

**University of Washington
Washington Young Adult Health Survey**

Because of the novel coronavirus (COVID-19) pandemic, in the last 12 months have you:

(Check all that apply)

- Had your work hours reduced? (n=1,110)
Yes: 14.47%
No: 80.72%
- Been laid off or furloughed from a prior job (i.e., with communication that they intend to bring you back when circumstances improve)? (n=1,110)
Yes: 6.20%
No: 93.80%
- Lost your job altogether? (n=1,110)
Yes: 5.51%
No: 94.49%
- Had your work hours increased? (n=1,110)
Yes: 14.30%
No: 85.70%
- Gotten a job when you were previously unemployed? (n=1,110)
Yes: 20.66%
No: 79.34%
- Taken an additional job? (n=1,110)
Yes: 12.03%
No: 87.97%
- Had an important life event canceled or postponed (e.g., graduation, wedding)? (n=1,110)
Yes: 39.11%
No: 60.89%
- Altered plans for college? (n=1,110)
Yes: 28.48%
No: 71.52%
- Lost a loved one due to the virus? (n=1,110)
Yes: 9.96%
No: 90.04%
- Had a change in living situation (e.g. moved back in with parents, had a roommate move out, were evicted due to an inability to pay rent, etc.)? (n=1,110)
Yes: 24.22%
No: 75.78%
- Had trouble paying bills (e.g. rent, food, medical, etc.)? (n=1,110)
Yes: 19.00%
No: 81.00%
- Had difficulty maintaining health care (both mental and physical) (e.g. not wanting to go to a doctor's office, not being able to get or pay for medications)? (n=1,110)
Yes: 28.06%
No: 71.94%

During the COVID-19 pandemic, did you: (n=1,108)

- Move into parent(s)' or other family members' home and are still living with them: 14.28%
- Move into parent(s)' or other family members' home and have since moved back out: 14.10%
- Neither of these apply to me: 71.62%

The following questions concern your thoughts about and use of alcohol, tobacco, cannabis/marijuana and other substances. When we say “cannabis,” we mean any form of the drug, including marijuana (weed, pot), hashish, or kief, and any method of use, including dried buds/flowers/leaves for smoking or in edibles, or hash oil.

1) How **easy or difficult** do you think it would be for someone your age in your community to **obtain** the following substances from ANY source?

a) Alcohol (n=1,110)

- Very easy: 71.71%
- Fairly easy: 22.73%
- Fairly difficult: 4.09%
- Very difficult: 1.05%
- Probably impossible: 0.42%

b) Cannabis (e.g., marijuana, hashish, kief) (n=1,109)

- Very easy: 61.13%
- Fairly easy: 30.19%
- Fairly difficult: 6.94%
- Very difficult: 1.22%
- Probably impossible: 0.52%

c) Heroin (n=1,108)

- Very easy: 3.97%
- Fairly easy: 13.52%
- Fairly difficult: 40.32%
- Very difficult: 34.30%
- Probably impossible: 7.88%

d) Pain relievers to get high (n=1,109)

- Very easy: 18.60%
- Fairly easy: 35.37%
- Fairly difficult: 32.96%
- Very difficult: 10.76%
- Probably impossible: 2.31%

e) Nicotine and tobacco products (n=1,109)

- Very easy: 75.50%
- Fairly easy: 18.19%
- Fairly difficult: 4.11%
- Very difficult: 1.51%
- Probably impossible: 0.70%

2) How much do you think PEOPLE RISK harming themselves **physically**, if they...

	No Risk	Slight Risk	Moderate Risk	Great Risk	Don't Know
Have one or two drinks nearly every day ?	6.15%	29.33%	38.13%	24.57%	1.82%
Have 5 or more drinks once or twice each weekend ?	2.12%	15.87%	49.63%	30.92%	1.45%
Smoke one or more packs of tobacco cigarettes per day ?	1.79%	3.84%	8.8%	84.38%	1.14%
Use e-cigarettes to vaporize/vape nicotine regularly ?	2.62%	10.73%	32.31%	52.20%	2.13%
Use marijuana or cannabis occasionally ?	32.57%	46.27%	14.39%	4.82%	1.95%
Use marijuana or cannabis regularly ?	7.82%	31.31%	39.39%	19.58%	1.90%

3) How much do you think PEOPLE RISK harming themselves *psychologically—emotionally* (e.g., mood, sense of well-being) or *cognitively* (e.g., memory, attention)--if they...

