April Prevention Learning Community Meeting

Hosted by: Division of Behavioral Health and Recovery

Wednesday, April 24th, 2024

9:00 a.m. – 12:00 p.m.

Time	Agenda
9:00-9:15 a.m. 15 min	**Welcome / Introduce new prevention providers to the call** *Endalkachew Abebaw (HCA)*
9:15-9:30 a.m. 15 min	**WA State Liquor and Cannabis Board** *Kristen Haley (LCB)*
9:30-10:30 a.m. 60 min	**Statewide Updates** *DBHR Prevention Section* • **Legislative Session Recap** • **Minerva** • **CPWI School-Based Services Annual Results** • **CPWI Strategic Planning** • **2024 Spring Youth Forum** • **Other statewide updates and announcements.**
10:30-10:35 a.m.	**Break (5 minutes)**
10:35-12:00 p.m. 85 min	**Strategic Planning Training Series:** *Organizational Development and Getting Started DBHR Prevention Section*

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2024 LCM Schedule

Month	Date	Platform	Athena Forum Calendar Link/Location
April	April 24	Zoom	https://theathenaforum.org/dbhr-learning-community-meeting-17
May	May 8 *2024 Spring Youth Forum*	In-person	The Great Wolf Lodge: Grand Mound, Washington
June	June 26	Zoom	https://theathenaforum.org/dbhr-learning-community-meeting-15
August	August 22 & 23 *Coalition Leadership Institute*	In-person	Thurston County, WA
September	September 11 *Annual Contractor Meeting*	Zoom	Annual Contractor Meeting	The Athena Forum

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Washington State Liquor and Cannabis Board

Kristen Haley | Public Health Education Liaison | WA LCB

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2024 Legislative Session Recap

Harrison Fontaine | Program and Policy Manager | HCA/DBHR

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Addressing High THC Hazards

- **Problem:** High concentration THC products pose a higher risk to consumers, especially youth and young adults (higher rates of SUD, psychosis, and negative physical effects)
  - Comparison: Similar to liquor, high THC cannabis is likely more hazardous for public health than low THC products.
  - Context: Market share of cannabis concentrates has nearly quadrupled since retail stores opened
  - Equity: Disproportionate use of high THC among those who report being Latino, low income, or having poor mental health

- **2SHB 2320:** Concerning High THC Cannabis Products
  - DOH to develop
    - 1) optional health and safety training for retail staff and
    - 2) point of sale health information
    - 3) public health information campaign aimed at vulnerable populations
  - UW ADAI to develop and implement guidance and health recommendations for providers and at-risk patients
  - LCB to collect data on product types, including amount sold and THC content

- **Intent: Gather and review additional data to consider further action**
  - What high THC impacts are you seeing in your community?

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Addressing DUI Hazards

- **Problem:** Alcohol drastically impairs ability to drive
  - Risk of fatal collision *increased at least 7x* from BAC 0 to BAC .05-.079
  - Behavior Change/Norms: When Utah lowered BAC limit to .05, 22% of drivers reported modifying their behavior
  - International Standard: Most countries have BAC .05 limit and lower DUI fatalities

- Bills to lower BAC have gained traction
  - 2 BAC bills last session- halfway to passage
  - Legislature passed ESHB 1493: broad DUI treatment/sentencing reform to expand DUI treatment options

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Looking Forward

- Lots of changes to the legislature and executive branch coming
  - ▶ Changes will affect the legislative landscape

- Involvement opportunities
  - ▶ LCB Public Health Roundtable
  - ▶ Other LCB engagement opportunities
    - ❯ Rulemaking
    - ❯ Focus issues

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CPWI/CBO Updates

Sonja Pipek, Supervisor, Tribal and CBO Services | HCA/DBHR

Ray Horodowicz, Prevention System Manager | HCA/DBHR

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CBO updates

MHPP & DCA - Year 2 Action Plan & Budgets

- Year 2 templates will be provided to you via email no later then May 15th.
  - **Due to HCA/DBHR: June 15th.**

- *Friendly reminders:*
  - Contract SOW outlines requirement: beginning on page 67.
  - Cost reminder: All provider mtg (first day of Prevention Summit – in-person); Annual Contract meeting (virtual); Include training attendance and cost

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Action Plan & Budget Templates

