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#### **PARTICIPANT AGENDA**

Resources Assessment and Gaps Analysis July 29, 2024, 8:30 am-12:30pm

#### **Objectives**

Participants will be able to:

- 1. Share the reason for and goal of the resources assessment and gaps analysis
- 2. Describe the final product of a resources assessment/gaps analysis to a community member, and why it is important
- 3. Specify key steps in conducting a resources assessment and gaps analysis for their community
  - a. State the big buckets of conducting a community resources assessment/gaps analysis
  - b. List the 7 types of resource gaps to look for
  - c. Start the Agency Spreadsheet by filling in the community's priority risk and protective factors <and priority outcomes?>
  - d. Continue filling in the Agency Spreadsheet by adding names of agencies/programs you know need to be included in the resources assessment
  - e. Revise the sample script for resources assessment outreach
  - f. Complete a sketch/draft of a resource summary based on what they know so far about the resources in their community
  - g. Decide on next steps for their community's resource assessment/gaps analysis process
- 4. List potential members for the committee/workgroup
  - a. Write out expected tasks for this workgroup
  - b. Practice making the 'ask'

Time	Topic	
8:30	Welcome! Introductions & Big Picture	
8:45	What does a completed resources assessment look like?	Lecture
8:55	What are the key steps in a resources assessment and gaps analysis?	Lecture, individual activity
9:30	Other tools for the resources assessment process	Lecture, small group work
10:00	Break	
10:15	Resources summary	Lecture, individual activity time
10:30	7 types of gaps	Lecture, small group work, brainstorm and discussion
11:25	Break	
11:40	Activating your resources assessment workgroup	Lecture, discussion, individual activity time
12:05	Making the ask	Small group work
12:15	Debrief, final check-in/aha's	Evaluation link
12:30	Close	

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## **CONDUCT RESOURCES ASSESSMENT**

from 2021-23 CPWI Community Planning Guide, pp. 21-22

- 1. Coalition will establish a process to collect, compile, and review resource data. Include explanation of process in Strategic Plan.
- 2. Coalition (or workgroup), with the support from the Coalition Coordinator, will collect, compile, and review resource data.
  - Collect and compile information about the providers and prevention-related services in the community related to the prioritized outcomes for long-term consequences, behavioral health problems, intervening variables/risk and protective factors, and contributing factors.
  - Identify important and/or significant information that demonstrates areas to focus substance use efforts to include in Strategic Plan. Include "significant information" in Strategic Plan.
  - Identify gaps in services, prevention resources, capacity following review of needs assessment and resources assessment.
  - Note: The Coalition may choose to use a workgroup for this part of the resources
    assessment. It is recommended to have 3-5 people for the workgroup. There should be
    some members from the Coalition to help guide the work of the workgroup but not all
    members need to be Coalition members. Invite members of the Coalition who have
    knowledge of a wide range of providers of prevention related services to participate
- 3. Coalition will review results of the resources information and integrate results into strategies and activities. Include results in Strategic Plan.

**Evidence matters!** 



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## **RESOURCES ASSESSMENT**

Downloaded and adapted June 11,2024 from https://theathenaforum.org/definitions\_and\_foundations

#### What is a resources assessment?

A resource assessment is a systematic process for examining the current resources in your community which are reducing your community's priority risk factor(s) and increasing priority protective factors. It answers the question: "What's going on in my community related to our priorities?"

What are resources? They are anything that can be activated to reduce the likelihood that individuals or communities will begin or continue to abuse alcohol, tobacco, and other drugs.

