeting & Prevention Summit: contactus@preventionsummit.org
- ▶ Trouble with the support email? Contact UNR directly by phone at 775-682-9103
 - ▶ Office hours: 9:00 a.m. – 5:00 p.m.

Q&A

Video Game Gambling

Question	Answer
Is there a list of identified video games where gambling is a part of the game environment?	<ul style="list-style-type: none">• ESRB's official ratings allows you to search for a game to see what content it contains.• The Family Gaming Database allows you to search for games and filter <i>out</i> gambling, loot boxes, and trading items. Each game's description also specifies whether it's paid, free, or includes in-game purchases.

Washington Thriving Group Discussion

Question	Answer
How can I join the Washington Thriving group discussion?	Navigate to this link , select the event on the calendar, and click "add to calendar." If you have any trouble, you can contact them directly here .

2025 Coalition Leadership Institute

Question	Answer
Will CLI be fully virtual this year?	Yes, CLI will be virtual. Check the Athena Forum monthly newsletters for more information.

DEA Drop Box Website

Question	Answer
I am having problems using the DEA website for year-round drop boxes (medtakebackwashington.org). Do you know who we would contact about this?	You can contact them directly at DEA.WA.NTBI@dea.gov .

Excellence in Prevention List

Question	Answer
Who do I contact if the Excellence in Prevention website needs an update?	You can contact Alexis at alexis.schmierer@hca.wa.gov . We would also like to hear your thoughts on the EIP page here .

Survey Requirements

Question	Answer
What if our EBP is geared toward those younger than 10 years old, who are not required to take surveys? Will this impact our funding?	No, we manage and monitor to the terms of the contract.