	No Risk	Slight Risk	Moderate Risk	Great Risk	Don't Know
Have one or two drinks nearly every day ?	5.40%	20.97%	31.33%	41.14%	1.15%
Have 5 or more drinks once or twice each weekend ?	1.66%	14.33%	40.79%	41.62%	1.60%
Use marijuana or cannabis occasionally ?	26.14%	44.13%	18.26%	9.71%	1.76%
Use marijuana or cannabis regularly ?	5.36%	20.76%	39.21%	33.05%	1.62%

4) How acceptable or unacceptable is it for someone your age in your community to **use cannabis or marijuana in any form** (e.g., marijuana, hashish)...?

a. Just once or twice (n=1,106)

- Totally acceptable: 63.93%
- Somewhat acceptable: 23.44%
- Somewhat unacceptable: 6.78%
- Totally unacceptable: 5.85%

b. Regularly (nearly every day) (n=1,106)

- Totally acceptable: 21.38%
- Somewhat acceptable: 38.61%
- Somewhat unacceptable: 26.14%
- Totally unacceptable: 13.87%

For these questions, please give your best estimate.

5) How often did YOU USE the following substances (in any form) during the past 12 months ? <i>Please give your best estimate for each substance.</i>	Never	Once a Year	2 to 3 times a year	Every other month	Once a month	2 to 3 times a month	Once per week	More than once a week	Every other day	Every day
Alcohol (n=1,109)	23.46%	5.41%	13.58%	8.37%	9.07%	17.72%	8.63%	10.38%	2.30%	1.09%
E-cigarettes/ nicotine vaping (n=1,108)	71.99%	4.21%	5.52%	1.98%	1.00%	2.05%	0.95%	2.14%	1.53%	8.64%
Cigarettes (n=1,099)	86.87%	3.42%	4.70%	0.81%	0.68%	1.31%	0.77%	0.55%	0.26%	0.62%
Cannabis/ marijuana for medical purposes (n=1,109)	88.04%	0.82%	1.71%	0.73%	0.45%	1.08%	0.81%	2.35%	0.97%	3.05%
Cannabis/ marijuana for recreational purposes (n=1,110)	52.74%	5.70%	9.23%	3.13%	2.87%	6.86%	3.12%	5.16%	3.06%	8.14%
“Synthetic marijuana” (e.g., K2, Spice) (n=1,107)	97.31%	0.29%	0.65%	0.19%	0.24%	0.41%	0.37%	0.25%	0.00%	0.30%
Heroin (n=1,087)	100%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Pain relievers to get high (n=1,109)	95.42%	2.43%	0.74%	0.52%	0.26%	0.26%	0.13%	0.00%	0.24%	0.00%
Methamphetamines (n=1,108)	99.09%	0.31%	0.00%	0.01%	0.00%	0.00%	0.16%	0.07%	0.00%	0.27%
Cocaine (n=1,103)	95.91%	1.87%	1.20%	0.36%	0.19%	0.37%	0.00%	0.10%	0.00%	0.00%
Kratom (n=1,107)	97.56%	0.63%	0.63%	0.32%	0.07%	0.41%	0.22%	0.16%	0.00%	0.00%
Hallucinogens (LSD, psilocybin, mushrooms, DMT, etc.) at full dose (n=1,109)	88.61%	5.13%	3.96%	1.13%	0.80%	0.29%	0.00%	0.08%	0.00%	0.00%
Hallucinogens (LSD, psilocybin, mushrooms, DMT, etc.) as microdose (n=1,109)	89.38%	4.80%	3.17%	1.38%	0.61%	0.35%	0.00%	0.30%	0.00%	0.00%

6) How often were you **“Juuling”** during the **past 12 months**? (*Please give your best estimate*)

Never:	84.15%
Once a year:	2.29%
2 to 3 times a year:	3.67%
Every other month:	1.41%
Once a month:	1.20%
2 to 3 times a month:	1.04%
Once per week:	0.30%
More than once per week:	1.01%
Every other day:	1.16%
Every day:	3.78%

7) During the **past 30 days**, which of the following have you used for non-medical reasons? (*Select all that apply*)

