

Attendees			
Dinardo, Molly	SBOH	Oliver, Rachel	HCA
Duckworth, Jennifer	DCYF	Peterson, Julie	Healthy Gen.
Dufault, Anna Marie	OSPI	Powell, Eliza	NWHIDTA
Fontaine, Harrison	HCA	Rashid, Amani	WSIPP
Glesmann, Heidi	DOH	Segawa, Mary	LCB
Graham-Squire, Mike	WASAVP	Shrestha, Gitanjali	WSU
Helseth, Jennifer	DCYF	Unland, Kyle	DOH
Hughes, Alicia	HCA	Weiner, Brittany	WSHA
Jenkins, Erika	HCA	Wilhelm, Liz	DOH/PSCBW
Kang, Jennifer	DOH	Wilson, Kendra	HCA
Kates, Kasey	HCA	Wulff, Isaac	HCA
Kellington, Mary	DOH	Zimmermaker, Mikah	DOH
Lauderdale, Connie	HCA		

Please see PPT for additional information.

1. Introductions and Announcements

Sarah Mariani, Heidi Glesmann

- Sarah opened the meeting at 1 p.m. with self-introductions and welcome to first-timers.
- For a quick recap of this group, please reach out to Isaac Wulff.

Recognition

- Mental Health Awareness Month, Asian Pacific American Heritage Month, National Drinking Water Week

Announcements

- This Wednesday is the Spring Youth Forum with 40 youth teams participating.
- Community grants: letters of intent were received for this grant.
- Sarah M’s team has two new staff: Rebecca Ruiz as a Research and Surveillance Manager, and Rachel Oliver supporting Healthy Youth work.
- Molly Dinardo shared information she has learned since last meeting regarding who has authority for regulating Kratom.

2. 5 Year Strategic Plan Finalization

Alicia Hughes

Plan Walkthrough

- Alicia stepped through the document in its current form.
- The Athena Forum has a working draft up for review, which will be cleaned up by professionals.
- Many details (acronyms, definitions, consortium history, and more) are moving to the appendix so the plan can focus on objectives.
- Workgroup accomplishments will be posted in full on the Athena Forum with links from the plan.

Changes to Plan

- Executive summary (ES) includes process, key areas of work, and focus.

- Workgroups
- Mission and key values
- Prevention planning framework updated to **add health equity** instead of *cultural competency*.
 - Note: cultural competency is still a component of health equity work, it just doesn't encompass all of the effort.
- Future Directions section will be included: both process and ideas/recommendations
- How SPF was used for the process
- Adding policy more consistently
- More details are in the PowerPoint

Feedback

- Thanks for the challenge to develop objectives that are more concrete vs. more visionary.

Strategic Objectives

- Alicia shared the strategic objectives and collected/responded to feedback.
- Objective 1 feedback
 - Mary Segawa had an additional word to add.
 - Include data around what we currently have.
- Objective 2 feedback
 - Emphasis quality over quantity of data.
 - In digital version, add link to Data Dashboard.
- Objective 3 feedback
 - Call out credentialing? Is that considered part of training?
 - Q: Is there a commitment in the plan to do year-round prevention or is it assumed? A: Assumed.
 - Consider both how to bring folks into the field and what would help with retention.
 - Work toward including prevention as part of the behavioral health spectrum workforce wide.
 - Consider how the cost of continuing education for certification affects individuals.
- Objective 4 feedback
 - Kratom conversation
 - Year-round language can be incorporated here.
 - Incorporate mental health – ideally in the same sentence as substance use.
 - Indicate it's not just for youth and young adults.
 - Include that we reach out to high-risk populations.
 - Explore how the Problem Gambling Prevention program can be integrated with other behavioral health prevention work in WA.
- Objective 5 feedback
 - Do we need to add policy, environment, and systems?
 - Analyze legislation/review policies ...to what end? A: From the SPE standpoint, what can we do collectively? A: Add bullet point: "serve as a resource for informing policies and legislation"?
 - Add federal to this; we often have interplay with what's happening federally.
- Next steps – clean up the objectives and resend for review.
- Final review is in a week.
- Q: What's the process for developing performance measures?
 - The strategic planning workgroup will create an evaluation plan out of these goals.
- Q: Is there a DEI category? A: It's infused throughout.

