

Managing for Parents of Young Children

Date: ____/____/20____

Name/Code: _____

Directions: Mark only one answer for each question.

During the past month, when you and your child have spent time talking or doing things together, how often did you...

	Always	Almost Always	Fairly Often	About Half the Time	Not Too Often	Almost Never	Never
01. get angry at him or her?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
02. let this child know you really care about him/her?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
03. shout or yell at this child because you were mad at him/her?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
04. act loving and affectionate toward him/her?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
05. let this child know that you appreciate him/her, his/her ideas or things he/she does?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
06. yell, insult or swear at him/her when you disagreed?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
07. When this child does something wrong, how often do you lose your temper and yell at him or her?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

If you learned that your child/children had **BROKEN** an important family rule, how likely is it that you would:

	Not likely at all	Not very likely	Somewhat likely	Quite likely	Extremely likely
08. Take away some of their freedom?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
09. Tell them how you feel about their breaking the rule?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Call them names?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Give them added responsibilities?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. Use physical discipline?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

If you learned that your child/children had **FOLLOWED** an important family rule, how likely is it that you would:

	Not likely at all	Not very likely	Somewhat likely	Quite likely	Extremely likely
13. Verbally praise them?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. Reward them with money or objects?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. Give them more privileges?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

With my child (or children) I find myself...

	Disagree	Not Sure	Agree
16. Having fun as a parent.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17. Feeling really stressed out.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18. Staying calm when I have to discipline.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19. Letting my kids solve their own problems.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>