

Parent/Caregiver Survey

Strengthening Families Program
For Parents and Youth 10-14

Date: _____

Name: _____

Most parents and caregivers try to stay calm, loving, and consistent when they guide and discipline their adolescent children. However, most parents also fall short of those goals from time to time! We are interested to know which aspects of parenting are most challenging for you. Please take your time and answer truthfully. Your responses will help us to improve our program.

How much do you agree or disagree with the following statements?	Strongly Agree	Agree	Neutral or Mixed	Disagree	Strongly Disagree
01. I have clear and specific rules about my child's association with peers who use alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
02. I have explained my rules about alcohol use to my child	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
03. I have explained the consequences for breaking my rules about alcohol use to my child	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
04. I can control my anger and frustration with my child.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
05. I work hard with my child on ways to express and control his/her anger and frustration.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
06. I find ways to keep my child involved with fun activities in our family.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
07. I find ways to keep my child involved in family work activities (chores, for example).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
08. I find ways to keep my child involved with family decisions about fun and work activities, in a way that's appropriate for his/her age.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
09. I have discussed my child's goals and dreams with him/her on several occasions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. I often tell my child how I feel when he or she misbehaves.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. When my child tells me something important, I let him/her know that I am trying to understand what he/she is feeling.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. I let my child know I care about him/her while setting limits and consequences.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. I have discussed our family values with my child on several occasions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. Getting my youth to help with chores is a problem.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. Getting my youth to do homework is a problem.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

16. Please show how you rate the tension among your family members, as a group, today:

Low 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10 ☐ **High**

Examples of "low tension" are:

- Family members are peaceful and friendly
- Talking with family is open and positive
- Overall, family mood is warm and loving

Examples of "high tension" are:

- Family members are "on edge" and impatient with each other
- Talking with family is stressful
- Overall, family mood is negative, angry, and not agreeable