Key Changes: Action Plan & Budget

⊙ Updated funding sources:
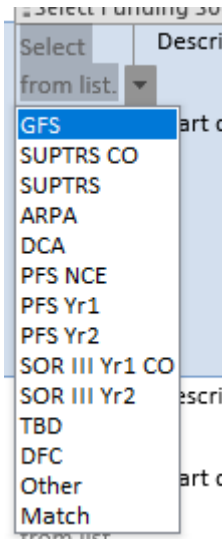
Funding Source Legend

GFS	*General Fund State (State Funds)*
SUPTRS CO	*Substance Abuse Prevention Treatment Recovery Services Carryover (Federal Funds) (formally known as SAPT)* **Expires Sept 30, 2024**
SUPTRS	*Substance Abuse Prevention Treatment Recovery Services (Federal Funds) (formally known as SAPT)*
ARPA	*American Rescue Plan Act (Federal Funds)*
DCA	*Dedicated Cannabis Account (State Funds)*
PFS NCE	*Partnership For Success '18 Yr5 No Cost Extension (Federal Funds)*
PFS Yr1	*Partnership For Success Year 1 (Federal Funds)* **Expires Sept 29, 2024**
PFS Yr2	*Partnership For Success Yr2 (Federal Funds)*
SOR III Yr1 CO	*State Opioid Response Carry Over (Federal Funds)* **Expires Sept 29, 2024**
SOR III Yr2	*State Opioid Response (Federal Funds)* **Expires Sept 29, 2024**
TBD	*Funding not secured yet, or future planning if funds became available*
DFC	*Drug Free Communities Grant Funds (Federal Funds)*
Other	*Local funding source or not DBHR contracted*
Match	*Match funding to support implementation / training*

Select Funding So...

Select | Descri
from list. ▼

GFS
SUPTRS CO
SUPTRS
ARPA
DCA
PFS NCE
PFS Yr1
PFS Yr2
SOR III Yr1 CO
SOR III Yr2
TBD
DFC
Other
Match

Date Budget Last Revised:

General Fund State (GFS) (Jul 1–Jun 30)	Substance Use Prevention Treatment Recovery Services Carryover (SUPTRS CO) (previously known as SABG) (Jul 1–Sept 30)	Substance Use Prevention Treatment Recovery Services (SUPTRS) (previously known as SABG) (Jul 1–Jun 30)	American Rescue Plan Act (ARPA) (Jul 1–Jun 30)	Dedicated Cannabis Account (DCA) (Jul 1–Jun 30)	Partnerships for Success 2018 Yr 5 No Cost Extension (PFS NCE) (Sept 30–Jun 30)	Partnerships for Success 2023 Yr 1 (PFS) (July 1–Sept 29)	Partnerships for Success 2023 Yr 2 (PFS) (Sept 30–Jun 30)	State Opioid Response Carry Over (SOR III Yr1 CO) (July 1– Sept 29)	State Opioid Response Y2 (SOR III Yr2) (July 1– Sept 29)

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Key Changes: Action Plan

Edits/revisions to some fields:
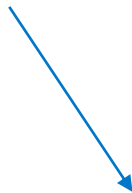
Brief Description Start Date	**Reach & Saturation**	**Intended Audience**
Briefly state the main purpose of activity	*Cohort or Campaign?* *How many people reached?*	*Who is this service for?*
Description:	Entry Type: Select from list.	Describe who this service will reach:
Start date of implementation:	Estimated # of Cohorts or Campaigns:	IOM: Select from list.
	Estimated # of hours planned for all the Cohorts or Campaigns:	
	Estimated # of persons served by the planned Cohorts or Campaigns:	

Key Changes: Action Plan

● Removal of CSAP 'Other':

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Key Changes: Budget

- Required Training & its CSAP:

Key Changes: Budget

- Program Specific Training:

Action Plan & Budget Templates

▶ When posted, find the templates on:

- ▶ CPWI Guidance & Forms page
  https://theathenaforum.org/tags/cpwi-guide-guidance-and-forms

- ▶ News from DBHR page
  https://theathenaforum.org/dbhr-announcements

Should I use the new templates?

- Using the new templates are not required.
- Coalitions have the option to just use the 2023-24 plan/budget and update for 2024-25.

But then…
  - ▶ Update **_all_** dates.
  - ▶ Revise funding sources where needed.
  - ▶ Add in expected start date of implementation.
  - ▶ Look for and change references to CSAP 'Other'.

