Prevention Programs and Strategies for Youth Cannabis Use Prevention

Evidence-Based Programs

- Communities That Care (CTC)
- Familias Unidas
- Family Matters (adapted for marijuana)
- Good Behavior Game (GBG)*
  - ❖ **Approved versions:** American Institutes for Research (AIR) GBG; PAXIS (PAX) GBG
- Guiding Good Choices*
- Incredible Years[1]*
  - ❖ **Approved versions**: Parent BASICS – (Toddler, Preschool, and/or School Age); Teacher Classroom Management
- LifeSkills Training (LST)
  - ❖ **Approved version**: Botvin Middle School: Grades 6, 7, and 8
- Lions Quest Skills for Adolescence*
- Keep Safe
- Community-based Mentoring* (Big Brothers Big Sisters: Community-Based or innovative design- all must be approved by Mentoring Works WA)[2]
- Nurse Family Partnership (NFP)*
- Positive Action*
- Project STAR
- Project Towards No Drug Abuse
- Project Towards No Tobacco Use (adapted for marijuana)
- PROSPER
- Raising Healthy Children, *formerly Seattle Social Development Project*
- SPORT Prevention Plus Wellness
  - ❖ **Approved versions:** One-on-one delivery format, Alcohol/Drug curriculum for Middle School or High School.
- Strengthening Families Program: For Parents and Youth 10-14 (SFP 10-14, Iowa Version)*
- Strong African American Families*
- Strong African American Families – Teen*

Promising Environmental and Information Dissemination Strategies

- Community Trials Intervention to Reduce High-Risk Drinking (adapted for marijuana)
- Policy Review and Development
- Purchase Surveys coupled with Reward and Reminder
- Restrictions at Community Events
- Social Norms Marketing[3] (as CSAP: Information Dissemination)

Notes

- ❖ (*) These programs also have Mental Health Promotion areas of interest and outcomes.
- ❖ Across Ages and Career Beginnings are removed from the list of suggested Community-based Mentoring programs. All mentoring programs are to be submitted to the MENTOR WA survey and technical assistance process and reviewed by DBHR to determine Evidence Based Program status.

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[1] Each listed Incredible Years version may be implemented as a stand-alone program: more than one version is not required.

[2] *All* community-based mentoring program applicants (except Big Brothers Big Sisters) must connect with their PSM for more information on the vetting process.

[3] Social Norms Marketing (SNM) is not classified as CSAP strategy "Environmental" and therefore cannot be used to fulfill associated DBHR requirements. SNM campaigns must meet all the implementation criteria included on the [SNM Guidance Document](#).

Criteria and Resources used in determining this program list:

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- **Washington State Prevention Research Subcommittee**

Programs must have direct or indirect links to cannabis use outcomes and be rated:

- Evidenced-Based/Research-Based:
  - ❖ Blueprints rating of Promising OR
  - ❖ WSIPP rating of Evidence-based or Research-based OR
  - ❖ CrimeSolutions rating of Effective OR
  - ❖ CEBC Rating of 1 – Well Supported or 2 - Supported
  - ❖ WWC rating of Strong, Moderate, or Promising OR
  - ❖ Title IV- E rating of Well-Supported OR
  - ❖ CASEL rating of SELect

- Promising:
  - ❖ WSIPP rating of Promising OR
  - ❖ CrimeSolutions rating of Promising OR
  - ❖ CEBC Rating of 3 - Promising Research Evidence OR
  - ❖ WWC rating of uncertain effects OR
  - ❖ Title IV-E rating of Promising, Supported OR
  - ❖ CASEL rating of SELect based on 1 QED, Promising, SEL Supportive

Additional Resources

- ❖ Blueprints For Healthy Youth Development https://www.blueprintsprograms.org/
- ❖ California Evidence Based Clearinghouse (CEBC) https://www.cebc4cw.org/
- ❖ National Institute of Justice CrimeSolutions https://crimesolutions.ojp.gov/rated-programs
- ❖ Washington State Institute for Public Policy (WSIPP), Updated Inventory of Evidence-Based, Research-Based, and Promising Practices: For Prevention and Intervention Services for Children and Juveniles in the Child Welfare, Juvenile Justice, and Mental Health Systems, September 2020. http://www.wsipp.wa.gov/ReportFile/1727/Wsipp_Updated-Inventory-of-Evidence-Based-Research-Based-and-Promising-Practices-For-Prevention-and-Intervention-Services-for-Children-and-Juveniles-in-the-Child-Welfare-Juvenile-Justice-and-Mental-Health-Systems_Report.pdf
- ❖ Environmental Strategy Implementation Fidelity Assessment Guidelines, 2013. http://theathenaforum.org/sites/default/files/Environmental%20Strategy%20Fidelity%20Assessment%20Guide%20(with%20footnotes).pdf
- ❖ Washington State Institute for Public Policy (WSIPP), Updated Inventory of Programs for the Prevention and Treatment of Youth Cannabis Use, December 2019. https://www.wsipp.wa.gov/ReportFile/1716/Wsipp_Updated-Inventory-of-Programs-for-the-Prevention-and-Treatment-of-Youth-Cannabis-Use_Report.pdf
- ❖ Washington State Institute for Public Policy (WSIPP), Updated Inventory of Evidence-Based and Research-Based Practices: Washington's K-12 Learning Assistance Program June 2020 report http://www.wsipp.wa.gov/ReportFile/1724/Wsipp_Updated-Inventory-of-Evidence-Based-and-Research-Based-Practices-Washington-s-K-12-Learning-Assistance-Program_Report.pdf
- ❖ Title IV-E Prevention Services Clearinghouse Programs and Services Reviewed | Title IV-E Prevention Services Clearinghouse (hhs.gov)
- ❖ What Works Clearinghouse https://ies.ed.gov/ncee/WWC/Search
- ❖ CASEL Program Guide https://pg.casel.org/review-programs/