#### Why do we need to complete a resources assessment?

A resource assessment will assist you in:

- Identifying gaps where new services should be implemented
- Avoiding duplication in services
- Building collaboration among service providers
- Modifying existing programs to meet prevention needs
- Identifying existing resources to sponsor new programs
- Ensuring you are putting your time and money where it will have the greatest impact
- Ensuring you are creating a comprehensive prevention strategy for your community
- Ensuring you are effectively impacting the priority risk and protective factors that you identified when completing your community assessment

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## **RESOURCES BY OUTCOMES & RISK/PROTECTIVE FACTORS**

\* Evidence Based, per Utah State workgroup

#### **Assessing Community Resources Recommendations**

Priority Outcomes: Substances of Concern Depressive Symptoms Priority Risk Factors:
Family Conflict

ow Neighborhood Attachment
Low Commitment to School

Priority Protective Factors: Rewards for Pro-Social Involvement Pro-Social Involvement

	Individual / Peer	Family	Community	School
Prenatal and early childhood		Family Support Center respite services Smart Steps for Stepfamilies class Parenting Wisely*	Parents Empowered* Leisure services classes (Swim, Dance, Tumbling etc.) Boy Scouts	
Elementary years	Kid Power program* Prevention Dimensions* 4-H YFP Mentoring (Community, North & East Elementary) GPA FAST Afterschool Program	Family Support Center respite services Smart Steps for Stepfamilies class Parenting Wisely*	Parents Empowered* Cedar Hoops Special Olympics (Limited) Community Unplugged PITU Native Youth Group (Limited) C.A.S.A. Boy Scouts	Kid Power program* Prevention Dimensions* 4-H YFP Mentoring (Community, North & East Elementary) GPA FAST Afterschool Program
Middle School	Personal Power program* Personal Empowerment Program (PEP)* Community Unplugged	Family Support Center respite services Smart Steps for Stepfamilies class Parenting Wisely*	Parents Empowered* Special Olympics (Limited) Community Unplugged PITU Native Youth Group (Limited) CCWCC Youth Group C.A.S.A. END (End Nicotine Dependence) Boy Scouts 4-H	Personal Power program* Personal Empowerment Program (PEP)* SUU Community Engagement Afterschool Clubs YFP 4-H Mentoring School Clubs (GYC, Honors Society, ETS, Band etc.) School Sports Hope for Tomorrow program
High School		Family Support Center respite services Smart Steps for Stepfamilies class Parenting Wisely*	Parents Empowered* Special Olympics (Limited) Community Unplugged PITU Native Youth Group (Limited) CCWCC Youth Group SUU Upward Bound QPR Suicide Prevention training END (End Nicotine Dependence) C.A.S.A. Boy Scouts 4-H	Youth Prime for Life* Hope for Tomorrow program Hope Squads School Clubs (GYC, Honors Society, ETS, Band etc.) School Sports

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## **SUMMARY OF RECOMMENDATIONS**

1.	The tested, effective programs, policies & practices currently serving our community are:
2.	They address the following priority risk & protective factors:
3.	We need to implement new tested, effective programs, policies & practices for the following risk & protective factors:
4.	We need to modify the following programs, policies & practices for the following risk & protective factors:
5.	We need to expand the following programs, policies & practices for the following risk & protective factors:
6.	Resources that currently overlap or duplicate services include:

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#### PROCESS FOR ASSESSING COMMUNITY RESOURCES

# Identify Resources

- · Get info on priorities from Risk and Protective Factor WG
- Finalize Phone Survey
- · Gather contact info for all agencies to be surveyed
- Create list of EBPPP (Blueprints, CPWI lists) to look for in phone survey responses
- Administer phone surveys
- · Collate info for in-person follow up



- Select programs for in-person interviews (Blueprints, CPWI lists)
- Review/revise in-person questionnaires
- ID teams to perform the in-person interviews
- Perform in-person interviews



- Review collated data from in-person interviews
- Perform Gaps Analysis
- Gather info for coalition planning meeting(s) on recommended evidence-based programs, policies and strategies that could be used to address gaps
- Prepare presentation of process, gaps found and recommendations for delivery at coalition planning meeting(s)
- Draft report
- Work with PR workgroup to finalize report



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## **TYPES OF RESOURCE GAPS**

Gap	Explanation
Effectiveness	There are no tested & effective programs in the community that address the community's priority risk and protective factors.