<input type="checkbox"/> I did not take any of these for non-medical reasons (n=1,110):	90.29%
<input type="checkbox"/> I used a stimulant, like Adderall or Ritalin (n=1,110):	2.61%
<input type="checkbox"/> I used a painkiller, like Vicodin, OxyContin, or Percocet (n=1,110):	1.08%
<input type="checkbox"/> I used a tranquilizer, like Valium or Xanax (n=1,110):	0.83%
<input type="checkbox"/> I used another kind of prescription drug (n=1,110):	2.58%
<input type="checkbox"/> I used an over-the-counter drug, like cough syrup or cold medicine (n=1,110):	5.49%

8) How often do you think the TYPICAL PERSON YOUR AGE living in Washington State used the following substances (in any form) during the past 12 months ? <i>Please give your best estimate for each substance.</i>	Never	Once a Year	2 to 3 times a year	Every other month	Once a month	2 to 3 times a month	Once per week	More than once a week	Every other day	Every day
Alcohol (n=1,107)	1.11%	0.70%	3.15%	3.70%	6.64%	17.31%	22.45%	35.47%	6.98%	2.48%
E-cigarettes/ nicotine vaping (n=1,105)	5.27%	0.68%	3.11%	3.02%	3.46%	6.89%	8.77%	26.08%	10.62%	32.09%
Cigarettes (n=1,101)	21.17%	6.21%	12.34%	6.45%	9.93%	10.87%	6.94%	12.86%	4.21%	9.03%
Cannabis/ marijuana for medical purposes (n=1,103)	30.98%	4.39%	8.23%	5.25%	9.02%	8.15%	9.24%	9.84%	6.33%	8.56%
Cannabis/ marijuana for recreational purposes (n=1,107)	3.05%	1.37%	3.95%	2.93%	6.63%	14.38%	13.24%	25.76%	13.14%	15.57%

9) How often do you believe a **typical person your age living in Washington State** uses alcohol and cannabis (e.g., marijuana, hashish, edibles) at the same time so that the effects overlap (i.e. cross fading)? *(Please give your best estimate)* (n=1,101)

- Never: 5.85%
- Once a year: 4.54%
- 2 to 3 times a year: 12.82%
- Every other month: 9.07%
- Once a month: 17.51%
- 2 to 3 times a month: 20.13%
- Once per week: 10.96%
- More than once per week: 12.27%
- Every other day: 3.23%
- Every day: 3.62%

10) How old were you the **first time** you used the following substances?

Alcohol (more than a sip) (n=901)	<u>16.8</u> years old
Cigarettes (n=290)	<u>16.7</u> years old
Cannabis (e.g., marijuana, hashish) (n=653)	<u>17.2</u> years old

11) How long has it been since you **last used** ...

Alcohol (more than a sip) (n=1,103)	
<input type="checkbox"/> Within the past 30 days:	55.62%
<input type="checkbox"/> More than 30 days ago, but within the past 12 months:	19.63%
<input type="checkbox"/> More than 12 months ago:	6.24%
<input type="checkbox"/> I have never used this substance (If deny on both item in blue, skip all related use, consequence questions):	18.51%

E-cigarettes/nicotine vaping (n=1,099)	
<input type="checkbox"/> Within the past 30 days:	17.30%
<input type="checkbox"/> More than 30 days ago, but within the past 12 months:	8.56%
<input type="checkbox"/> More than 12 months ago:	12.08%
<input type="checkbox"/> I have never used this substance (If deny on items in magenta, skip all related use, consequence questions):	62.06%

Tobacco (cigarettes, chew) (n=1,102)	
<input type="checkbox"/> Within the past 30 days:	5.53%
<input type="checkbox"/> More than 30 days ago, but within the past 12 months:	8.57%
<input type="checkbox"/> More than 12 months ago:	13.68%
<input type="checkbox"/> I have never used this substance (If deny on items in magenta, skip all related use, consequence questions):	72.23%

Cannabis (e.g., marijuana, hashish, edibles) (n=1,104)	
<input type="checkbox"/> Within the past 30 days:	30.72%
<input type="checkbox"/> More than 30 days ago, but within the past 12 months:	15.95%
<input type="checkbox"/> More than 12 months ago:	12.01%
<input type="checkbox"/> I have never used this substance (If deny on both items in green, skip all relates use, consequence questions):	41.32%