Benefits for choosing to use the newest template.
  - ▶ (even more) Aligned with fields in Minerva.
  - ▶ No accidental usage of CSAP 'Other'.

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Updated: CPWI Overview Document

- Find it on Athena's **New CPWI community coalition coordinators** page:
https://theathenaforum.org/New_CPWI_Coordinator

  Listed within the 'Resources for coalition coordinators' section.

- Or, directly download a copy here:
https://theathenaforum.org/cpwi-overview-new-coalition-coordinators

Community Prevention and Wellness Initiative (CPWI) | 2023-24
Overview for New Community Coalition Coordinators

Welcome New Community Coalition Coordinator!

On behalf of the Health Care Authority's (HCA) Division of Behavioral Health and Recovery (DBHR), we welcome you to the extended family of coalition coordinators working across Washington State to prevent and reduce substance misuse and abuse and promote mental health under the Community Prevention and Wellness Initiative (CPWI). We're glad that you've joined us and look forward to getting to know you. The following is an overview of our Substance Use Disorder Prevention and Mental Health Promotion work as part of CPWI. We hope that you will find this summarized information useful as you begin your new role.

Washington State's Community Prevention and Wellness Initiative (CPWI)

How is CPWI funded and administered?
CPWI is administered by the Washington State Health Care Authority's (HCA) Division of Behavioral Health and Recovery (DBHR), through various federal grants from the Substance Abuse and Mental Health Services Administration (SAMHSA) and through other state funds.

Updated: CPWI Overview Document

- CPWI History
- Roles & Responsibilities
- Quick Reference Page

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CPWI Strategic Planning Updates

Kasey Kates, CPWI and School-Based Services Supervisor

Isaac Wulff, Prevention System Manager

| HCA/DBHR

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CPWI Strategic Planning: the plan

Winter - Spring '24

- CPWI documents finalized
- HYS data available
- Training begins
- Early building capacity & planning efforts with coalition

Summer '24

- CPWI Data Books available
- *Action Plans and Budgets updated for SFY 2025!*
- Coalition Leadership Institute with emphasis on assessment

Fall '24

- Early sections may be submitted for review
- Focused writing of Plan
- Planning continues until December

Winter '25

- Full plan submitted to manager for review
- Edits complete and Plan approved by early calendar year '25

Note, plan subject to change to meet system needs.

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Upcoming Training

▶ **Training Plan** went live last week (April 9th)
- ▶ "Training Tab" – "Provider Training" – "Recent LCM…"
- ▶ Mix of Required and Suggested options.
  - ❯ Talk to your Manager if you need to request an exception to attendance.

▶ **Introduction to Prevention Science**
- ▶ Available *NOW* on OWL E-Learning.
- ▶ Self paced, comprehensive, foundational.

▶ Next Up after today's training: **Overview of CPWI**
- ▶ Monday, April 29th – 9:00 AM to 4:00 PM
- ▶ History, context, and purpose of CPWI.
- ▶ Recommended for all, *required* for some.

What you can do now...

- **Recruit Partners**
  - ▶ Talk to *everyone* and let them know this is coming up.

- **Start Conversations**
  - ▶ Examine coalition structure.
  - ▶ Look at county/district data.
  - ▶ Evaluate current programs.

- ***Plan* to Plan**
  - ▶ Map out the timeline.
  - ▶ Form your workgroups.
  - ▶ Find coverage for other tasks.
  - ▶ *You got this!*

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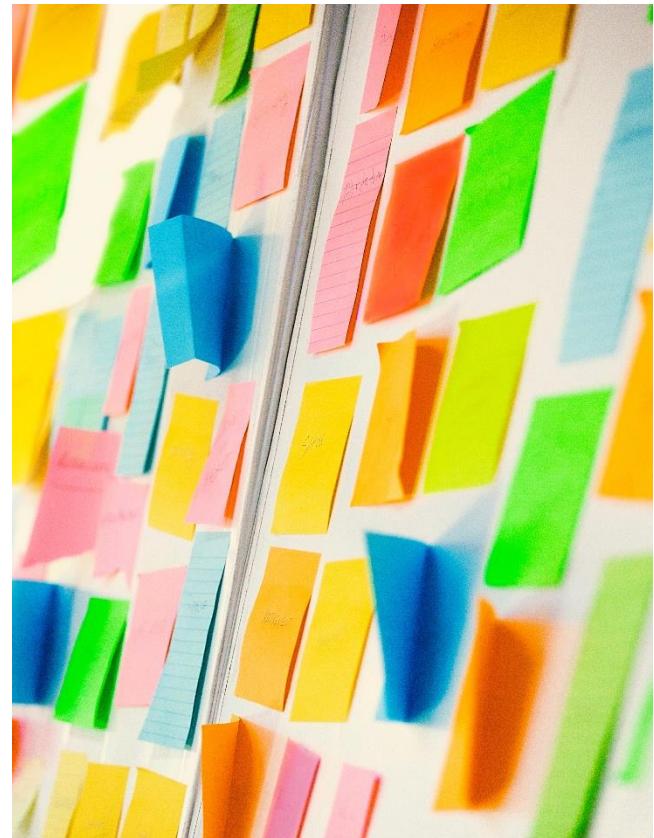
Student Assistance Prevention/Intervention Services Program
2022- 2023 Performance Measures