Gaps in delivery of the tested, effective programs that are operating in the community

Gap	Explanation
Funding	<ol> <li>Funds are unavailable to implement, monitor, or maintain the tested, effective programs that address the community's priority risk and protective factors</li> <li>There are insufficient funds to provide the program to enough people to make a real difference in community-level trends</li> </ol>
Domain	Tested, effective resources are not available to address a priority risk factor in multiple domains (community, school, family, peer/individual). For example, a community may have a <i>school</i> program in place to address the risk factor of <i>friends who engage in the problem behavior</i> , but no tested <i>parent</i> programs are available.
Age Groups	Appropriate tested, effective resources are not available for each relevant age group. For example, if <i>poor family management</i> is a priority risk factor and there are programs for parents of preschoolers but no tested, effective programs for parents of middle school aged children, the result is an age group gap.
Demographic	Tested, effective resources fail to address priority risk and protective factors for youth of all races, cultures, genders, languages and economic status. For example, a lack of effective parenting programs available in Spanish, or limited access to affordable prenatal care.
Geographic	The location of a program can limit or prohibit participation by some youth or families. Geographic gaps arise when resources are available in only one area of the community.
Implementation	Tested, effective resources are not implemented with fidelity – that is, they are not implemented as designed. For example, an implementation gap can result if a social-competence program for youth does not provide sufficient booster sessions to reinforce skill development.

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## **SAMPLE AGENCY SPREADSHEET**

Other useful info (special hours, etc.)	Office closed on Tuesdays.									
Website URL (	www.atyc.org									
Email	info@atys.org									
Phone Number	206-555-555									
Mailing Address	PO Box 555, Anytown, Anystate, 01234									
Contact Person (if known)	Jane Doe									
Priority Risk Factor # 4 addressed?	>									
Priority Risk Factor # 3 addressed?										
Priority Risk Factor # 2 addressed?	>									
Priority Risk Factor # 1 addressed?										
Program Name & Agency Name	All Our Kids Anytown Youth Center									_

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## **ASSESSING COMMUNITY RESOURCES SHORT PHONE QUESTIONNAIRE**

Interviewer's name:		Date of interview:				
Hello, my name is	_ and I am calling on behalf of	Coalition. Coalition is a				
		coalition name				
community-wide collaborative effort	In	. Our goal is to promote the positive				
		ent problem behaviors - including alcohol and other				
drug use, delinquency, teen pregnand	cy, dropping out of school, suicid	e, and violence. We do this by addressing risk and				
protective factors related to those be	ehaviors and are attempting to su	rvey all agencies that provide				
programming to youth that address _	prioritized risk factors	we have prioritized in our community.				
		the programs that your organization provides?				
(If no, ask if there is a better time to	call	.)				
	Date/time	·				
1. In	do your programs address the ris	k factors of:				
List priority risk factors						
•	Yes No •	Yes No				
•	Yes No •	Yes No				
4. For each YES above is your curr locally?	riculum based on a published cur	riculum or other national model, or developed				
Program 1:						
Age group served/ other criteria for p	participation:					
National publication:						
Name of program:						
Have you modified your program at a	all? Yes 🗌	No				
Please explain:						
		Continued				

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Locally developed
ioals and objectives:
espondent's Contact Information:
lame and Title:
hone: Email:
Program 2:
ge group served/ other criteria for participation:
National publication:
lame of program:
lave you modified your program at all? Yes No
lease explain:
Locally developed
ioals and objectives:
espondent's Contact Information:
lame and Title:
hono: Email:

Program 3:
Age group served/ other criteria for participation:
National publication:
Name of program:
Have you modified your program at all?  Yes  No  No
Please explain:
Locally developed
Goals and objectives:
Respondent's Contact Information:
Name and Title:
Phone: Email:
Program 4:
Age group served/ other criteria for participation:
National publication:
Name of program:
Have you modified your program at all?  Yes  No  No
Please explain:

Locally developed			
Goals and objectives:		 	
Respondent's Contact Info	ormation:		
Name and Title:		 	
Phone:	Email:		

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## SUMMARY OF RESOURCES BY RISK/PROTECTIVE FACTOR WORKSHEET

	Individual / Peer	Family	Community	School
Prenatal and Early Childhood				
Elementary Years				
Middle School				
High School				

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#### STANDARDS FOR PROMISING AND MODEL PROGRAMS

#### **Blueprints Database Standards: Promising Programs and Model Programs**

Evidence2Success communities use the Blueprints database to select proven programs based on the priority outcomes, protective factors, and risk factors uncovered in local data. Over 1000 programs have been reviewed thus far. All are included in the Blueprints database, but only a small percentage of them are proven programs. These are called Blueprints programs.