(IF USED CANNABIS "POSITIVE" IN AGE OR RECENCY QUESTION (yes to first use, along with yes to last 12 months or last 30 days, both colored green above), ask all CANNABIS QUESTIONS between 12 and 35. IF "NEGATIVE", SKIP TO QUESTION 37)

12) When you **use cannabis** (e.g., marijuana, hashish, edibles), **how high** do you usually get? (n=522)

- Not at all high: 2.93%
- A little high: 34.18%
- Moderately high: 51.18%
- Very high: 11.71%

13) Think about a typical day when you **use cannabis** (e.g., marijuana, hashish, edibles). **How long** do you usually stay high? (n=521)

- I usually don't get high: 3.47%
- less than 1 hour: 7.27%
- 1-2 hours: 31.00%
- 3-4 hours: 42.10%
- 5-6 hours: 11.31%
- 7-8 hours: 2.83%
- 9-10 hours: 0.52%
- 11-12 hours: 0.53%
- 13-18 hours: 0.74%
- 19-24 hours: 0.23%

14) How has your **frequency** of cannabis/marijuana use **changed** over the **last year**? (n=521)

- declined sharply: 22.85%
- down a little: 17.06%
- about the same: 26.03%
- up a little: 20.14%
- up sharply: 13.91%

(ONLY ASK THE NEXT QUESTION IF "POSITIVE" FOR ALCOHOL ABOVE)

15) How has your **cannabis/marijuana use** affected the amount of **alcohol you use?** (n = 521)

- led to less alcohol use: 36.38%
- led to more alcohol use: 4.49%
- no effect: 51.54%
- don't know: 7.59%

16) During the **past 30 days**, on how many days did you use cannabis/marijuana? (n=522) 8.69 Days **(IF NO USE, SKIP ALL OF THE 30-DAY QUESTIONS)**

17) During the **past 30 days**, how did you get cannabis/marijuana? (*Select all that apply*) (n=359)

- I bought it from a retail store (using a fake ID): 2.14%
- I bought it from a retail store (NOT using a fake ID): 46.11%
- I got it from a medical dispensary/service: 11.40%
- I gave money to someone to get it for me: 18.68%
- I stole it from a store or dispensary: 0.44%
- I got it from my parents with their permission: 7.33%
- I took it from my parents without their permission: 1.06%
- I got it from my sister/brother/other family member: 7.05%
- I got it from friends: 38.35%
- I got it at a party: 12.94%
- I got it from someone with a medical marijuana card: 2.24%
- I grew it myself: 0.71%
- I got it some other way (please explain): 2.50%

18) During the **past 30 days**, if you used cannabis/marijuana, how did you use it? (*Select all that apply*) (n=359)

- Smoked it (in a joint, bong, pipe, blunt): 65.12%
- Ate it (in brownies, cakes, cookies, candy): 47.99%
- Drank it (tea, cola, alcohol): 10.37%
- Vaporized it with an electronic device like a vape pen or e-cig: 49.56%
- Used it by dabbing: 15.60%
- Used it some other way. (Please describe): _____: 1.45%

19) Which of the following was your usual **preferred method** of cannabis/marijuana use? (n=357)

- Smoked it (in a joint, bong, pipe, blunt): 45.50%
- Ate it (in brownies, cakes, cookies, candy): 26.98%
- Drank it (tea, cola, alcohol): 1.17%
- Vaporized it with an electronic device like a vape pen or e-cig: 20.05%
- Used it by dabbing: 4.65%
- Used it some other way. (Please describe): _____: 1.64%



20) The LEFT side of the picture above shows 1 gram of ground-up/broken-up/crumbled marijuana, and the RIGHT side of the picture shows 1 gram of intact bud(s). Thinking about the **past 30 days**, on those days that you used marijuana, how much did you use on **an average day**? (n=354)

- Less than half of this amount (<0.5 grams): 45.82%
- About half this amount (0.5 grams): 20.04%
- About this amount (1 gram): 16.84%
- About twice this amount (2 grams): 7.69%
- About three times this amount (3 grams): 3.69%
- About four times this amount (4 grams): 2.37%
- About five times this amount (5 grams): 0.92%
- More than five times this amount (>5 grams): 2.64%

