

State Prevention Enhancement (SPE) Policy Consortium

Date, 1-4 p.m.

| Attendees | | | |
|------------------------|-----------|----------------------|----------------------------|
| Bartz-Overman, Carly A | DOH | Thompson, Linda | Prev. Voices |
| Christensen, Allen T | DOH | Mariani, Sarah | HCA |
| Cornejo, Brisa Sanchez | OSPI | Mustoe, Mollie | HCA |
| Cornett, Hailee | DOH | Oliver, Rachel | HCA |
| Fontaine, Harrison | HCA | Peterson, Julie | HealthyGen. |
| Graham-Squire, Mike | WASAVP | Pipek, Sonja | HCA |
| Garza, Codie | HCA | Pannkuk, Pam Pannkuk | WTSC |
| Gray, Marie L | DOH | Riddi V, Atmakuri | DOH Intern |
| Haley, Kristen | LCB | Weiner, Brittany | WA State Hosp. Association |
| Horodowicz, Ray | HCA | Wilson, Kendra L | HCA |
| Kang, Jennifer H | DOH | Wulff, Isaac | HCA |
| Kenney, Jolynn | Mentor WA | | |

Meeting Notes

1. Introductions and Announcements

Sarah Mariani HCA

- Sarah opened the meeting at 1:13 p.m.

Observations and Announcements

- Backdrops for Disability Pride Month – Disability Pride Month began in July 1990 when Americans with Disabilities Act was passed.
 - <https://thearc.org/blog/why-and-how-to-celebrate-disability-pride-month/>
- National Minority Mental Health Awareness Month highlighting Alaska Natives and Native Americans
 - “Be the Source for Better Mental Health”
 - [National Minority Mental Health Awareness Month 2024 | Office of Minority Health \(hhs.gov\)](#)
- International Overdoes Awareness Day is August 31st, 2024
- **Will not be meeting in August**
- **Will be sending poll regarding changing meeting times from the 3rd Monday of the month. in the afternoons, may send out poll via email as some individuals are not here.**
- State prevention summit October 30th and 31st, 2024
- Washington State Prevention Tribal Opioid Fentanyl Summit Starting this Tuesday
 - [2024 WASHINGTON STATE TRIBAL OPIOID FENTANYL SUMMIT Tickets, Tue, Jul 23, 2024 at 8:00 AM | Eventbrite](#)
- Region 10 Opioid Summit, July 25th – 26th, 2024
 - <https://region10opioidsummit.org/>
- NPN conference: Shining a Light on Prevention August 13th – 15th, 2024
 - <http://nnpconference.org/>

2. Partnerships for Success (PFS) Report to SPE

Isaac Wulff, Sarah Mariani

- Brief Review of SPE by Sarah Mariani
 - It is a priority that SPE is an active group that is useful and integrated and has interwork between organizations. Part of this includes the implementation of workgroups to keep meaningful engagement.
 - SPE is a place where organizations gather and can be used as advisory and sounding board and helps to drive the State Plan.

- A space where we can discuss how best to inform our legislatures about the importance of the work across the state to support requests for additional funds.
- Sarah Mariani and Allen Christensen are the current Co-Chair of the SPE and Isaac Wulff facilitates the implementation of the SPE.
- History of SPE policy consortium
 - In the late 2000's – early 2010 DOH, DBHR and others formed “advisory councils” to include other prevention/promotion organizations to help minimize the creation of multiple advisory groups.
 - First meeting: 10/20/2011 with Michael Langer, DBHR and Sue Grinnell, DOH
 - Prior to 2013 was “Prevention WINs” – Washington Interagency Network (call out to old school folks).
 - First 5-year plan was published in August 2012 with 21 initial partners and has been updated twice since - 5-year plan was updated in October 2023 – find at: <https://theathenaforum.org/spe>
 - Pre-2013 was supported by the Strategic Prevention Framework *State Initiatives Grant* and was supplemented by the *State Prevention Enhancement Grant*.
 - Required activities include the creation and maintenance of the Consortium to “strengthen and support and integrated statewide system of community driven substance abuse prevention and mental health promotion...”
 - Making sure that collaboration is occurring, filling gaps, reducing duplications through funding Distribution
- Overview of PFS Grant details

“The purpose of the SPF-PFS program is to help reduce the onset and progression of substance misuse and its related problems by supporting the development and delivery of state and community substance misuse prevention and mental health promotion services. This program is intended to promote substance use prevention throughout a state jurisdiction for individuals and families by building and expanding the capacity of local community prevention providers to implement evidence-based programs.”

