

Thick Greeting Prompts
2022 Coalition Leadership Institute – May 4th & 5th

Instructions:

1. **Intros:** Quickly go around the room and introduce yourselves with your name, region/community, and role.
2. **Timer:** Establish a timer, someone who can keep an eye on the clock so everyone gets equal opportunities to share.
3. **Share:** Each speaker will get an equal portion of the 30 minutes to respond to one or more of the prompts below. (NOTE: This could be 4 or 5 minutes depending on how many people are in the room.)
4. **Choice:** Feel free to skip prompts, jump around in order, or otherwise ignore the presented options. They are just suggestions.
5. **Self-Care:** The goal of this exercise is to talk more deeply, but you also deserve to be comfortable. Be honest about your needs.

Nostalgia: What was something felt more deeply because it took you back to your past?

Adjust: What in your life or work needs refinement and attention?

Pare back: Did you simplify something?

Control: What is something you are quietly in charge of?

Imitation: Who did you copy?

Practice: What have you learned to take your time with?

Indulgence: When were you selfish?

Stability: What did you build that is still standing on its own?

Leakages: What do you get carried away with? What carries you away?

Superstition: What's a belief or suspicion that you hide behind?

Subversion: What is a rule you actively break?

Freedom: What are you struggling against?

Separation: How do you say goodbye?

Departure: Who or what are you letting go of?

Mundane: What do you find terribly unremarkable?

Intransparent: You are hiding something. What is it?

Priorities: What is something you give your undivided attention to?

Despair & Desperation: What have you given up on or in to?

Memory: What are some old ideas you've been revisiting lately?

Humor: What or who causes you to laugh uncontrollably?

Heresy: What is a truth you are questioning?

Disappointments: You have lost something that you miss. What is it?

Everything is impermanent: How long does it take to chip, wear down, fall off?

Culture list: What was read, watched, seen, listened to?

Disintegration: What are you like when you're messy? How do you fall apart?

Collapse: What has let you down or become unreliable?

Positive gossip: You have a memory of someone who has made a difference for you. Who are they and what did they contribute to your experience? Briefly introduce us to them.

Above & Below: What's been submerged for you?

Gratitude: On whose shoulders do you stand?

Community: Where do you belong? How do you foster belonging?

Humility: What are you actively unlearning? Where are you finding opportunities to listen more?

Leadership: How are you sharing power?

Thank you for your connection!