

State Prevention Enhancement (SPE) Policy Consortium

September 13, 2021, 1-3:30 p.m.

Online

Attendees			
Alicia Hughes	HCA	Jason Kilmer	UW
Billy Reamer	HCA	Jennifer Hogge	HCA
Connie Lauderdale	HCA	Mary Kellington	DOH
Emily Maughan	OSPI	Miranda Pollock	HCA
Erika Jenkins	HCA	Sandy Salivaras-Bodner	HCA
Gitanjali Shrestha	WSU	Patti Migliore Santiago	DOH
Billy Reamer	HCA	Sarah Mariani	HCA
Isaac Derline	HCA	Stacy Buck	HCA
Isaac Wulff	HCA	Tyler Watson	HCA
Jacob Delridge	DOH	Ray Horodowicz	HCA
Objectives: <ol style="list-style-type: none"> 1. Learn about the COVID Student Survey results and what they mean 2. Hear from Strategic Planning Workgroup about process updates 3. Check in with workgroups (Opioid Spotlight) and help as needed. 			

Meeting Notes

1. Introductions and Announcements

Sarah Mariani/Patti Migliore-Santiago

- Sarah opened the meeting and attendees introduced themselves.
- Patti :
 - August was National Immunization Awareness Month; September was both National Recovery Month (“Recovery is for Everyone: Every Person, Every Family, Every Community”) and Suicide Prevention Awareness Month (“Together for Mental Health”)
 - Open positions: HSC 3 Youth Tobacco Prevention Coordinator, and Youth Cannabis Prevention Coordinator
- Sarah –HCA has open prevention positions: <https://www.theathenaforum.org/headlines/job-openings>

2. COVID Student Survey – Results and Outcomes

Jason Kilmer, UW/Tyler Watson HCA

- Links
 - Survey: <https://csswashington.org/>
 - Press release: <https://waospi.medium.com/early-results-from-covid-19-student-survey-reveal-students-worries-and-hopes-amid-pandemic-1c525b90c6a>
- Please refer to PowerPoint for results.
- Met in Fall 2020 to assess and collect questions.
- Survey period: March 8-26, 2021.
- 330 schools opted in (35 of 39 counties), over 35,000 participants
- Schools received their results in the Spring.
- Tyler:
 - They will use lessons learned from rolling this out remotely for the Healthy Youth Survey.
 - A data disaggregation tool will be released in the next few weeks and announced on <https://csswashington.org/>.

3. Opioid data from PNW AIAN Heidi Lovejoy, MSc

- *Postponed*

4. Statewide 5 Year Strategic Plan Updates Alicia /Isaac W.

- Working on SPE consortium feedback and Covid Student Survey results.
- Stacy conducted a Menti survey with the group to demonstrate one method to be used to gather feedback.
- PowerPoint shows timeline and feedback methods for the strategic planning process.

5. 10 Minute Break

6. Workgroup Updates All

- Opioid Prevention Workgroup (highlighted) – Alicia, Erika
 - Group feeds into the State Prevention Enhancement Consortium (SPE) & State Opioid Workgroup.
 - See PowerPoint for strategies, related accomplishments, what's coming up, and a list of partners. Next meeting is November 16. Meetings are 3rd Tuesday every other month, from 3-4 p.m.
- Young Adults Cannabis Prevention Workgroup - Gitanjali
 - The group is reaching out...
 - To other research and prevention groups to find where they overlap.
 - About the possibility of offering this as a capstone/student project.
 - With questions about how project fits with other research in state.
 - Recruiting members, discussing how to incorporate young adult voices, ensuring the work is representative of young adults in the state.
- WHY Coalition – Isaac W. filling in
 - Focused on underage alcohol and marijuana use.
 - Manages the Start Talking Now resource page and campaign.
 - Recently published a guide on Delta 8 THC for public health providers.
 - Looking for a co-chair to fill the vacancy left by Sara Cooley-Broschart from LCB.
 - Next meeting is September 17. Meetings are the 3rd Friday every month from 9-12.
- Mental Health Workgroup – Jen
 - Continuing work on suicide prevention, intervention, post-vention resources in communities.
 - Working on a 1-pager of resources to provide to communities.
 - Next steps:
 - Build out list of resources specific to cultural groups.
 - Post-vention guidance doc for communities and prevention managers in communities.
 - Update Mental Health Suicide Prevention page on Athena.
 - DOH/DBHR leaders met on how to better collaborate with other agencies (including many new groups started due to Covid) to streamline the work and avoid duplication of efforts.
 - [Suicide prevention month](#). Cross-suicide media group put together a [toolkit](#) (includes tribal information) re: what to do if self or others are experiencing suicidal ideation. Trying to reduce the stigma of talking to others.
 - [Trauma informed preventions webinar](#) for prevention providers is tomorrow (September 14).
- Tobacco and Vapor Products Workgroup – Patti, Ray
 - Work on establishing a statewide Commercial Tobacco Coalition continues.
 - Decisions pending, so November launch may be postponed.
 - May transition planning group into a founding/steering committee of sorts, then launch larger coalition next March/April.
 - Establishing a functioning steering committee now will help ensure this group will have a voice during the legislative session.
 - Timelines may be clarified by the end of September.
 - Monthly Policy Learning Circles will move to every two weeks November though Leg Session.
 - Accepted to present session at the WSPHA Conference [Washington State Public Health Association] on Oct 18.
 - Panel discussion entitled: "A New Partnership to Combat an Old Enemy."