- PFS stands for the “Strategic Prevention Framework – Partnerships for Success for States” (This title was adopted in 2023).
- PSF is a 5 federal fiscal year award, currently running from September 30th, 2023 – Sept 29th, 2028.
- The grant is awarded through the Center for Substance Abuse Prevention (CSAP) of the Substance Abuse and Mental Health Services Administration (SAMHSA).
- PFS is designed by CSAP to enhance State-Wide organizations and implementation of capacity services through Strategy Prevention Framework (SAMHSA’s model for planning and implementation).
 - Staff & organization support for collaborative efforts.
 - Support for Communities (CPWI primarily and some additional awards in the state).
 - Training and Technical Assistance.
 - Statewide Media Campaigns, Data Collection, Evaluation Etc.
 - Media – Focus On and Not a Moment Wasted are primary projects.
 - This is a braded funding effort.
- Connection of PFS, SPE Policy Consortium and State Plan
 - PFS pays for the support staff of the SPE Consortium, including Isaac Wulff’s time as a facilitator.
 - SPF-PFS requires the creation and sustainability of an Advisory Council which became the SPE.
 - PFS funding is contingent upon the collaboration and system development of SPE. Other grants also have collaboration requirements and the SPE can serve many fund source requirements simultaneously.

- Evidence of collaboration, elimination of duplications of services, actions/activities and the outcomes of the SPE are reported by the submission of the SPE minutes.
- Funding contingent on collaboration and development of the SPE and the evidence of such helps to improve the grant application.
- SPE helps to provide deep insight into work across the state and in turn helps to improve the work being done across the state including the shared Resource and Needs Assessment and that State Strategic Plan.
- How SPE can help:
 - If you are applying for grants – please connect with Sarah, Allen and Isaac (see contact information below) to help include the SPE in the grant application to support the work your organization is doing.
 - The SPE can support future Planning including consultation for workgroups to help identify gaps and opportunities across the state.
 - SPE can help to build partnerships and develop collaborative efforts to increase reach and impact.
- Questions:
 - Outside Partners, how can members be helpful to SPE?
 - Work that they are doing is state-wide representation, so individuals from organizations help make connection to local organizations and community members.
 1. WASAP would like to work with state-wide agencies to build the whole field of prevention. They are working with the CPP and ACP board to build capacity to support individuals who are trying to apply and increase the overall number of applicants.
 2. Provide training and inform SPE members of available trainings.
 3. Making connections with communities regarding legislative work.
 4. Certification board for CPP are representative on the SPE.
 5. Used to have Coalition of Coalitions that helped to support local communities' ability to contribute to SPE – a new group is forming called the DFC Community of Practice. There will be a follow-up to discuss how it may be possible to engage this group.
 - Currently the HCA & DOH are acting Co-Chairs of the SPE. Leadership could expand to integrate more organizations.
 - How can we increase the information about what other organizations are doing to increase collaboration and information to help with partnerships?
- For more information of PFS and the SPE please contact:
 - Isaac Wulff – Isaac.Wulff@hca.wa.gov
 - Codie Garza – Codie.Garza@hca.wa.gov
 - Sarah Mariani – Sarah.Mariani@hca.wa.gov

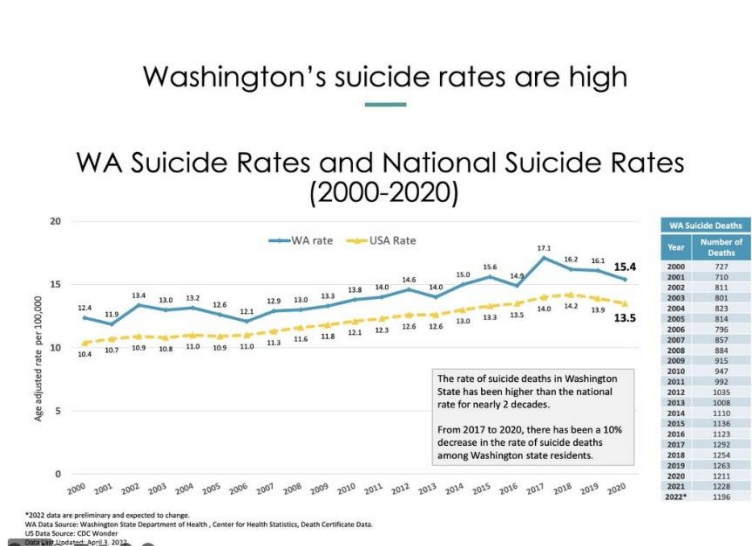
3. Washington State Suicide Prevention Plan - Preview

Katherine Boyd, Halcyon NW

Trigger warning – the following information discusses suicide and suicide prevention.

