

Washington State Prevention Enhancement (SPE) Policy Consortium - Notes

September 12, 2022, 1-4 p.m.

Online via Teams

Attendees			
Attendance not noted			
Bailey, Me'kyel	DOH	Lauderdale, Connie	HCA
Bartz-Overman, Carly A	DOH	Mariani, Sarah E	HCA
Dinardo, Molly	SBOH	Migliore Santiago, Patti	DOH
Kha, Doua	OSPI	Peterson, Julie	Healthy Gen
Fontaine, Harrison	HCA	Pipek, Sonja	HCA
Glesmann, Heidi	DOH	Powell, Eliza	NWHIDTA
Graham-Squire, Mike	WASVP	Rashid, Amani	WSIPP
Granillo, Tiffany R	HCA	Reamer, William (Billy	HCA
Hoff, Staci	WTSC	Segawa, Mary	LCB
Ingraham, Bailey	WSIPP	Shrestha, Gitanjali	WSU
Kang, Jennifer H	DOH	Watson, Tyler	HCA
Kellington, Mary	DOH	Wilhelm, Liz	PSCBW
Bailey, Me'kyel	DOH	Wilson, Kendra L	HCA
Bartz-Overman, Carly A	DOH	Wulff, Isaac	HCA
Objectives:			
<ol style="list-style-type: none"> 1. Share Problem Gambling WG Updates 2. 5 Year Plan updates <ol style="list-style-type: none"> a. New Timeline b. Indicators for NA c. Next steps 			

Meeting Notes

Ice breaker activity: What priorities in your life do you want to focus on more?

Problem Gambling Presentation - Roxane W. and Sandy S.

- High-level findings in youth and adult groups.
- Adults
 - 5% have co-occurring (mental) health issues.
 - It also affects relationships in family, schools.
 - They are taking out more loans and selling family assets.
 - The worst cases resort to embezzlement and other crimes.
- Adult problem gambling survey
 - The survey was implemented July - Sept. by WSU and asked participants to look back 12 months.
 - Results will be published in October 2022.
 - One concern: online gambling is illegal, but it is widely available for everyone.
- All Adults:
 - 56.5% did not gamble in the past 12 months.
 - 43.5% gambled in past 12 months.
 - 1.5% of all surveyed are at risk (moderately or severely) of gambling (90,000 people).

<p>Gray area: gaming vs gambling. Spending money for a treat (outcome is not in controlled) in a game is a type of gambling. Many people don't understand this, especially youth. So, the percentage might be underestimated. We are still in the educational period.</p>	<p>Telehealth: people prefer to do it online because gambling is extremely stigmatized.</p>
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Recap of July SPE

- Extensive review of needs assessment data (purple section of logic model). What do we want our target to be? HYS is a primary data we use.
- Drug use is lower, but there are continuing mental health issues.
- Young adults don't have tons of services in their transition ages.
- Health disparities and equity: how are we addressing this? What's our plan for doing this?
- Resource assessment: A strength (number of public components) is that young adults and teens are the most served age groups. There is opportunity to expand (racial minority, LGBTQ+).
- Policy design: get organized and be able to provide research for legislation.

SPE 5 years plan (The Menti link is open for a week)

- New timeline proposal: <https://www.menti.com/jzcgf66ve> (Question 1 & 2)
 - Due end of October: accomplishments and list and feedback on action plan.
 - Final provider feedback November 15.
 - Workgroups presentation of action plan.
 - Final edits as entire consortium will be completed by December 9 and sent to HCA communications.
 - The plan will be released by March.
- Summary of SPE: What is the goal? How to address this? Risk and protective factors. Policy and community norms. Community engagement as a coalition development. Early intervention. General education (parenting, youth, and broad audience). Reducing SUD, AUD, and OUD among young adults and adolescents.
- Logic model:
 - Long-term consequences: looking at crime, education, impaired driving. UAD, and general substance uses. Depression, suicide ideation.
 - Intervening variables: access, availability, perceptions, enforcement, and community norms.
 - Two Green columns: partners and collaboratives.
 - Evaluation plan: state data sources.
- Wrapping red, purple and blue boxes (needs assessment). Finalizing first column green (resource assessment).
 - What's the next step after looking at the HYS data?