Carola Brenes, School-Based Services Policy and Program Manager| HCA/DBHR

Universal and Indicated Services

- Number of students receiving services:
  - Universal services – 3,514 total activities
    - 1,678 Awareness activities
    - 487 Education activities
    - 115 Curriculum activities
    - 362 Peer activities
    - 872 Planning activities
  - Indicated services – 4,196 total interventions
    - 626 Quick interventions
    - 3,570 Full interventions
    - 2,005 Full interventions with a substance use reduction goal

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Note. Among all schools that received services, 155 schools served by 95 SAPs.

Indicated Services

- Students served for indicated services~ full with a substance use reduction goal

- Number of students receiving full interventions with a substance use reductions goal in Grade 6 through 12:
  - ▶ 1,997 students in 2022-2023
  - ▶ Compared to 1,470 students in 2021-2022

Note. Grade 6 through 12 students receiving a full intervention with substance use reduction goal.
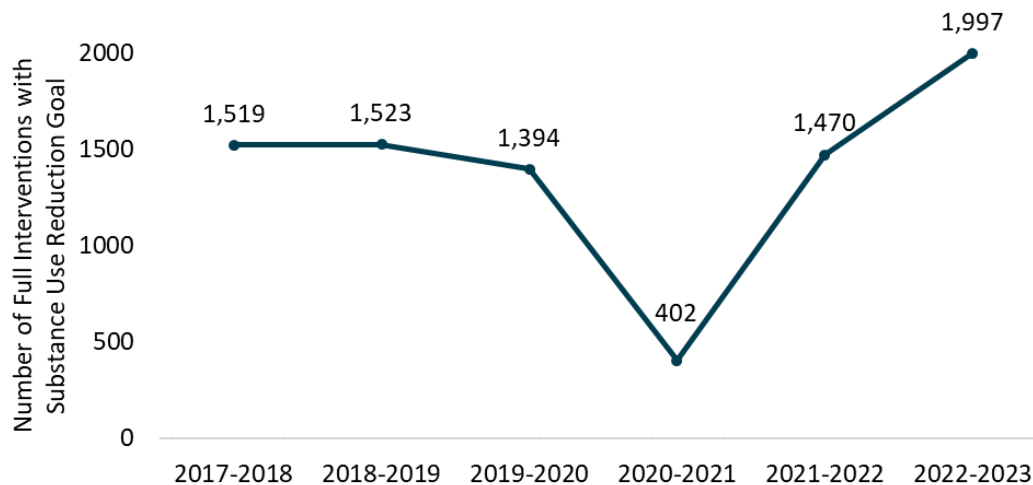
Survey Response Rates

▶ Measure A: A minimum of 60% of students who received selective/indicative services must complete both a pre-test and a post-test.

▶ Of the 3,523 Grade 6 through 12 students served in 2022-2023:

  ▶ 3,114 baseline surveys completed
  ▶ 2,681 posttest surveys completed
  ▶ 2,663 completed both a baseline & posttest survey
  ▶ 76% survey response rate

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Note. Grades 6 through 12 receiving a full intervention.

Student Satisfaction

- Measure Bi: A minimum of 85% of participants report "very important" or "pretty important" at posttest.