21) During the **past 30 days**, did you have any problems with your **emotions, nerves or mental health** that were probably caused or made worse by your **use of cannabis/marijuana**? (n=356)

- Yes: 19.35% No: 71.20% Not sure: 9.45%

22) During the **past 30 days**, did you have any problems with your **physical health** that were probably caused or made worse by your **use of cannabis/marijuana**? (n = 356)

- Yes: 11.15% No: 81.07% Not sure: 7.78%

23) How many times did these things happen to you while you were **using cannabis/marijuana** (or because of your cannabis/marijuana use) during the **past 30 days**?

a) Had the munchies (n=356)

- 0 times: 11.22%
- 1-2 times: 32.23%
- 3-5 times: 20.25%
- 6-10 times: 12.71%
- more than 10 times: 2.36%

b) Had trouble sleeping (n=356)

- 0 times: 77.41%
- 1-2 times: 11.37%
- 3-5 times: 6.30%
- 6-10 times: 1.95%
- more than 10 times: 2.97%

c) Had low motivation (n=357)

- 0 times: 46.10%
- 1-2 times: 26.67%
- 3-5 times: 10.19%
- 6-10 times: 9.53%
- more than 10 times: 7.51%

d) Had trouble concentrating or paying attention (n=357)

- 0 times: 35.11%
- 1-2 times: 31.22%
- 3-5 times: 17.21%
- 6-10 times: 7.33%
- more than 10 times: 9.12%

e) Had trouble remembering things (n=357)

- 0 times: 35.82%
- 1-2 times: 31.34%
- 3-5 times: 14.93%
- 6-10 times: 7.11%
- more than 10 times: 10.80%

24) During the **past 30 days**, how many times did **you** drive a car or other vehicle after **using cannabis** (e.g., marijuana, hashish, edibles) *while still feeling "high"*? (n=356)

- 0 times: 78.18%
- 1 time: 7.69%
- 2-3 times: 6.12%
- 4-5 times: 2.17%
- 6 or more times: 5.83%

25) During the **past 30 days**, how many times did **you** drive a car or other vehicle *within three hours* after **using cannabis** (e.g., marijuana, hashish, edibles)? (n=356)

- 0 times: 64.64%
- 1 time: 10.27%
- 2-3 times: 11.50%
- 4-5 times: 2.53%
- 6 or more times: 11.05%

26) In the **past 30 days**, how many times have **you** used alcohol and cannabis (e.g. marijuana, hashish, edibles) at the same time so that the effects overlapped (i.e. cross fading)? (n=355)

- 0 times: 49.69%
- 1 time: 23.49%
- 2-3 times: 15.88%
- 4-5 times: 5.95%
- 6 or more times: 4.98%

27) In the **past 30 days**, how many times have **you** driven a car or other vehicle *within three hours* of using alcohol and cannabis (e.g. marijuana, hashish, edibles) at the same time so that the effects overlapped (i.e. cross fading)? (n=355)

- 0 times: 92.16%
- 1 time: 5.45%
- 2-3 times: 1.34%
- 4-5 times: 0.83%
- 6 or more times: 0.22%

- 28) During the **past 12 months**, was there a month or more when you spent a lot of your time getting, using, or getting over the effects of cannabis (e.g, marijuana, hashish, edibles)? (n= 516)
- Yes: 27.51%
 - No: 72.49%
- 29) During the **past 12 months**, did you try to set limits on how often or how much cannabis (e.g., marijuana, hashish, edibles) you would use? (n=516)
- Yes: 54.59%
 - No: 45.41%
- 30) [If Q34=1] During the **past 12 months**, were you able to keep to the limits you set, or did you often use cannabis (e.g., marijuana, hashish, edibles) **more than you intended to**? (n=274)
- Usually kept to the limits set: 78.76%
 - Often used more than intended: 18.37%
 - Don't know 2.87%
- 31) During the **past 12 months**, did you notice that using the same amount of cannabis (e.g., marijuana, hashish, edibles) had less effect on you than it used to? (n=514)
- Yes: 34.55%
 - No: 65.45%
- 32) During the **past 12 months**, did you want to or try to cut down or stop using cannabis (e.g., marijuana, hashish, edibles)? (n=513)
- Yes: 40.04%
 - No : 59.96%
- 33) [IF Q37 = 1] During the **past 12 months**, were you able to cut down or stop using cannabis (e.g., marijuana, hashish, edibles) every time you wanted to or tried to? (n=200)
- Yes: 72.45%
 - No: 27.55%
- 34) During the **past 12 months**, did you have any problems with your emotions, nerves, or mental health that were probably caused or made worse by your use of cannabis (e.g., marijuana, hashish, edibles)? (n=516)
- Yes: 23.55%
 - No: 76.45%
- 35) During the **past 12 months**, did you have any physical health problems that were probably caused or made worse by your use of cannabis (e.g., marijuana, hashish, edibles)? (n=516):
- Yes: 10.14%
 - No: 89.86%
- 36) [IF Q39 = 1 or Q40=1] During the **past 12 months**, did you continue to use cannabis (e.g., marijuana, hashish, edibles) even though you thought it was causing you to have problems with physical health, emotions, nerves, or mental health? (n=137)
- Yes: 64.09%
 - No: 35.91%