#### **Criteria for Promising and Model Programs**

Proven programs are rated as either Promising or Model. Promising programs meet the minimum standard of effectiveness and are recommended for local community and systems adoption. Model programs meet a higher standard and provide greater confidence in their ability to change behavior and developmental outcomes. The criteria for promising and model programs are shown on the reverse of this page. These criteria are extremely rigorous in order to aid decision making around where to invest scarce resources. Loosely defined, the criteria are:

- Evaluation quality Whether we can be confident in a program's evaluation; whether the program's efficacy and
  effectiveness are reliable and valid
- Intervention impact How much positive change in key developmental outcomes can be attributed to the intervention
- Intervention specificity Whether the intervention is focused, practical, and logical
- Dissemination readiness Whether the program has the necessary delivery support and information to be successfully implemented

#### **How Programs Get Included in the Database**

Blueprints staff and other reviewers make preliminary determinations about whether programs meet the criteria. Based on their recommendations, programs may then be submitted for consideration by the Blueprints Advisory Board. All criteria must be met for a program to be certified as Promising or Model by the Blueprints Advisory Board.

#### Accessing the Database

The database contains comprehensive information about proven programs in order to help communities and public agency staff select and deliver the best interventions, confident that they work (by producing the desired effects on child and youth well-being) and have no hidden requirements in terms of money or staff. The Blueprints database is located at <a href="www.blueprintsprograms.com">www.blueprintsprograms.com</a>. It is the work of a dedicated team of professionals under the direction of Delbert S. Elliott, Ph.D., in the Center for the Study and Prevention of Violence at the University of Colorado Boulder

Criterion	Standard for Promising Programs	Standard for Model Programs
Evaluation Quality Can we be confident in the program's evaluation?	<ul> <li>The program has been evaluated by at least one randomized controlled trial (RCT) OR two quasiexperimental (QED) evaluations (initial quasiexperimental evaluation and a replication) meeting certain standards.</li> <li>Valid and reliable measures of the intervention, targeted risk and/or protective factors, and outcomes are used.</li> <li>The analysis includes all of the participants assigned to each study condition.</li> <li>No evidence of significant pre-intervention differences or differences in completion or participation rates by study condition is found.</li> <li>The methods used to analyze results are appropriate.</li> <li>Outcome measures are independent of the unique program content.</li> </ul>	<ul> <li>There are two well-conducted RCTs OR one RCT and one QED evaluation meeting certain standards.</li> <li>All other requirements for promising programs are met.</li> </ul>
Intervention Impact How much difference does the program make?	<ul> <li>There is a consistent, statistically significant positive impact on a significant number of key developmental outcome or domains.</li> <li>There are no iatrogenic (harmful) effects.</li> </ul>	<ul> <li>There is at least one long-term follow up (at least 12 months after the program's completion).</li> <li>All other requirements for promising programs are met.</li> </ul>
Intervention Specificity Is the program focused, practical, and logical?	<ul> <li>Intended population is clearly defined.</li> <li>Program outcomes are clearly specified.</li> <li>Risk and protective factors to be changed are identified in a logic model or theory explaining how they are to be improved and the change in risk or protection affects the specified outcomes.</li> <li>The program's structure, content, and delivery process are documented clearly.</li> </ul>	All requirements for promising programs are met.

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## PROGRAMS BY EVIDENCE LEVEL

Team Members:	
Date completed:	
For Risk/ Protective	re Factor:

Program Name	Agency Delivering the Program	Blueprints	DBHR Approved List	Other
Guiding Good Choices	Anytown Full Gospel Church	✓		
DARE	Anytown Police Department			✓

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## **IDENTIFYING RESOURCE GAPS: SCENARIOS**

#### Instructions:

Work with your group to choose the type of gap that describes each scenario. You have a couple of minutes to do this.