- Overall, how important has this program been to you?
  - ► 92% very or pretty important

Very important, 51%

Not at all important, 2%

Not very important, 6%

Pretty important, 41%

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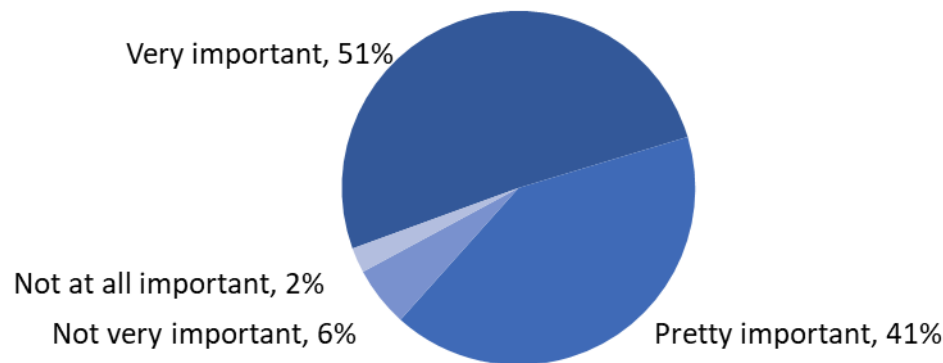
Student Satisfaction Cont.

- Measure Bii: A minimum of 85% of participants report "YES!" or "yes" at posttest.

- Are you glad you participated in the program?:
  - ▶ 94% YES! or yes

YES!, 50%

NO!, 1%

no, 5%

yes, 44%

Note. Grades 6 through 12 receiving a full intervention, n=2,632.
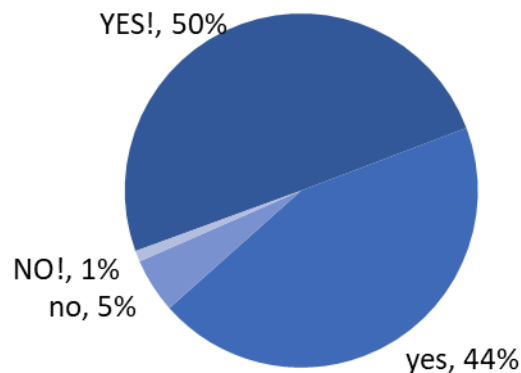
Student Satisfaction Cont.

- Measure Biii: A minimum of 85% of participants report "yes" or "does not apply to me" at post-test.
- Are you more likely to attend school because of this program?
  - ▶ 90% yes or does not apply to me

Yes, 44%

No, 10%

Does not apply to me, attend school regularly, 47%

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Note. Grades 6 through 12 receiving a full intervention, n=2,619.
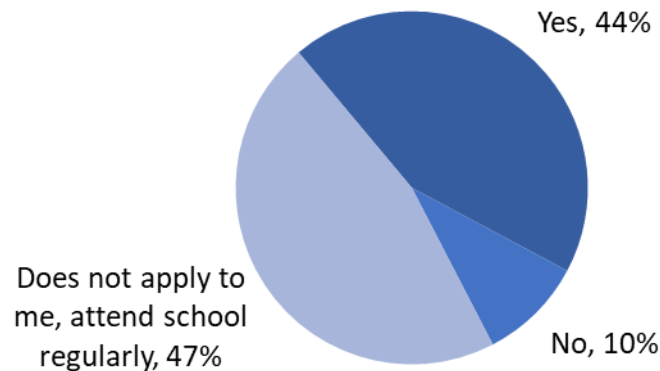
Changes in Substance Use

- Changes in substance use ~ with a substance use reduction goal

- Previous Measure: A minimum of 50% of the students participating in the program with substance abuse as a reduction goal reduce their use.

- 57% of participants had reduction goal and substance use was curbed* by:
  - 88% for tobacco
  - 87% for binge drinking
  - 76% for alcohol
  - 67% for marijuana use
  - 66% for e-cigarettes

