

State Prevention Enhancement (SPE) Policy Consortium

January 10, 1-4 p.m.

Online

Attendees			
Alicia Hughes	HCA	Liz Wilhelm	PSCBW
Amani Rashid	WSIPP	Mary Segawa	LCB
Bailey Ingraham	WSIPP	Sandy Salivaras-Bodner	HCA
Billy Reamer	HCA	Pam Pannkuk	WTSC
Carley Bartz-Overman	DOH	Patti Migliore Santiago	DOH
Connie Lauderdale	HCA	Peggy Needham	WASAVP
Desirae Armijo	HCA	Ray Horodowicz	HCA
Erika Jenkins	HCA	Stephanie Atherton	HCA
Gitanjali Shrestha	WSU		
Heidi Lovejoy	NW Indian Health Board		
Objectives: <ol style="list-style-type: none"> 1. Reset and reconnect for 2022 2. Hear about opioid data from the NW Portland Indian Health Board's Heidi Lovejoy 3. 5 Year Strategic Planning updates 4. Refresher on prevention fundamentals from Stephanie Atherton 			

Meeting Notes

1. Introductions and Announcements

Sarah Mariani/Patti Migliore-Santiago

- Sarah opened the meeting and attendees introduced themselves.

Announcements

- Isaac will forward an email regarding a new RFA for Youth Cannabis Prevention and Tobacco Program.

Recognition dates

- December: HIV and AIDS awareness Month, with Dec 1 as the World AIDS Awareness Day
- December 1-11: National influenza awareness week
- January: Awareness month for both glaucoma and cervical cancer

2. Opioid Data in AIAN Populations

Heidi Lovejoy, MSc Board, NW Portland Area Indian Health Board

- Please refer to the PowerPoint for additional information.
- Heidi Lovejoy was recommended to present by Lucy Mendoza, Office of Tribal Affairs, HCA.
- AIAN: American Indian and Alaska Natives
- Q: Are drugs like Fentanyl specifically tracked? A: Only as part of a larger group, such as prescription opioids.
- Q: Can groups do anything to change some of these categories? A: A goal of the grant is to fix this. Overdose deaths aren't investigated to the degree needed – but they do go to a medical examiner. They are looking into how to note drug information and medical information with more accuracy.
 - Comment – Some drugs don't have overdoses anymore, so why specify those and not others? A: Other countries also use these international codes, it's difficult to change. The "fix" is to try to train medical examiners to add the drug name into the record.

- Please email Heidi if you have connections to share (e.g., coroners or medical examiners who specify alcohol or marijuana in their reports): hlovejoy@npaihb.org.

3. Statewide 5 Year Strategic Plan

Alicia Hughes/Stephanie Atherton/Erika Jenkins, HCA

- Please refer to the PowerPoint for additional information.
- A full, five-year strategic plan update will begin soon.
- The presentation PowerPoint includes:
 - Timeline
 - The work is broken into various, specific areas such as cover design or editing. Please connect if you are interested in helping.
 - Prevention Framework 101
 - Q& A from chat:
 - Q: Where does harm reduction fit into the BH continuum of care?
 - A: It falls along the full continuum (tertiary prevention all the way to recovery work), rather than in a specific slice of the wheel.
 - Many national experts are working on defining harm reduction much more specifically, and “we may have an updated continuum of care visual in the future!”