- Competitive application awarded to WA to host the 23rd “SAMHSA Center of Excellence State Leadership Academy of Wellness and Tobacco Free Recovery,” April 19-20, 2022.
 - Supports 40 participants for the meeting and follow-up.
 - This relates to the work of the Tobacco Cessation Interagency workgroup, a subcommittee of the SPE Tobacco & Vapor Products Issues Workgroup and is staffed by Nick Fradkin.
 - A small team at DOH attended a recent national event and heard how the event can lead to positive results by melding behavioral health with that tobacco cessation program and building partnerships with sister agencies.

7. Upcoming Meeting Goals and Callout for Presenters All

- November 8 SPE is right after the [Prevention Summit](#). It will be short, and planned topics are in the grid below.
- Email Isaac (Isaac.Wulff@hca.wa.gov) with ideas for January’s meeting.

8. Adjourned at 3:24

Month	Workgroup Presentation	Other Topics
September 2020	Commercial Tobacco/Vapor Products Workgroup	<ul style="list-style-type: none"> • HCA OTA & OIA – Lucilla Mendoza and Nicole Earls: American Indian/ Alaskan Native Urban and Tribal Resources March, 2020 or later. Confirmed: <u>Y</u>/N DOH – Behavioral Health Impacts of COVID - 19
November 2020		<ul style="list-style-type: none"> • HYS Update • Rural Prevention Network – ESD 112 • Health Disparities: LGBTQ+ Youth, HCA and Gay City Leg Session Prep
January 2021		<ul style="list-style-type: none"> • 2021 Legislative Session - All • Health Equity as a Prevention Priority – Alicia Hughes, HCA
March 8, 2021		<ul style="list-style-type: none"> • Legislative session – status updates and needs • Problem Gambling: Impacts and Resources – Roxane Waldron, HCA/DBHR • PFS Grant Midpoint Status Report – Alicia Hughes, HCA/DBHR
May 10, 2021		<ul style="list-style-type: none"> • Legislative Outcomes from 2021 • Behavioral Health Impacts of COVID – Update from Dr. Kira Mauseth with DOH BH Strike Team
July 12, 2021	Young Adults and Marijuana Prevention	<ul style="list-style-type: none"> • Parks and Recreation – adult health program, Chris Zipperer DOH • Starts With One media campaign – health equity in communications, Mallory Peak, DH • Strategic Planning Process Update
September 13, 2021	Opioid Prevention	<ul style="list-style-type: none"> • COVID Student Survey Jason Kilmer, Tyler Watson • AIAN Opioid Data from NW Portland Indian Health Board – Heidi Lovejoy, MSc • Strategic Planning Update – SharePoint Intro
November 8, 2021	(Shorter Meeting)	<ul style="list-style-type: none"> • Children’s Services Inventory – Eva Westley and Rebecca Goodvin, WSIPP • Prevention Summit Highlights • Strategic Planning Update - TBD
January 10, 2022	WHY Coalition	<ul style="list-style-type: none"> •

Please submit ideas or suggestions of meeting presentations to isaac.wulff@hca.wa.gov.