
I handle stress very well.

<input type="checkbox"/>	Strongly agree
<input type="checkbox"/>	Agree a little
<input type="checkbox"/>	Disagree a little
<input type="checkbox"/>	Strongly disagree
<input type="checkbox"/>	No Answer

Stressful situations are very difficult for me to deal with.

<input type="checkbox"/>	Strongly agree
<input type="checkbox"/>	Agree a little
<input type="checkbox"/>	Disagree a little
<input type="checkbox"/>	Strongly disagree
<input type="checkbox"/>	No Answer

I know how to relax when I feel too much pressure.

<input type="checkbox"/>	Strongly agree
<input type="checkbox"/>	Agree a little
<input type="checkbox"/>	Disagree a little
<input type="checkbox"/>	Strongly disagree
<input type="checkbox"/>	No Answer

I know what to do to handle a stressful situation.

<input type="checkbox"/>	Strongly agree
<input type="checkbox"/>	Agree a little
<input type="checkbox"/>	Disagree a little
<input type="checkbox"/>	Strongly disagree
<input type="checkbox"/>	No Answer