4. 10-minute Break

5. Strategic Plan Presentation, continued

- Membership/Recruitment
 - Comments from presenters and members:
 - SPE is focused on statewide organizations, though more local input in workgroups can make sense.
 - Q: How do other statewide groups recruit? A: Send lots of emails to similar groups or those you know are doing the work.
- Mission/Values
 - Watch for a survey following this meeting soliciting changes to the mission, vision, or values.
 - Suggestion: Update cultural competency to cultural humility.
 - Sarah Mariani (in absentia): “The group has changed quite a bit since 2011, so we should recognize those transitions and make sure everyone is okay with it. We want to avoid throwing everything in or missing something.”
- Upcoming Milestones – Needs Assessment
 - Suggestion: Workgroup leads should consider new information-gathering mechanisms in this dispersed/online workplace, such as Menti, for gathering feedback on updating their action plans.
 - We will evaluate the types of workgroups we have currently and if any changes needed.
 - Comment: With the increase in alcohol use during COVID, we should keep alcohol-related deaths for now as one of the long-term consequences we’re tracking.
 - Question from SEOW rep Sandy Salivaras: SPE determines which long-term outcomes to focus on. Do we want to keep the same outcomes or consider adding/altering them?
 - At some point in the future, we may be posing these questions:
 - How are workgroup members using the plan’s needs assessment data?
 - Is the language/data used by each work group the same (apples to apples)?
 - If we aren’t using the data, what data or goals need to change?
 - We may use Menti for collecting responses.
 - Long-term outcomes were those used for the first long-term strategic plan.
 - Action: Sandy and the rest of the SEOW will work on helpful questions to submit to the larger group.
 - Question of adding substance use rates in the long-term outcomes. A: WA has data on drug and alcohol use; we’ll investigate adding it.
 - Data sets are not always consistent year to year and topic to topic.

- Comment: stimulant-related overdose deaths have been increasing; it may be important to pull those out in the same way opioids are.

6. Workgroup Updates – skipped due to time limitations; notes submitted by email

All

- NOTE: Erika Jenkins and Isaac will be reaching out to workgroups to evaluate composition and needs. Workgroups will have an opportunity to report on their contribution to the 5-year plan at the March 14th meeting.
- MHP workgroup – Billy Reamer
 - The group continues to work on our SPE goals of measuring mental wellness outside of the absence of a disorder, info dissemination and public awareness materials for communities on suicide prevention and mental health promotion, increasing coordination and awareness of Youth Mental Health First Aid.
 - The group is gearing up to look at the data points and update our goals to be in line with the SPE updated plan.
- Tobacco workgroup – Ray Horodowicz, Jacob Delbridge
 - Work on creation of the State Commercial Tobacco Coalition continues. Eyeing a formal launch in the Spring. Membership consists of a broad range of organizations and includes not just state agencies but county departments, advocacy organizations, health districts, and grass roots organizations.
 - In the meantime, 3 Task Teams have been formed & are starting to meet:
 - Charter Creation
 - Membership Recruitment
 - Initial Action Planning
 - In addition, Policy Learning Circle meetings are being held. These allow a variety of organizations to discuss legislative matters related to tobacco/nicotine. This includes monitoring/analyzing, sharing resources, and developing effective communication systems.
- Young Adults Workgroup – Gitanjali Shrestha
 - Our workgroup has expanded membership to include others working with young adults throughout HCA and DOH.
 - We continue to prepare for the new SPE 5-year planning period by gathering qualitative data.
 - On Feb 1st, the group will be partnering with the College Coalition on Substance misuse, Advocacy, and Prevention (CCSAP) in hosting a water cooler chat with WA state higher educational AOD prevention staff. The purpose of this water cooler chat is to learn more about the state of prevention on college campuses and use of harm reduction strategies. We hope this information will provide additional information on the needs of people serving our young adults attending higher education institutes.
 - Our group has also been connecting on various media campaigns and best practices to reach this target audience.
- Opioid Prevention Workgroup – Alicia Hughes
 - Strategy 1.1:
 - Have been told that the State Opioid Response Grant will be coming out around February, exact date TBD.
 - Strategy 1.2:
 - Working with BRI collaborative on developing prescribing guidelines for older adults.
 - Close in drafting guidelines, anticipated in next 2 months to be going through revision and provide comments
 - Anticipating adoption in some time in Spring
 - The Spokane regional opioid task force is working on pushing non-pharmacological pain management treatment options
 - Strategy 1.4:
 - Starts With One: Looking into fentanyl use
 - Focusing on messaging around not using drugs and how to fentanyl in that prevention messaging vs. the current messaging which just targets those already using drugs about fentanyl

7. Adjourn

- Patti adjourned the meeting at 3:56 p.m.

Your support and collaboration are appreciated.

Please submit ideas or suggestions for meeting presentations to isaac.wulff@hca.wa.gov