#### **Scenarios**

1.	Risk factors are elevated in one neighborhood, but appropriate tested, effective resources are only available in a neighborhood across town.  Gap:
2.	A program to promote social competence in youth does not deliver the role-playing activities that are part of the program's design.  Gap:
3.	Budget cuts have forced programs working to reduce family management problems to cut hours and staff.  Gap:
4.	Tutoring programs are offered at the public library, but not in schools.  Gap:
5.	Few parents can afford to pay for childcare while they attend parenting classes.  Gap:
6.	Mentoring programs are available for children in elementary school, but not for children in middle school. Gap:
7.	Your assessment reveals that several of your community's resources have not been evaluated for effectiveness. Gap:

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## **COMMUNITY RESOURCE ASSESSMENT QUESTIONNAIRE**

Resource/Program Nan	ne:		
Interview Team:		Date:	
Organization Name:			
Contact Person Name & Title:			
Contact Phone:	Email:		
Address:			
Person Completing the Survey	:		
Title:			
Contact Phone:	Fmail:		

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## **Program or Policy Description**

1.	Please describe this pr	ogram:			
2.	Date Resource/Progra	m began serving the	community:		
	y break in services since th		☐ Yes ☐ No		
3.	Domain and program t	type best described	as: (Check all that apply)		
	Family Focus:		Community-based Youth Focus:		
	Marital Therapy		☐ After-school skill-building programs		
	Prenatal/Infancy		☐ Mentoring		
	Early Childhood Edu	cation	☐ Tutoring (also check under School focus)		
	Parenting Training		igsquare Youth employment with education		
	Family Therapy				
	School Focus:		Community Focus:		
	Organizational char	nge in school	Community mobilization		
	School policies		Community policies & enforcement		
	☐ Tutoring				
	Classroom curriculu	m for social- and emot	tional-competence		
	School behavior-ma	nagement strategies			
	Multi-component pr	rograms based in scho	ols		
	Classroom organizat	tion, management & ir	nstructional strategies		
Ta	rget Population				
	4. All Youth	Youth at risk for pro	blem behavior Youth engaging in pro	blem behavior	
	5. Describe Participa	nts		Eligibility Requirements?	
	Ages				
	Ethnicities				
	Gender				
	Family income level (low, medium, high)				
	Education				
	Other:				

(e.g., H	Does the resource/program target specific populations? ispanic families, single parent families, youth in foster care, please describe:	etc.)	Yes	No 🗌
	Does this resource require referrals? lease briefly describe the referral process:		Yes 🗌	No 🗌
	Does this resource require any payment for services? oriefly describe any financial assistance that is available to p	participants.	Yes 🗌	No 🗌
	How often is the program delivered?  nthly Bi-monthl re than daily, but not more than weekly Daily	y 🗌 Weed	kly	
10.	Please estimate the average number of participants	or clients who regul	arly participate:	
11.	What barriers would need to be overcome to serve r	more participants, if	desired?	
	Can this resource accommodate individuals with physical of explain:	disabilities? Yes 🗌	No 🗌	
	h & Behavior Outcomes, Risk & Protective			
13.	What health & behavior problems does this program or po (Check all that apply)	olicy address?		
	Substance abuse	Violence		
	Delinquency	School Drop-Out		
	Teen Pregnancy	Anxiety/depressi	on	