**** SKIP PATTERN FOR CANNABIS OVER...#37, 39, 40 IS ASKED OF EVERYONE ****

- 37) Related to **cannabis use**, which of the following would you be **most likely to do in the next 12 months?** (n=1,100)
- Not use it: 47.87%
 - Try it: 9.23%
 - Use it about as often as I do now: 25.47%
 - Use it more often than I do now: 3.44%
 - Use it less often than I do now: 8.23%
 - Don't know: 5.76%

**Show 38 if: How often did YOU USE the following substances (in any form) during the past 12 months?
Cannabis/Marijuana for medical purposes OR Cannabis/Marijuana for recreational purposes > Never*

- 38) Do you have a card that allows you to possess medical marijuana? (n=516)
No: 96.48% Yes: 3.52%

- 39) In the past year, have you used any of the following products:
- CBD - applied topically (n = 1,084), No: 80.13%, Yes: 19.87%
 - CBD - used any other way (n = 1,085), No: 79.15%, Yes: 20.85%
 - Delta 8 THC (n = 209), No: 90.33%, Yes: 9.67%
 - Delta 10 THC (n= 1,071), No: 94.13%, Yes: 5.87%

- 40) During the **past 30 days**, have you **injected any drug** (including medications not intended to be injected)? (n=1,099)
 Yes: 1.62% No: 98.38%

(IF USED ALCOHOL "POSITIVE" IN AGE OR REGENCY QUESTION (yes to first use, along with yes to last 12 months or last 30 days, both colored blue above), ask all ALCOHOL QUESTIONS between 41 and 50. IF "NEGATIVE", SKIP TO QUESTION 55)

- 41) During the **past 30 days**, on how many days did you **use alcohol**? (n=890) 4.1 days

IF DID NOT USE IN THE PAST 30 DAYS, SKIP ALL OF THESE.

For all questions on number of drinks, 1 drink equals:

- 12 oz. of beer (8 oz. of Canadian, malt liquor, or ice beers or 10 oz. of microbrew)
- 10 oz. of wine cooler
- 4 oz. of wine
- 1 oz. of 100-proof liquor or 1 1/4 oz. of 80-proof liquor

FOR EXAMPLE:

- If on a typical Thursday you drink 3, 12oz. regular beers, you would type in 3 drinks.
- If on a typical Friday you drink 1 mixed drink that contains 3, 1 oz. shots of 100-proof liquor, you would type in 3 drinks. (i.e., count the number of shots of liquor in your drink, not the number of glasses or containers of beverage you drank)

- 42) Think of the **occasion you drank the most** during the **past 30 days**. How many **drinks** did you have? (n=655)
4.93 drinks

43) On the **occasion you drank the most** during the **past 30 days**, how many **HOURS** did you spend drinking on that occasion? (n=654) 3.71 hours

44) Think of a **typical drinking occasion** during the **past 30 days**. How many **drinks** did you have? (n=654)
2.42 drinks

45) On a given **typical drinking occasion** during the **past 30 days**, how many **HOURS** did you spend drinking? (n=653)
2.48 hours

46) During the **past 30 days**, what type of alcohol did you **usually** drink? (n=655)

