

AGENDA

Strategic Prevention Enhancement Policy (SPE) Consortium

September 14th, 2020; 2:00 – 4:00 PM

Meeting Objectives:

1. Receive important updates from state partners.
2. Hear from two partners, Office of Tribal Affairs/HCA and DOH, on new developments with their work.
3. Share adaptations to prevention activities during COVID-19 pandemic.
4. Check in with workgroups and offer assistance as needed.

Agenda

2:00 Introductions and Announcements Alicia Hughes/Patti Migliore-Santiago

In Attendance	ORG	In Attendance	ORG
Patti Migliore-Santiago	DOH	Christine Steele	HCA
Liz Wilhelm	WASAVP	Sarah Mariani	HCA
Jennifer Helseth	DCYF	Ray Horodowicz	HCA
Nick Fradkin	DOH	Isaac Wulff	HCA
Victor Amabile	Mentor WA	Alicia Hughes	HCA
Stacia Wasmundt	DOH	Gitanjali Shrestha	WSU
Kira Mauseth	SeattleU/DOH	Sasha De Leon	DOH
Eva Westley	WSIPP	Nicole Earls	HCA/OTA
Trevor Covington	DOH	Sandy Salivaras	HCA
Frances Limtiaco	DOH	Peggy Needham	CoC
Billy Reamer	HCA	Carly Bartz-Overman	DOH
Erika Jenkins	HCA	Huyen Truong	ESD 112
Wade Alonzo	WTSC	Jennifer Hogge	HCA
Samantha Pskowski	WA SBOH	Kelly Richburg	ATG
Laura Mendoza	Mentor WA	Lucilla Mendoza	HCA/OTA
Mandy Paradise	OSPI	Jacob Delbridge	DOH
Pam Pannkuk	WTSC		

2:20 Behavioral Health Impacts of COVID-19 Kira Mauseth, DOH

- *“Trends, Workforce Impacts, and Resources”*
- Mary Beth Brown and Trevor Covington (DOH) also available for Q&A

Please see separate PDF of Slides for details

2:45 American Indian/Alaskan Native Lucy Mendoza and Nicole Earls, HCA
 Urban and Tribal Prevention Resources

- *“Tribal Prevention and Wellness Program and HCA’s Partnership with Tribal Governments”*

Please see separate PDF of Slides for details

3:25

Commercial Tobacco/Vapor Products Prevention Workgroup

- *“Commercial Tobacco Prevention: SPE Workgroup Strategies and Next Steps”*
- Presenters: Frances Limtiaco DOH, Kelly Richburg AG, Stacia Wasmundt DOH, Jacob Delbridge DOH, and Nick Fradkin DOH

Please see separate PDF of Slides for details

4:00

Adjourn

NOTE: There was such a large amount of excellent information in these three presentations that we did not have time for much else. To respect everyone’s time, we asked for individual workgroups, other than the Commercial Tobacco/Vapor Products Workgroup who gave their full update in meeting, to send us any updates by email to be included in these minutes.

BY EMAIL

Workgroup Updates

All

SPE Workgroup Name	Update for September SPE Meeting
Opioid Prevention Workgroup	<ul style="list-style-type: none"> • Updates to the State Opioid Response Plan are in process – near the end of the design phase. Adding language around health equity and justice statements. <ul style="list-style-type: none"> ○ Discussion around including stimulants in language. Our workgroup did not make those changes this go around, but open for discussion. Reminded them that there is also the SPE Consortium and would not want to focus to become “all drug prevention” because that is handled w/in other workgroups. • Discussed representation of Prevention on the steering committee for the Roadmap to Recovery project – more to come from Kris • Starts with One Pharmacy Campaign results shared – looking to expand into next year. Slide deck from campaign results available on request. • Brainstormed on activities for Take Back Day (virtually): included promoting Take Back Your Meds; Starts with One campaign; Tribal Campaign collaboration; and promoting drive-through drop box locations • Large discussion on health equity – what gaps are the agency representatives seeing, how can the workgroup address those gaps. Solutions presented: increasing representation on boards and commissions on various health professions; having a dissemination strategy with talking points, common language, etc.; and hosting the DBHR Opioid Roundtable to discuss the opioid crisis and how it is impacting high-need communities in WA State.
Washington Healthy Youth (WHY) Coalition	<ul style="list-style-type: none"> • WHY has continued to meet this summer and have focused much of our conversation on monitoring the additional allowances for liquor and cannabis business during COVID and starting to think about preparing for legislative session. • The Communications team is interested in updating the Start Talking Now website. This website is a resource for parents, caregivers, and other trusted adults. An update would increase accessibility and expand to cover social-emotional issues and other developmentally appropriate