- Katherine Boyd from Halcyon Northwest is leading the contracting Team for developing the Suicide Prevention Plan. Broadview Planning has been leading the community engagement and writing portion
 - The Department of Health (Kirstin McFarland) and Action Alliance have been supporting the development of the Suicide Prevention Plan.
 - WA DOH has also been engaging with Tribal Communities to develop a stand-alone plan.
- History

- The first statewide plan suicide prevention plan for Washington State was developed and implemented in 2016.
 - Based upon a legislative request to address suicide rates.
 - Aligned with the national strategy.
 - DOH engaged communities and organizations in the development of the plan.
- Updating the Plan
 - Why is the plan being updated?
 - To identify progress following the 2016 plan – identify what has gone well and what needs to be improved.
 - To stay current with growth in the field of suicide prevention and effective interventions.
 - Acknowledge and including the advances in data collection help to highlight new areas of focus.
 - To address cultural changes including the rise of social media (both positive and negative) and significant social shifts following the COVID Pandemic.
 - It is an opportunity to highlight project partner work.
 - Washington State suicide rate is higher than the national rate. Western States generally have higher rates than the national Rates.



- Communities Identified as most impacted by suicide:
 - Adolescent and Young Adults (ages 10-24) – suicide is not the leading cause of death among youth 15-24 years of age.
 - Older Adults (ages 65+) – rates are higher than statewide rate including higher rates of suicide by firearm
 - America Indian/Alaska Native population
 - Veterans
 - LGBTQ+ Population
 - Middle Age Men
 - People who are victims of Intimate Partner Violence.
 - Farmers
 - Construction workers
- Discussion of reasons for high rates in Washington/Western States. Katherine Boyd and Kirstin McFarland offered to invite the plan's epidemiologist to come to do a very in-depth data review.
 - Some reasons for the high rates in the state of Washington include, but are not limited to:

1. Access to lethal means
 2. High occupational stress (farmers/agricultural workers)
 3. Isolation and lack of engagement in community (rural areas)
 4. Lack of resources
- Are they seeing higher rates in young children (under 10 yo)
 1. Divorce and other family conflicts have increased child suicide
 2. Very young people haven't been flagged as priority population (under 10 yo)
 - [PreventRural-Counties.png \(4400x3650\) \(preventcoalition.org\)](#)
- The Updates
- The updated plan helps to identify current and future directions for suicide prevention.
 - Intended for 10-year horizon spanning to 2034.
 - The updated plan should be more effective as it has a few additional components different than the 2016 plan. This includes:
 1. Implementation plan that can be updated more regularly
 2. Evaluations plan to help support updates to the implementation plan
 3. Prioritized metrics and goals for the State Plan
 - The 2016 plan did not include priority populations – the 2024 plan identified groups that need additional attention/recognition.
 - The new plan includes best practices from states and agencies with effective suicide prevention practices including:
 1. Alaska, California, Oregon, Colorado, the Air Force, the White Mountain Apache Suicide Surveillance and Prevention Program.
 2. Alignment with the national plan and other evidence-based approaches from the Suicide Prevention Resource Center.
 - This plan also drew upon community engagement to ensure it was reflective of the State.
 - Plan is working to emphasize protective factors. Still working to reduce risk factors but also want to include and encourage building protective factors as they have a significant impact on effective prevention.
- Community engagement
- Round 1
 1. Interviewed experts including Suicidologist and priority population experts including individuals from University of Washington.
 2. Action Alliance meetings with leaders, decision makers and community members.
 3. Conducted presentations to community groups and others.
 - a. Attended meetings with Spokane Community Coalition and Community Coalition for Suicide Prevention.
 - Round 2
 1. Worked with Groups focused on the Strategic directions
 - a. Community-based suicide prevention, treatment and crisis services, surveillance, research & evaluation, health Equity & connectedness.
 2. Ran focus groups for priority populations
 - a. People with lived experience, first responders, youth, LGBTQIA=, military-affiliated, including active, veterans and families, rural/remote, including agricultural workers, middle-aged men, people with disabilities/medical conditions, health providers, BIPOC population.
 - b. People with lived experience
 3. Held two workshops/Town Halls – one on the Westside in Tukwilla and one in Eastern Washington in Walla Walla.
 - a. Collected input from the public to support the draft of the plan
 - Discussion: Did you connect with schools directly?