- | | |
|--|--------|
| <input type="checkbox"/> I did not have a usual type | 7.52% |
| <input type="checkbox"/> Beer | 20.34% |
| <input type="checkbox"/> Flavored malt beverages, such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade | 7.89% |
| <input type="checkbox"/> Wine coolers, such as Bartles & Jaymes or Seagrams | 1.41% |
| <input type="checkbox"/> Wine | 9.09% |
| <input type="checkbox"/> Liquor, such as vodka, rum, scotch, bourbon, or whiskey | 25.10% |
| <input type="checkbox"/> Some other type (please specify) _____ | 4.32% |
| <input type="checkbox"/> Hard cider | 10.04% |
| <input type="checkbox"/> Hard seltzer | 14.29% |

47) During the **past 30 days**, did you have any problems with your **emotions, nerves or mental health** that were probably caused or made worse by your **use of alcohol**? (n=653)

- Yes: 13.03% No: 79.61% Not sure: 7.36%

If yes, please describe: _____

48) During the **past 30 days**, did you have any problems with your **physical health** that were probably caused or made worse by your **use of alcohol**? (n=653)

- Yes: 13.87% No: 80.41% Not sure: 5.71%

If yes, please describe: _____

49) During the **past 30 days**, how many times did you **drive a car** or other vehicle **after consuming alcohol**? (n=653)

- | | |
|---|--------|
| <input type="checkbox"/> 0 times: | 87.58% |
| <input type="checkbox"/> 1 time: | 6.36% |
| <input type="checkbox"/> 2-3 times: | 5.22% |
| <input type="checkbox"/> 4-5 times: | 0.60% |
| <input type="checkbox"/> 6 or more times: | 0.24% |

(ONLY ASK IF PARTICIPANT IS <21 YEARS OLD)

50) During the **past 30 days**, how did you get the **alcohol** you drank? (*Select all that apply*) (n=199)

- | | |
|---|--------|
| <input type="checkbox"/> I bought it from a store (using a fake ID): | 6.19% |
| <input type="checkbox"/> I bought it from a store (NOT using a fake ID): | 1.86% |
| <input type="checkbox"/> I got it at a party: | 26.89% |
| <input type="checkbox"/> I gave money to someone to get it for me: | 18.69% |
| <input type="checkbox"/> I got it from my parents with their permission: | 30.39% |
| <input type="checkbox"/> I took it from my parents without their permission: | 6.71% |
| <input type="checkbox"/> I got it from friends: | 47.30% |
| <input type="checkbox"/> I stole it from a store: | 3.06% |
| <input type="checkbox"/> I got it from my sister/brother/other family member: | 13.67% |
| <input type="checkbox"/> I got it some other way (please explain) _____ | 5.92% |

(IF USED TOBACCO "POSITIVE" IN AGE OR RECENCY QUESTION (yes to first use, along with yes to last 12 months or last 30 days, both colored dark pink above), ask all TOBACCO QUESTIONS between 56 and 60. IF "NEGATIVE", SKIP TO 60)

- 51) During the **past 30 days**, on how many days did you **smoke cigarettes**? 3.36 days (n=126)
- 52) On a **typical day** when you smoked, **how many cigarettes** did you smoke? 1.36 cigarettes (n=126)
- 53) During the **past 30 days**, on how many days did you use an **electronic cigarette** or e-cig to **vaporize/vape nicotine**? 11.88 days (n=126)
- 54) Did you use a doctor or other health care provider for any reason in the **past year**? (n = 1,094) Yes: 70.63% No: 29.37%
- 55) Over the last two weeks, how often have you been bothered by any of the following problems?
1. Feeling nervous, anxious or on edge (n=1,093)
 - Not at all: 32.27%
 - Several days: 36.78%
 - More than half the days: 14.94%
 - Nearly every day: 16.00%

 2. Not being able to stop or control worrying (n=1,093)
 - Not at all: 46.63%
 - Several days: 27.84%
 - More than half the days: 12.33%
 - Nearly every day: 13.20%

 3. Little interest or pleasure in doing things (n=1,093)
 - Not at all: 46.10%
 - Several days: 32.90%
 - More than half the days: 10.82%
 - Nearly every day: 10.18%

 4. Feeling down, depressed, or hopeless (n=1,093)
 - Not at all: 46.18%
 - Several days: 32.88%
 - More than half the days: 9.98%
 - Nearly every day: 10.96%