	<p>topics (driver safety, etc.). Currently investigating costs and resources and developing a proposal.</p> <ul style="list-style-type: none"> • The Communications team continues to be an advisory board for alcohol and marijuana prevention campaigns developed by HCA and DOH, as well as regularly updates the Start Talking Now website and Facebook page. • Working on updating our Parent Guide. Digital version of current Parent Guide can be found here (will have an updated version to share in October): https://www.theathenaforum.org/best_practices_toolkit • Make sure you and your organization like Start Talking Now Facebook and share our posts! https://www.facebook.com/StartTalkingNowWA/
<p>Mental Health Workgroup</p>	<ul style="list-style-type: none"> • Recently reviewed the levels of collaboration and their characteristics. Obtained group consensus to review goals, progress and develop sub workgroups surrounding the goals to develop action plans. • Developed a sub group who will be working on identify measurements of mental health other than the absence of disorders. The group will be looking at research and what others have used to measure wellness to help us identify other points of data we can collect to inform our efforts. • Another subgroup created to work on developing a funding strategy to utilize current resources and identify opportunities for funding. • Completion of the first year for our MHPP community based organization grants. • Next steps is to develop a sub group that will work on develop a toolkit of the different resources available to communities for prevention, intervention and post-intervention to reduce the potential for youth suicide and mental health
<p>Commercial Tobacco and Vapor Products Workgroup</p>	<ul style="list-style-type: none"> • FULL PRESENTATION IN MEETING
<p>Young Adults and Marijuana Prevention Workgroup</p>	<ul style="list-style-type: none"> • The workgroup is reconvening under the leadership of Christine Steele from HCA/DBHR and Gitanjali Shrestha from WSU. Christine is a Prevention Policy and Project Manager at DBHR, and Gitanjali is a postdoctoral research associate in the IMPACT Research Lab. • Young adult’s access to marijuana through retail stores has risen from 9% in 2014 to 78% in 2019. • The workgroup is currently in the re- planning phase and recruiting members. If you or someone you know might be interested in joining the workgroup, please contact the co-leads at christine.steele@hca.wa.gov or gshrestha@wsu.edu . • The co-leads have met to discuss potential directions for the workgroup, membership recruitment, and next steps. We value input and expertise from those who are actively engaged with young adults.

Upcoming Meeting Goals and Callout for Presenters

All

Month	Workgroup Presentation	Other Topics
January 2020	Opioid Prevention Workgroup	<ul style="list-style-type: none"> • Legislative Reports • Engagement of vacant SPE members
March 2020	WHY Coalition	<ul style="list-style-type: none"> • WSIPP – Updated inventory of programs for the prevention and treatment of youth cannabis use (Eva Westley) • Opioid Advisory Board, SFP Trainings for Marijuana/Opioids (Elizabeth Weybright) Confirmed: Y/N
May 2020		<ul style="list-style-type: none"> • WTSC – Stacy and/or Wade: Updated presentation: Alcohol, Poly Drug and Cannabis as contributors to motor vehicle fatalities/ injuries. (We featured this in March, 2019 SPE) Confirmed: Y/N • DCYF – Pamala Sachs Lawler – Youth in the Juvenile Justice System: Needs Assessment data, future enhanced inclusion of population and Policy discussion. (Prevention Focus) Confirmed: Y/N
July 2020		<ul style="list-style-type: none"> • CANCELED TO ACCOMODATE FURLOUGHS
September 2020	Commercial Tobacco/Vapor Products Workgroup	<ul style="list-style-type: none"> • HCA OTA & OIA – Lucilla Mendoza and Nicole Earls: American Indian/ Alaskan Native Urban and Tribal Resources March, 2020 or later. Confirmed: Y/N • DOH – Behavioral Health Impacts of COVID - 19
November 2020	Young Adults & Marijuana Prevention Workgroup	<ul style="list-style-type: none"> • Healthy Youth Survey Updates – Sarah Mariani, Alicia Hughes, Tyler Watson from HCA, and others TBD. • Rural Prevention Network – Christopher Belisle, ESD112 - A report on progress made in the first year and goals for the future.
January 2021	Mental Health Workgroup	<ul style="list-style-type: none"> •
March 2021		<ul style="list-style-type: none"> • Kick off to 2022 Five-Year Strategic Plan Update!