1. No – but interviewed experts and a school counselor from Spokane to discuss practices to stem suicide, in particular, tertiary suicide prevention.
 2. Did not focus on school as part of researcher engagement.
 - a. As the implementation plan can be updated on a regular basis, can review this for future addition.
 - b. Did not identify school/school personnel as a priority population but was semi-captured with the following strategies:
 - i. Working groups to capture broad perspective
 - ii. Community engagement opportunities
 - iii. School personnel participation
- New plan timeline
 - July 2024 – First draft to DOH
 - August 2024 – 2nd draft for public comment (survey goes out concurrently)
 - September 2024 – 3rd draft & final plan to DOH
 - Public review draft will be sent out next month. Katherine will send information Isaac to share with the group prior to finalization in September.
 - Four strategies
 - The plan embeds equity in all four strategic directions rather than separating equity into its own strategy.
 1. Healthy and connected individuals, families and communities
 - a. Focus on Protective factors
 2. Multi-sector suicide prevention
 - a. Looking for additional sector support
 3. Treatment and crisis services
 - a. Supporting services and discussing how to prevent the crisis from increasing
 4. Surveillance, quality improvement and research.
 - a. Working to provide quality data
 - Q&A
 - There is a 5th grade requirement for suicide prevention training in South Umpqua School District. Do you know if this is standardized across the state?
 1. They are unaware if this is a standardized across the state or is a specific program and are interested in learning more about this program.
 2. Is there a link between the population of people in treatment and those who are waiting for treatment and suicide?
 - a. Unsure and will have to ask epidemiologist.
 - Listed Resources:
 - Native & Strong Lifeline - 988 press 4
 - Native Resource Hub
 - 988
 - Veterans' crisis line – 988 press 1
 - Discussion:

Sarah Mariani

 - When the Action Alliance was formed there was a SPE suicide prevention work group that helped to support the initial plan. Is it possible to make the connection to increase synergy and reduce redundancy?
 1. In the interim, people can participate in Action Alliance to create connections.
 - How to join: Reach out to Lindsay Martin if you want to be added to the Action Alliance email list and meeting invites. lindsay.martin@doh.wa.gov
 1. A survey recently was distributed out inquiring and receiving feedback about how Action Alliance meetings are shaped.

Break – 2:35-2:45

4. **Washington Strategic Highway Safety Plan - Preview** Pam Pannkuk, WTSC & Kendra Wilson, HCA

- Washington Traffic Safety Commission (WTSC) is Washington’s designated highways safety office. It shares a version with numerous other state and local public agencies of reducing traffic fatalities and serious injuries to zero by 2030.
 - Met with stakeholders last September about the Strategic Highway Plan to discuss focus of plan.
 - Past strategic highway plans were more of toolbox, this year is focused and specific.
 - Safe system approach is included in this plan
 - Met with partners and tribal members specifically to ensure have input from them about the highway’s safety plan.
 - The document went out today for public review [Strategic Highway Safety Plan: Target Zero | WSDOT](#)
 - Not in final format so people can provide input.
 - Looking forward to the feedback period to help make necessary adjustments.
 - Target Zero: Target Zero Represents Washington state’s goal of eliminating fatalities and serious injuries on its roadways by 2030.
 - Timeline for launch of Target Zero update:
 - The Washington State Traffic Safety Commission held a Technical Advisory Committee which included individuals and organizations from across the state.
 1. FFY 2025 program plans will be presented at the commission meeting on Thursday July 18, 2024.
 2. 2024 Target Zero Plan draft will be available to public review from July 15 to August 14, 2024.
 - a. Access plan and provide feedback here: <https://wtsc.wa.gov/targetzero-draft/>
 3. The final version of the plan is expected to be release in October 2024.
 - Why Zero?
 - Zero is the only acceptable number of traffic fatalities and serious injuries!
 - There were 750 traffic fatalities on all public roads in Washington in 2022, an 11.3% increase compared to the 674 traffic fatalities in 2021. In the past 10 years, the number of traffic fatalities has increased 72.0% from 436 in 2013. (<https://wsdot.wa.gov/about/data/gray-notebook/gnbhome/safety/highwaysafety/totalfatalinjury.htm>)
 - Serious injuries from traffic incidents in Washington followed a similar trend and increased 5.8% from 2,921 in 2021 to 3,090 in 2022. In the past 10 years, the number of serious injuries has increased 61.3% from 1,916 in 2013. (<https://wsdot.wa.gov/about/data/gray-notebook/gnbhome/safety/highwaysafety/totalfatalinjury.htm>)
 - The cost to Washington State due to traffic fatalities and serious injuries is \$20.48 billion – we cannot put a price on a life.
 - 2024 Targe Zero Plan uses:
 - Safe System approach
 1. To strengthen all parts of the system, system operators, road users, safer speeds, post-crash care, road maintenance and legislation.
 - Proactive Traffic safety culture
 1. EX. WTC Teens in the Driver Seat program to increase safe behaviors
 - Equity, reducing health disparity