Needs Assessment Proposals - Tyler W. and Sandy S.

- Will have better understanding HYS 2021 when HYS 2023 and later can reestablish trend lines. 2021 may be a point-in-time anomaly.
- "Trend data from before the pandemic and during/after the pandemic should be interpreted with tremendous caution."

- 3 different options of how to approach setting objectives for HYS intermediate outcomes given the break in trends from HYS 2021:
 1. Keep the old HYS objectives (5% to 10% range).
 2. Remove the old HYS objectives for HYS 2023.
 3. No objectives. Wait to see what happens with HYS 2023.
- Discussion:
 - Recommendation: Combine option 1 and option 2: 5-10% range, but let's not land on pre-pandemic.
 - Revise objectives in the future once we have future data.
 - Feedback (Question 3, 4): <https://www.menti.com/jzcggf66ve>
- Administration: move to electronic format; students don't need to be in a structured class to take the survey. Bias analysis: there is no huge inconsistency. We certainly see a lower participation rate (not all students were able to take the survey due to pandemic).

Cover design – Alicia H.

- The cover should represent diversity, tribal and rural representation. Avoid substance message. Prosocial activity: family bonding, playing games with friends.
- Alicia shared 5 images and is searching for the top choice.
- Notes: the blue-ish banner on the left side is a requirement.
- Voting (Question 5): <https://www.menti.com/jzcggf66ve>

SPE Announcement

- November annual community/provider meeting.
- Legislative meetings: agency representatives need to attend weekly.
 - If you like to participate in these sessions, please reach out.
 - They are every Wednesday at noon.
- Prevention summit: <http://preventionsummit.org/>
- ADAI Symposium on high THC cannabis products is this Friday, virtual and in person. Go to their website for more info: <https://adai.uw.edu/symposium-2022/>
- Leg session: recruiting board members. Reach out to Mike if you are interested in this. It would add additional pharmacology hours for CPP.
- The PSCBW has four new board directors for a total of eight directors. Our current board: Sigrid Gauger, Gunthild Sondhi, Kristi Sharpe, Lizbet Maceda, Janine Koffel, Sarah Meyers, Kirsten Fuchs, and Liz Wilhelm.
- Re-imagining Behavioral Health: https://eventory.cc/event/resj2022?private_code=oJdd8aFhko
- Will send out a recap at the end of the day so everyone who did not attend can provide their feedback.

Workgroup updates (round robin)

- Preparing for that 10-15 minute presentation in December.
 - Erika will send out an email about this.
- The opioid prevention workgroup will continue to gather info and feedback for the action plan. The workgroup currently has eighty members! Reach out to Erika if you want to join.
- WSU Impact Lab is working on an action plan in collaboration with EDI. They are meeting in October on the work plan. Their primary focus is cannabis, but are also incorporating alcohol. They are presenting in November and will get feedback. Let Gitanjali S. know if you'd like to join!

- Washington Healthy Youth: Have been looking for media campaign, especially in DOH or HCA. They struggle to keep the coalition moving but are getting help from DOH. How they involve youth includes writing articles, brainstorming topics. They recruit youth to submit articles, so they are on webpage and Facebook. If you know any youths who love to write, let Mary S. know!
- Mental health workgroup: They are reviewing plans, had changes in their co-lead and are identifying a new one. Wednesday is the next meeting, where they will renew any updated strategies that were agreed to. Anyone who is interested in being a co-lead, let them know.
- Commercial tobacco has a new title “Washington Breathes”. Re-access the workgroup, avoid duplication with another group. The launch is slow, membership is broader than in the previous workgroup. Grassroots representation. They continue to meet as steering committee, but their first meeting is coming up in two weeks. Let them know if you’d like to join. Website: <https://washingtonbreathes.org/>

Upcoming Schedule

Month	Workgroup Presentation	Other Topics
January 9, 2023	All Workgroups - SPE Planning Work	<ul style="list-style-type: none"> • SPE goals for 2023 • SPE rollout • Start of Legislative Session 2023

Please **submit ideas** or **suggestions** of meeting presentations to isaac.wulff@hca.wa.gov.

Your support and collaboration are appreciated.