- Specifically call out objectives when writing up the DEI section to tie it all together

3. **2023 Legislative Session Recap**

Harrison Fontaine

Legislative Systems Analysis

- Informative graphics show analysis of bills by origin, topic, where they died, sponsors, etc.

Notable Bills Passed

- Harrison showed key bills that passed in our areas we've followed and explained their content.
- An additional bill of interest, Companion bills 36, Increases funding to the state gambling program, including prevention work.
- Work that comes out of Bill 1168: Interagency agreement, workgroup, legislative report, recommended activities.

Considerations for the Future

- A special session addressing Blake E2SSB 5536 convenes on May 16.
- Three legislatively mandated reports are due this year, and another in 2025.
- Next session will be a short on of 60 days.
- Some bills that are dead but worth watching, as they may return:
 - 1641: High THC tax to increase price as THC increases
 - ESSB 5614: Approving alcohol licenses for adult entertainment establishments
 - 2/SSB 5002 lowering blood alcohol limit
- The LCB's Health Impact Review on SB 5002 is here: <https://sboh.wa.gov/health-impact-reviews>
- LCB rules process slide showed stages for Cannabis bills that passed.
 - Mary Segawa will send periodic updates on the rules process.
- This group is dedicated to pushing systems change from within. Sometimes, outside input is taken more seriously than inside input. This session worked well in the way this group's input was received.
- Similar situation to Kratom: [Underberg](#), a digestive aid, is 44% alcohol by volume, yet not regulated at all and not sold as alcohol.
 - Where do we want to go as a group with these types of products and how can we get in front of the creativity of the market? E.g., when potentially harmful products come on the market, they should be able to prove no harm before it is marketable?
 - Dividing these by product type makes sense, as they'll be dealt with differently. Thursdays 12-1, a group meets that's focused on policy work. Contact: Mary Segawa.
 - Maybe have them present to this group? What they are, what they focus on?
 - Interested: Mary, Molly

4. **Workgroup Updates**

Sarah Mariani, Sandy Salivaras, Heidi Glesmann

Young Adult Workgroup – Gitanjali Shrestha

- Spanish language adaptation videos are getting finished up this month.

Washington Breathes – Micah Zimmermaker

- This received some sustained funding from leg session.
- May 18 – History of AA, Tobacco and Racism – second lesson in June
- June 5 is the 6-month celebration of the coalition's launch.
- The official website will be launched at that time.

Mental Health Promotion – Billy Reamer

- May is mental health month. Several toolkits are available through our partners. For messaging or tips, connect with Billy Reamer.

Opioid Prevention – Erika Jenkins

- In the past couple of months they have:
 - Updated the cannabinoid legislative sheet and highlighted work of PTTC with their toolkit during Alcohol Awareness Month.
 - Are starting the second phase of the fentanyl campaign.
 - Are continuing the expansion of the Starts with One to hospitals with new Providers and how to have conversations with their patients.
 - Provider videos are also available.
 - Are waiting for next steps and guidance on Opioid litigation work.
- The July 19-20 Region 10 Opioid Summit [registration](#) is open; [waivers](#) are available.
- Drug Take Back – hear more later as we hear back from folks.
- They have a new website.
- Only 2 population centers now have no safe medication services at all.
- Next meeting: Tuesday 16, 3-4.

Problem Gambling Prevention Workgroup

- This work is now added to SPE.
- Legislators have doubled the amount of gambling tax, but in two steps over two years. This will allow more treatment funding, workforce development, prevention work. New rules specify it must be a year-round program with a community awareness element.
- This new workgroup will be starting this summer. They'll meet online every 2-3 months for 18-24 months and provide feedback on the problem gambling prevention plan and a problem gambling prevention toolkit for professionals.
- Watch for a call for participants.

5. **Adjournment**

Heidi thanked attendees and closed the meeting at 3:55 p.m.

Please **submit ideas** or **suggestions** of meeting presentations to isaac.wulff@hca.wa.gov.

Your support and collaboration are appreciated.