1. Connections for racial equities, economic and common location
 - a. EX - Historically lower income area's lack of sidewalks, speed limits, unsafe land use/infrastructure, higher rate of pedestrians.



- Advisory Committee:
 - May 2024, WTSC's technical advisory committee (TAC) reviewed and provided feedback on 12 program plans for FFY 2025:
 - Community Traffic Services, Ccommunications, distracted Driving, motorcycle Safety, nonmotorized, occupant protection, research and data, speed management, tribal traffic safety, traffic records – and some primary focus areas of impaired driving and young drivers.
- Prevention Impaired driving & Young drivers:
 - Impaired driving is the number #1 risk factor, 50% fatal crashes involved and impaired driver
 - Highest risk for impaired driving is young drivers ages 21-30 and
 1. Male Drivers.
 2. Young drives ages 15-24 fatal unplanned death/fatal crashes
 - a. Speeding, distraction, not using seatbelts, impaired
 3. American Indians/Alaska native higher risk impaired driving
 - There has been an increase in impairment of active transportation users including walking and cycling.
 - Yakima & King County high rates.
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ENGAGEMENT – SURVEY LINKS

the [Washington Strategic Highway Safety Plan](#) draft and the [Target Zero Plan \(SHSP\) Public Input Survey \(surveymonkey.com\)](#). If you are unable to complete the Survey Monkey, please reach out to me and I can send it to you in a Word or Excel format. ppannkuk@wtsc.wa.gov.

5. Workgroup Updates

Workgroup Leads

Mental Health Promotion

Sonja Pipek, HCA on behalf of Brittany Smith

- Still working on recruitment – if anyone is interested in engaging, reach out to Sonja and Birttany.
- Working on identifying training components for Prevention Summit.
- Working on list of resources for state-wide trainings.
- Receiving feedback on integration of mental promotion prevention efforts and SPE plans on how impact grantees.
- Next meeting, August 28, 2024.

Opioid Prevention

Codie Garza, HCA on behalf of Erika Jenkins

- Meeting tomorrow, July 16th, from 3pm-4pm
- Maryan Wilson HCA funding relief project to discuss dissemination
- [Click here to join the meeting](#)
- **Meeting ID: 223 161 590 421**
Passcode: hZM4Xp

Problem Gambling Prevention

Isaac Wulff, HCA on behalf of Roxan Waldron

- Monthly meetings since January, planned to May 2025 with possible extension.
- Next meeting is Thursday July 25, 2024.
- In coordinator with workgroup, the staff from DBH State Problem Gambling.
- Phases 1 – knowledge leveling complete.
- Phase 2 – leveling for partners – currently happening, receiving presentations from partners.
- Phase 3 – fall/winter proving guidance on plan.
- Phase 4 – creation of Prevention Took Kit.
- Phase 5 – completion of toolkit with final approval.

Washington Breathes

Ray Horodowicz, HCA

- Commercial Tobacco Prevention
- Policy – June facts sheet/position statement on menthol/flavor tobacco products was finalized and joined menthol/cessation work.
- Gearing up for the next legislative session, weekly Policy Learning Circles have estimated 50-75 participants per meeting.
- Still working out, building out the website and its resources page.
- Will have informational table at Washington State Prevention Summit.
- Working on coalition structure, development and sustainability to ensure the coalition continues after DOH funds have ended.
- Exploring hosting hybrid/in-person all coalition meeting this fall (12-14 people on steering committee) to support regional hubs and those who cannot travel.
- The mailing list is up to 200+ individuals.
- Have a variety of workgroups.