Changes in Substance Use Cont.
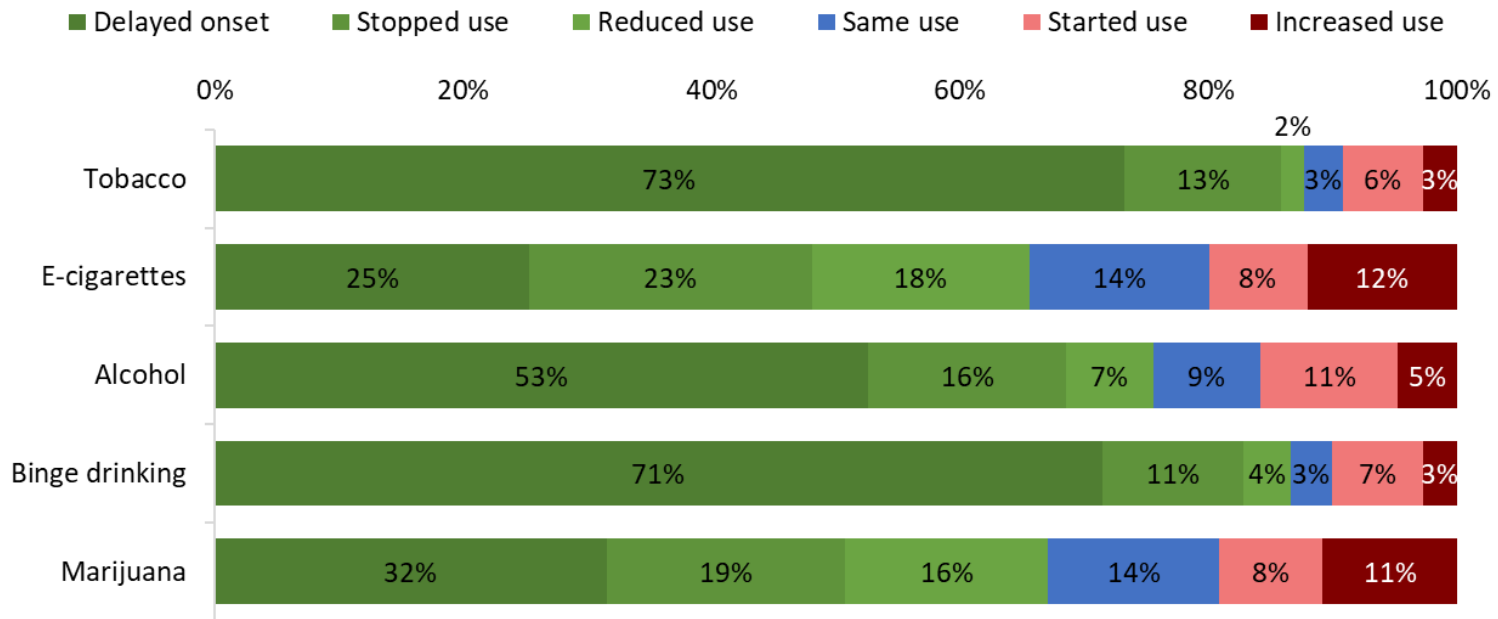
Note. Grades 6 through 12 receiving a full intervention, n's vary by question from 1,405 to 1,415. *Curbed = reduced use, stopped us, or delayed onset (no use in past 30 days at baseline or post).

Statewide Project Updates

SUD Prevention and MH Promotion Section | HCA/DBHR

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All things Data and Surveys....

- Young Adult Health Survey (YAHS)
  - 2023 YAHS Frequency report is now available
  - Will be posted on the Athena Forum and announced in the prevention newsletter
  - Jason Kilmer has been giving presentations to various partner groups
- CPWI Data Books
  - June 14 - Data Books are expected
  - June 26 – LCM with a focus on data books
- 2025 Community Survey
  - Survey revision process will start this summer and go into the fall to be ready for August 2025
  - More details to come shortly

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Minerva

- **Updated** Review Channel

- **Updated** Guidance Documents

  ▶ The Athena Forum

  ▶ State Resources

- Reminder: Quarterly New User Training

The Athena Forum

- In May, the Athena team will begin deactivating accounts that have been inactive since April 2021.
  - ▶ Accounts with last login dates of May 2021 to present will *not* be impacted.
  - ▶ Users on the local, state, and regional contacts list will *not* be impacted.
  - ▶ **If one of the above does not apply *and* you want to retain your account, please login prior to Tuesday, April 30.**

Questions? Send an email to dbhrathenateam@hca.wa.gov.

Workforce Development

SUD Prevention and MH Promotion Section | HCA/DBHR

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Introduction: Codie Garza

Welcome, Codie Garza as the new Prevention Supervisor of Development and Strategic Initiatives with the Substance Use Disorder Prevention and Mental Health Promotion Section.