14. What are the goals and expected outcomes?

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	Goals are broad, general statements of wh youth initiation of cigarette use.	hat the program, cou	rse, or activity intend	s to accomplis	sh. For exar	mple: reduce
15.	What are the learning objectives (or pa Learning objectives are brief, clear statement abilities (skills) and attitudes (values, dispo the body (knowledge), adopt attitudes aga (skills).	ents that describe th ositions). For example	e desired learning, i.e e, youth will learn the	damaging ef	fects of cigo	arette use on
16.	What strategy/strategies does the prog (e.g., provide information, small group disc				ves?	
Risk F	actors					
17.	Our coalition has identified the following is a focus of this resource.	ng risk factors as p	riorities. Please indic	ate the exten	t to which e	each risk factoi
	Risk Factor Number 1 (Brief description of risk factor)		Risk Factor Number (Brief description of risk)			
	1	5 🗍 Major focus	1  2  Not a focus	3 🗌	4 🗌	5 🗍 Major focus
	Risk Factor Number 2 (Brief description of risk factor)		Risk Factor Number (Brief description of ris			
	1	5 🗌 Major focus	1 2 Not a focus	3 🗌	4 🗌	5 🗍 Major focus
	Risk Factor Number 3 (Brief description of risk factor)					
	1	5 🔲 Major focus				

18. If the resource/program has a strong focus on one or more risk factors, please describe what you do to address the specific risk factor(s):

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19. Our coalition has identified the following protective factors as priorities. Please indicate the extent to which each

#### **Protective Factors**

Protective Facilities (Brief description							e Factor Nur			
1	· 🗆	3 🗌	4 🗌	5 🗍 Major focu		1 🔲 Not a foc	2 🗌 us	3 🗌	4 🗌	5 🗍 Major fo
Protective F. (Brief description							e Factor Nur			
1	· 🗆	3 🗌	4 🗌	5 🗍 Major focu		1 □ Not a foc	2 🔲 us	3 🗌	4 🗌	5 [] Major fo
Protective For (Brief description										
1 ☐ 2 Not a focus	· 🗆	3 🗌	4	5 🗍 Major focu						
20. If the resourthe specific	risk fac	tor(s):					_		what you	do to add
21. Has this reso		_					Yes	No 🔛		
22. If yes, please		•	•				• •			
<u> </u>		ts of progra	m partici	•			f program p	•		
∐ Numbers							erbal opinio			
		n or verbal	•					ttendance o		
District o	school	level survey	S		Publis	hed resear	ch studies (I	Please share	citations):	
_										
Other (Ple	ase exp	lain):								



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## **GAPS, ISSUES, AND BARRIERS**

## **Funding**

24. Please check all sources of funding:

Source		expected to ndefinitely?	How long is funding expected?
	Yes	No	
☐ Individual Donors			
Private Foundations Name(s):			
City or County Funding Name(s) of agency or administering grant or contract:			
State Funding Name(s) of agency or administering grant or contract:			
Federal Funding Name(s) of agency or administering grant or contract:			
Other Name(s):			

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## Location/Geography

25.	Where is the resource/program located?
26.	Which geographic areas are served?
27.	Is lack of transportation considered a barrier to participation?
28.	Is transportation provided? Yes No No
ffii	ng
29.	Please describe any professional certification required of resource/program providers.
30.	What specific skills are required by staff to implement your resource/program?
31.	Does the implementation of your resource/program rely on volunteers? Yes No If yes, how many volunteers are currently involved?
32.	Have you been able to find enough individuals to staff your resource/program who have the skills and/or meet these
	qualifications? e.g., staff and volunteers/program providers.
ple	mentation & Quality Assurance
33.	Does the program have tools to measure quality or fidelity of implementation? e.g. checklists to document delivery of core components, surveys to measure participant changes
	Yes No
	If yes, please describe:
34	How are you using the tools?
J 7.	non are you asking the tools.
35.	Is this resource operating with fidelity?
	e.g. is it implemented as designed, with all of its core elements?  Yes \tag{No} \tag{No}
	If no, please describe:

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36. How is the program delivered? Logic model?

37.	7.Do the following components align with the program requirements?		
	Yes 🗌	No 🗌	Ratio of staff/volunteers to participants?
	Yes 🗌	No 🗌	Training of staff/volunteers?
	Yes 🗌	No 🗌	Materials and resources?

Thank you for taking the time to complete this survey! Your input is an important contribution to the assessment process.

We invite you to contact us if you would like more information about our effort to promote positive youth development in our community.