WHY Coalition

Harrison Fontaine, HCA

- Skipping July meeting – Next meeting will be August 16th, with a focus on Alcohol prevention.
- Receiving feedback on the draft of the High THC Factsheet.
- Prior to leg session, are holing a listening session about product placement, high THC and commercial cannabis.
- Open to building partnerships!
- Will look into having the coalition present at a SPE meeting!

- Building an Assets Map – started in June meeting
 - Informational interviews within young adult workgroup
 1. Visual map that showed who was involved, projects, initiatives, resources and how connected to agencies
 2. Aiming to complete the map in September.
 3. Next meeting is August 5th
 - a. Dive into map with members
 - b. If you would like more information on the map, to attend or join the workgroup contact Rachel Oliver: rachel.oliver@hca.wa.gov

6. Announcements:

Sarah Mariani, HCA

- DOH Deputy Assistant Secretary position is opening. Posting should be up soon.
- There is a job opening on my team at WSHA if you know anyone who might be interested:
 - <https://www.wsha.org/about/job-openings/director-safety-and-quality-hospital-access/>
- DOH is hiring for a Health Promotion Director:
 - <https://lnks.gd//eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkjoxMDksInVyaSI6ImJwMjpbGljaYlslInVybCI6Imh0dHBzOi8vd3d3LmdvdmVybm1lbnRqb2JzLmNvbS9jYXJIZXJzL3dhc2hpbmdOb24vam9icy80NTc2MzU3L2hYWX0aC1wcm9tb3Rpb24tYW5kLWVkdWNhdGlvbi1vZmZpY2UtZGlyZWNOb3ItZ21zLTMTZG9oODI0MSlsmj1bGxldGluX2lkjoiMjAyNDA3MTIuOTc1MTY5NDEifQ.s-rPoj3V0oWl8ViMOilGSFDygabcrxni-9OUz8MVU/s/679457543/br/245659356015-l>
- Next meeting is September 16th
 - Update for needs assessment
 - Updated young adult survey
 - 2023 HYS data
 - Mercer Island on resource about care giver and teen mental health support with PFS grant
 - Potential DCYS or WSAP
 - Possible data from LCB.
 - Pam – WTSC commission meeting this Thursday:
 1. WTSC quarterly meeting.: chrome-extension://efaidnbmnnnibpajpcglclefindmkaj/<https://wtsc.wa.gov/wp-content/uploads/2024/07/Agenda-7-18-2024.pdf>
 2. This can be pushed out if people want attend for the is a public comment period
 - Discussion: how do we get the message out that we need to integrate messaging and increase in collaboration
 - How do we connect organizations across the state to bring to attention to the struggles of communities such as the State Troopers as Trooper GAD – celebrating his birthday in State patrol in September. Can dissemination information from list-serve, can put on Athena Forum.
 - How can we create a mission of hope?
 1. Could we do something at prevention summit related to room of hope or how we can make connections and lift that locally
 2. How do we get information from these meetings to the public, to lift everyone.
 - The science of hope! Significant predictor of wellbeing. Mitigator of secondary trauma.
 - Hope Rising Washington: OSPI, WA family courts, DCYF
 - Hope week across the State, four city, four days.
 - Could Jolynn do a presentation or second awareness call? Will connect with Isaac about doing a presentation for the SPE.
 - Over 2,500 studies support the science of hope
 1. How can help provide training, education and awareness?

- Two data points questions on hope were added on to the Healthy Youth Survey post-Covid.
 - Isaac, connect Linda and Jolynn with summit planners to discuss possible presentation.
- Meetings are for networking and information sharing – doesn't have to be this way
- Interest in trying to bring a State Patrol representative back to the SPE. Please think of other organization who would be great to have participate.
- Example of concern from Hoop Fest:
 - City Council – unlimited beer gardens where kids could be.
 - Issues discussing economic impact, not taking into consideration economic impact of impaired driving.
 - Work with
 - John Griffen on Target Zero
 - WA State patrols DUI processing bus – 28 DUI's this year
 - How partnering with Law Enforcement with coalition to work on issues related to prevention work and the larger perspective of negative economic impact of things like beer gardens compared to the economic impact of having them so accessible.

7. Adjournment 3:45pm

Sarah Mariani

Please **submit ideas** or **suggestions** for meeting presentations to isaac.wulff@hca.wa.gov.

Your support and collaboration are appreciated.