New Nomination Period New Process

- April through July 17, 2024
- Updated questions!
- Updated process

https://theathenaforum.org/2024-prevention-awards-excellence-program-now-accepting-nominations

Nomination Survey Link:
https://preventionsummit.org/2024-awards/

Questions? Please contact Martha Williams by email at martha.williams@hca.wa.gov or by phone at 360-622-1289.

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2024 Prevention Summit

Tentative location:
The Westin Seattle

Tentative dates: October 29 – October 31

- Date: Wednesday, May 8th (7am – 6pm)
  - Early check-in starts 1pm on Tuesday May 7th
  - Location: Great Wolf Lodge, Grand Mound, WA
- 43 team scholarships awarded, approximately 350 attendees.
- Key reminders:
  - Registration deadline: **Wednesday, April 24th**
  - Substitution deadline: **Monday, April 29th**
  - Chaperone training(s):
    - Virtual: **Wednesday, May 1st**
    - In-person: **Tuesday, May 7th (6pm at the Great Wolf Lodge)**
  - Youth permission packets should be completed and ready to be turned in during your check-in on May 7th or May 8th.

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▶ Conference agenda (7 am – 6 pm):

- ▶ Opening and Welcome
- ▶ HCA & DOH Leadership announcements
- ▶ Youth Team Presentations – First Round
- ▶ Youth Town Hall – Healthy Youth Survey
- ▶ Keynote Presentation – Marli Williams
- ▶ Youth Team Presentations – Finalist Round
- ▶ Youth Town Hall – Problem Gaming and Gambling
- ▶ Announce Awards and Closing

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Trainings & Technical Assistance	Date(s) and Location
Strategic Planning Training Series: CPWI Overview	04/29 Webinar
Art & Science of Community Organizing Training (ASCOT)	04/30, 05/21, and 06/04 Webinar
2024 WA State Spring Youth Forum	05/07-05/08 Grand Mound, WA
2024 WA State Prevention Professionals Strategic Planning Retreat	05/17 – 05/19 Coupeville, WA
NW PTTC Enhanced Learning Series: Sustainability Planning	05/21-07/02 Webinar
Strategic Planning Training Series: Building Readiness	05/23 Webinar
2024 WA State Behavioral Healthcare Conference	06/13 – 06/14 Kennewick, WA
DBHR Learning Community Meeting	06/26 Webinar
2024 Spring Youth Forum	05/07-05/08 Grand Mound, WA

For more info, visit https://www.theathenaforum.org/event-calendar/month.

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Strategic Planning Training Series:
Organizational Development and Getting Started

Billy Reamer, MS, CPP

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Q&A

CBO Budget Template

Question	Answer
Will the CBO budget template have the salary/budget in separate categories similar to the CPWI budget template?	The CBO budget template has not changed from last year. You could use your existing template or utilize the "new" Year 2 only templates your PSM will send. Salary is not separated out in the CBO budget template.

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Where to Find Data

Question	Answer
Can you please suggest places we can get data from other than the HYS?	Here are some ideas: Coroner or hospital data for things like overdose or alcohol poisoning. Disciplinary data from the high/middle school. Poison Center call data by county. Traffic Safety data from their dashboard or local Target Zero manager. Any data from your local Community Health Assessment, which is typically managed by your local health department staff. And any other sources that might seem relevant to your Big Picture of youth and community health.

SAP Data

Question	Answer
Is the SAP data from this presentation from all SAPs in WA state, or only ones associated with a CPWI partnership?	This data is for CPWI SAP sites only.

Prevention Summit Presentations

Question	Answer
When will applications for presentations at the Prevention Summit open?	We have the applications for presentations planned to open in late May/early June.

Action Plans

Question	Answer
How do you effectively scale back an Action Plan that becomes untenable while maintaining compliance?	Your PSM is the best resource when needing to pivot while maintaining compliance. Ensure there is continued assessment of how realistic it is to carry out action plan expectations. At times, leaning into the minimum can help by setting attainable goals.

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Prevention Summit Schedule

Question	Answer
Is this a mid-day start for travel or should travel be planned for the 28th?	At this time, we are working through the Summit agenda and hope to have this drafted soon so folks can appropriately plan travel. At this time, we have the Prevention Provider Meeting planned for the 29th so if you are required to attend the meeting, I would definitely plan to travel on the 28th.

Community Readiness

Question	Answer
Are low turn outs, at events a sign there isnt community readiness for prevention?	It varies. Engaging in a community readiness assessment can be helpful in identifying this gap and correcting misalignment

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